

foundation focus

VOLUME 46 | SPRING 2026

PAGE 4

A HEART RESTORED, A DAY SAVED



8

Get to Know the
Region's Newest
Leaders

14

Caduceus Society
Spotlight: Dr. Michael
and Dr. Heather Gerst

30

Keystone Society
Spotlight: Susan
Sticklin

36

Your Contributions
at Work: Pediatric
Rehabilitation

UPMC LIFE
CHANGING
MEDICINE

SUSQUEHANNA
HEALTH FOUNDATION



LETTER FROM **PATTI-JACKSON GEHRIS**

UPMC in North Central Pa. is a true community health system in the very best sense of the term. We are not just community based, we are also community focused. As a nonprofit organization, we provide comprehensive, cost-sensitive medical care and services to patients throughout our rural region. We serve all of our neighbors, and seek to break down socioeconomic barriers to health care right here, where we live. To do this, we serve every day on both inside of the walls of our institutions and outside them.

Inside Our Walls: What you find inside the walls here at UPMC are the medical teams, support personnel, technology, and equipment that make us a vital, top-rated community health system. Operational functions take place here, including recruiting talent, staff support and education, and ensuring our employees are satisfied and proud to work and live here. Inside our walls you will also find us working hard to bring new technologies and care models to meet the health needs of our community. The new linear accelerator for the Radiation Oncology Department at UPMC Hillman Cancer Center and the new physical and occupational therapy devices and tools in our UPMC Pediatric Rehabilitation clinic in Williamsport are great examples of these advancements.

Outside Our Walls: Successful community health systems cannot exist solely inside hospitals and medical offices. They must have a presence in the community as well. Outreach is key

Susquehanna Health Foundation

Staff Information

President

Sherry Watts, CFRE
wattsse2@upmc.edu
570-320-7464

Senior Development Officer

Valerie Trego
tregova@upmc.edu
570-320-7465

Major Gifts Officer

Erin Welch
welchem2@upmc.edu
570-320-7041

Associate Director, Annual Fund

Annie Fogleman
foglemana@upmc.edu
570-320-7612

Development Associate

Alison Landgrebe
landgrebeab@upmc.edu
570-320-7463

Executive Assistant

Tammy Button
buttont@upmc.edu
570-320-7460

for our progress. Understanding the needs of our region is vital to overcoming our biggest challenges, and for that we need to go outside our walls and learn.

We recently completed our newest Community Health Needs Assessment (CHNA). These in-depth evaluations are done every three years to show us what the biggest barriers to health care in our regional population are. Not surprisingly, several socioeconomic barriers were indicated in the report, including:

- Food insecurity
- Transportation difficulties and limitations
- Financial constraints of taking time off from work for medical appointments or treatments

When we can identify the biggest issues, we can take steps to help lower those barriers. For instance, we are addressing food insecurities with our nonperishable food box program and our support for local food banks and community gardens. We are addressing the transportation and financial barriers with a Mobile Health Unit, support for patient car ride programs, and research into ways to offer more flexible clinic and office hours. We also have a Benevolent Care Fund to provide short-term assistance to patients in need.

Partnerships Strengthen Us: The CHNA is possible because of a team effort. UPMC partners with more than 10 local agencies, institutions, and organizations to complete the assessment, so that we can collectively better understand our community's unique chronic health issues and needs. By partnering with other nonprofits, we can do so much more

to help improve health outcomes and lives. We are blessed to have strong ties with several great organizations, which have allowed us to advance so many important initiatives and services. To read about one great example of successful collaboration, see this issue's Keystone Spotlight article on **Sue Sticklin**, executive director of Tioga County Partnership for Community Health.

Of course, I cannot talk about partnerships without mentioning our wonderful relationship with Susquehanna Health Foundation. While it is truly remarkable to see how much we have accomplished together over the years, there are always new challenges to face and more work to do. Thankfully, the Foundation shares our mind-set here at UPMC: We exist to support the community.

UPMC in North Central Pa. and our partners are committed to supporting the best in community health care quality, outcomes, and accessibility. We are stronger, healthier, and better when we do it together.

Best of health,



Patti Jackson-Gehris

Market President, UPMC North Central Pa.

1001 Grampian Boulevard | Williamsport, PA 17701

Board Members

Chair

Sister Teresa Ann Jacobs

Vice Chair & Treasurer

Frank Pellegrino

Secretary

Marisa Rainey Rau

Natasha Alligood-Percoco, MD

Susan Branton, MD

Jon Conklin

Robert Crockett

Mark Huffman

Patti Jackson-Gehris

Steven Johnson

Keith Kuzio

Pamela Lundy

Sam Lush

Brian McClintock

Zachary Ritter, DPM

Colleen Ryan

Betsy Trueman

Sherry Watts

Emeritus

Rod Bailey

Donna Bastian

Sis Fish

John Young



A Mother's Heart, a Son's Wedding, and a Team of Miracle Workers

Emergency pacemaker surgery could not stop this mom of the groom from enjoying her mother-son dance at the wedding reception, held the very next day.



Days before her son Paul's wedding, **Janet Flick** of Bloomsburg woke up to a phone call from her cardiologist's office that would add an extra element to the wedding checklist for the weekend ahead: an emergency pacemaker surgery.

The night before, Janet had gone to bed thinking about the wedding plans, the venue set-up details, and the joy of celebrating such an important event with her son and soon-to-be daughter-in-law. She wasn't expecting that fateful call the following morning or the news it shared.

Waiting Even One Week for Pacemaker Surgery Was Not an Option

"I was just getting up for the day when the doctor's office called," recalled Janet. "The nurse said my doctor, interventional cardiologist **Leslie Webb, M.D.**, had reviewed the data from my heart monitor and that I needed to have emergency pacemaker surgery. Surgery was the last thing on my mind, and I tried to put it off until the Monday after the wedding, but after my husband, son, and I talked with the nurse, we knew this was my only choice and we had to do what was needed."

Dr. Webb and her UPMC Heart and Vascular Institute team at UPMC Williamsport had been caring for Janet's heart health for some time and were concerned about a few recent events, including an experience with abnormal heart rates (as recorded by her smartwatch) and an episode where she lost consciousness. The latter incident resulted in an emergency room visit to a local hospital and a timely follow-up with her UPMC team for additional testing and monitoring. The results from that monitoring period painted a clear picture: Implantation of an emergency pacemaker was critical.

Janet's care team was aware of Paul's wedding and knew how important it was to her. They agreed they would do everything they could to try and get her there. A careful plan was set in motion: She would arrive early Friday morning for the emergency procedure with cardiology electrophysiologist **Suppiramaniam Sreeharikesan, M.D.**, who goes by Dr. Kesan for short. An electrophysiologist is a doctor who is trained to identify abnormal heart rhythms and other conditions related to the heart's electrical system. They diagnose and treat patients with atrial fibrillation and other heart rhythm disorders. Electrophysiologists like Dr. Kesan have training beyond a general cardiology fellowship.



What Is a Pacemaker, and How Is It Implanted?

A pacemaker is a small battery-powered device that is permanently implanted under the skin, most often in the shoulder area just under the collarbone. It sends electrical signals to start or regulate a slow or an irregular heartbeat. There are three main types of pacemakers:

- **Single-chamber pacemakers**, which use one lead to connect the pulse generator to one chamber on the right side of the heart.
- **Dual-chamber pacemakers**, which use two leads to connect the pulse generator to the two chambers of your heart.
- **Biventricular pacemakers**, which use three leads to deliver cardiac resynchronization therapy (CRT) for people who have heart failure.

Leadless (meaning wireless) pacemakers are newer and less common. They are small, self-contained devices implanted directly into the patient's ventricle and do not use lead wires, which can reduce the risk of complications in some cases. Currently, leadless pacemakers are being used in a limited fashion, depending upon the patient's underlying condition and heart physiology. As new generations of leadless pacemakers evolve, it is possible that they will be used more frequently in the future.

“There was so much going on that it all still seems to be such a blur,” says Janet. “I don’t really remember the surgery, but I do remember talking with Dr. Kesan and the team after surgery. Hearing everything went well was a relief, and it also meant that getting to the wedding was still a possibility. While not a typical recovery, the team was confident if my initial monitoring went well, I’d be on my way.”

Janet spent the night at UPMC Williamsport under observation and underwent the necessary post-surgical screenings before being cleared for discharge on Saturday, Oct. 11, Paul’s wedding day. “We all knew how important the wedding was for her. Based on how she was recovering from the procedure, we felt there was no reason for her to miss out,” says Dr. Webb.

Working with her care team, Janet’s family was prepared to do whatever it took to get her to the wedding. With her ride awaiting to whisk her away, she left the hospital and headed directly to the venue.

Wedding-Ready and Grateful to Be a Part of That Magical Day

“Everyone was waiting and ready or me,” Janet says. “They helped me get in the car, get to the venue, get my dress on, put on makeup, and do my hair. It was a team effort. I was in a sling from the procedure, but with a little help I could still wear the dress I had bought earlier in the summer. It was also nice to have hair and makeup because I don’t believe anyone looks wedding-ready after surgery,” she joked.

After little more than 24 hours, which seemed like an eternity to Janet, she was where she had intended to be just days before. She was on the dance floor having her mother-son dance with Paul at the wedding reception. Not only had the exceptional team at UPMC given her lifesaving medical care, but their above-and-beyond efforts kept her from missing a magical, major life event.

A New Mother-in-Law’s Post-Pacemaker Journey

Today, Janet is still working closely with Dr. Webb and the UPMC Heart and Vascular Institute team. Janet knows there’s still more for her ahead, but having been through all that she has been already, she has full confidence in those who are caring for her.

“Everything worked out, and I was right where I was supposed to be, with my family. I honestly don’t know how we did it, but we did. I’m so grateful to everyone who made it possible, and I know that I’m in good hands when I’m in the care of the teams at UPMC,” says Janet.

The UPMC Heart and Vascular Institute at UPMC Williamsport

Exceptional Teams Providing Exceptional Cardiovascular Care

Williamsport, the hub of this rural region, might not seem a likely place to find a distinguished institute dedicated to providing top-quality, cutting-edge cardiovascular services. But UPMC Williamsport offers just that at the UPMC Heart and Vascular Institute. There you will find teams of highly trained experts comprising cardiologists, interventional cardiologists and radiologists, electrophysiologists, and cardiac and vascular surgeons, nurses, and therapists.

The HVI provides cardiac testing, diagnosis, and treatments for a wide range of heart diseases and conditions:

- Advanced heart failure
- Atrial fibrillation (AFib) and arrhythmia
- Carotid artery disease
- Congenital heart defects
- Deep vein thrombosis
- Heart attack
- Peripheral arterial disease

The team is passionate about prevention and early detection measures, and they use the most advanced diagnostic tools available to help patients live their lives to the fullest. They provide a wide array of cardiovascular services comprising:

- Angioplasty
- Aortic valve repair
- Cardiac catheterization
- Coronary artery bypass surgery
- Extra-Corporeal Membrane Oxygenation (ECMO)
- Robot-assisted cardiothoracic surgery
- Thrombolysis
- Transcatheter Aortic Valve Replacement (TAVR)

A New Era for Interventional Radiology:

A Transformative Upgrade

UPMC Williamsport is nearing completion of a long-anticipated renovation and relocation of its Interventional Radiology (IR) lab, its first major structural overhaul of the lab since the late 1980s. The work wasn't just gutting and updating; it required raising the roof by literally building upward, a heavy lift, which required removing 90 tons of steel and concrete from the old roof before rebuilding the new, higher roof.

"It was the only place in the building where we could get the height these new machines require," says **Dave Daneker**, project manager, Construction, UPMC in North Central Pa. "It's a large, long project that, when complete, will change the way we provide care."

Why It Matters

The previous labs had served the region well for many years but had reached a point where a large-scale expansion and renovation were necessary to not only accommodate new, advanced technologies and equipment but to improve patient flow and efficiency.

"Patients were going up, down, and across the building. It just wasn't a great location. Every extra step and minute in between procedures has a rippling effect on our operations overall," Dave says.

Now, the new IR suite is conveniently located beside the ORs, anesthesia, and same-day surgery units. With the labs now located closer to surgical and recovery services, patient movement becomes significantly simpler and safer.

"We can go right from same-day surgery to IR to recovery without crisscrossing the hospital," says



Deb London, MSN, unit director, Invasive Heart and Vascular Institute, UPMC Williamsport. "It improves safety and efficiency while also providing a better experience for patients and staff."

Cutting-Edge Care, Close to Home

Each of the two new labs features next-generation fluoroscopy systems capable of real-time vessel imaging.

"We can see exactly where a blockage is, guide our wire, place a balloon or stent, and watch it open, all via a live stream," Deb says.

The new space will expand vascular and IR services and increase volume across multiple specialties.

"A project like this, while not visible to the general public, has a significant impact on the quality of patient care," Deb says. "We'll be able to do so much more."

The Investment

The total project investment is just over \$8 million, including construction and equipment, which is an investment in elevating the level of care across the region.

"It was evident we'd outgrown our old space, and it was a limiting factor for our teams in many ways. This new space is thrilling," Deb says.

This project is UPMC's mission in action. With it, care teams can better serve our communities by providing outstanding patient care and shape tomorrow's health system through clinical and technological innovation, research, and education.

"The mission is to raise the level of care in the region," Dave adds. "That's what this does."

GET TO KNOW THE REGION'S NEWEST LEADERS

Last fall, UPMC welcomed **Laura Tolson**, vice president, Operations, and **Teresa Conyers**, chief nursing officer and vice president, Patient Care Services, to the regional executive leadership team. Several months into their roles, they're helping lead transformation across the region while building strong connections with teams and communities. We sat down with Laura and Teresa to learn more about their paths to leadership, why they chose UPMC, and how they're shaping the future of care.



LAURA

TERESA



Laura, your background is nursing, yet your role spans far beyond the bedside. What shaped your path into operations?

Early in my career, a mentor reminded me that patients are in the hospital because they need nursing care. That insight stayed with me. Every operational decision — across clinics, departments, and partners — ultimately affects how nurses deliver care. My background in nursing helps me approach operations holistically, working alongside teams to build sustainable solutions. I spend much of my time with staff in hospitals and outpatient settings because proximity to the work leads to better decisions and outcomes.

Teresa, what first inspired you to pursue nursing?

I planned to be a teacher until a parent became terminally ill. Watching a nurse confidently navigate care made me think, “I want to do that.” Nursing became my calling. In more than 30 years of nursing, I’ve learned how powerful this profession is. Today, my greatest fulfillment comes from helping patients and staff achieve more than they imagined possible.

You’re both new to the region and could have chosen many places for the next step in your careers. Why did you choose UPMC and this region specifically?

Laura: I knew I wanted to be part of a large, integrated health system, and UPMC quickly rose to the top of my list because of its long-standing leadership in that space. Although I relocated from Delaware, I’m originally from the Philadelphia area, and my husband is from Hazleton, so we already had ties to Pennsylvania. I missed the mountains and the strong sense of community you find here.

What truly sealed my decision was the team I met during the interview process. Everyone was warm, transparent, and honest about both the opportunities and challenges ahead. Since stepping into the role, I’ve only become more confident in that choice. The staff here are exceptional — not only delivering high-quality care but also driving innovation that’s shaping the future of health care delivery.

Teresa: Like Laura, it started with the people. My first interaction was with **Patti Jackson-Gehris**, and I immediately felt the energy, vision, and commitment behind what her team is building for this region. It was

clear that leadership, collaboration, and community truly matter here, and I wanted to be part of that.

While leaders aren’t at the bedside every day, the decisions we make shape care for thousands of people across the region and beyond. That responsibility carries both honor and obligation, and it’s one I take very seriously.

As you’ve settled into your roles, what opportunities have you observed and begun working on?

Laura: My focus has been on strengthening operational efficiency, expanding access to care, and elevating the overall patient experience. At the foundation of that work are three core elements: structure, process, and outcomes.

Across the region, I’ve met teams that are eager to collaborate and ready for positive change. By aligning structures and standardizing evidence-based practices, we can better leverage both our local strengths and the advantages of being part of a larger network. Early efforts include optimizing operating room utilization to increase surgical capacity and standardizing procedures across departments to ensure consistent, reliable care.

Teresa: My priority has been ensuring our nurses and care teams have what they need to deliver exceptional care. This region is filled with talented, dedicated caregivers who are deeply committed to their patients and communities.

The greatest opportunities lie in removing barriers so teams can work at the top of their practice. Every barrier we eliminate creates more capacity for teams to improve care and better serve our communities. As I partner closely with our teams, we’re finding new ways to strengthen care models and fully leverage the benefits of being part of an integrated system like UPMC.

Finally, what excites you most about the future of health care?

Laura: Innovation, especially technology like AI, has incredible potential when used thoughtfully to enhance, not replace, the human experience.

Teresa: Care is becoming more connected and effective, and UPMC is leading that progress. Our teams are deeply rooted in these communities, and that shared commitment shapes a strong future for both our region and our patients.

A note to our donors: If your name has been omitted or misprinted, please notify us and accept our sincere apology.

SIGNATURE GIFTS

Signature Gifts recognizes individuals and organizations

who made a commitment to Susquehanna Health Foundation with a contribution of \$100,000 or greater. Donors are listed through **December 31, 2025**.

\$5,000,000+

Anonymous
Employees of UPMC in North Central Pa.
Laurel Health Foundation

\$2,500,000–\$4,999,999

The Donald B. and Dorothy L. Stabler Foundation
In Memory of Judge Malcolm Muir

\$1,000,000–\$2,499,999

R.L. Cimini Family
William B. and Mary M. Cook Estate
Doris and Fred Diehl Estate
First Community Foundation
Partnership of Pennsylvania
First Quality Enterprises, LLC
Catharine A. Harrison Trust
The Klingerman Family
Dr. and Mrs. Francis M. Powers Jr.
UPMC Susquehanna City Hospitals Auxiliary
Ward Manufacturing LLC

\$500,000–\$999,999

Blaise Alexander, Adam Alexander, and Aubrey Alexander
Claire J. Anderson Estate
George and Shirley Durrwachter
Christine H. Himes Estate
*Ann R. Lamade
In Memory of James H. Lamade
In Memory of George R. Lamade
*Peter and Joyce Lynn
Muncy Valley Health Care Foundation
John G. Snowden Fund
*Barbara W. Taber
UPMC Muncy Auxiliary
Robert P. and Kathleen R. Walker
In Memory of Kenneth and Kathryn A. Smith
In Memory of Paul H. and Margaret M. Walker

Charles G. Webb Trust
The Williamsport Hospital Auxiliary

\$250,000–\$499,999

Anonymous
David W. Arndt Estate
*Robert W. Beiter
In Honor of Sister Paula Marie Beiter
Jane and Al Clapps
*Alice and *Charles Corbett
Frances E. Dorman Estate
Elizabeth K. Frederick Estate
Lee and Bessie Graham Scholarship
Kenneth and Kristie Healy
Dr. Barbara Heere and *Dr. Bernard Butkiewicz
Joe and Carolyn Hume Estate
Steve and Mary Ann Johnson
*John C. and Linda S.D. Lundy
William P. & Lorraine Manos Foundation/Fairfield Auto Group
Edward and Sherry McCabe
McCormick Law Firm
The Muncy Bank & Trust Company
Horace B. Packer Foundation
The Park Home, Inc.
Frank G. Pellegrino
Thomas J. Rider Trust
*John & Carol Savoy and John Savoy & Son, Inc.
In Memory of John A. Savoy
Soldiers + Sailors Memorial Hospital Auxiliary
Dave Steinbacher
Verizon Wireless
John and *Sue Young and Young Industries

\$100,000–\$249,999

Anonymous
Larry Allison, Larry Allison Jr., Allison Crane & Rigging

Larry Allison Jr. and Family
Anesthesia Associates of Williamsport
AutoTrakk, LLC
Maurice and Mary Jo Bower & TurnKey Construction
Mike and Peggy Bower & TurnKey Electric
Tom and Laurie Burkholder
Ronald J. Butler
C&N
Carol M. Cacchione
The Conklin Family
Don and Debbie Creamer
In Memory of Sister Jean Mohl
*Tim and Ruthanne Crotty of Susquehanna Supply Co.
Dominion Foundation
EuroOptic Ltd.
*Bill & Mary Fish and Brent & Daria Fish of Fish Real Estate
*William and Mary Fish
Anita Gibbons & Patrick and Trisha Marty
In Memory of John B. Gibbons
Growth Resources of Wellsboro Foundation
Hudock Capital Group, LLC
*Mike and Barbara B. Hudock
iHeartMedia
Jersey Shore State Bank
K's for Cancer
Rosalie F. Kaleda
The Charles Knox and Margaret Etner Foundation
Keith and Jennifer Kuzio
Lamar Advertising of Williamsport
*Dr. and Mrs. Albert G. Liddell
M&T Bank
Robert B. and Virginia W. MacIndoe Trust
The Marty Family

SIGNATURE GIFTS

*Richard D. and Sylvia B. Mase
In Memory of Marsha R. Mase

Lona J. McConnell Estate

*Robert and Judy More

*Ted and *Janet Owlett

William and Sara Pickelner Estate &
Pickelner/Tostowaryk Family: Sophie,
Aaron, Tracy, and *Steven

PPL Foundation

PRIMUS Technologies Corp.

