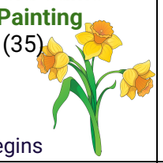
March 2026

MEMORY CARE SAINT MARY'S AT ASBURY RIDGE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:15 AM: Sunday Headlines 10:00 AM: Sunday Mass - Chapel (3) 12:30 PM: Hymns (35) 2:00 PM: Resident Choice 6:00 PM: "Weekend at Bernies" (35)	2 9:30 AM: Morning Chat 10:00 AM: Group Exercise 10:30 AM: Rosary (3) **11:00 AM: Mass - Chapel** **1:30 PM: Group Baking: PB Cookies with M + Ms** **3:00 PM: Story Time** Purim Begins	3 9:00 AM: Morning Coffee Chat 9:30 AM: Resident Choice **10:00 AM: Group Exercise** 10:30 AM: Rosary (3) **11:00 AM: Mass - Chapel** **1:30 PM: Therapy Bunnies (Uht)** **3:00 PM Guided Afternoon Meditation**	4 **9:30 AM: Morning Chat** **10:00 AM: Fold and Sort Activity** 10:30 AM: Rosary (3) **11:00 AM: Mass - Chapel** 1:00 PM: Afternoon Movement w/ Sara, PT **2:00 PM Craft: Beaded Rainbow Suncatcher** **3:00 PM Friendly Room Visits** 6:00 PM Group Movie	5 **9:00 AM: Morning Coffee Chat** **9:30 AM: Resident Choice** **10:00 AM: Group Exercise** 10:30 AM: Rosary (3) 11:00 AM: Mass - Chapel 1:00 PM: Musical Moments w/ Rachele, MT **2:00 PM: March Birthday Bash (Uht)**	6 9:30 AM: Morning Chat 10:00 AM: Group Exercise 10:30 AM: Rosary (3) **11:00 AM: Mass - Chapel** **1:30 PM: Bingo** 3:00 PM: Puzzle Time 6:00 PM: "The Greatest Showman" (35)	7 9:30 AM: Current Events 10:00 AM: Saturday Splash of Color 1:30 PM: Resident Choice 6:00 PM: "Route 66 #1" (35) 7:00 PM: Lawrence Welk (107)
8 9:15 AM: Sunday Headlines 10:00 AM: Sunday Mass - Chapel (3) 12:30 PM: Hymns (35) 2:00 PM: Resident Choice 6:00 PM: "Wittle Rascals" (35) Daylight Saving Time Begins	9 9:30 AM: Morning Chat 10:00 AM: Group Exercise 10:30 AM: Rosary (3) **11:00 AM: Mass - Chapel** **1:00 PM: Tabletop Fun (Games)** **2:00 PM: Manicures** 3:00 PM Daily Rewind: review this day in history	10 9:30 AM: Morning Coffee Chat 10:00 AM: Group Exercise 10:30 AM: Rosary (3) 11:00 AM: Mass - Chapel **1:30 PM: Women's History Month Activity** **3:00 PM: Guided Afternoon Meditation**	11 **9:30 AM: Morning Chat** **10:00 AM: Fold and Sort Activity** 10:30 AM: Rosary (3) **11:00 AM: Mass - Chapel** 1:00 PM: Afternoon Movement w/ Sara, PT **2:00 PM Craft: Gem Shamrock** **3:00 PM Friendly Room Visits** 6:00 PM Group Movie	12 9:30 AM: Morning Coffee Chat 10:00 AM: Group Exercise No Mass or Rosary in Chapel due to religious retreat **1:00 PM: Group Singalong w/ Unit Staff** **2:00 PM Armchair Travel: London** **3:00 PM: Daily Rewind**	13 **9:30 AM: Morning Chat** **10:00 AM: Group Exercise** 10:30 AM: Rosary (3) **11:00 AM: Mass - Chapel** **1:30 PM: Early Pie Day Snack in Unit** **3:00 PM: Trivia Time: Food Themed** 6:00 PM "Newsies" (35)	14 9:30 AM: Current Events 10:00 AM: Saturday Splash of Color 1:30 PM: Resident Choice 6:00 PM: "Route 66 #2" (35) 7:00 PM: Lawrence Welk (107)
