

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2026

Asbury Ridge Memory Care

January 2026 Asbury Ridge Memory Care				1 10:30 AM: Rosary - Chapel 11:00 AM: Mass - Chapel 2:00 PM: "When Harry Met Sally" Movie (35) 6:00 PM: "Back to the Future" (35) New Year's Day	2 10:00 AM: Action Game 10:30 AM: Rosary (3) 11:00 AM: Mass - Chapel 1:30 PM: Bingo 3:00 PM: Manicures 6:30 PM: "Overboard" (35) 	3 10:00 AM: Current Events 1:30 PM: Resident Choice 6:00 PM: "Chicago" (35) 7:00 PM: Lawrence Welk (35)
4 9:30 AM: Sunday Headlines 10:00 AM: Sunday Mass - Chapel (3) 12:30 PM: Hymns (35) 2:00 PM: Resident Choice 6:00 PM: "Planet Earth " (35) 	5 10:00 AM: Action Game 10:30 AM: Rosary (3) 11:00 AM: Mass - Chapel 1:30 PM: Afternoon Conversation 3:00 PM: Fold + Sort Activity 6:30 PM: Group Movie	6 9:30 AM: Group Exercise 10:30 AM: Rosary (3) 11:00 AM: Mass - Chapel 1:30 PM: Therapy Dogs United - Lobby 3:30 PM: Woodshop Class	7 10:00 AM: Action Game 10:30 AM: Rosary (3) 11:00 AM: Mass - Chapel 1:30 PM: Craft: Snowflakes 3:00 PM: Winter Word Game 6:30 PM: Group Movie 	8 9:30 AM: Group Exercise 10:30 AM: Rosary (3) 11:00 AM: Mass - Chapel 2:00PM Elvis Celebration - UHT 4:00PM 1:1s with activity dept 6:30 PM: "Elvis Blue Hawaii" (35)	9 Happy Birthday Mary F! 10:00 AM: Action Game 10:30 AM: Rosary (3) 11:00 AM: Mass - Chapel 1:30 PM: Short Stories 3:00 PM: Coloring + Relaxation 6:30 PM: "Fun in Acapulco" (35) 	10 10:00 AM: Current Events 1:30 PM: Resident Choice 6:00 PM: "Make Room for Daddy" (35) 7:00 PM: Lawrence Welk (35)
11 9:30 AM: Sunday Headlines 10:00 AM: Sunday Mass - Chapel (3) 12:30 PM: Hymns (35) 2:00 PM: Resident Choice 6:00 PM: "Planet Earth 2 " (35) 	12 10:00 AM: Action Game 10:30 AM: Rosary (3) 11:00 AM: Mass - Chapel 1:30 PM: Afternoon Conversation 3:00 PM: Fold + Sort Activity 6:30 PM: Group Movie	13 9:30 AM: Group Exercise 10:30 AM: Rosary (3) 11:00 AM: Mass - Chapel 2:00PM: January Birthday Bash + Live music by Todd Morton-UHT 4:00PM 1:1s with activity dept 	14 10:00 AM: Action Game 10:30 AM: Rosary (3) 11:00 AM: Mass - Chapel 1:30 PM: Craft: Snowman 3:00 PM: Trivia 6:30 PM: Group Movie 	15 National Hat Day 9:30 AM: Group Exercise 10:30 AM: Rosary (3) 11:00 AM: Mass - Chapel 1:30 PM: History of Hats 3:30 PM: Puzzle Time 	16 10:00 AM: Action Game 10:30 AM: Rosary (3) 11:00 AM: Mass - Chapel 1:30 PM: Bingo 3:00 PM: Manicures 6:30 PM: "Happy Feet" (35)	17 10:00 AM: Current Events 1:30 PM: Resident Choice 6:00 PM: "Grease" (35) 7:00 PM: Lawrence Welk (35) 
18 9:30 AM: Sunday Headlines 10:00 AM: Sunday Mass - Chapel (3) 12:30 PM: Hymns (35) 1:00PM: FROZEN Event - UHT 6:00 PM: "Planet Earth 3 " (35) 	19 10:00 AM: Action Game 10:30 AM: Rosary (3) 11:00 AM: Mass - Chapel 1:30 PM: MLK Activity 3:00 PM: Letter/Card Writing to Family and Friends Martin Luther King Jr. Day	20 Penguin Awareness Day 9:30 AM: Group Exercise 10:30 AM: Rosary (3) 11:00 AM: Mass - Chapel 1:30 PM: Penguin Story 3:00 PM: Penguin Workbook Pages  LECOM Dementia Caregiver Support Group is this evening from 5:30 to 6:30pm in UHT	21 10:00 AM: Action Game 10:30 AM: Rosary (3) 11:00 AM: Mass - Chapel 1:30 PM: Craft: Winter Pinecone Flowers 3:00 PM: Go Fish 6:30 PM: Group Movie 	22 10:00 AM: Ecumenical Service - Chapel 11:00 AM: Mass - Chapel 2:00 PM Winter Tea Party - UHT 4:00PM 1:1s with activity dept 	23 10:00 AM: Action Game 10:30 AM: Rosary (3) 11:00 AM: Mass - Chapel 1:30 PM: Poetry Time 3:00 PM: Coloring + Relaxation 6:30 PM: "Indiscreet" (35) 	24 10:00 AM: Current Events 1:30 PM: Resident Choice 6:00 PM: "Babe" (35) 7:00 PM: Lawrence Welk (35)
25 9:30 AM: Sunday Headlines 10:00 AM: Sunday Mass - Chapel (3) 12:30 PM: Hymns (35) 2:00 PM: Resident Choice 6:00 PM: "Planet Earth 4" (35) 	26 10:00 AM: Action Game 10:30 AM: Rosary (3) 11:00 AM: Mass - Chapel 1:30 PM: Armchair Travel: Australia -UHT 3:00 PM: Kangaroo Painting Australia Day (Observed)	27 9:30 AM: Group Exercise 10:30 AM: Rosary (3) 11:00 AM: Mass - Chapel 2:00 PM: Baking Group: Butterscotch Cookies 4:00PM 1:1s with activity dept 	28 10:00 AM: Action Game 10:30 AM: Rosary (3) 11:00 AM: Mass - Chapel 1:30 PM: Craft: Heart Ornaments 3:00 PM: Trivia 6:30 PM: Group Movie 	29 9:30 AM: Group Exercise 10:30 AM: Rosary (3) 11:00 AM: Mass - Chapel 1:30 PM: Deer Hunting Challenge 3:00 PM: Puzzle Time 	30 10:00 AM: Action Game 10:30 AM: Rosary (3) 11:00 AM: Mass - Chapel 1:30 PM: Bingo 3:00 PM: Manicures 6:30 PM: "Cheaper by the Dozen" (35)	31 10:00 AM: Current Events 1:00 PM: Resident Choice 6:00 PM: "Hairspray: the Musical" (35) 7:00 PM: Lawrence Welk (35) 

Memory Care Calendar for Saint Mary's at Asbury Ridge. The activity office can be contacted at: 814-836-5358 if you have any questions related to the activity calendar or small group activities. Please note: Activities are subject to change. Outings will resume next month. * All church services can be broadcast live and watched on channel 3 on the tv in your room.