Dr. and Mrs. Rodwan and Zokaa Rajjoub

Reynolds Iron Works, Inc.

John W. and Anne Rich

Thomas Rider Royalty Fund at First
Community Foundation Partnership
of Pennsylvania

*Walter and *Marian Schell

*Robert and Charlene Shangraw
In Memory of Joseph R. Calder, MD

Shell Exploration & Production
Company

Silvertip, Inc.

The Simon Family

*Fred and Arlene Stahl

Barb and Barry Stiger

In Memory of Roy and Yvonne Stiger

Albert and Judy Styracula

Ernest L. and Mildred R. Sweet
Foundation

*Thomas Taber

Earl W. and Ina G. Tabor Foundation

Dr. Hani and Eiman Tuffaha

Margaret E. Waldron Memorial Fund

Weisel Family Trust

Welliver McGuire Inc.

*Thelma White

Wolyniec Construction, Inc.

In Memory of James T. Wolyniec Sr.

YOUNG PHILANTHROPISTS: LOYALSOCK KEY CLUB



When young people are given the opportunity to serve, the impact can be remarkable. Students of the **Loyalsock Township High School Key Club** recently showed just how powerful young philanthropy can be by donating 25 fully stocked backpacks for school-age children treated by our UPMC Williamsport Family Medicine Residency program. Each backpack was carefully filled with everyday school essentials, ensuring that students begin the year prepared, confident, and ready to succeed.

Noelia Huertas, Key Club Advisor, shares, “We are dedicated to serving our community with compassion and purpose. Supporting the Residency by packing backpacks for children allows us to make a meaningful difference in the lives of young patients. Each backpack is

more than supplies — it is a reminder that they are cared for, supported, and not alone. This project reflects our commitment to leadership, empathy, and putting care into action.”

Their efforts not only address an immediate need but help cultivate the next generation of changemakers — young people who are learning early that generosity, service, and community partnership have the power to transform lives.

Learn More

Interested in learning more about this need or similar initiatives? Reach out to Erin Welch at welchem@upmc.edu for more information.

CORNERSTONE SOCIETY

The Cornerstone Society recognizes

individuals who supported Susquehanna Health Foundation with a contribution of \$10,000–\$99,999. Donors are listed through **December 31, 2025.**

\$75,000–\$99,999

Friend of the Breast Health Center
E. Ruth Crist Estate

Robert and Diann DeCamp

Susan and Charles Duchman
David and Jan Fisher
Jones Charitable Foundation
Craig H. Neilsen Foundation
Young Men's Democratic Club of
Lycoming County, Inc.
Young Men's Republican Club, Inc.

Marie B. Zurinsky**\$50,000–\$74,999**

Anonymous (2)
R. Edward and Linda Alberts
John and Karen Blaschak
*Amelia A. Bower
Ron and *Rosie Cimini
*Katherine Stroehmann Crane
*In Memory of Frederick J. and Ida S.
Stroehmann*

Anne E. Cranmer Estate
Ron and Jeanne DeFeo
Richard and Nancy DeWald
Florence Crittenton Service, Inc.
*William and Joyce Francis
Sudie R. Ludwig Estate
Arlene R. Opp Estate
David G. Patterson Foundation
Frank G. Pellegrino and Philip J. Marrie
Frank G. Pellegrino and Jeffrey
Patterson
*Birch and Annmarie Phillips
Anne L. Pikolas

*In Memory of Joanne J. "Johnny"
Lamade*

Paul L. Ridall Estate
Dave and Maggie Roche
Carol Savoy, Savoy Contract Furniture
and J. Savoy Realty Co.
Donna E. Sayah
James and Linda Scott

**Diane Stroehmann Stanbro
Lee Viard and Rina Santomarco**

Joanie and David Wallis

\$25,000–\$49,999

Anonymous (3)
Neil and Karen Armstrong

*Julie Barner
Lori and Robert Beucler
*James and Cynthia Bower
Amy R. Brent
William C. Brown
Charles John Colocino Jr. Estate
*Mr. and Mrs. Richard H. Confair
*Mr. and *Mrs. R. Lowell Coolidge
Robert P. and Linda H. Crockett

Christian and Ashley DeWald
Candy and Steve Dewar
Frani and *Doug Doherty

John and Janet Dougherty Estate

Andrew and Diane Drajem
*Harold R. Drick
Mr. and Mrs. Jerry Falco
*Norma B. Franzen
The Frazier Family
Friends of Kathryn M. Freeman Race for
Ovarian Cancer

Richard A. Fry

Sarah J. Fry Estate
Mike and Terry Gaetano
Davie Jane and Fred Gilmour
Charles R. Gross Estate
Bill and Shirley Hebe
David and Janie M. Hilfiger
Daphne W. Hill
In Memory of Daniel E. Hill
Michael and Lyneah Hudock

In Memory of Lou Anne Bastian

Mark and Rebecca Huffman
Dennis and Patti Jackson-Gehris
Jersey Shore Football Booster Club
*Ann L. Knauber

Mr. and Mrs. Chip Lamade
*In Memory of Joanne J. "Johnny"
Lamade*

*Maralyn E. and Richard H. Lloyd
*George and *Elizabeth Logue
Don Lundy and Family

Phyllis J. Maietta Estate

Dr. William J. and Laura H. Martin
*Norma Lunt Mullen and E. LaRue Lunt

*In Memory of Ruth Lunt Forney
In Memory of Evelyn M. Lunt Gephart*

Mr. and Mrs. Lester T. Mumford
Muncy Inmate Organization
*Ralph and Fran Nardi

Tom and Mary Owlett
Ms. Ann Pepperman and Senator Gene
Yaw

Michael Philbin Family Foundation
Chris and Denise Plankenhorn

*Patricia J. Rambo

William G. Ritter
Robert E. Ruffaner

In Memory of Lanea P. Ruffaner

St. Luke Lutheran Church

Frederic G. Sanford, MD

In Memory of Frederic E. Sanford, MD

In Memory of Martha Jane Sanford

Charles and Mary Santangelo

Eugene A. Seelye

Mr. Steven T. Shearer and Dr. Heather
Hill Shearer

In Memory of Daniel E. Hill

*Joseph and Charmaine Shockloss

**Abram M. and Dorothy M. Snyder
Foundation, Inc.**

The Staiman Families
Mark and Betsy Trueman
George James Tsunis
Sherry and Jason Watts
The Harry and Jeanette Weinberg
Foundation

Erin and Marshall Welch

Mary and Mike Wolf
Woodcock Foundation for the
Appreciation of the Arts, Inc.
Ken and Stephanie Young
Gregory and Mary Zeitler

\$15,000–\$24,999

Anonymous (2)

Dan and Heather Allison
*John and *Eva Mae Archer
Christine A. Ballard

Robert M. Barbour

*Jimmie and Sandy Barner

Dorothy M. Bartlow Estate

Dean and Joy Barto

Mike and Donna Bastian

Ronald F. Beckman Jr.

Robert C. Berfield

*Daniel and Rebecca Berninger

Kenneth and Lulu Blessing Trust

*Diane Bookmiller

Frank and Diane Brennan

CORNERSTONE SOCIETY

Michael and Tera Bush
 Warren J. and Mary Choate
 George V. Cohen
 Robert and Melissa Davis
 *Peter and *Rosemarie DePasquale
 Annette and Scott DiEugenio
Carol Carson Evans
 Matt and Nichole Frye
 A. William and LaVera G. Gehron Estate
 Ronald M. Gilbert Jr.
Robert and Laura Gilson
 Todd and Anna Griffith
Hedrick Family Donor Advised Fund
 Paul and Iva Heise
 *Harold and *Joyce Hershberger
 Ann M. Hocker
 William and *Sharon Hoffmann
 Galen and Judy Houseknecht
 Humble Bumble Project
 Gloria F. Karchner
 Andrew and Megan Kelley
 George and Terry Krezmer
 Heather and Duane Lamper
 Herman and *Molly Logue
 Erin Mincemoyer Martinko
 Ray and Shelly Mattie
 Glenn C. Mechling
 Stephen K. Millis and Fred Zercoe
In Memory of Agnes Millis Zercoe
 Robert R. Mincemoyer
 Thomas and Gloria O'Connell
 Mr. and Mrs. Edward H. Owlett III
 Gary M. and Geneva Small Peck
 Brenda L. and Barry K. Rake
 Michael Rau and Marisa Rainey Rau
 *Lucile W. Reynolds
In Memory of Robert E. and William R. Reynolds
 Mr. and Mrs. George I. Rodgers II
 Run For Your Heart – William J. Burd
 John R. "Jack" and Cynthia A. Schrader
 John D. Shafer
 Teresa A. Stackhouse
 David Tanney
 Kent and Sharon Trachte
 James and Monica Turri
 *William and *Marion Waldeisen
 Dwight and Eunice Waltz Estate
 Donald J. Webb Estate
 Jerry and Barb Wertz
 Patrick and Jennifer Wilson
 Roger Yost and Jeff Mowery

\$10,000–\$14,999
 Anonymous (5)
 Adam, Angie, Blaise, Naomi, and Brody Alexander
 Steve and Jennifer Babcock
 Meg Lamade Beckerman
In Memory of Joanne J. "Johnny" Lamade
 Michael and Lori Beiter
 *Phil and *Joyce Bower
 *John L. Jr. and *Sarah H.B. Bruch
In Memory of John L. and Mary Sprout Bruch
In Memory of Hugh J. and Ann Phillips Bubb
 Helen L. Bruner Estate
 Jim and Carol Burd
 Rosemary C. Carey Trust
 Joseph and *Patricia Carter
 *Steve and Ronna Cassotis
 Alan and Patricia Cohick
 Covington Church of Christ (Disciples)
 Matt and Lisa Cramer
 *Fred M. and *Shirley L. Dieffenbach
 James and Susan Dinsmore
 Timothy and Kelly Douglass
 The Drollinger Family Charitable Foundation
 *Mr. and *Mrs. John F. Dunham
 *Allen and Catharine Ertel
 *Garth and Sue Everett
 Jo-Anne Fawcett Estate
 Chaplain Dave and *Carol Fishel
 Pat and *Sam Fry
In Memory of Ethel L. Chambers
 *Joseph B. and *Lillian M. Gehret
 David Lee Gemberling
 *Evelyn Lunt Gephart, *Norma Lunt Mullen, and E. LaRue Lunt
In Memory of Ruth Lunt Forney
 Dr. John Grove and Deborah Grove, PhD
 Darla Hardy
 Elaine and Keith Harvey
 Stephen and Martha Huddy
 *Rob and Barb Hughes
 John L. Hunsinger
 The Ronald Insinger Family
In Memory of Ronald Scott Insinger
 The Jacobs Family
 Barbara McKee Jarmoska
 *Paul A. Jarrett
 Roger and Denise Jarrett
 *Joe Hume – Promotional Specialists

Catharine L. Keister
 Patricia W. Kieser
 James and Elizabeth Lazorka
 Gloria M. Lundy and Heather L. Macdonald
In Memory of Richard H. Lundy Jr.
 Pamela J. Lundy
 Samuel R. Lush
 William J. and Peggy McClain
 Timothy McCusker
 Robert K. and Dorothy White Mertz
 Barbara J. Michael
 Richard and Gina Michael
 C. Edward S. and Karen D. Mitchell
 James E. and Elizabeth Mothersbaugh
 Andy and Brenda Nichols
 *Bill and *Pat Nichols
 G. Douglas and Marlene C. Parsell
 Harry Plankenhorn Foundation
 Alicia and Eric D. Pohjala
 Charline M. Pulizzi
 Florence Putterman Foundation
 Joseph and Barbara Reynolds
 Ronald and Lisa Reynolds
 Joyce Lundy Rhodes
 Paul H. and Tacie E. Rooney Jr.
Colleen Ryan
 Elva M. Schmidt, RN
 James and Debra Schneider
 Peter and Linda Schultz
 Jeri Sims
 Rita and John Spangler
 Stony Fork Mennonite Church
 Carolyn and Elliott Strickland
In Memory of Jennifer Hammond
 Gertrude Strunk Estate
 *Robert Schell Ulrich
In Memory of Rita C. Ulrich
 The Eila Elizabeth Umstead Foundation
 Anthony H. Visco Jr.
 Luigi Vittorio Estate
 Bob and Irenay Weaver
 Marion Calvert Wright Estate
 Jun Yang
 Karen and David Young

A Legacy of Steadfast Support and Generosity for Patients

Michael Gerst, D.O., F.A.C.E.P., is the vice president of Medical Affairs and chief medical officer for Emergency Services for UPMC in North Central Pa., and he has been part of UPMC Williamsport's Emergency Department since 2015. After the birth of their twins, Michael's wife, gastroenterologist **Heather Gerst, D.O.**, also became part of the UPMC Williamsport team in 2015. She is currently an associate at UPMC's Digestive Disease Center in Williamsport. For many years, the Gersts have donated to support health and medical needs facing their community. Some might wonder what motivates their steadfast generosity.

"We see the real benefits from both sides as physicians and community members," says Heather. "Donations to Susquehanna Health Foundation strengthen our local hospitals and help provide resources that normally would be hard to find this far from a big city. Foundation funds bridge the gap to provide more to patients who live here. These people are my patients

and my neighbors. That's why we are so committed to giving."

Medical School Meet-Cute

So how did this dynamic duo first meet?

One fateful day back in medical school, two students were late to class at Lake Erie College of Osteopathic Medicine (LECOM). "It was a huge class, and we sat alphabetically in the auditorium ... unless we were late. Then you sat in the back," recalls Michael. "Back then, I ran late for that class more often than not, so I usually sat in the back."

That day, out of the ordinary, Heather ran late for class as well. The two sat next to each other. Having never seen this young woman before, Michael started chatting with her. Heather explained that she was late to class because she was just returning from a family fishing vacation. As an avid outdoorsman who loved to fish, Michael, you could say, was hooked.

"Heather asked me to take her fishing," Michael remembers. "When the day came, she thought we were going boat fishing, like her family did, so she didn't have any gear with her. We ran out to a local shop and got her waders and some other stuff, then she was good to go. We had a great time."

"It was a great time, even if I almost drowned!" Heather adds with a giggle. She had never been lake fishing off the shoreline before, and slowly, without her realizing it, the bib on her waders started to fill with water. Lake Erie's current and the weight of the water-logged waders were a bad combination, and Heather felt herself being pulled deeper and deeper into the lake. Then she found herself struggling to get back to land. "Mike came rushing out and pulled me back to shore. It was a bit of a harrowing experience. But we've been married 20 years now and have three kids and a wonderful life, so I think it's safe to say it turned out to be a great first date after all," Heather adds with a laugh.

Deep Appreciation for Their UPMC Family

From the start, both Michael and Heather say they have felt an incredible sense of community and family within UPMC in North Central Pa. “The people I work with are the best,” says Michael. “I’m proud of what we do for patients and each other, every day.” Having been a vital part of the growth and development of the Emergency Services program over the past decade, his words come from a place of true understanding and appreciation.

Michael was drawn to the pace, direct interaction with patients, and the unpredictability of emergency medicine. “It’s never the same workday twice, and that suits me,” he says. In his supervisory role, Michael has found training and developing the medical staff to be very rewarding as well. “Helping younger doctors grow is really great. Making sure they learn to be in tune with patients and communities is something you just can’t learn from a book or lecture.”

Michael was originally hired while the emergency department (ED) program was still a third-party contract, meaning the ED was outsourced. UPMC wanted to bring everything under its own direction. Unlike the big hospital umbrella systems he had come from and wanted to get away from, the UPMC in North Central Pa. model was vastly different. Here, hospitals retained their community focus and feel while still offering opportunities to provide cutting-edge care. They also have access to a network of medical experts from the entire UPMC system, which benefits their patients, especially those with difficult injuries or conditions. “It took roughly three years to move the ED to an in-house service under the hospital system’s control. It was a big project but very rewarding,” says Michael. “Today we run our EDs locally and have a good collaborative relationship with Pittsburgh and other UPMC branches when it comes to problem-solving and innovation. It’s a great balance.”

Heather agrees. The commitment to the community has not been compromised, and specialty centers like hers are all the better for it. She feels the most rewarding part of her job is the connection she



shares with her patients. It is something that UPMC fosters among its teams. “I have a good sense of humor and bring compassion to each patient visit, and I think it makes it easier for them to talk about their digestive issues,” she says. Jokingly, she adds that her bedside-manner inspiration is the children’s book *Everyone Poops* (T. Gomi, Chronical Books, 2020, originally published in 1977). Her goal is making talks with your gastroenterologist less embarrassing and gaining a patient’s trust.

“These are very personal things, and if I can make patients feel comfortable enough to talk about them, then we can really find out what is going on and figure out how to help them,” says Heather.

Firsthand Experience with Foundation Support

Heather knows what donor support can do from firsthand experience. “A few years back, I reached out to the Foundation for the first time to ask for help with a purchase of a unique interactive teaching tool to educate the community about colon cancer and other diseases,” she explains. And unique it was: Heather requested a 10-foot inflatable walk-through colon.

“I had been to a conference and a 5K fundraiser where people could walk through an inflatable colon that visualized what colon cancer, polyps, and other conditions looked like, and I thought about how much colorectal cancer awareness we could bring to our community with something like that,” says Heather. “Education about colon health is so

important, because early intervention is critical for improving treatment options and survival rates.”

The Foundation listened to Heather’s idea and helped secure funds for the display. Today, the inflatable colon is part of a traveling show raising awareness about colorectal cancer, popping up in Williamsport, Muncy, and elsewhere. “I am so grateful for the Foundation’s support. There are patients who schedule colonoscopies or call their doctors about possible symptoms because they, or someone they know, walked through our inflatable colon and learned something,” says Heather. “The Foundation really understands the depth of what we are trying to do as community health providers.”

For the Gersts, Donating Is Personal

At a time when physicians all over the country are feeling the strain of tightening budgets and rising health care costs, the Gersts remain strongly committed to their patients and colleagues. They recognize the challenges of the rapidly changing health insurance landscape and of modern day skepticism toward medicine in general. They are keenly aware of the needs of their own community. Because they know all this, the Gersts find giving to the Foundation to be both rewarding and impactful.

“We donate every year, because we know all the good that the UPMC staff is doing,” says Michael. “We want to support everyone here, and this is how.”

ENDOWMENT GIFTS

Endowment Gifts recognizes individuals and businesses that supported Susquehanna Health Foundation with a contribution of \$25,000 or greater to establish an endowment. Donors are listed starting **January 1, 2019, through December 31, 2025.**

Benevolent Care

\$250,000–\$499,999 Level

Karen Steinbacher Endowment
Dave Steinbacher

Cancer

\$100,000–\$249,999 Level

Joe and Carolyn Hume Endowment
Joe and Carolyn Hume Estate

\$25,000–\$49,999 Level

Ausley Construction Co., Inc. Endowment
Ausley Construction Co., Inc.

Dr. William J. and Laura H. Martin Endowment
Dr. William J. and Laura H. Martin

Christopher M. and Denise M. Plankenhorn Endowment
Chris and Denise Plankenhorn

Cardiac

\$100,000–\$249,999 Level

John and Anne Rich Endowment
John W. and Anne Rich

Cardiac Rehabilitation

\$100,000–\$249,999 Level

Edward and Sherry McCabe Endowment
Edward and Sherry McCabe
In Memory of Michael McCabe

\$25,000–\$49,999 Level

Patricia J. Rambo Endowment
*Patricia J. Rambo

Clinical Excellence

\$1,000,000+ Level

Clinical Excellence Endowment
Friends of UPMC in North Central Pa.

\$100,000–\$249,999 Level

George and Shirley Durrwachter Endowment
George and Shirley Durrwachter

Margaret Benner Reese and Charles L. Reese Endowment
*Mike and Barbara B. Hudock

John and Sue Young Endowment
Friends of John and Sue Young

\$50,000–\$74,999 Level

C&N Endowment
C&N

Sisters of Christian Charity Endowment
Frank G. Pellegrino
In Honor of Sister Judith Blair
In Memory of Sister Mary Stephen Christian
In Memory of Sister Felice Donelin
In Honor of Sister Rosamund Eibach

Dr. Hani J. Tuffaha and Family Endowment

\$25,000–\$49,999 Level

R. Edward and Linda Alberts Endowment
R. Edward and Linda Alberts

Sue and Charlie Duchman Endowment
Sue and Charlie Duchman

Birch and Annmarie Phillips Endowment
Annmarie Phillips

Kenneth and Kathryn A. Smith Endowment
Robert P. and Kathleen R. Walker

Susquehanna Community Bank Endowment
Susquehanna Community Bank

Paul H. and Margaret M. Walker Endowment
Robert P. and Kathleen R. Walker

Colorectal and General Surgery

\$25,000–\$49,999 Level

William P. and Lorraine Manos Endowment
William P. and Lorraine A. Manos Foundation

Emergency Department

\$25,000–\$49,999 Level

Mark and Rebecca Huffman Endowment
Mark and Rebecca Huffman

Emergency Medical Services

\$25,000–\$49,999 Level

Dr. Gregory and Mrs. Marilyn Frailey Endowment
Greg and *Marilyn Frailey

Robert and Lanea Ruffaner Endowment
Robert E. Ruffaner
In Memory of Lanea P. Ruffaner

Hospice and Palliative Care

\$50,000–\$74,999 Level

Dr. Alexander Nesbitt Endowment
Friends of Dr. Alexander Nesbitt

\$25,000–\$49,999 Level

Jacobs Family Endowment
The Jacobs Family
In Memory of Russell and Patricia Jacobs
In Honor of Dr. Alexander Nesbitt
Frank G. Pellegrino
In Honor of Sister Mary Ann Jacobs
In Honor of Sister Teresa Ann Jacobs

Kathryn Candor Lundy Breast Health Center

\$100,000–\$249,999 Level

John C. Lundy and Family Endowment
John C. Lundy and Family
In Memory of Peggy Lundy

Edward and Sherry McCabe Endowment
Edward and Sherry McCabe
In Memory of Michael McCabe

ENDOWMENT GIFTS

\$25,000–\$49,999 Level

Kuzio Family Endowment

Keith and Jennifer Kuzio

In Honor of Janice D. Kuzio

Laboratory and Pathology

\$50,000–\$74,999 Level

Laboratory and Pathology Endowment

Friends of UPMC Lab and Pathology

Dr. Sheldon M. Schwartz Endowment

Dr. and Mrs. Sheldon M. Schwartz

\$25,000–\$49,999 Level

Dr. Donald J. Leathers Endowment

Dr. and Mrs. Donald J. Leathers

Neurological Institute

\$25,000–\$49,999 Level

Johnny Mackison Endowment

Anonymous

Dr. Fadi B. Sweiss and Family Endowment

Dr. Fadi and Jessica Sweiss

Pediatric Rehabilitation

\$100,000–\$249,999

Dr. and Mrs. Albert G. Liddell Endowment

Mary Frances Liddell

\$50,000–\$74,999

Pediatric Rehab Endowment

Friends of UPMC Pediatric Rehabilitation in Williamsport

Pharmacy

\$25,000–\$49,999 Level

Julie Barner Endowment

Friends and Family of Julie Barner

Radiology

\$25,000–\$49,999 Level

Dr. and Mrs. Chan Yoon Family Endowment

Dr. Chan Yoon

In Memory of Karen Yoon

Rehabilitation Services

\$25,000–\$49,999 Level

Erin and Marshall Welch Endowment

Erin and Marshall Welch

Rural Health Care Access

\$25,000–\$49,999 Level

Dr. and Mrs. Zachary Ritter Endowment

Dr. and Mrs. Zachary Ritter

Scholarships

\$100,000–\$249,999 Level

Rosalie Kaleda Scholarship Endowment

Rosalie F. Kaleda

Special Purpose

\$25,000–\$49,999 Level

Children's Literacy Endowment

Dr. Michael, Joshua, and Matthew Gross

In Memory of Mary "Rickie" Gross

Dr. Robert and Phyllis Yasui Endowment

Anonymous

Trauma and Acute Care

\$50,000–\$74,999

William P. and Lorraine Manos Endowment

William P. and Lorraine A. Manos Foundation

\$25,000–\$49,999 Level

The Elephant Family Endowment

Dr. and Mrs. Elephant

In Memory of Rewen Elephant

Unrestricted

\$25,000–\$49,999 Level

Charles and Donna Johnson Endowment

Steve and Mary Ann Johnson

John and Jean McDermott Endowment

Steve and Mary Ann Johnson

UPMC Muncy and Muncy Place

\$25,000–\$49,999 Level

Daniel C. Berninger Endowment

The Muncy Bank & Trust Company

Maralyn Lloyd Endowment

Richard H. Lloyd

UPMC Wellsboro

\$25,000–\$49,999 Level

Bill and Shirley Hebe Endowment

Bill and Shirley Hebe

UPMC Williamsport Family Medicine Residency

\$50,000–\$74,999

UPMC Williamsport Family Medicine Residency Endowment

Friends of UPMC Williamsport Family Medicine Residency

\$25,000–\$49,999 Level

Dr. John A. Pellegrino Endowment

The Pellegrino Family – Deb, Steve, Frank, and Mary

Urology

\$25,000–\$49,999 Level

Dr. and Mrs. David Kurz Endowment

Dr. David and Meghan Kurz

Women's Health Needs

\$25,000–\$49,999 Level

The Manchester Family Endowment

George Manchester, Brenda Terry-Manchester, Morgan Manchester,

Meredith Manchester, & Alec and Maggie Fantaskey

BUSINESS & INDUSTRY GIFTS

Business & Industry Gifts

recognizes businesses that supported Susquehanna Health Foundation with a contribution of \$5,000 or greater. Donors are listed through **December 31, 2025**.

\$1,000,000 +

Anonymous

First Quality Enterprises, LLC

Ward Manufacturing LLC

\$250,000–\$999,999

McCormick Law Firm

The Muncy Bank & Trust Company

The Park Home, Inc.

Verizon Wireless

\$100,000–\$249,999

AutoTrakk, LLC

C&N

Dominion Foundation

EuroOptic Ltd.

Hudock Capital Group, LLC

iHeartMedia

Jersey Shore State Bank

Lamar Advertising of Williamsport

M&T Bank

PPL Foundation

PRIMUS Technologies Corp.

Reynolds Iron Works, Inc.

Shell Exploration & Production
Company

Silvertip, Inc.

Welliver McGuire Inc.

Wolyniec Construction, Inc.

In Memory of James T. Wolyniec Sr.

\$50,000–\$99,999

ABS Building Systems Integrators, LLC

Alexander Building Construction Co.

Anadarko Petroleum Corporation

Bayard Printing Group

BSC Mechanical, Inc.

Ciocca Toyota of Williamsport

George E. Logue LLC

Gift Box at Muncy Valley Hospital

Glenn O. Hawbaker Inc. Charity Golf
Outing

John Savoy & Son, Inc.

Larson Design Group

Lundy Construction Co., Inc.

Lycoming County Board of
Commissioners

Lycoming Engines

National Fuel Gas Company Foundation

Pennsylvania College of Technology

PPL Electric Utilities

Quandel Construction Group, Inc.

Ronald McDonald House Charities of
N.E.P.A., Inc.

Savoy Contract Furniture

Susquehanna Community Bank

Weis Markets, Inc.

Woodlands Bank

\$25,000–\$49,999

Anonymous

AllOne Foundation

ARAMARK Healthcare

Ausley Construction Co., Inc.

Baker Tilly Virchow Krause, LLP

BB&T

Beiter's Home Center

Construction Specialties, Inc.

*In Honor of Construction Specialties,
Inc. Staff and Families*

Costy's Energy Services

Data Papers/KBF Print Technology

Evergreen Wealth Solutions

Fairfield Auto Group

First Citizens Community Bank

Forrester Environmental, Inc.

Fry's Plastic

Gilmour Arts

Glenn O. Hawbaker, Inc.

Interior Construction Specialists, Inc.

L.F. Driscoll Company, LLC

Martin Rogers Engineering Consultants

Mattel Children's Foundation

McCarty-Thomas Funeral Home, Inc.

In Memory of Richard G. Thomas

McNerney, Page, Vanderlin & Hall

Murray Motors – Brian Peace and Bill
Brown

Pennsylvania Academy of Family
Physicians Foundation

Repsol Oil & Gas USA, LLC

Santander Bank

Shell Appalachia Charity Golf
Tournament

Stantec

Tura L.P.

\$15,000–\$24,999

American Cancer Society

BDA Healthcare Architects

Children's Development Center

Endowment Fund at First Community
Foundation Partnership of
Pennsylvania

Deerfield Charitable Trust

Lezzer Lumber

Lundy Industrial Realty, L.P.

McDonald's – *Doug and Frani Doherty

Muncy Self Storage

Norcen Industries Inc.

Pennram Diversified Mfg. Corp., Andrew
and Karen Hooker

Pittsburgh Penguins Organization

Steinbacher Enterprises, Inc. – Dave and
*Karen Steinbacher

*In Memory of Mr. and Mrs. James
Steinbacher*

In Memory of Karen Steinbacher

Steinbacher Enterprises, Inc. – Matt and
Joslyn Dougherty

*In Honor of Dave and *Karen
Steinbacher*

Tioga County Board of Commissioners

Trojan Tube Sales and Fabrications, Inc.

In Memory of Jack Decker

Williamsport Moving Company

Wm. L. Robinson Concrete

\$5,000–\$14,999

Anonymous

Anthony Visco Jr. Architects

AssetMark Charity & Giving Fund

At Home...In Aspen, Inc.

Axeman-Anderson Company

Bennardi Barberio Dentistry

In Memory of Dr. Rudolph Bennardi

Berkshire Hathaway HomeServices
Hodrick Realty

Billtown Mechanical Corp.

Blair Brothers Goldsmiths

The Blessing Insurance Agency, Inc.

Brodart Co.

Central Equipment Company

Clinton County Commissioners

Ruth Croyle and East End Lumber
Company

BUSINESS & INDUSTRY GIFTS

Elite Feet, Inc. – Bonnie Dodge
EmCare, Inc.
Fraternal Order of Eagles – Williamsport
Aerie #970
G.R. Noto Electrical Construction, Inc.
The Diane Gainer Cancer Fund
Herman and Luther's
The Herman O. West Foundation
Hermance Machine Company
Houseknecht's Machine & Tool Co., Inc.
J and M Construction Specialty, Inc.
Keystone Bingo Supply, Inc.
Keystone Data Systems, Inc.
L3Harris Electron Devices
**Lake Erie College of Osteopathic
Medicine**
The Liberty Group
M & R Contracting, Inc.
Marcellus Shale Coalition
MetalKraft Industries, Inc.

Mid-State Beverage Co. – Don and Betty
Jo Heim
Montgomery Plumbing Supply Company
Pappy Jack's Winery
PATHS, LLC
Patterson-Brandt, Inc.
Penn Cabling Services, Inc.
Penn Recycling, Inc.
Pine Ridge Construction Management
PMG Advisors, LLC
R&L Housing Associates, Inc.
Sanders Mortuary Ltd.
*Schneider Valley Farms Dairy
In Honor of Schneider Valley Farms
Dairy Employees*
Gene and Mary Ann Schurer & Pam
Keefer – Aquarius Pool & Patio, Inc.
SelecTrim Corporation, James Wood and
Marcus Annicelli
SERVPRO of Broome County

Shaylor's Ponds & Patios
Sher Properties, Inc.
Southwestern Energy Services Company
Stanley Black & Decker
State Farm
Steinbacher, Goodall & Yurchak
Stevens & Lee, P.C.
Sunbury Motors
Susquehanna Oral & Facial Surgery and
Dental Implant Center
Susquehanna Paper & Sanitary Supply
Corporation
Texas Roadhouse – Williamsport
Tory Leather
VanCampen Motors, Inc.
Wayne Township Landfill
Wellsboro Electric
Wellsboro Rotary Club
West Pharmaceutical Services

TRANSFORM YOUR GIVING:

THE POWER OF QCDs

If you are age 70½ or older, you have a powerful way to support the important work of Susquehanna Health Foundation while reducing your tax burden. By making a **Qualified Charitable Distribution (QCD)** from your IRA, you can help meet critical needs at UPMC in North Central Pa. — all without increasing your taxable income.

QCD Highlights:

- Available to individuals age 70½ and older
- Donate up to \$111,000 per person annually
- Tax-free charitable distribution
- Counts toward your RMD if 73 and older
- Transferred directly from your IRA to the Foundation

How to Get Started:

Contact your IRA custodian to request a direct transfer to Susquehanna Health Foundation. To ensure your gift is acknowledged properly and directed to the area you care about most, please let us know your intention.

We encourage you to consult with your financial or tax advisor to determine if a QCD is right for you. Our team is happy to assist with questions or additional information.

2026 Lifetime Achievement Award Honorees



Dr. Gregory Frailey, Physician Lifetime Achievement Award

A respected emergency physician, military leader, and lifelong advocate for emergency medical services, **Gregory Frailey, D.O.**, devoted more than three decades to advancing emergency medicine and prehospital care in north central Pa.

Dr. Frailey's path to medicine was shaped early by discipline, teamwork, and service. Raised in a military family, he attended Penn State University on an Air Force ROTC scholarship before answering a call to emergency medical services, working as a paramedic for six years prior to and during medical school. Those formative experiences in prehospital care ignited a lifelong commitment to emergency medicine and EMS.

Encouraged by the physicians he worked alongside as a paramedic, Dr. Frailey pursued medical school on a Navy scholarship. He served 24 years in the United States Navy, achieving the rank of Captain. The leadership and operational readiness he developed in



Dr. Barbara Heere, Physician Lifetime Achievement Award

A dedicated and highly respected physician, **Barbara A. Heere, M.D., F.A.C.P.**, devoted more than three decades of her life to caring for patients and strengthening the medical community in north central Pa. Dr. Heere practiced Internal Medicine with compassion, rigor, and quiet leadership, leaving a lasting impression on generations of patients, colleagues, and trainees.

Dr. Heere has deep roots in the region. She earned her undergraduate degree in biology from Bucknell University, her medical degree from Penn State University College of Medicine, and completed her Internal Medicine residency at Presbyterian University Hospital, now UPMC Presbyterian. In 1984, she started her own independent practice to serve the region, and in 1992 joined Williamsport Internal Medicine, where she provided patient care until her retirement

the military as a Naval flight surgeon would later define his civilian medical career.

In 1992, Dr. Frailey relocated to the Williamsport area as medical director, Ambulatory Care Services, The Williamsport Hospital. Over the years, he served in numerous roles, including emergency physician, medical director of Prehospital Services, and medical director emeritus for Susquehanna Regional EMS. He retired in August 2025.

“Greg helped build the emergency medicine program we stand on today,” says **Michael Gerst, D.O.**, vice president of Medical Affairs and chief medical officer, Emergency Medicine, UPMC in North Central Pa. “From the earliest days of his leadership, he brought structure, discipline, and a clear vision for what high-quality emergency care should look like in this region. His influence shaped not only how we practice emergency medicine, but how we think about readiness, teamwork, and accountability. The growth and strength of our department today are a direct reflection of the groundwork Greg and his colleagues laid for those who followed.”

in 2018. A lifelong learner, Dr. Heere achieved board certification from the American Board of Internal Medicine and was later named a Fellow of the American College of Physicians.

“I had the privilege of working alongside Barbara and seeing firsthand the lasting impact she had on our medical community,” says **David Lopatofsky, M.D.** “From our years together at The Williamsport Hospital through its evolution into Susquehanna Health and now UPMC, Barbara was a steady and thoughtful leader. She gave generously through leadership and committee service and was deeply committed to medical education as an attending physician with the Williamsport Family Medicine Residency Program. Her belief in the future of medicine lives on through the many physicians she helped shape, many of whom continue to serve this community today.”

Beyond her professional achievements, Dr. Heere has demonstrated extraordinary generosity and foresight through her philanthropic leadership. She is a long-

Throughout his career, Dr. Frailey championed the team-based approach to medicine and credits both his military and EMS experiences with reinforcing the belief that the strength of a health care system lies not in individuals, but in cohesive, well-prepared teams working toward a shared mission.

“Dr. Frailey’s passion for emergency and prehospital medicine runs deep — it’s in his blood,” says **Tony Bixby**, director, Prehospital Services, UPMC in North Central Pa., and chief, Susquehanna Regional EMS. “Under his leadership, our regional EMS system expanded its capabilities, strengthened its clinical practice, and emerged as a national leader, earning the 2024 Pennsylvania Agency of the Year (Large Agency Division) award from the Pennsylvania Emergency Health Services Council and the 2025 Dick Ferneau Career EMS Service of the Year Award from the National Association of Emergency Medical Technicians. These achievements, and many more, would not have been possible without Dr. Frailey’s vision and support.”

Beyond his clinical and leadership contributions, Dr. Frailey has demonstrated

standing and generous donor to the Susquehanna Health Foundation, recognized as a member of both the Signature Gifts Society and the Caduceus Society. She is also a Legacy Society member, having included the Foundation in her will — an enduring expression of her commitment to the future of health care in the region.

Together with her late husband, **Dr. Bernard “Bernie” Butkiewicz**, Dr. Heere has passionately supported UPMC Magee-Womens Breast Health Center and the UPMC Hillman Cancer Center, both in Williamsport. Dr. Butkiewicz, whom she met in medical school, passed away in 2014 at the age of 60 after battling Huntington’s disease. Their philanthropy shows a profound empathy for patients and families facing serious illnesses.

“Barbara and Bernie are well-respected physicians who’ve made a lasting impact on care in this region,” says **Dan Glunk, M.D.** “They both were heavily involved in clinical research and physician education and were prominent members of the physician

exceptional philanthropic commitment to the future of emergency care. He is a generous donor to the Foundation and is recognized as a member of the Caduceus Society. Together with his late wife, **Marilyn**, he established the Dr. Gregory and Mrs. Marilyn Frailey Endowment, ensuring long-term support for EMS education, readiness, and innovation.

His generosity is deeply personal and intentional. Dr. Frailey routinely makes gifts following the Little League World Series in honor of the EMS, Sports Medicine, Family Medicine, and Nursing professionals who support the event — recognizing the unseen work and dedication required to keep athletes and spectators safe. His support also extends to the Penn College EMS and Physician Assistant programs, helping build tomorrow’s workforce.

In recognition of his lifelong dedication to emergency medicine, military service, and philanthropic support that continues to strengthen EMS and patient care across the region, UPMC and Susquehanna Health Foundation proudly recognize Dr. Gregory Frailey with the 2026 Physician Lifetime Achievement Award.

community both locally and across the state. This award is a great recognition of their lifelong commitment to caring for the community.”

In recognition of her lifelong dedication to patient care, medical excellence, and the philanthropic support that continues to strengthen our health system, UPMC and the Susquehanna Health Foundation proudly recognize Dr. Barbara Heere with the 2026 Physician Lifetime Achievement Award.

CADUCEUS SOCIETY

The Caduceus Society recognizes physicians who

made a commitment of \$2,500 or greater to Susquehanna Health Foundation. Donors are listed through **December 31, 2025.**

\$500,000+

Dr. and Mrs. Francis M. Powers Jr.

\$250,000–\$499,999

Dr. Barbara Heere and *Dr. Bernard Butkiewicz

\$100,000–\$249,999

Anesthesia Associates of Williamsport
*Dr. and Mrs. Albert G. Liddell
Dr. and Mrs. Rodwan and Zokaa Rajjoub
Dr. Hani and Eiman Tuffaha

\$50,000–\$99,999

Jean and John Burks
In Memory of Joseph R. Calder, MD

Greg and *Marilyn Frailey

Dr. and Mrs. David J. Lopatofsky
Dr. and Mrs. George A. Manchester
Dr. and Mrs. Zachary Ritter
Dr. and Mrs. Sheldon M. Schwartz
Dr. Fadi and Jessica Sweiss

\$25,000–\$49,999

Anonymous
Jack and Dottie Bailey
Dr. John and Donna Becker
Dr. and Mrs. E. Lee Bellinger
Christopher and Susan Branton
Dr. Jill A. Burns
Dr. and Mrs. Scott D. Croll
Dr. Ronald E. DiSimone
Dr. and Mrs. Elefant
Dr. and Mrs. Daniel R. Gandy
Dr. Michael C. and Dr. Heather J. Gerst
*Rickie and Michael Gross
Dr. and Mrs. Timothy Heilmann
Dr. David and Meghan Kurz
*Dr. Ted and Jane Larson Jr.
Dr. and Mrs. Donald J. Leathers
Cheryl Marceau and Dr. Michael Marceau
Dr. William C. and Beverly H. McCauley
Dr. and Mrs. Alexander R. Nesbitt
Drs. Timothy and Kathleen Pagana
Dr. and Mrs. Warren L. Robinson
Dr. and Mrs. Donald D. Shaw
*Dr. and Mrs. Gordon A. Shaw
In Memory of Joseph R. Calder, MD
Susquehanna Urologic Associates
Dr. and *Mrs. Lawrence Tama
Dr. Richard and Mrs. Sharon Walter
Dr. Chan Yoon

\$15,000–\$24,999

Anonymous
Darius Abadi, DO
Dr. and Mrs. Victor P. Becker
Dr. and Mrs. William R. Beltz
Dr. and Mrs. Mark D. Beyer
Drs. David and Susan Borys
Drs. Brian and Jenny Broaduss
Dr. Michael and Lydia Busada
Dr. Perry W. Doan
Dr. Matthew and Ashley McClain
Drs. *Naresh C. and Anita Nagpal
Dr. and Mrs. Anthony M. Nespola
Dr. Christine K. Nolan
Dr. Timothy and Debbie Pastore
Dr. Shailesh and Deanna Patel
Jim and Peg Redka
Dr. and Mrs. Sandeep and Maria Sagar
Dr. Phyllis Scott
Dr. Mohammad and Mrs. Margaret Shafique
Dr. Robert and Sandy Silberg
Dr. Thomas C. Smith and Suzanne Dively-Smith
Dr. Donald J. and Susan Sweeney
F. Omar and Ana Tordilla
UPMC City Medical Staff
Williamsport Pathology Association

\$10,000–\$14,999

Anonymous (4)
Thomas R. and Keri L. Albright
Karen and Michael Belenko
Dr. and Mrs. Paul W. Braunegg Jr.
Dr. Tom and Rebecca Burke
Dr. and Mrs. Leonard R. Collins
Dr. Ryan and Mrs. Amy Collins
Daniel J. Glunk and Margrit M. Shoemaker
Dr. and Mrs. Edmund P. Guelig
Dr. and Mrs. Michael V. Hoffman
Dr. Renuka Kakarala and Dr. Sai B. Sajja
Dr. Charles D. Lamade
Morgan Manchester
Dr. and Mrs. David B. Nagel
Donald and Diane Nardone
Dr. and Mrs. Harshad Patel
Dr. Christopher Reilly and Dr. Teresa Bianco
Dr. René and Diana Rigal

Keith and Pam Shenberger
In Memory of Lynn A. Overdorff Jr.
In Memory of Ann L. Shenberger
Dr. Mohammad Tahir
Dr. and Mrs. F. Ardell Thomas
UPMC Muncy Medical Staff
Dr. and Mrs. Stephen Weber

\$2,500–\$9,999

Anonymous (5)
Bharat G. Adroja, MD
Dr. and Mrs. Carl R. Albright
Dr. and *Mrs. David N. Ambrose
Charles and Karla Anderson
In Memory of Albert Confer
Dr. Elizabeth and *Eric Anderson
Cindy and Terry Belles
Jasneet Bhullar, MD, and Suman Bhullar, MD
James Bland, MD
Dr. Karen M. Brady
Dr. and Mrs. John V. Calce
Dr. William Cicio
Cornerstone Family Health, P.C.
Dr. T.E. Cullen and Bronwen Cullen
Michael Desiderio, DO, and Darcie Desiderio, DNP, CRNP
Dr. and Mrs. Gary M. Dincher
Drs. Dilip Elangbam and Subadani Angom
Dr. and Mrs. Joseph G. English
Durriya S. Esaa, MD
Dr. and Mrs. Todd W. Fausnaught
James R. Fick, MD
Mr. David and Dr. Lisa Galloway
Dr. and Mrs. Steven W. Geise
Dr. Kenneth I. Glaser
Dr. and Mrs. Russell and Juliann Gombosi
Dr. Judith Gouldin and *Mr. Anthony Parente
Nathaniel Hare, MD
Dr. and Mrs. Steven M. Hawley
Glen T. Hofstrom, MD
Dr. Kenneth A. Hogrefe
John and Veronica Jones
In Memory of John and Dorothy Jones
Dr. Muhammad Kashif
Dr. and Mrs. William F. Keenan
Dr. and Mrs. I.G. Kim
Dr. Dana and AJ Kirschner

CADUCEUS SOCIETY

Dr. and Mrs. Kevin W. Kist Jr.
 Olamide Kolade, MD
 Dr. John Kuri and Dr. Amy Wirtner
 Darshan Lal, MD
 The Lazar Family
 Dr. Paul and Cynthia Leber
 Dr. and Mrs. Joseph Lexon
 David and Clayton Lightman
 Dr. and Mrs. Eric Longenbach
 The Lyne Family
 Dr. Thomas J. and Reverend Dr. Lois D. Martin
 Dr. Scott A. Mathias
 Adrienne McCallister, DO
 Dr. Sabrina Mikita
 Drs. Brad Miller and Cheryl Stayton
 Robert L. Muller, MD
In Honor of Dr. David N. Ambrose
 Dr. and Mrs. Mark G. Odorizzi

Dr. Stuart and Judy Olinsky
 *Dr. Mark and Mrs. Deborah Osevala
 William and Cynthia Pagana
In Memory of Ann Pagana
In Memory of Elizabeth Pagana
 Dr. and Mrs. Young W. Park
 Dr. and Mrs. Frank W. Parker
 Dr. and Mrs. William J. Peck
 Dr. and Mrs. John A. Pellegrino
 Dr. Luan and Bethany Pham
 Adriana Polisano, MD, and Timothy E. Wirth, PharmD
 Dr. Robert and the Reverend Christine Purcell
 Dr. Renee Quarterman
 Jennifer Rager-Kay, DO
 Navitha Ramesh, MD
 *Dr. and Mrs. William P. Reich
 Dr. Herbert Roberts

Dr. and Mrs. Steven D. Rockoff
 Eddie O. Rodriguez-Lopez, MD
 Abdalla Sholi, MD
 Zachary Simpson, MD
 Dr. and Mrs. Rohit G. Singh
 Dr. and Mrs. Sam F. Stea
In Honor of Our Children
 Bernard and Sarah Steinbacher
In Memory of Karen E. Steinbacher
 Dr. Allan K. Stryker
 Dr. Lawrence and Nancy Tomack
 Dr. Peter and Rose Trevouledes
 Dr. Frank E. Tulak
 Dr. and Mrs. Thane N. Turner
 Dr. and Mrs. Seth I. Weber
 Dr. Jeffrey and Valerie Wetstone
 Rosemary Wiegand and Brett Homan
 Dr. and Mrs. Daniel E. Wolfe
 Edward G. Wyshock, MD

BRINGING CARDIAC CARE BACK HOME

Each year, the *Friends of UPMC Wellsboro* committee focuses its fundraising efforts on a critical health care need. Guided by the belief that the best care happens when a community comes together, the committee selected a cause especially close to the heart for 2025 — cardiac rehabilitation.

Thanks to the generosity of local donors, \$39,500 was raised to purchase a state-of-the-art patient monitoring system — the essential piece of equipment needed to safely reopen cardiac rehabilitation services at UPMC Wellsboro.

Cardiac rehabilitation supports patients recovering from heart attacks, cardiac surgery, and other serious heart conditions. Far more than supervised exercise, the program provides individualized education, coaching, and ongoing support tailored to each patient's recovery journey.

Reopening these services in the northern tier ensures that patients can heal, regain strength, and build confidence without the added burden of traveling long distances for care.



Friends of UPMC Wellsboro demonstrate their commitment to regional health care through an annual, tax-deductible membership gift of \$100 or more. In 2025, community contributions totaled \$30,500, further amplified by matching support of \$4,500 each from **Blaise Alexander Family Dealerships** and **C&N**.

Susquehanna Health Foundation gratefully thanks the 2025 *Friends of UPMC Wellsboro* Committee: **Jeffery Gilbert, D.O., Honorary Chair; Roger C. Bunn; Rachel Domarew; Jack Eckman; Steph Goben; Bev McKnight; Anne McNaught; Larry Nesbit; June Rudy; Sue Sticklin; and Ann Vayansky.**

*deceased donor

2025 Foundation Impact Report

Across our community, generosity took shape in powerful and meaningful ways this year — caring for patients, supporting families, and strengthening the health care services so many rely on. The numbers tell a story of compassion in action, and each one reflects a life touched because of you.

Thanks to your support, **464 patients** received medicine and care they could not afford, **53 staff members** advanced their education through tuition assistance or were honored through awards, and **30 grieving families** found comfort through Heartworks. You helped honor veterans with **285 lunches** and ensured that **201 moms and babies** received essential support through the Nurse-Family Partnership. Your generosity also helped bring **Maternal Fetal Medicine ultrasound services** closer to home, expanding women’s health resources for our region.

Your kindness brightened the holidays for **106 residents at Muncy Place**, supported **30 high school co-op graduates**, and recognized **100 employees** through tribute gifts. You enhanced care environments by helping create a **healing garden** at UPMC Hillman Cancer Center in Wellsboro and by contributing **\$123,000** in improvements to The Gatehouse. Your support reached families navigating some of life’s most difficult moments and made their paths a little lighter.

These achievements reflect far more than numbers — they represent hope, dignity, comfort, and community. **And every bit was made possible because of you.**

Foundation Contributions



1,019

tribute gifts honored or remembered 422 individuals



2,496

individuals, organizations, and foundations supported us



\$424,086

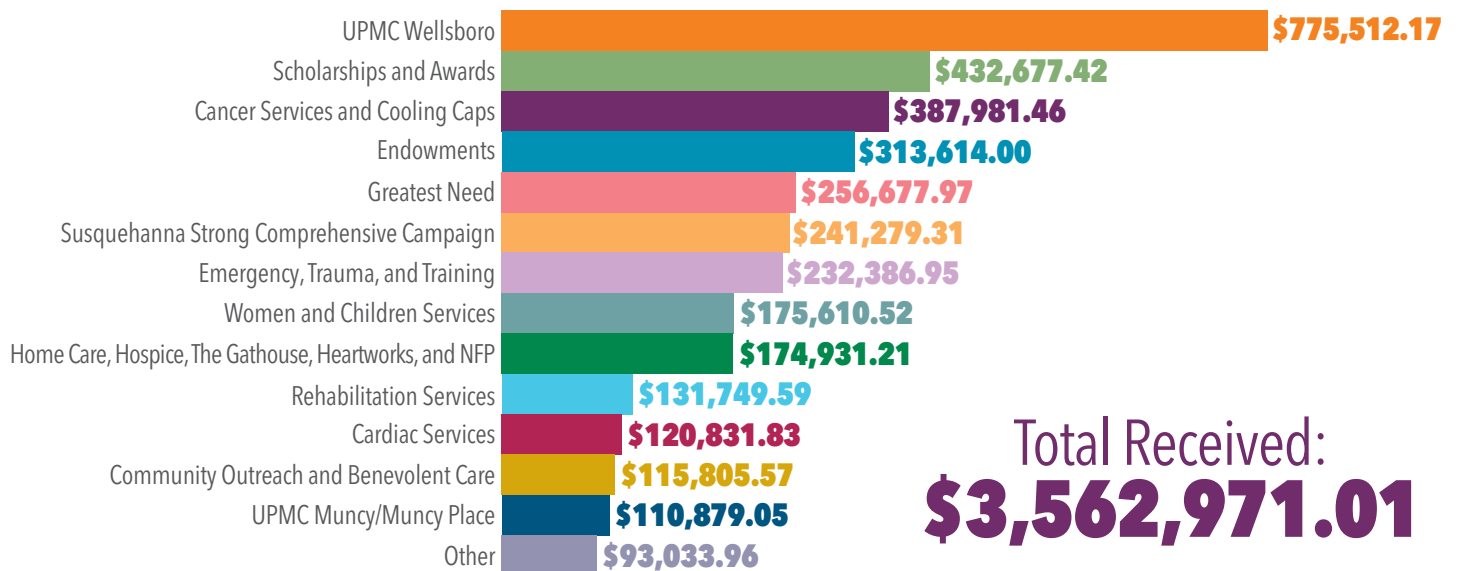
donated from planned gifts



\$352,532

UPMC in North Central Pa. employee and medical staff contributions

Contributions by Fund



Donate to Make a Wish Come True

Susquehanna Health Foundation asked our department leaders to share their wish lists — items that operational funding cannot cover this year. The Foundation is asking the community to provide the necessary funds, or a portion of the funds, to purchase the items below. If you would like to make a gift to purchase one or more wish list items, please enclose your check in the magazine's attached envelope and note which item(s) you wish to fund. You also can make a gift at SusquehannaHealthFoundation.org/Donate and note in the comments section which item(s) you would like to fund.



\$15

Sharing Hope Through Books

UPMC Hillman Cancer Centers in Williamsport and Wellsboro

Books can offer comfort, reflection, and reassurance during cancer treatment. From devotionals to resources on self-care, the Cancer Center provides reading materials to patients recently diagnosed with cancer. Your gift of \$15 gives a book filled with encouragement and hope — often when it's needed most.



\$25

Activity Options for Patients

Inpatient Departments across UPMC in North Central Pa.

Hospital stays can be long, and some patients might have limited visitors. Your gift helps keep patient floors stocked with adult coloring books, colored pencils, crossword puzzles, playing cards, and other activities to promote emotional well-being and positive distraction. A gift of \$25 or more helps bring comfort, engagement, and encouragement as patients heal.

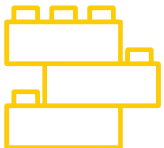


\$50

Supporting Trauma Survivors in Their First Hours of Care

Trauma Survivors Network

Traumatic injuries are unexpected, and most patients and families arrive at the hospital without essential personal items. Through the Trauma Survivors Network, peer-to-peer volunteers — who are themselves trauma survivors — offer comfort and practical support during a difficult time. A gift of \$50 helps stock a cart with essential items such as phone chargers, basic toiletries, and comfort supplies for patients and their families. These resources provide peace of mind in moments of crisis.



\$200

Processing Grief Through Creativity

Heartworks

Heartworks provides free grief support groups for children and teens, helping them process loss in a supportive, age-appropriate environment. A gift of \$200 or more will purchase a LEGO table, offering children an additional creative outlet during monthly family sessions to express emotions and build connections.



\$250

Enhancing Children's Experience Beyond Care

Outpatient Pediatrics

Doctor visits can be stressful for young children. To create a more comforting environment, the UPMC Pediatric team is working to add TVs to their waiting rooms. Family-friendly programming and calming visuals help ease anxiety and make wait times more manageable. A gift of \$250 purchases one TV and enhances the overall patient experience.



\$500

Supplies for Student Athletic Trainer Workshop

Sports Medicine

Each summer, athletic trainers host workshops for local students exploring careers in athletic training. A gift of \$500 provides the supplies needed for a full week of hands-on instruction — helping students gain practical experience, build confidence, and deepen their understanding of the profession.

LEGACY SOCIETY

The Legacy Society recognizes those who made a planned or

estate gift to Susquehanna Health Foundation of \$1,000 or more, through December 31, 2025.

The “past” designation distinguishes our members who have passed away but whose estate or planned gifts to the Foundation reflect the lasting legacy they left to help others.

Current Members

Susan H. Beery
 Steven and Maryjane Brown
 Carol M. Cacchione
 Rachal Diane Clark
 Don and Debbie Creamer
 Robert P. and Linda H. Crockett
 Naomi Cole Decker
 Ron and Jeanne DeFeo
 Dena Kay and Lee Richard Dunlap Jr.
 Jena and Jason Eggerton
 Mitchell T. and Laura Marie Evans
Ronald S. Ferguson
 Chaplain Dave and *Carol Fishel
 Timothy M. and Mary C. Gage
 Lindsay and Derek Garner
 David Lee Gemberling
 Dr. Davie Jane Gilmour
Robert and Laura Gilson
 Dr. Barbara Heere and *Dr. Bernard Butkiewicz
 Alanna and Darwin Huck
 Mark A. Huffman
 Steve and Mary Ann Johnson
 Rosalie F. Kaleda
 Mr. and Mrs. Michael D. Karstetter
 Raymond E. Kehrer Jr.
In Memory of Hilda and Raymond Kehrer Sr.
 Ruth and *Ben Keller
 Mr. and *Mrs. George Koons
 Dr. Bonelyn Kyofski
 Nancy J. Lady
In Memory of Andrew Lady
 Christy and David Lassiter
 Dorie LeVan
 E. LaRue Lunt
 Dr. and Mrs. George A. Manchester
 Cheryl Marceau and Dr. Michael Marceau
 Charlotte E. Maxwell
 Edward and Sherry McCabe
 *Mr. and Mrs. Peyton D. McDonald
 Deborah K. Miklavcic
 Thomas J. Moriarty
 Danut F. Neagu
 Betty H. Niles
 Dr. Luan and Bethany Pham
 *Birch and Annmarie Phillips
 Dr. Robert and the Reverend Christine Purcell

Brenda L. and Barry K. Rake
 Ben and Ann Riles
 William G. Ritter
 Robert and *Lanea Ruffaner
 Donna E. Sayah
 Mr. and Mrs. Michael D. Scherneck
 James and Linda Scott
 Jean Soars
 Dave Steinbacher
In Memory of Karen E. Steinbacher
 Wade and Ruth Strong
 Marsha C. Swartzlander
 Bill and Kim Van Campen
 Mr. and Mrs. Richard A. Vanderlin
 Matthew G. Wech
 Dr. and *Mrs. Chan Yoon
 John and Lori Zeigler

Past Members

Ruth D. Adams Estate
 Claire J. Anderson Estate
 Ruth A. Anstadt Estate
 John and Eva Mae Archer
 David W. Arndt Estate
 Ruth S. Askey Estate
 Howard R. Baldwin Jr. Estate
 Estelle S. Bartlett Estate
 Dorothy M. Bartlow Estate
 Kathryn R. Biggar Estate
 Gertrude M. Blatchley Estate
 Kenneth and Lulu Blessing Trust
 Diane Bookmiller
 Virginia M. Bower Estate
 Margaret R. Brown Estate
 Helen L. Bruner Estate
 Anne H. Bullock Estate
 Richard K. Burrows
 Helen Callaghan Estate
 Adelina Caporaletti
 Rosemary C. Carey Trust
 Palma Colesanti Estate
 Charles John Colocino Jr. Estate
 William B. and Mary M. Cook Estate
 Alice and Charles Corbett
 Anne E. Cranmer Estate
 Ralph R. Cranmer Estate
 E. Ruth Crist Estate
 A. Virginia Dannelley Estate
 William H. Jackson Dawson Estate
 Austin Deck Estate
 Doris and Fred Diehl Estate

Mary G. Dore Estate
 Richard M. Dore Estate
 Frances E. Dorman Estate
 John and Janet Dougherty Estate
 James W. Dow Estate
 William J. Dunlap Sr. Estate
 Walter P. Eilers Sr. Estate
 Kathleen L. Enigk Estate
 Aurele B. Ewing Trust
 Jo-Anne Fawcett Estate
 Katherine M. Fetter Estate
 Elizabeth K. Frederick Estate
In Memory of William Frederick
 G. Alan and Priscilla D. Frey
 Sarah J. Fry Estate
 Gwen Frye Estate
 Leonard F. Gajewski Estate
 Lester Gehr Estate
 LaVera G. Gehron Estate
 George W. and Lillian B. German Testamentary Trust
 Louise Goodman
 Peter J. Goodwin
 Amelia F. Grieco Estate
 Charles R. Gross Estate
 Mary Hanner Estate
 Catharine A. Harrison Trust
 Ralph and Mary Hart Endowment Fund
 David A. Harvey Estate
 Christine H. Himes Estate
 K. Alan Himes Estate
 Catharine Hollenbeck Estate
 Ida A. Hoshauer Estate
 Joe and Carolyn Hume Estate
 Charles William Humphrey Estate
Clarence and Lillian Iceman
 B.G. Johnson Estate
 Rosetta C. Keefer Estate
 Esther Kehler Estate
 Leah M. Kile Estate
 Matthew Kissell Estate
 Mary E. Krise Estate
 Studie R. Ludwig Estate
Stephen C., John W. and John C. Lundy Fund
 Elizabeth P. Lyon Estate
 Joseph N. Lytle Estate
 Robert B. and Virginia W. MacIndoe Trust
Phyllis J. Maietta Estate
 Esther Malleson Estate
 Thomas J. Malloy Estate

LEGACY SOCIETY

W. Robert Maust Estate
 Marguerite Mayer Estate
 Lona J. McConnell Estate
 Jay H. McCormick Estate
 Mrs. Peter J. McGovern
 Janet I. McQuillen Estate
 Kenneth Meier Estate
 Mary G. Mosser Estate
 Wilhelmina J. Myers Estate
 Donald A. Nyce Estate
 Ruth E. Ohnmeiss Estate
Arlene R. Opp Estate
 Ted and Janet Owlett Estate
 Theresa M. Paternostro Estate
 Larry Allen Persun Estate
 William Pickelner Estate
 Margaret A. Probst Estate
 Patricia J. Rambo
 Dr. and Mrs. Paul B. Reis
In Memory of Al J. Smith
 Robert K. Rewalt Estate
 Paul L. Ridall Estate
 Thomas J. Rider Trust
 Lulu B. Roat Estate
 Berta Robbins Estate
 Beatrice W. Royston Estate

Walter and Marian Schell
 Joy M. Shaner Estate
 Rebecca E. Sherman Estate
 Sara J. "Sally" Short Estate
 Emily W. Simpson Estate
 Henry C. Sitler Estate
 Josephine Smith Estate
 Sidney A. Smith Estate
 John G. and Mabel M. Snowden
 Memorial Fund
 Louella B. Snyder Estate
 Marvin and Jean Staiman
 Anna D. Stapleton Estate
 Marion Stopper Estate
 Ralph B. Strawbridge Estate
*In Memory of John W. and Sarah M.
 Strawbridge and Enjar and Clara P.
 Norman*
 Luther L. Stroup Estate
Elizabeth G. Stroup Estate
 Gertrude Strunk Estate
 Barbara W. Taber
 W. Wendle Taggart
 Russell E. Tingue Trust and Emogene L.
 Tingue Estate
 Argeno and Eleanor Vannucci Estate
 Ross Vickers Estate

Luigi Vittorio Estate
 Mary C. Vogel Estate
 Raymond F. Vogel Estate
 Jane Voneida Estate
 E. Louise "Petie" Waltman Estate
 Dwight and Eunice Waltz Estate
 Donald J. Webb Estate
 Charles G. Webb Trust
 Leonard G. Weber Estate
 Weisel Family Trust
 Charles N. Welshans Estate
 Eugene Welteroth Estate
 Thelma B. White
 Helen Wilkins Estate
 Beatrice I. Winters Estate
 Marion Calvert Wright Estate
 Albert F. Young Fund at First
 Community Foundation Partnership
 of Pennsylvania
 Mary Louise Zimmerman Estate
Marie B. Zurinsky

A HOLIDAY TRADITION THAT GIVES BACK

Since 2017, **Resounding Performing Arts** has transformed holiday performances into a powerful act of giving, raising more than \$6,000 in support of The Gatehouse and UPMC Hillman Cancer Center in Williamsport.

Held each year at UPMC Williamsport Divine Providence Campus, these productions — most recently *Holiday Channel Christmas Movie Wonderthon* — remind us that art has the power to heal beyond the stage. We are deeply grateful to the dedicated cast and crew whose passion brings these moments to life, and to every community member who attends in the spirit of generosity. Together, your support turns holiday traditions into lasting hope for patients and families in need.



KEYSTONE SOCIETY

The **Keystone Society** lists those who make a commitment to contribute \$250 or more annually to Susquehanna Health Foundation. Listed below are all Keystone Society members through **December 31, 2025**.

\$1,000–\$9,999

Anonymous

Alexander Subaru Incorporated

Jeffrey D. Andrew

Anthony Visco Jr. Architects

Ashton Palmetto Palms II LTD – John Stroehmann

Jack and Dottie Bailey

Bair Excavation Services LLC

Chad S. Barner

Mark and Monica Barner

BDA Healthcare Architects

Mark Beard

Karen and Michael Belenko

Bethel United Methodist Church Sewing Circle

Big Foot Crossing

Bike Run for Autism Awareness

Ed and Saundra Blackburn

John and Karen Blaschak

Stephen Bortz, PharmD

Drs. David and Susan Borys

Rick and Charlotte Bowen

Robert G. and Nancy C. Bowers

Donald S. Boyles

The Dedicated Staff at the Breast Health Center

The Brickyard Restaurant and Ale House

Chaplain Tom Brokaw

Dr. John and Liz Broshkevitch

April M. Bryer

Tom and Laurie Burkholder

Stephanie T. Calder

Jim and Bethann Campbell

Susan and Dan Carlson

Nicholas and Carol Catino

Nicoya and Justin Catino

Chick-fil-A Williamsport

Alan Cipriani

Catharine Cole

Cheryl Corman

David and Sharon Crandall

Robert P. and Linda H. Crockett

Susan and Robb Curry

Karen L. Daly

Dean Foundation, Inc.

Howard Dean

Robert and Diann DeCamp

Ron and Jeanne DeFeo

Lisa Dincher

Dr. Ronald E. DiSimone

Divine Retiree Travelers

Dr. Perry Doan

Frani Doherty

Dotterer Dairy

Lt. Col. Brian K. Dougherty

Dan Doyle

The Drollinger Family Charitable Foundation

Valerie A. Duff

George and Shirley Durrwachter

Kimberly and Michael Dzikowski

Chelsea M. Egger

Estate of Richard C. Emerick

Michael and Elaine Erickson

Joann C. Ertel

Carol Carson Evans

Fairfield Auto Group

Famvest XII – Lycoming Mall, LLC

Ashley L. Fedroff

Ronald S. Ferguson

First Citizens Community Bank

Alice Fleer

Denise and Joseph Folmar

Greg Frailey

Michelle R. Gaida

Terry and Mary Kay Gamble

The Gathering Quilters

Nancy L. Gehret

Cathleen S. Gibson

Davie Jane and Fred Gilmour

Robert and Laura Gilson

Frank and Lynne Girardi

Natalie A. Grubbs

Carol Zablocky Hall

Paul and Iva Heise

Douglas and Ellen Heller

Herman & Luther's

Henry and Cally Herman

Beverly L. Hieber

Autumn S. Hill

Julie Hittie

Ann M. Hocker

Hal and Karen Hoose

Kenneth and Ann Hoover

Robert P. Hoover

William M. Hoppel Jr.

Thomas W. Hoy

Stephen and Martha Huddy

Hudock Capital Group, LLC

Bob Ireland

Jersey Shore State Bank

John and Sarah Bruch Fund at FCFP

John Ryan Brewery

Steve and Mary Ann Johnson

Junior League of Williamsport, Inc.

K's for Cancer

Stacey M. Kacyon

Stephen G. and Christine L. Kaiser

Kaiser Brothers

Rosalie F. Kaleda

Gloria F. Karchner

Marissa Keisling

Ruth and *Ben Keller

Carol Kitchen

Knights of the Red Cross of Constantine – Williamsport

Heidi A. Kosmer

Janice D. Kuzio

Keith and Jennifer Kuzio

Nancy J. Lady

Mr. and Mrs. Chip Lamade

Abbey M. Lepley

Becky Levi

Lions Club – Montgomery

Liquor License Sales PA-NJ LLC

Craig and Rhonda Litchfield

Herman Logue

Dr. and Mrs. David J. Lopatofsky

KEYSTONE SOCIETY

Ted, TJ, Allison, and Jase Lowden

*Norma Lunt Mullen and E. LaRue Lunt

Bob and Donna Lynn

Heather MacIndoe

Mike and Jo Mahonski, Chris and Karen Mahonski, Fran and Randy Graham, Julie and Rocky Caringi, Wayne and Wendy Mahonski, Matt and Emily Mahonski, & Teresa Michaud

John and Judy Maietta

Darlene M. Malischewski

Family of Anna Mapstone

Dr. William J. and Laura H. Martin

Shannon L. Massey

Robert G. Mayer

Brian McClintock

James and Patricia McGee

Ronald and Judith McKibben

Joseph W. McTish

Dr. Donna and Kenneth Mettler

Mid-State Beverage Co. – Don and Betty Jo Heim

Miele Manufacturing Group

James and Debra Moff

Jessica Mosher

Murray Motors – Brian Peace and Bill Brown

Drs. *Naresh C. and Anita Nagpal

Kirk and Lucinda Naugle

Danut F. Neagu

Robert and Rikki Nevins

Mark A. Nyce

Tom and Mary Owlett

Connie Packard

Melissa Pandolfi, PA-C

Paternostro Cancer Foundation

Max M. and Norma J. Peacock Trust

Diane D. Pelesh

Frank G. Pellegrino

Steve and Kathy Pellegrino

Pennsylvania Skill Charitable Giving

Ms. Ann Pepperman and Senator Gene Yaw

John and Margaret Piper

Adriana Polisano, MD, and Timothy E. Wirth, PharmD

The Children of Kenneth Poorman Sr.

Professional Excellence Council

Charline M. Pulizzi

Jay and Julie Raup

Michael and Christina Reed

John W. and Anne Rich

George and Barbara Rizzo

Dr. and Mrs. Warren L. Robinson

Dave and Maggie Roche

James C. Rogers

Seth M. Rogers

Sean and Cynthia Roman

St. Luke Lutheran Church

Larry and *Nancy Sanders

Donna E. Sayah

Kathryn A. Schon

Gene and Mary Ann Schurer & Pam Keefer

James and Linda Scott

Kay S. Seery

*Joseph and Charmaine Shockloss

Jeri Sims

Mark and Connie Sitler

Meriam Slack's children: Louis, Michael, Linda, and Grandchildren

Dr. Paul J. Smith

Dr. Thomas C. Smith and Suzanne Dively-Smith

Sons of Italy Lodge 138

Steinbacher, Goodall & Yurchak

Stephanie and Curtis Steinbacher

Todd D. Sterner Fund at The Alaska Community Foundation

D. L. Stroehmann Family

Whitney L. Strosser

Susquehanna Health Retirees

Susquehanna Valley Big Twins Motorcycle Club

Kristy M. Teisher

Teresa Temple

Dr. and Mrs. F. Ardell Thomas

Don Lawrence Troyer, MD

Judith Tubbs

Dee A. Ulsamer

United Way of Southwestern Pennsylvania

USAA Federal Legislative

Lari J. Vickrey

Joanie and David Wallis

Ward Manufacturing LLC

Karen Wastler

We Are Women Helping Others

Tamara S. West

West Pharmaceutical Services

Christine and Mark Wheary

Heather M. Williamson

Williamsport Area High School Booster Club

Lamont Withey

Samantha A. Witner

Woodlands Bank

Dr. Chan Yoon

Young Men's Democratic Club of Lycoming County, Inc.

*Marie B. Zurinsky

\$500-\$999

Anonymous

Sharon R. Adams

Kay and Butchie Adelson & Family

H. William Alsted

Aly's Monkey Movement

American Legion William B. Wilson Post 572

Cynthia Anderson

Dudley and Debbie Anderson

Melissa S. Anderson

Jennifer L. Avery

Denise A. Ayers

Arlene M. Bachman

Alice R. Bair

Rachel A. Baker

Julie Baloga

Holly Barbella

Michael Philip Barclay and Laurie Crockett Barclay

Emily M. Bartlett

Oliver R. Bartlett

Bayard Printing Group

John Q. Beauge

Kathleen A. Bechdel

Mary Ann Bellfy

continued on page 32

Building partnerships for a better community health ecosystem

Susan Sticklin has been a part of the Tioga County community her whole life. This place is more than her beloved hometown; it's part of her DNA. It feels right that someone this connected to the area is the current executive director of the Tioga County Partnership for Community Health. Sue works, volunteers, and donates to improve the lives of those who also call this special region home. She is a natural leader who can bring people together from all walks of life and varying professional backgrounds to affect real change for good. Her passion for improving community health and wellness has helped usher in meaningful, measurable quality-of-life advances in her hometown and beyond.

Get to Know Sue Sticklin

Born and raised in Tioga County, Sue has been with the Partnership since January 2013. Prior to that, she had been employed in various roles for Laurel Health Centers (formerly North Penn Comprehensive Health Services) since 1984. She has

provided oversight to many important initiatives, including support services for people with developmental disabilities, help lines for referrals and resources, and several occupational health, recreation, and wellness programs. A graduate of the Tioga County Community Leadership Program, Sue also served as co-facilitator of the program from 2007-2009. In addition, Sue is a 2007 graduate of the Pennsylvania Rural-Urban Leadership Program and is a certified grant writer and reviewer.

When Sue is not putting her impressive talents to work for the Partnership, she enjoys following her passion for gardening, as part of the Penn State Master Gardener Program and the Wellsboro Garden Club. In addition, she volunteers with the Special Olympics and with Partners In Progress, an organization that supports and empowers people with disabilities. Sue is active at her beloved St. Peter's Catholic Church, and she and her husband enjoy spending time with their three grown sons and new family dog, Dennis.

What's It like to be the Partnership's Executive Director?

As one might expect of a nonprofit's executive director, the job requires overseeing grant writing, needs assessments, accounting, programing, development, and sponsorship growth. The role requires Sue to wear many hats, as well as roll up her sleeves. "Every week is different, but that is what makes it fun," says Sue.

"There was a week when the staff was out, so I actually was teaching a course to students," recalls Sue. "Helping out where I am needed, pinch-hitting like that for our team. That's part of my job."

And it is a job Sue loves. She thrives on getting a ringside seat to the evolution of meaningful health programs that will improve lives. She gets excited knowing that her work helps move the Partnership's dreams of a healthier community into Tioga County's reality. A prime example of this is the development of the after-school program. "It's an eye-opener to learn that lots of kids don't go home to safe places, supervised places," Sue says. "We want to know how we can we help develop the best people from our students by giving them what they truly need to succeed after they get home from school." Using proven, evidence-based methods, the Partnership developed an after-school program that provides safe spaces, engaging activities, busing, healthy snacks, tutors, and a positive atmosphere to local kids. The thriving program will make a difference in the lives of students and their families now, and in the future.

And how did Sue and the Partnership respond to this success? "I love to say after launching this type of program, 'What's next?' because there is always more we can do to keep moving forward," she says.

More About Tioga County Partnership for Community Health

Since 1993, the Tioga County Partnership for Community Health has been fostering strong community relationships to address the physical, social, mental, and environmental health needs of Tioga County. As a 501c(3), the Partnership

Friends of UPMC Wellsboro

Friends of UPMC Wellsboro is a volunteer organization that works with the Susquehanna Health Foundation to support a wide array of local health initiatives. They have helped to raise critical funding for the hospital for decades. Sue has been involved with Friends of UPMC Wellsboro's Annual Appeal Committee since the 1990s. The committee helps select projects annually to benefit UPMC Wellsboro and the Northern Tier.

Some recent impactful projects this organization has helped bring to life in Wellsboro include:

- More than \$40,000 in improvements to the Cardiac Rehabilitation Services facilities
- The Healing Garden outside of the UPMC Hillman Cancer Center
- The UPMC Mobile Health Center
- The LUCAS chest compression device for the Emergency Department (ED)

functions as a countywide network of individuals, community leaders, health care providers, human service personnel, business representatives, and government leaders. Working together, this network fosters strong community relationships to meet the many health needs of Tioga County. As part of the State Health Improvement Plan (SHIP), the Partnership collaborates with the Pennsylvania Department of Health to make a positive impact and develop creative solutions to local health problems.

As executive director of the Partnership, Sue leads the charge, bringing people and organizations together to address the medical and social forces that can create barriers to wellness. Often those barriers fall into one of four categories:

- Health issues (physical or mental)
- Environmental problems
- Lack of access
- Financial difficulties

To address these barriers, the Partnership stays agile, so that it can meet whatever challenges might arise. Pooling resources and talents has allowed the organization to provide many vital programs over the

Why Does Sue Donate to Friends of UPMC Wellsboro?

In addition to volunteering, Sue also donates to Friends of UPMC Wellsboro. "I would give even if I was not on the Friends committee, because I see so much value in the projects. They make a real impact on community health. I would donate regardless because I believe in the mission completely. These are not busywork projects; they have real value."

For more information about Friends of UPMC Wellsboro, contact **Annie Fogelman** of Susquehanna Health Foundation at fogelmana@upmc.edu or (570) 320-7612.

years. These include facilitating aid for drug- and alcohol-prevention services, food pantries, unused prescription drug drop-off locations, and immunization services. The Partnership also has transportation coordinators to help assist residents with limited transportation access, and their Discover Tioga app provides resources for health care through an online database.

The Partnership also works with UPMC in North Central Pa. and other area organizations to secure funding and state grants for the community. By creating and strengthening affiliation partnerships between Mansfield University, Tioga County Department of Health Services, UPMC, and other groups, the Partnership can pool resources, allowing everyone access to more experts, talents, and resources that might otherwise be beyond any one rural town's reach.

Substance Use Disorder Coalition and other Drug and Alcohol Programing

In response to data showing an increase in drug overdoses and fatalities in the region, the Partnership created the Substance Use Disorder Coalition to offer a "warm

hand-off" in emergency departments (EDs), so that patients can find support sooner and easier after a drug- or alcohol-related medical emergency. By partnering with Harbor Counseling to provide trained peer-to-peer recovery counselors, this program has been very successful. Sue explains that because many of the counselors have been there themselves, their empathy and testimony show patients that the journey to recovery is possible, and worth it.

The Partnership's support for substance abuse patients is multifaceted and far-reaching. The state requires that every county keep data on incidents of overdose fatalities, which the Partnership handles for Tioga County. Looking for trends, commonalities, and gaps in this data helps the Partnership make better choices in the services they provide. Examples of this type of analytics-driven decision making include the creation of step-down housing to help people transition from substance abuse to recovery and training programs for using Narcan for those who might find themselves on the front lines. Education on the specific substance abuse issues facing Tioga County is also vital, not only for prevention but to help reduce the stigma of addiction that can stop those in need from reaching out for help.

We Can All Be a Part of Community Health

There is a big-picture idea that Sue wishes people got from learning about what the Partnership does.

"In terms of community health, I wish more people knew that healthy communities and healthy people need more than just physical health components. There are important factors like mental health, financial health, environmental health, access to health care, too," she says. These social determinates of health are important to recognize and address if we are to have healthy communities. Through the leadership efforts of people like Sue, we can all contribute in meaningful ways to create a healthier community.

KEYSTONE SOCIETY

\$500-\$999 *continued from page 29*

Jeff and Cassie Bennett

Jennifer L. Bennett PA-C

Kent A. Bennett

Michele K. Bergman

Bill MacIntyre Chevrolet Inc.

Richard and Julie Born

Bower-Decker American Legion Post 251

Jennifer R. Boyles, RN

Christopher and Susan Branton

Cynthia Breon and Family

John and Cynthia Brindger

Krista L. Brown

Barry and Jane Brucklacher

Roxanne L. Buss

Carol M. Cacchione

Dr. Patrick and Maureen Carey

Centre Community Church of Christ

Ron Cimini

Patricia A. Cioffi

Sharon Clausen

Sue Clayton

William A. Clemons

Ernest and Brenda Coder

True Coleman and Children: Teresa,

Tom, Tony, and Tim

Concepts Design Group

Jon P. Conklin

Teresa A. Conyers

Corey Creek Ladies Golf Association

Rose Czap

Erin E. Daly

Debra L. Damaska

Kory and Carnie Datres

Robert and Melissa Dauber, Tom and Janet Haney, Tina and Randy Knipe, & Dick and Diane Burns

Mark and Patty Davidson

Janelle F. Day

Matthew and Amy DeCamp

Michelle Delp

Debra Detrick

Michelle M. Deuel

Stephanie T. Deviney, CRNP

Candy and Steve Dewar

Linda Dibble

Tawyana Dinsmore

Molly J. Durland

Danielle Dymeck

Brian M. Engel

Lori Englert

Douglas A. Erdman

Alec and Maggie Fantaskey

Linda S. Farrer

John Faughnan and Emily Lagace

Robin and David Fink

Julie E. Foresman

Clifford M. Frost

Tom and Linda Gamble

Ryan Gardner and Erica Trimble

James and Lorraine Gates

Sarah Gensel

Matthew R. Godfrey

Monica Haefner

Brenda M. Hagedorn

Jane Hassler

Harry Hefty

Barbara and Ross Hemmendinger

Darlene Hepler

Becky Hess

Kathleen C. Hill

Lucinda Hill

Amanda L. Hitchcock

*Anne and Tim Holladay

Pierre Hopson

Taren Hornberger

Billie Jo Houtz

Craig and Mike Hower & Family

*Rob and Barb Hughes

Humble Bumble Project

Dr. Victoria and Jason Hurwitz

Dennis and Patti Jackson-Gehris

Anthony Von Johnson

George and Joy Johnson

Chelsea Kahley

Alexander J. Karney

Arlyn Kauffman

Margaret C. Kelly

Caron Kenyon

Shelley R. Kerwell

Sandra Kibler

Julie and Kody Kilpatrick

Kimberley King

Jason G. Kling

Oscar and Shirley Knade

Geri Kono

Amy Kreger

Judith A. Krezmer

Heather C. Lanahan

Jordin R. Langin

Dennis and Jocelyn Levan

Lisa's Business Services, Inc.

James A. Longley

Sarah "Sally" Lott

Katlyn M. Lutchko

Lycoming Engines Employees

Kay C. Lyman

Darrin and Sue Mahaffey

Rachel Makley

Lucas C. Mariano

Steven E. Marshall

Dorothy B. Martin

Scott and Carol Masteller

*Vincent J. and Susan E. Matteo

Theresa A. Mattie

Butch and Sue McCusker

McDevitt Family: Mike, Jessie, Danette,

Colleen, Michael, Kelly, and Staci

Constance McFadden

Dr. Matthew J. Meeker

Glenda R. Merkel

The Miller Family

Anne D. Miller

Carina Miller

Jenifer L. Miller

Clyde J. Mitstifer

Charlene Moore

James and Debra Muffly

Dean P. Muller

Muncy Girl Scout Troop #61238

J. Dennis and Linda Murray

Susan and Joseph Myers

Joseph T. Naimoli

Nan's Kids Foundation

Nicole P. Nardi

National Sporting Companies

Sandra Niklaus-Eck and Ronald Eck

Ruth M. Nuss

KEYSTONE SOCIETY

The O'Briens
 Christian F. Paredes
 April Parker
 Kathryn A. Penfield
 Brenda S. Peterman
 Glenn Peters
 Michael C. Philbin
 Picture Rocks Lions Club
 Ben and Lynn Plankenhorn & Family
 Pneu-Dart, Inc.
 W. Herbert Poff III
 Susan K. Prindle
 Brenda L. and Barry K. Rake
 RE/MAX West Branch
 Andrea N. Reed
 Walter L. Reese
 Joseph L. Reighard
 Resounding Cymbals Performing Arts
Angel E. Rivera-Weaver
 Gene C. Roberts
 Robert and Susan Ross
 Saint John's – Newberry United
 Methodist Church
 Frederic G. Sanford, MD
 Robert and Mary Saul
 Megan E. Saunders
 Carol Savoy, Savoy Contract Furniture
 and J. Savoy Realty Co.
 Charles and Helen Schwarz
Sew Fine Quilters
 Rich and Judy Shaffer
 Laraine L. Shannon
 Emily Shelley
Emily Shirey
 Alexis L. Short
 Aaron and Lynette Singer
 Laurie Smead
Barbara A. Snyder
 Elizabeth A. Stabley
 Suzanne and David Stopper
 Subaru of America, Inc.
 Tanglewood Camping
 Cheryl Tate
 Rebecca Taylor
 Niccole C. Thomas
 Tiadaghton Quilt Guild

Valerie and Joshua Trego
 Jack and Mary Turner
 Jerry and Joy Walls
 Duane and Jan Weaver
 Webb Weekly
 Tammy E. Weber
Harry and Rebecca Webster
 Amanda Welshans
 Jackie and Arne Werts
 Linda M. West
 Kathy M. White
 Betty J. Wilber
 Williamsport Area High School
 Volleyball
Williamsport Electric Inc.
 Williamsport Firefighters #736
 James A. Wilson
 Wine & Design On Wheels
 Margaret Woodhead
 The Family of Frank Woomer: Sara,
 Joshua, Justin, Zachary, and Matthew
 Woomer
 Sherry Wyble

\$250-\$499
 Anonymous
 Dawn Albright
 Ruth A. Aldridge
 Taanasa L. Alfred
 Dr. Natasha R. Alligood-Percoco
 Anne Anderegg Family
 Victoria G. Anderton
Dr. and Mrs. Stevan Anselmi
 Jack Archambault
 Karen A. Armson
Wendy L. Armstrong
 Arnot Sportsmen Association, Inc.
 The Art Partnership, Inc.
 Brenda Aunkst
 Terry L. Austin
 Bald Eagle United Presbyterian Church
 Erin R. Bannon
 Samantha Barner
 Mike and Donna Bastian & Family
 Brandy Bauman
 Travis Baylor

Talia Beatty
Ginger Beaver
 Gregory L. Beck
 Michael and Lori Beiter
 Ann S. Beitz
 Jacqueline A. Bell
 Laurie Bell
 Kyle Benson
Rebecca C. Berninger
 Bethel Linden Presbyterian Church
 Amy Bickhart
 Deborah Bierly and Family
 Aaron Bird
 Kimberly Black
 Miranda R. Black
 Roxanne Blazina
 Ken and Kitty Blessing
Michael Bogert
 Michelle Bohlin
 Wendy A. Bonus
 Bostley's Pre-School Learning Centers,
 Inc.
 Sherri M. Bower
 Jim Bowes and Jennifer McLean
 Nicole Boyer
Curt and Donna Brennan
 Abigail R. Breon
Ginny L. Brickley
 Trisha Brown
 Natalie A. Buss
Terry Bussard
 Brian K. Buttorff
 Marlene G. Campana
Canton Area American Legion
Auxiliary
 Heather E. Carnahan
 Fawn Carr
 Beth A. Caviston
 Jennifer L. Childs
 Barry and Rochelle Clark
 Tom Clemente and Family
 David Cline
 Clintondale United Methodist Church
 David J. Cochrane
 Amy M. Collins
 Kaytlyn Coppola

KEYSTONE SOCIETY

Erin A. Cramer
 Marisa L. Croteau
 Spencer G. Cryder
 Jeffrey Cundiff
 Erika Dean
 Joe and Judy DeGregorio
 Jeri Demel
 Rebecca J. DeNune

Kellie N. Derryberry

Caelan Dick
 Thomas and Susan Dincher
 Charlotte A. DiPalo
 Catherine L. Dixon
 Ann M. Doane

Boneita A. Dodge
 Richard Dowell, PhD
 Dashanka Drummond

Clay Dudash

Anna and Neil Dunlap
 Dena K. Dunlap
 Jim and Terry Dunlap
 Dorian Dunn

Rebekah L. Dunning
 Kalee L. Dupert
 Kelly S. Eaton
 Kelly J. Eck

Jack Eckman

Samantha M. Emick
 Christopher D. Erdman
 Curtis and Stephanie Fay
 Jeffrey D. Feerrar
 Craig and Sheila Fields
 Marrisha L. Finan

Kristine L. Finochiaro

First Baptist Church – Lock Haven

Betty L. Fisher
 Hiram E. and Dolores K. Fitzgerald
 Jessie M. Fogelman

Annie Fogleman

Katelyn L. Fowler

Kristen N. Funk

Furman Family

Kelly M. Gallagher
 Cindy Gitchell
 Dale Glover
 Keith and Amy Goehring

Dr. and Mrs. Russell and Juliann Gombosi

Jennifer A. Gordner

The Family of Darryel Griffin

Matthew J. Groff
 *Rickie and Michael Gross
 Jay and Connie Grover
 Betty Haase
 Kristen Hakes-Kinley

Jessie Hamilton

Crystal L. Hanner

Dr. and Mrs. Michael Haraschak IV

Donald and Kathy Harris
 Dr. Leo M. and Mrs. Debra A. Hartz
 Steve and Phoebe Hauptert
 Sara Hencel

Samantha Henry

Theresa R. Hershberger

David and Janie M. Hilfiger

Jim and Crystal Hill

Christopher and Nadine Holladay

Timothy L. Holladay

Sheila Holleran
 Horizon Federal Credit Union
 Harry D. Hovenstine
 Kyrstin Hubbard

Valerie Huck

Correne Hufnagle

Michael and Jodi Huling

J & Jay Services LLC

John F. Laedlein Lodge No. 707 South Williamsport

Jamie and Stephanie Johnson

Taylor V. Jordan

K2 Headcover Program

Sherri Kadryna

Samantha L. Kalacinski

Kayla Keen

Raymond E. Kehrer Jr.

Seth and Susan Keller

Sharron Lee Keller

Karen E. Kemmler

Jacqueline L. Kibler

Daniel and Laurita King

Robin King

Jacqueline L. Kinney

Dr. and Mrs. Kevin W. Kist Jr.
 Kiwanis Club of Muncy Area
 Kiwanis Club of Williamsport

Kathryn Kleckner

Brenda Knarr

Alicia C. Knittle

Donna J. Knouse

Diane L. Kohler

Bill Kosmer

Jeff and Ashley Krause

Arnie and Lianne Kriner

L. J. Stopper Realty & Development Co.

Jo Anne LaRocque

Jennifer and Frank Klotz

LCBC Church Williamsport

Lee A. Viard & Associates, P.C.

Andrea J. Liebersohn

Susan M. Lingeris

Dawn Lipinski

Stacy A. Little

Alexa Llewellyn, PA-C

Michael and Roylee Lovett

Loyal Order of the Moose Lodge No. 145

Melissa Luhrman

Lundy Construction Co., Inc.

Family of Romaine Lynch

Jennifer Dremel Majetsky

Meredith T. Manchester

Kimberly and David Manning

Joe and Maryann Maresco

Leah Marmara

Angelo Martin

Matthew R. Martin

Rosanne Mattiace

Patti J. McClelland

Jennifer P. McCormick

Connie McCullough

John M. McDermott

Michelle McDermott

Joseph McGuire

Kelsey McHugh

Teresa McInroy

Warren F. McKamey

R. Jack and Phyllis McKernan

Linda E. McKinley

Ariana McMichael

KEYSTONE SOCIETY

Shaun M. McQuay
 Devon Mendler
 Jessica and Bryan Miller
 Amanda L. Mills
 Theresa E. Moff
 Loretta A. Moffatt
 Staci Mondell
 Montoursville Girl Scout Troop #60271

Clair Moore Family

Judy A. More
 Jessica Morgo

Jeanne M. Moriarty, Steven Turner Moriarty, Christopher Turner Moriarty, and Thomas J. Moriarty

John Morris
 Michelle L. Mosteller
 Stephanie L. Mostowy
 Maraleane M. Murray
 Todd and Katie Musheno
 Donald and Diane Nardone

Native Digital

Larry Nevel
 Newberry Independent Club
 Anda M. Nichols

Audra Nierle

Lee T. Noviello

Rosella J. O'Connors

Candace J. O'Connor
 *Dr. Mark and Mrs. Deborah Osevala

Scott R. Ostrom

The Packard Family
 Stephanie Paulhamus
 Kari Perisho
 Sandra Person
 Amy E. Persun
 Mrs. Jonathon G. Phillips
 Kimberly A. Pish, DO
 Charles and Diane Plankenhorn

Anita L. Ploetz

Glenn and Maureen Poirier

Sandra Pressler

Bill and Mel Purdy

Quality and Safety Team at UPMC in
 North Central Pa.

Michelle M. Quigel

Charlotte G. Ratke

Lauren A. Rauch
 Michael and Nicole Reed
 Marion S. Reeser
 Sarah Reid

Lucia and Kris Reimann

Amy L. Repard

Lisa Reynolds

Joyce Lundy Rhodes

RidgeCrest Home Sales

Dr. and Mrs. Steven D. Rockoff

June D. Rudy

Thomas and Deborah Rudy

Robert E. Ruffaner

Brian and Diane Ruhl

Michael L. Rupert

Rebecca Russell

Susan Sarginger

Malinda Sawyer

Edward E. Schechterly

****Richard and Dorothy Schenck***

Charles and Marlene Schmoke

Constance J. Schultz

Ryann L. Schultz

Sherri Sechrist

Laraine L. Shannon

Tammy J. Sheehan

Emily M. Sherman

Donald and Andralee Sinsabaugh

Benjamin and Andrea Skrobacs

Vanessa Slaughter

Cassidy Sloan

Jim Slotterback

Jennifer Small

Allison Smith

Michael and Brenda Smith

Shelley K. Smith

John Smoll

Jeffrey and Crystal Sock

Jack Spotts

Donna Stackhouse

Bonnie Stanley

Nicolaa Starkweather

Lynnnda H. Steimling

Ashley M. Stensland

Susan L. Sticklin

David and Rita Strickler

Barbara Strobe

Keionnah Strothers

Elizabeth G. Stroup Estate

Sunbury Motors

Susquehanna Valley Limousine

Susquehanna Valley Quilt Guild

Kelly J. Swanger

Wendy Swartz

Brandon Thompson

Carolyn C. Thompson

Brooke M. Tillotson

Brenda L. Treese

Two Brothers Lawn Care

Jeanetta A. Ulmer

Randall and Jeanne Ulmer

Renee A. VonStein

Megan L. Wagner

Tamara Wagner

Tyler and Emily Wagner

Ashley Walker

Robert and Rose Wallace

Lisa Wandell

Danielle Watson

Heidi Nyman Weeder

Wegmans

Debra Weisbrod

Bernadine M. Welickovitch

Jennifer L. Wesneski, RN

Max and *Louise Whipple Family

Crystal M. Whitaker

Roba J. Whiteley

Martha Williams

Joyce E. Wilson

Mike and Mary Wolf

Joseph F. Wood

Albert F. Young Fund at FCFP

Alicia Young

Heather A. Young

Randy and Christine Zangara

Tom and June Zimmerman



YOUR CONTRIBUTIONS AT WORK: Pediatric Rehabilitation

A new vibration plate and dynamic movement intervention equipment are helping transform the lives of pediatric rehabilitation patients.

UPMC Pediatric Rehabilitation is a specialized center providing physical, occupational, speech, and feeding and swallow therapy for children. Whether children are grappling with long-term health issues or need help getting skills back after an injury, the pediatric rehabilitation team is there to help them live their lives to the fullest.

Thanks to donor support, Susquehanna Health Foundation recently assisted in the equipment acquisition for two new pediatric rehabilitation therapies that are already helping some very special kids in our area: vibration plate therapy and dynamic movement intervention.

"I have seen children gain improved head control, develop independent sitting, initiate steps, and demonstrate greater confidence in movement," says **Madeline Finnerty, P.T., D.P.T.**, a pediatric

physical therapist at UPMC Pediatric Rehabilitation. "I have seen patients accomplish skills that their family or doctors never thought were possible after consistent DMI therapy."

What Happens During DMI Therapy?

First, there is a brief assessment so that the therapist can identify areas of deficit, which then guides the treatment. "Assessment begins with a comprehensive evaluation of motor development, postural control, strength, endurance, and safety requirements," says Madeline. Physical therapists like Madeline look at how the child responds to movement challenges, their tolerance for handling activities, their medical history, and their family goals. "DMI is selected when a child would benefit from active, task-specific functional therapy," explains Madeline.

During a therapy session, a child will complete many different selected exercises that provide novel and varied sensory and motor challenges, and each

“... We were lucky to get a referral from our pediatrician to have outpatient pediatric physical therapy. After an evaluation, Benji was assigned to be with his physical therapist, Madeline. Maddy heard that Benji loves buses, so she would gather up all of the bus toys in the building as an incentive for him to complete his paths.

Now, Benji is frequently playing in our backyard, which is very uneven. Today I watched him navigate the drop in our sidewalk with careful ease. He's still learning and growing, but after two months we can already tell a difference in Benji's progress. We are so grateful to have Maddy as part of Benji's therapy team!"

— **Jessica Callahan Wait and Andrew Wait** (Benji's parents)

exercise is repeated about five times. Exercises are chosen that will challenge the child's neurological system and develop core and foundational milestones.

"DMI is a hands-on therapy technique provided by trained DMI therapists," explains Madeline. Specific wooden boxes, beams, boards, and cubes are used that can be configured into hundreds of different active exercises based on the child's specific goals. Exercises might be repeated from session to session until the movements become automatic, which results in improved balance and function. Exercises are conducted on a tabletop or the floor.

DMI is often one part of broader treatment sessions. It integrates well with task specific electrical stimulation (TASES) as well as other physical therapy activities. "Combining DMI with functional play helps children generalize new motor skills into everyday activities," Madeline says.

What Types of Pediatric Patients Benefit from DMI Therapy?

Regardless of a child's level of cognition and extent of neurological deficit or damage, they can benefit from DMI therapy. That is because it focuses on stimulating neuroplasticity in the developing brain. Children at risk for motor delay, such as those who are born prematurely, can also benefit from DMI therapy.

"DMI can be used with any child who is demonstrating any sort of developmental gross motor delay," says Madeline. Common diagnoses that DMI can be recommended for include, but are not limited to:

- Down syndrome
- Cerebral palsy
- Hypotonia (low muscle tone)
- Spina bifida
- Rare genetic or neurologic disorders
- Chromosomal abnormalities
- Global developmental delay

DMI principles are most commonly applied within pediatric physical therapy because of the emphasis on gross motor development. However, occupational therapists might sometimes incorporate similar dynamic handling techniques when addressing functional mobility, upper-body control, or participation in daily activities.

Progress depends on diagnosis, frequency of therapy, and carryover at home. "Every child progresses differently. Some families notice changes in engagement, head control, or stability within as few as 1-2 sessions, while larger functional gains might develop over weeks to months of consistent therapy," says Madeline.

DMI has been a valuable therapeutic approach for families and children who have felt stuck in their gross-motor progress. Madeline says that being able to help kids get to a point where they feel "unstuck" is a great feeling.

"The most rewarding parts of my work are helping children gain independence and seeing families celebrate milestones they once thought were out of reach," says Madeline. "Watching a child discover new ways to move and interact with the world is incredibly meaningful."

New Dynamic Movement Intervention Equipment

Dynamic Movement Intervention (DMI) is a therapeutic approach used primarily in pediatric rehabilitation to improve automatic postural responses, strength, and motor development. "The goal is to challenge a child's balance and alignment in a safe, structured way so their nervous system learns more efficient movement patterns that support functional skills such as sitting, crawling, standing, and walking," says Madeline. She has been practicing pediatric DMI therapy for three years, including a year at UPMC.

"DMI is a comprehensive interventional approach that incorporates current research on neurorehabilitation technologies and methodologies," says Madeline. DMI stimulates neuroplasticity to facilitate new neuronal connections and to develop motor skills achievement targets. It focuses on:

- Gross motor skills
- Gradual progression
- Alignment and postural control
- Range of motion
- Balance
- Functional movements
- Somatosensory development
- Modifying tone, primitive reflexes, and abnormal patterns of movement
- Global development

"DMI is designed to directly improve gross motor development, including head control, sitting balance, transitions, standing, and walking," explains Madeline. Balance and postural control are other primary



goals. Therapists provide specific balance challenges (and just enough support that is necessary) to help children develop protective and postural reactions. "Another primary focus of DMI is to improve functional motor patterns that translate into daily activities like playing, exploring, and interacting with one's environment," adds Madeline.

DMI is not passive stretching but instead incorporates active positioning and movement patterns to help improve a child's range of motion and mobility. "Children also often show improvements in endurance, coordination, visual engagement, and confidence with movement when DMI therapy is integrated into their rehabilitation programs," notes Madeline.



New Vibration Plate Equipment

UPMC Pediatric Rehabilitation patients now have access to a new therapeutic platform known as a vibration plate. The plate is used as an adjunct to regular task-specific therapies not as a stand-alone intervention. Rapid muscle contractions caused by the vibrating platform can help to improve strength, balance, coordination, bone density, and sensory processing. Therapists can use different frequencies of vibrations for targeted benefits in physical therapy and occupational therapy. Vibration plate exercises can help make therapy more engaging while boosting core strength, proprioception (the body's subconscious ability to sense its position, orientation, and movements), and nervous system regulation.

"A vibration plate is a therapeutic platform that delivers whole-body or localized mechanical vibration," says **Adrianna Fletcher, P.T., D.P.T.**, a pediatric physical therapist with UPMC Pediatric Rehabilitation. When a child is positioned on the plate, the oscillations stimulate muscle spindles and proprioceptive receptors, and elicit reflexive muscle contractions. This can facilitate postural activation for strengthening and engaging core muscles, as well as sensory input, circulation, and neuromuscular priming. Vibration plates can be used

in rehabilitation for children with conditions such as:

- Cerebral palsy
- Autism spectrum disorder (used selectively, depending upon sensory tolerances)
- Brain injuries (only after medical clearance)
- Hypotonia (low muscle tone)
- Developmental delays

"Vibration plates can also be used in select cases of spinal cord injuries, orthopedic conditions, and certain balance and coordination disorders, after medical clearance," says Adrianna.

How the Vibration Plate Works

Vibrations from the plate stimulate muscles, triggering involuntary contractions and relaxations, similar to the way exercise does. Vertical (synchronous) or side-alternating (rocking) motions are used, and therapists adjust the duration and intensity. Frequencies and amplitudes are chosen based on many factors, including diagnosis, medical precautions, age, body size, and functional goals. According to Adrianna, patients are generally started with low frequencies and amplitudes and are given short bouts of vibration lasting between 30–90 seconds. Patients are carefully monitored for fatigue, autonomic responses, discomfort, and

“After my daughter, Skylin, suffered a hemorrhagic stroke in July 2025, she couldn't sit, walk, or talk, and our world changed overnight. Since coming to UPMC Pediatric Rehabilitation, we've seen incredible improvements — especially with the vibration plate, which has helped her balance and stability more than we ever imagined.”

— **Leslie Johnson (Skylin's mom)**

increased muscle tone, and adjustments can be made as necessary.

Vibration plate exercises can be integrated into therapy for functional tasks, improving postural activation, supporting weight bearing, and providing graded sensory input. One child might stand (with or without assistance) on the plate to work on weight-bearing activities, lower-extremity activation, or balance therapy. Another child might be in a quadruped or tall kneeling position on the platform for trunk and proximal stability therapy. Yet another might sit on the platform for postural activation and sensory input. Some children simply put their hands or feet on the vibrating plate for localized activation. There are many ways in which the vibration plate can be used, and games are often incorporated into the exercises to make them more fun.

"The most rewarding part of my job is building relationships with families and helping them see their child's potential," says Adrianna. "Progress doesn't always happen overnight, but being there for each step forward — no matter how small — is what makes this work truly special."

Being able to incorporate new therapeutic tools and activities, like the vibration plate, offers therapists like Adrianna ways to work toward progress with the patients who depend on her.



FILLING MORE THAN TRUNKS:

How a Local Initiative Is Fueling Health, Safety, and Hope Across Tioga and Potter Counties

What began as a simple idea in early 2025 has quickly grown into a powerful community support effort. The Fill Your Trunk events — hosted monthly in the UPMC Wellsboro and UPMC Cole service areas — bring essential food, health education, and compassionate outreach directly to local families.

In just nine months, UPMC in North Central Pa. has hosted six Fill Your Trunk events using the Mobile Health Center, turning parking lots into hubs of health, safety, and support.

A Growing Lifeline for Local Families

On average, each event serves 500 individuals. Families receive food, wellness resources, and — most importantly — the reassurance that their community cares.

Fill Your Trunk goes beyond food distribution by supporting the whole person. Events also offer car seat safety checks and blood pressure screenings.

“We’re not just handing out food,” says **Kari Kurtz**, director of Community Relations. “We’re caring for the entire person — mind, body, and circumstance. Whether it’s health screenings, safety checks, or simply a warm smile, every interaction reflects our commitment to this region. Families leave knowing they matter, and that’s what makes the impact so meaningful.”

Sustaining the Momentum Through 2026

With community need continuing to grow, UPMC has committed to hosting one Fill Your Trunk event each month through the end of 2026, serving both Tioga and Potter Counties. This effort is made possible through the generous support of the **Laurel Health Foundation** and **Tyoga Container Company**.

Nothing Goes to Waste

One of the most meaningful elements is the program’s commitment to stewardship. Leftover food is donated to local pantries or community organizations in the town where the event is held, supporting neighbors who need it most.

Fueling a Movement of Care

Fill Your Trunk has become a trusted way to connect families with essential resources and care. With monthly events continuing, the program will keep strengthening access to services across the region.

To support this initiative, contact **Erin Welch** at welchem@upmc.edu or 570-320-7041.

FRIENDS OF UPMC IN NORTH CENTRAL PA.

Includes all contributions not listed in other giving levels.

Includes gifts made from **July 1 – December 31, 2025.**

Anonymous	Linda and David Campbell	Melissa English	Melissa Heim
Aly's Monkey Movement	Robert and L. Denise Cardillo	Kaylin Essick	Jerry and Deb Helm
Anthony Township 4-H Club	Carole M. Cardone	Curtis and Stephanie Fay	Kathleen Hendershot
Heather Anthony	Carl G. Renn Elementary Students	Alan and Joyce Feerrar	H. Jerry and Judith Heverly
Jack Archambault	Louis and Brandy Centolanza	Ronald S. Ferguson	David and Janie M. Hilfiger
Dick and Alice Arthur	James Chestnut Sr.	Elizabeth Lee Fessler	Renee and Johnny Hinds
Jo Ann Avery and daughter Sheryl	Thomas J. Chiricos	Kay W. Fice	Lee and Mary Ellen Hoar
Arlene M. Bachman	Martha and Erin Churchill	Raymond and Linda Fischer	Hal and Karen Hoose
Donald and Sue Bailey	Dr. and Mrs. Edward Cias Jr.	Robert and Cynthia Fitzgerald	Ken and Debbie Hoover
Matt and Brenda Baker	Beth S. Cillo	Jamie L. Flick	Robert L. Houseknecht Jr.
Bald Eagle United Presbyterian Church	Tarah Clark	Lorraine and Kenneth Flood	Stephen and Janet Hudson
Tom and Betty Balzer	Bud and Deb Clementoni	Bette J. Folmar	Dave and Barbara Hunter
Steven and Carol Bankus	Carol A. Compston	Peggy Foulkrod	Gordon Hurler Family
Cindy Barrett	John and Linda Confer	Cherie Francis	Stephanie A. Jackson
Henry and Betty Bartlett	Susanne Cress	Karl and Elizabeth Frantz	Dennis and Patti Jackson- Gehris
Lou and Emily Bassler	Cub Scout Pack 88	Tom and Brenda Freeman	Dave Jarrett
Laura Beauchesne-Dussinger	Patricia A. D'Alena	Ken and Delores Frey	Joseph L. Jolin
Dave and Alice Bechtel	Tina L. Dalrymple	Friday Night Group at Divine Providence Hospital	Joerd and Kim Kaufman
Jacqueline A. Bell	Kory and Carnie Datres	Karl and Kathleen Fry	Pam Keefer
Jeff and Cassie Bennett	Joseph L. Davidson	Terry and Mary Kay Gamble	Mr. and Mrs. James F. Kerschner III
Larry and Barbara Biddison	G. Lucille Davis	Tom and Linda Gamble	John K. Kiehl
Donna J. Biddle	Doreen J. Decker	Joseph H. Garczynski	Bill and Ginny Kieser
Daniel and Christine Bower	Thomas Degling	Laurie and James George	William A. Kilmer
Edward M. Bower	Joe and Judy DeGregorio	Gift Baskets By Pam	Janet Kiselewsky
Boxes of Hope	David and Karen Demmien	Sandra K. Probst Gillam	Kurt and Karen Kling, John and Amy Breon, & Don and Joyce Breon
Teresa A. Breneman	Nancy Derleth	Davie Jane and Fred Gilmour	MaryAnn and Chet Lampman
Janice L. Brown	Brian and Tabitha Dietrich	K. Coleen Good	Heather C. Lanahan
Cindy L. Bryan	Larry and Connie Dincher	Gerald Goodreau	Gail M. Lecce
Deb Bryson	Ruth (Bunny) Ditchfield	Richard and Cynthia Greninger	Amy A. Lehman
Buckin Bean Coffee Co.	Chris and Rachel Domarew	Sarah Grieco and Family	Curtis and Betsy Lepley
Roger and Susan Bunn	Dreisbach United Church of Christ	Brenda Grove	Charles P. Lewis
Jim and Carol Burd	Anna and Neil Dunlap	Dr. John Grove and Deborah Grove, Ph.D.	Craig and Rhonda Litchfield
Dean Burford	Stan and Sandy Dunsmore	Marilyn R. Grove	Kim Long
Suzanne and Eugene Burkholder	Kristen A. Durrwachter	Jay and Connie Grover	Loyal Order of Moose #601
Dr. Jill A. Burns	Shirley and George Durrwachter	Robert W. Grugan	Mary E. Lunger
Terry Bussard	Jean M. Dutchess	Betty L. Hall	Connie Lupold
Ronald J. Butler	Ida M. Dziengowski	Joe and Jackie Hamm	Ed Martin
The Family of Charles Caccia	Virginia Edler	Tammy E. Harris	Don and Deb Masser
David and Marjorie Cahill	Dolly Eiswerth	Elaine M. Harvey	Susan E. Matteo
Stephanie T. Calder	Vic and Mary Engel	Richard A. Heck	

FRIENDS OF UPMC IN NORTH CENTRAL PA.

Bob Mauck	Beth Pequignot	Skip and Faith Smith	Mr. Edward Wertz
Martin and Gail Maurer	Pied Piper Pest Control Service	Karen and Robert Sonntag	Edward and Diane White
Sara May	Pledgeling Foundation	Robert F. Stein	Carol A. Whitney
Edward and Sherry McCabe	Kathleen D. Plumley	Marie A. Sten	Betty J. Wilber
Brian McClintock	Price Optical Co.	Susan L. Sticklin	Joseph S. Wilk
Delores A. McCoy	Prudential Financial, Inc.	Gwen Stiger	David and Julie Williams & Families
Park and Linda McKissick	*Diane Pyle and Amy Mickle	Christa and Claude Stimpson	Beth Wilson
Bev McKnight	MaryAnn Randall	Julie A. Story	Keith and Patricia Wilson
Anne B. McNaught	Nancy Randall	Robert and Barbara Stoudt	Joyce H. Wise
Steve and Sandy Mead	Frank J. Rava	William Strohecker	Bonnie S. Wood
Michele Meredith	Michael and Christina Reed	Walter S. Stutz	Laurie Wood
Messiah Lutheran Church – Knitters for Neighbors	Jeanne L. Reeder	Rosalyn M. Subarton	Lisa Wood
Mr. Kenneth and Dr. Donna Mettler	Joyce Reese	Susquehanna Valley Quilt Guild	Mary and Harry Wood
Charles and Pamela Miller Jr.	Marion S. Reeser	Michael and Mary Swarthout	World Travel International
Josie Vannucci Miller	Lucia and Kris Reimann	Jody and Doug Thomas	Kim M. Wykoff
Larry and Marian Miller	Robert L. Repard	Dean A. Tompkins	Kim Yearick
Tamra E. Minnier	RETTEW	Valerie and Joshua Trego	James and Mary Yordy
Jeanne T. Monoski	Emmett and Virginia Reynolds	Danice J. Trindell	Don and Mary (Kay) Young
Dale and Margaret Morgan	James and Barbara Rigby	Trinity United Methodist Church – Pennsdale	Kathleen Young
Kelvin and K. Irene Morgan	River Valley Regional YMCA	Alice and Rich Trowbridge	Ralph and Lou Ann Zeigler
Mr. and Mrs. Robert Morris	Carol L. Rocco	Betsy A. Trueman	
Calvin and Cindra Mosher	Bonnie and Charles Rosamilia	Connie Tumosa-Haufe	
Jan and Stephanie Mostowy	Terry and Eileen Rousche	Amy Lampman Twist	
Gerry and Eleanor Moyer	Tom and Rita Rudy	Randall and Jeanne Ulmer	
Rick and Nancy Mueller	Bob and Peggy Saeger	David and Sheree Ulsamer	
J. Dennis and Linda Murray	Patricia A. Saenger	United Way of Lancaster County	
Petra U. Mutchler	St. Boniface Church - Parish Activities Association	United Way of South Central Michigan	
Frederick G. Neece	Linda and Charles Sands	United Way of Southwestern Pennsylvania	
Kay H. Nye	Marcus J. Savoy	Bradley and Jean Upright	
Stephanie Olver	Yvonne G. Saylor	Carol and Kevin Valentine	
Terry and Hazel Osborne	Kay E. Schanbacher	Frances C. Vanik	
Christine K. Osgood	Scott Schell	Ann R. Vayansky	
G. Douglas and Marlene C. Parsell	Eugene A. Seelye	Kathryn and Erik Walter	
Nancy Parson and Henk Peeters	Paul and Connie Shaw	James and Debra Walton	
Evelyn F. Parsons	Ann and Bill Sherwood	Donald and Debra Waltz	
Partners in Progress, Inc.	Jill Shirk and Carol Dauberman	Jean L. Ward	
Ferlin and Terri Patrick	Kathleen E. Sholonski	Shirley Mae Watson	
Frank J. Patt	Donna M. Shreck	Roy and Susan Weaver	
Dr. and Mrs. William J. Peck	Albert and Liana Shurer	Mark and Cheryl Webster	
Pennsylvania College of Technology Softball Team	David and Judith Sikorski	Wellsboro Business & Professional Women's Club	
Anita and Dave Pennycoff	Christine and Walter Sinatra	Robert and Sandra Wenzel	
	Tim and Sherry Sinclair		

*deceased donor

PARTICIPATING DEALERSHIPS



Chrysler Jeep Dodge Ram
vancampenmotors.com



MEDIA SPONSORS



CONTRIBUTING SPONSORS



DRIVE FOR A CAUSE

Drive For A Cause Fuels Community Impact

Car dealerships across north central Pa. joined forces with Susquehanna Health Foundation for our annual Drive For A Cause event. Held in recognition of Breast Health Awareness Month, the initiative brings local businesses and community members together to help ensure high-quality breast health services remain accessible to our community.

Throughout October, participating dealerships donated \$25 from every vehicle sold to benefit the Kathryn Candor Lundy Breast Health Center, part of UPMC Magee-Womens in Williamsport. Thanks to the generosity of our partners and sponsors, the event raised **\$8,775** to support breast cancer prevention, early detection, and treatment within the region.

We are deeply grateful to this year's dealership partners — **Bill MacIntyre Chevrolet, Fairfield Auto Group, Murray Motors, and VanCampen Motors** — for their continued commitment to giving back.

Additional support was provided by **Cotter's Auto Sales** and **M&M Paving & Excavating**, whose contributions helped further strengthen the event's impact. We also extend our thanks to our media partners — **iHeartMedia, Lamar Advertising of Williamsport, and Webb Weekly** — for helping share the story of Drive For A Cause and raise awareness.

Get Involved

Drive For A Cause continues to make a local impact, and we are always looking to welcome new partners. If you are a car, RV, motorcycle, or other vehicle dealer looking to make a difference — or a business interested in becoming a sponsor — we'd love to have you join next year's event.

To learn more, please contact **Annie Fogleman** at foglemana@upmc.edu.

new doctors

By bringing the best physicians and advanced medical treatments to our region, UPMC delivers on its promise to provide high-quality, patient-centered care.



Nicole Dalessandro, D.P.M.

UPMC Orthopaedic Care Foot and Ankle | 570-321-2020

Dr. Dalessandro earned her medical degree from Temple University School of Podiatric Medicine, Philadelphia, and completed her residency at the Veterans Administration Medical Center, Philadelphia. She is board-certified in podiatry by the American Board of Podiatric Medicine and in podiatry prevention treatment of diabetic foot wounds by the American Board of Multiple Specialties in Podiatry. Most recently, Dr. Dalessandro practiced with Podiatric Medical Surgical Associates, an affiliate of Jefferson Health System and Wills Eye Hospital, Philadelphia. She sees patients at the UPMC Health Services Building, 1201 Grampian Blvd., Williamsport.

Jenna Farquhar, M.D.

UPMC Primary Care | 570-368-3321

Dr. Farquhar earned her medical degree from the Medical School for International Health, Ben Gurion University, Negev, Israel, and completed her residency training at UPMC Williamsport Family Medicine Residency. She sees patients at UPMC Primary Care, 900 Plaza Dr., Montoursville.



Di Tran, D.O.

UPMC Primary Care | 570-368-3321

Dr. Tran earned her medical degree from Campbell University School of Osteopathic Medicine, Lillington, N.C., and completed her residency with UPMC Williamsport Family Medicine Residency. She sees patients at UPMC Primary Care, 900 Plaza Dr., Montoursville.

Megan Young, M.D.

UPMC Rheumatology | 570-321-2020

Dr. Young completed her medical degree, residency, and fellowship with West Virginia University School of Medicine, Morgantown. She is board-certified by the American Board of Internal Medicine. Dr. Young sees patients at UPMC Rheumatology at the UPMC Health Services Building, 1201 Grampian Blvd., Williamsport.



TRIBUTES: IN MEMORY OF

Includes gifts made from July 1 – December 31, 2025.

In Memory of Sue Albertson
The McCloskey Family

In Memory of Jean Isbell Altshuler
Jo Ann Marshall

In Memory of Rosemarie “Rose” Andrews
Jennifer M. Winters

In Memory of Madeline P. Bachle
Carol A. Whitney

In Memory of Patricia J. Baker

Rosalie F. Kaleda

In Memory of Keith Barrows
Leslie L. Whitehill

In Memory of John W. Bell
Jacqueline A. Bell

In Memory of Clyde H. “Butch” Biddle III
Donna J. Biddle

In Memory of Emily C. Bichle
Charles “Skip” and Gloria Greevy

In Memory of Harry Harold Binger Jr.

Jeff Balestrini Family
Joe and Judy DeGregorio
Andrea and Bob Guise
Dick, Sally, Rick, and Chuck Hawkins

Jon Little
Margaret, Kelly and Mike, & Drew and Laure

Chris and Mike Marrazzo
Phyllis Michael

James J. Noviello
Robert Rote
Scott and Barbara Rote
Wayne and June Seely
Janice and Cliff Smith
Richard S. Steudler
Paul and Georgie Ulrich

In Memory of Diane I. Bookmiller

Tom and Linda Gamble

In Memory of Ann M. Boroch
Jackie and Arne Werts

In Memory of Joseph A. Boroch

Jackie and Arne Werts
In Memory of Shirley and George Bossert

The Drollinger Family
Charitable Foundation

In Memory of Barry D. Breneman

Teresa A. Breneman

In Memory of Donald Breon
Cynthia Breon and Family

In Memory of John and Doris Broshkevitch

Dr. John and Liz Broshkevitch

In Memory of Kenneth F. Bryan

Cindy L. Bryan

In Memory of Donald E. “Ted” Buss

Natalie A. Buss

In Memory of Charles E. Caccia

The Family of Charles Caccia

In Memory of Anna Campbell

Jim and Bethann Campbell

In Memory of John J. Catino
Nicholas and Carol Catino

In Memory of Jane M. Cawley

John and Pamela Freehafer

In Memory of Kerry Wade Clausen

Sharon Clausen

In Memory of Geraldine M. ‘Peggy’ Clementoni

Bud and Deb Clementoni

In Memory of Donald Edward Cole Jr.

Catharine Cole

In Memory of Marion Garman Confer

Susan and Dan Carlson

In Memory of Beulah L. Darling

Kirk and Lucinda Naugle

In Memory of Jane E. Dauber
Robert and Melissa Dauber,

Tom and Janet Haney, Tina and Randy Knipe, & Dick and Diane Burns

In Memory of Robert E. Dauber

Robert and Melissa Dauber,
Tom and Janet Haney, Tina and Randy Knipe, & Dick and Diane Burns

In Memory of Sandra W. “Sandy” Davis

Dan Doyle

Vicki M. Lewis

Joseph and Teresa Yatko

In Memory of Linda E. Decker

Nicole Decker

In Memory of Stephen A. Delany

Archie Seats

In Memory of Vera E. DePasqua

Fred and JoAnn Blum

Susan and Robb Curry

Robert W. and Teresa J. Engel

Thomas and Sarah Gehret

Keith and Jennifer Kuzio

Debra Miller

Annmarie Phillips

Jodi and Roy Puller

In Memory of Ruth L. Dinnison

The Ruth Dinnison Family

Betty H. Niles

Wolfgang and Judy Rast

In Memory of Douglas R. Doherty

Frani Doherty

In Memory of Ann Marie Dorin

Robyn Carper

Carl and Linda Cox

Montoursville Garden Club

In Memory of Donna D. Durrwachter

Kristen A. Durrwachter

In Memory of Thomas Dutchess

Jean M. Dutchess

In Memory of Robert J. Eiswert

Karen L. Daly

In Memory of Catherine Eiswerth

Dolly Eiswerth

In Memory of Reuven Elefant

Dr. and Mrs. Elefant

In Memory of Dick and Ann Emerick

Estate of Richard C. Emerick

In Memory of Ella Emmons
Robert and Sandra Wenzel

In Memory of David Eugene Erdley

Yvette Erdley

In Memory of Mary E. Erdman

Douglas A. Erdman

In Memory of Frederick John Evans

Carol Carson Evans

In Memory of Trudy Ann Faivre

James A. Dreibelbis

Charles and Linda Duda

Michael and Paula Faivre

Faye L. Kreger

Alan and Barbara Roupp

Barb and Barry Stiger

In Memory of Lamont D. Feigles

Michael and Roylee Lovett

In Memory of Sandra L. Feigles

Michael and Roylee Lovett

In Memory of Geraldine A. (Crisman) Fessler

Kevin and Robynne Quinn

In Memory of Clark C. Fisher
Steve and Louise Zondory & Family

In Memory of Robert A. Folmar

Bette J. Folmar

In Memory of Ruth Lunt Forney

*Norma Lunt Mullen and E. LaRue Lunt

In Memory of *Marilyn M. (Miller) Frailey

Greg Frailey

In Memory of Robert S. Frankenburger II

Mary H. Frankenburger

In Memory of Harold and Doris Frantz

Karl and Elizabeth Frantz

In Memory of Leo and Leona Frederick

David and Janie M. Hilfiger

In Memory of Mary Lou Fredericks

Georgene A. Gardner

Kathryn M. Gehr

Charles “Skip” and Gloria Greevy

Steph Hanna

Betsy McCoy and Steve Ross

Sherrie A. Meale

In Memory of Clifton Jones Fry Jr.

Nancy (Fry) Doutt

In Memory of Lila Fry
Tina L. Kuhns

In Memory of Robert Emerson Furman

Furman Family

In Memory of Evelyn M. Lunt Gephart

*Norma Lunt Mullen and E. LaRue Lunt

In Memory of Don L. Getgen
Mark Beard

In Memory of Barbara E. Gibson

Chaplain Tom Brokaw

In Memory of Alexander Craig Gough

Yvette Erdley

In Memory of Charles F. Grove

Marilyn R. Grove

In Memory of Jack Haase
Betty Haase

In Memory of Marie Haefner
Anita and Dave Pennycoff

In Memory of Sylvan L. Harriman

Chaplain Tom Brokaw

Century 21 Colonial Real Estate

In Memory of Eugene I. Harris

Emily J. Bressette

Carol and Terry Early

Christie L. Fry

Marian and Kathy Harris

Ann L. Mann

Ed and Diane McLaughlin

*Joe and Mary Ann Peck

TRIBUTES: IN MEMORY OF

Linda S. Peterman
Dorothy D. Wagner

In Memory of Barbara A. Hasselman

Jon M. Hasselman III

In Memory of Jon N. Hasselman

Beiter's Home Center
The Flook Family
Jon M. Hasselman III
Terry Hasselman
Bruce and Barbara Loner
National Association of Letter
Carriers Branch 50

Jodi and Roy Puller
Scott and Pam Rider
Phyllis Sieber and Tammie
Cristini

Steve and Barbara Tucker

In Memory of Judith Hayes

Joe and Judy DeGregorio

In Memory of Jacob J. "Jake" Helm Sr.

Yvette Erdley

In Memory of Dr. K. Wayne Henderson

Patrick, Erin, Max, and Emily
Henderson

In Memory of Anna Mae Hensler

Darlene M. Malischewski

In Memory of Robert J. Hepler Jr.

Linda Powell, Denise Reiley,
and Kelly Barnfield

In Memory of Craig L. Herlt

Chaplain Tom Brokaw

In Memory of Carl Otto Hieber

Beverly L. Hieber

In Memory of John H. Hilsher III

Andy and Kris Akey
Kelly and Mike Crist
John and Rose Czap
Steve and Candy Dewar
Patricia A. Dincher
David and Joni Hale
Naomi Harrison
Kathleene and Robert Hetner
Linda J. Johnson
Anthony and Beth Kowalski
Marie E. Landis
Lee A. Viard & Associates, P.C.
Jim and Ann Pysher
Bob and Shelby Sitler
Steve and Carley Smith
John H. Szybist
Phil and Barb Thomas
Virginia B. Thompson
Craig and Gale Weaver

In Memory of Anne E. Holladay

Steve and Melissa Boyle
Crestmont Card Club
Neil and Christine Feerrar
Happy Bookers
Christopher and Nadine
Holladay

Her daughter Emily Holladay's
co-workers

Timothy L. Holladay
Kevin and Nancy Johnson
James and Patricia McGee
The Park Home, Inc.
Christen Probst
Megan Probst
Jay and Julie Raup
Patricia Selfe
Leslie K. Smith
Roni S. Stiger

In Memory of J. Scott Hollick

Bill and Lynn Hollick
Williamsport Electric Inc.

In Memory of Donna R. Hoover

Bike Run for Autism Awareness
Lisa's Business Services, Inc.
Newberry Independent Club

In Memory of Mary Ann Hoover

Robert P. Hoover

In Memory of Ann Marie Hornberg

Joel Albright
Kelly and Mike Crist
L. Jane Kline
Gina Latini

In Memory of Libby Houseknecht

Robert L. Houseknecht Jr.

In Memory of Dorothy Mae Howell

Chaplain Tom Brokaw

In Memory of James W. Huling

Michael and Jodi Huling

In Memory of Ronald D. Ives

Michael W. Copenhaver
Curtis and Linda Raap
Betty B. Rhone

In Memory of Marie E. (Nicholas) Karstetter

Colleen Ryan

In Memory of Joseph L. Kaufman

Joerd and Kim Kaufman

In Memory of Linde M. Kennedy

Debra Weisbrod

In Memory of Gerard Paul Kibler

Sandra Kibler

In Memory of Michael A. Kibler

Jacqueline L. Kibler

In Memory of Jean A. Kilmer

William A. Kilmer

In Memory of Ann Marie King

Carol A. Compston

In Memory of Ronald B. Kleiser

Kenneth and Gail Kleiser

In Memory of Alice Knapp

Marie A. Sten

In Memory of Charles L. Knapp

Marie A. Sten

In Memory of Jane A. Kosmer

Bill Kosmer

In Memory of Edward Paul Lamont

C&N

Kerry and Mike Etchepare
Laurie and Mark Sloan

In Memory of Jean "Jeanie" L. Lurrell

Michael and April Gardner

Theresa Godlewski

Jennifer and Frank Klotz

James N. Lurrell

Beverly Mauro-Weisler

David and Stacey McCarrier

In Memory of Gregory J. Leta

Crouse Funeral Home &
Cremation Service

In Memory of Michael K. "Mike" LeVan

Circle J Hunting and Fishing
Club

In Memory of Suzanne L. Lewis

Charles P. Lewis

In Memory of Joan Lizzio

Debra A. Briggs

Martha L. Glossner

Shirley Glova

Jeff and Linda Koone

In Memory of Grace J. Lore

Michael Bogert

Joy E. Jalbert

Wolfgang and Judy Rast

Donna L. Schultz

In Memory of John C. Lundy

Annamarie Phillips

In Memory of Ronald B. MacWhinnie

Norma L. LeBarron

In Memory of Carl and Marie Mahaffey

John R. "Jack" and Cynthia A.

Schrader

In Memory of Bonnie T. Marshall

Steven E. Marshall

In Memory of Dr. Vincent J. Matteo

Susan E. Matteo

In Memory of Andrew "Andy" Mattie

Louann and Dick Confer

Family, Jim and Marianne

Lundy Family, & Sharon

Huyck and Family

Theresa A. Mattie

Tom and Marsha Person

In Memory of Michael McCabe

Edward and Sherry McCabe

In Memory of Nan McCloskey

Jim and Bethann Campbell

In Memory of Arleen P. McGuire

Williamsport Country Club

Ladies Golf

Roslyn and Gary Winter

In Memory of Susan R. McKamey

The McKamey Family

Martha and Kermit Miller

In Memory of Barbara J. Miller

Brian and Diane Ruhl

In Memory of Irene M. Miller

John and Judy Maietta

In Memory of Judith Britton Miller

Krystie and the late Steven

Britton, Barb and Denyse

Miele, Kellee Britton Family,

Keir and Grey Britton

Scholes, Steele Britton

Family, & Roth Britton

Family

Carolyn and Jim Dunnett, Amy

Kohler, and Scott Dunnett

In Memory of Kitten M. Miller

Steven E. Marshall

In Memory of Michael T. Miller

J.P. and Susan D. Hanna

In Memory of Nancy Jean Miller

The Miller Family

Jim and Ann Pysher

Keith and Pam Vandegrift

In Memory of JoAnn

Mapstone Mincemoyer

Erin Mincemoyer Martinko

In Memory of Helen M. Mingle

Ken and Debbie Hoover

In Memory of Dr. James W. "Bill" Montague

Penny Basler

Tim Basler

Native Digital

Reg Redding

In Memory of Dorothy L. Montgomery

Mark Beard

In Memory of Clair Moore

Clair Moore Family

Mary Weis

In Memory of Ruth Turner Moriarty

Jeanne M. Moriarty,

Steven Turner Moriarty,

Christopher Turner

Moriarty, and Thomas J.

Moriarty

In Memory of Clara L. Mowery

Marie A. Sten

In Memory of Norma Lunt Mullen

E. LaRue Lunt

TRIBUTES: IN MEMORY OF

In Memory of Bill Murray
Bonnie Stanley

In Memory of Dr. Naresh C. Nagpal
Dr. Anita Nagpal
Dr. Neil Taunk and Dr. Nikita Nagpal

In Memory of Pauline B. Noviello
Lee T. Noviello

In Memory of S. Suzanne Null
Woodlands Bank

In Memory of Dr. Mark Osevala
Dr. Richard and Mrs. Sharon Walter

In Memory of Timothy Wayne Packard
Connie Packard

In Memory of Norma J. Peacock
Vic and Mary Engel
Clarissa and John Ertel
The Children of Norma Peacock

In Memory of Ann L. Plankenhorn
Ben and Lynn Plankenhorn & Family

In Memory of Donald Probst
Jerry and Deb Helm

In Memory of James H. Reeder
Jack Archambault

In Memory of Phyllis K. Reish
Jack and Dottie Bailey

In Memory of Evelyn L. Reside
Bernie and Sally Rupp

In Memory of Ralph E. "Tub" Rice Jr.
Buckeye Sportsmens Club
Susan M. Rice

In Memory of Regina Robinson
Regina M. Robinson Estate

In Memory of Pamela Ross
Megan E. Saunders

In Memory of Joann J. Rothermel
Rob and Mary Lario
Ralph L. Lukens Jr.

Susan and Joseph Myers
Joyce Lundy Rhodes

In Memory of Earl W. Roupp
Anonymous

In Memory of Lanea P. Ruffaner

Mark and Betsy Trueman

In Memory of Nancy A. (Rogers) Sanders
Nancy Parson and Henk Peeters
Larry and *Nancy Sanders

In Memory of Dr. Steven K. Sands
Barbara A. Snyder

In Memory of Frederic E. Sanford, MD

Frederic G. Sanford, MD
In Memory of John A. Savoy
Carol Savoy, Savoy Contract
Furniture and J. Savoy Realty
Co.

In Memory of Richard L. Schenck
*Richard and Dorothy Schenck
In Memory of Ryan Matthew Schott

Thomas G. Estilow
Louise and Myron Goldman
Tom and Linda Osborne
Denny and Karen Stebick

In Memory of J. Robert and Beverly Schrader
John R. "Jack" and Cynthia A. Schrader

In Memory of Evelyn Scranton

Tom and Linda Gamble
In Memory of Nicole Marie Catino Selleck

Nicholas and Carol Catino
In Memory of Helen L. Shaffer

The Peffer & Megonnel Family
In Memory of Susan Sharar

Richard and Patricia Jacobs
In Memory of Daniel "Danny" Shipe

Timothy R. Shipe
In Memory of Michael L. Shirey

Danielle Dymeck
Emily Shirey
In Memory of M. Jane Slack

Her children, Louis, Michael, Linda, and Grandchildren
In Memory of Dan Edward Smith

Real IT Care, LLC
William Berloni Theatrical
Animals

In Memory of Vicki L. Smith
Susan K. Prindle

In Memory of Jeannette Layson Richardson Smoll
John Smoll

In Memory of Dorothy M. Snyder
Abram M. and Dorothy M. Snyder Foundation, Inc.

In Memory of Joan M. Stopper
L. J. Stopper Realty &
Development Co.

In Memory of Jacqueline S. Stroehmann

Diane Stroehmann Stanbro
In Memory of Beverly A. Stryker

Steve and Candy Dewar
Thomas and Sarah Gehret
Jean Rodier

Karen and Robert Sonntag
William and Eileen Stammetti
Dave and Sue Wright

In Memory of Joan F. Stubler
Mary C. Buhay
Susan R. Cortright
Jeffrey Hoyt
Robin A. Read

In Memory of Gladys E. Swartzlander
Ginger Beaver

In Memory of Dennis Swimley
Potterbrook Happy Hour Club

In Memory of Dr. Arthur Ralph Taylor
Dr. and Mrs. David J. Lopatofsky

In Memory of Shirley Tebo
Donna M. Shreck
In Memory of William Tebo

Donna M. Shreck
In Memory of MaryBeth (Pulizzi) Tilburg
Charline M. Pulizzi

In Memory of Tina Tolins
Christine K. Osgood
In Memory of Allen L. Treibley

Cathy Emery
Jonny and Terry Good
Robbin Wilson

In Memory of Dr. Wilbur Emerson Turner

Jeanne M. Moriarty,
Steven Turner Moriarty,
Christopher Turner
Moriarty, and Thomas J.
Moriarty

In Memory of Barbara A. (Best) Ulmer
Carol E. Ulmer
Jeanetta A. Ulmer

In Memory of Gail V. Ulmer
Suzanne E. Engel
Tammy E. Harris

Susquehanna Transit Company
Randall and Jeanne Ulmer

In Memory of Connie E. Vogel
Tom and Laurie Burkholder

In Memory of Paul H. Vogel Jr.
Tom and Laurie Burkholder

In Memory of June A. Wagner
Mark Beard

In Memory of Raymond Charles Walters Jr.
Diana M. Casale

In Memory of Chester and Viola Watson
Shirley Mae Watson

In Memory of Cecile Medine Weigle
Diane Stroehmann Stanbro

In Memory of Lester R. "Rick" Welch Jr.
Louis and Brandy Centolanza

In Memory of Faye A. Welshans

Michael and Roylee Lovett
In Memory of Mary Lou Wertz

Mr. Edward Wertz
In Memory of Donald Jesse White

Kathy M. White
In Memory of Thelma B. White

Omar Lisigurski
The Volunteers of UPMC
Muncy

In Memory of Lucille A. Whitney
William and Tina Colton
Mr. and Mrs. James Dinsmore

Jane and Gary Koser
Sandra K. Myers
Joe and Gretchen Zinger

In Memory of Joseph E. "Joe" Wilk
Joseph S. Wilk

In Memory of Waldo J. "Wally" Wood
Esther D. Wood

In Memory of Tony J. Yerger
Bruce and Barbara Loner
Ashley Null and Mike Nolan

In Memory of Marie Bernadette Pagana Zurinsky

The Birthplace Retirees
from Susquehanna Health:
Ramona Teahan, June Deise,
Audrey Gabriel, Rosalie
Kaleda, Kathy Keiser,
Gayle Kiessling, Pam Klotz,
Karen Leonard, Linda
Loehr, Cherie Moyer, Dreste
Oeler, Ann Reichelderfer,
Teresa Robinson, Deborah
Steinbacher, and Suzie
Stroble

Bill Castle and Daphne Hill
Kathy and Chris Coleman
Steve and Candy Dewar
Susan and Charles Duchman
George and Shirley

Durrwachter
Vic and Mary Engel
Renee and Johnny Hinds
Steve and Mary Ann Johnson
Keith and Jennifer Kuzio
Donna D. Libby

The Barbara Miller Family
Rosalie Miller
Frank G. Pellegrino
Charline M. Pulizzi

Dr. and Mrs. Donald E. Shearer
Margaret M. Sleboda
Barbara A. Snyder
Mike and Mary Wolf

TRIBUTES: IN HONOR OF

Includes gifts made from July 1 – December 31, 2025.

In Honor of Dr. Darius Abadi
Tim and Sherry Sinclair

In Honor of Dr. John H. Bailey

Terry and Mary Kay Gamble

In Honor of Joy D. Barto
Oliver and Kimberly Crisp

In Honor of Abbey Bower, PA-C

Dr. Richard and Mrs. Sharon Walter

In Honor of Michael J. Bower
TurnKey Electric, Inc.

In Honor of Dr. Susan A. Branton

MaryAnn and Chet Lampman
Amy Lampman Twist

In Honor of Doctors, Nurses, & Staff of Breast Health Center

The Dedicated Staff at the Breast Health Center

In Honor of Dr. Jill Burns

Danice J. Trindell

In Honor of Cardiac Rehab Staff – Jaime, Krystin, Jeanne, and Sharon

Elaine and Keith Harvey

In Honor of Cardiology Team at UPMC Williamsport

Henry and Cally Herman

In Honor of Dr. Ronald E. DiSimone

Dr. Richard and Mrs. Sharon Walter

In Honor of Dr. Christopher Domarew

Eugene A. Seelye

Danice J. Trindell

In Honor of Kelly Douglass, CRNP

Dr. Richard and Mrs. Sharon Walter

In Honor of Susan Duchman
Betsy A. Trueman

In Honor of Electrophysiology Staff at UPMC Williamsport
Martin and Gail Maurer

In Honor of Dr. Gregory R. Frailey

Mark and Betsy Trueman

In Honor of Dr. Jeffery Gilbert

Tim and Sherry Sinclair

In Honor of Dr. Davie Gilmour

Robert G. and Nancy C. Bowers

In Honor of Lorene Guillaume

Bill and Ginny Kieser

In Honor of The Hartman Agency, Inc.

Anonymous

In Honor of Susan and Micah Jackson

Anonymous

In Honor of Patti Jackson-Gehris

Susan and Charles Duchman

In Honor of Steven P. Johnson

Pennsylvania College of Technology

In Honor of Dr. Elizabeth Klucka

Robert G. and Nancy C. Bowers

In Honor of Robin Krikorian, PA-C

Dr. Richard and Mrs. Sharon Walter

In Honor of Talia Landis

Ed and Sandra Blackburn

In Honor of Dr. Michael J. Lazar and Staff

William M. Hoppel Jr.

In Honor of Gail Leidhecker
Ruth and Bob Heller

In Honor of Bill and Lorraine Manos

Kenneth and Shelley Myers

In Honor of Mansfield Laurel Health Center Staff

Linda S. Farrer

In Honor of Warren F. McKamey

The McKamey Family

In Honor of Fran Nardi
Ella, Jennifer, and Patrick Wilson

In Honor of Dr. Donald T. Nardone

Dave and Alice Bechtel

In Honor of Dr. Alexander R. Nesbitt

Dean P. Muller

W. Herbert Poff III

In Honor of Frank Pellegrino

Terry and Mary Kay Gamble

In Honor of Angela Pinsky
The O'Briens

In Honor of Dr. Kimberly Pish

Dr. Richard and Mrs. Sharon Walter

In Honor of Rehabilitation Staff at UPMC Williamsport

Henry and Cally Herman

In Honor of Dr. Rodwan K. Rajjoub

Dr. Richard and Mrs. Sharon Walter

In Honor of Amy Saar

David and Sheree Ulsamer

In Honor of John Schwab

Linda S. Farrer

In Honor of Susan Y. Story

Julie A. Story

In Honor of Amy Lampman Twist

Frank J. Rava

In Honor of UPMC Hillman Cancer Center in Williamsport Staff

Ronald and Kyle Ferguson

The Family of Holly Bartlett Lamonski

Robert and Rose Wallace

In Honor of UPMC in North Central Pa. Doctors, Nurses, & Staff

Linda S. Farrer

In Honor of Dr. Leslie Webb

Dr. Richard and Mrs. Sharon Walter

In Honor of Barbie Wynn
Carol and Kevin Valentine

In Honor of John M. Young
John and Karen Blaschak

Ron Cimini

Keith and Jennifer Kuzio

Herman Logue

Pamela J. Lundy

William Mahoney

Frank G. Pellegrino

Barb and Barry Stiger

Valerie and Joshua Trego

Sherry and Jason Watts

SUSQUEHANNA
HEALTH FOUNDATION

1001 Grampian Blvd. • Williamsport, PA 17701

Return Service Requested

Non-Profit
U.S. Postage
PAID
Williamsport, PA
Permit No. 232

foundation
focus

When back pain can't wait another day.

Call today.

Our expert spine team in north central Pa. diagnoses and treats back and neck pain, spine disorders, and spine injuries. We have the specialty experience and advanced technology to help you get pain free. For more information or to schedule an appointment, call **800-994-5697** or visit **UPMC.com/SpineCareNCPA**.

UPMC | **SPINE
CARE**

If you would like to contact Susquehanna Health Foundation or wish to opt out of UPMC fundraising solicitations in north central Pennsylvania, please call 570-320-7460 or 888-322-0945.