15 9:15 AM: Sunday Headlines 10:00 AM: Sunday Mass - Chapel (3) 12:30 PM: Hymns (35) 2:00 PM: Resident Choice 6:00 PM: "Indiana Jones" (35)	16 9:30 AM: Morning Chat 10:00 AM: Group Exercise 10:30 AM: Rosary (3) 11:00 AM: Mass - Chapel **1:30 PM: Group Baking: Funfetti Cupcakes with Green Frosting** **3:00 PM: Poetry Corner**	17 **9:30 AM: Morning Coffee Chat** **10:00 AM: Group Exercise** 10:30 AM: Rosary (3) **11:00 AM: Mass - Chapel** 1:30 PM Emotion Ball Toss Game hosted by NAMI **2:45 PM St Patrick's Day Party in Unit *wear green** LECOM Dementia Caregiver Support Group is this evening from 5:30 to 6:30pm in UHT St. Patrick's Day	18 **9:30 AM: Morning Chat** **10:00 AM: Fold and Sort Activity** **10:30 AM: Rosary (3)** **11:00 AM: Mass - Chapel** 1:00 PM: Afternoon Movement w/ Sara, PT **2:00 PM Craft: Bird Seed Ornaments for Outdoors** **3:00 PM Friendly Room Visits** 6:00 PM Group Movie	19 **9:30 AM: Morning Coffee Chat** **10:00 AM: Group Exercise** 10:30 AM: Rosary (3) 11:00 AM: Mass (3) **12:30 PM: Scenic Drive PI Outing** 1:00 PM: Musical Moments w/ Rachele, MT 2:00 PM: March Madness Activity- BASKETBALL TOSS	20 9:30 AM: Morning Chat 10:00 AM: Group Exercise 10:30 AM: Rosary (3) 11:00 AM: Mass - Chapel **1:30 PM: Spring Word Game** **3:00 PM: Daffodil Painting** 6:00 PM: "Matilda" (35)  Spring Begins	21 9:30 AM: Current Events 10:00 AM: Saturday Splash of Color 1:30 PM: Resident Choice 6:00 PM: "Route 66 #3" (35) 7:00 PM: Lawrence Welk (107)
22 9:15 AM: Sunday Headlines 10:00 AM: Sunday Mass - Chapel (3) 12:30 PM: Hymns (35) 2:00 PM: Resident Choice 6:00 PM: "Bewitched" (35)	23 9:30 AM: Morning Chat 10:00 AM: Group Exercise 10:30 AM: Rosary (3) 11:00 AM: Mass - Chapel **1:00 PM: Tabletop Fun (Games)** **2:00 PM: Manicures** 3:00 PM Daily Rewind: review this day in history	24 9:30 AM: Morning Coffee Chat 10:00 AM: Group Exercise 10:30 AM: Rosary (3) **11:00 AM: Mass - Chapel** **1:30 PM: Let's Talk Olives Social (Uht)** **3:00 PM Guided Afternoon Meditation**	25 **9:30 AM: Morning Chat** **10:00 AM: Fold and Sort Activity** 10:30 AM: Rosary (3) **11:00 AM: Mass - Chapel** 1:00 PM: Afternoon Movement w/ Sara, PT **2:00 PM Craft: Paper Flowers** **3:00 PM Friendly Room Visits**	26 **9:30 AM: Morning Coffee Chat** **10:00 AM: Ecumenical Service - Chapel** **11:00 AM: Mass - Chapel** 1:00 PM: Musical Moments w/ Rachele, MT **2:00 PM: Garden Club: Seedlings** 3:00 PM: Daily Rewind	27 9:30 AM: Morning Chat 10:00 AM: Group Exercise 10:30 AM: Rosary (3) 11:00 AM: Mass - Chapel **1:30 PM: Therapy Dogs United in Unit** 3:00 PM: Puzzle Time 6:00 PM: "Heaven is for Real" (35)	28 **9:30 AM: Current Events** **10:00 AM: Saturday Splash of Color** **1:00 PM: Corn hole tournament** **2:00 PM: Group Singalong** 6:00 PM: "Route 66 #4" (35) 7:00 PM: Lawrence Welk (107)
29 **9:15 AM: Sunday Headlines** **10:00 AM: Sunday Mass - Chapel** 12:30 PM: Hymns (35) **1:00PM: Parachute Game** 2:30 PM: Resident Choice 6:00 PM: "Pontiac Moon" (35) Palm Sunday	30 9:30 AM: Morning Chat 10:00 AM: Group Exercise 10:30 AM: Rosary (3) 11:00 AM: Mass - Chapel **1:30 PM: Group Cooking: Make your own Mini Pizza Snack!** **3:00 PM: Story Time**	31 9:30 AM: Morning Coffee Chat 10:00 AM: Group Exercise 10:30 AM: Rosary (3) 11:00 AM: Mass - Chapel **1:30 PM: Name that Scent** **3:00 PM: Guided Afternoon Meditation**				

Memory Care Calendar for Saint Mary's at Asbury Ridge. The activity office can be contacted at: 814-836-5358. Activities are subject to change. Sign up for an outing by letting activities know that you are interested. * All church services can be broadcast live and watched on channel 3 on the tv in your room. ACTIVITY STAFF DIRECTED PROGRAMS. RESIDENTIAL AIDE DIRECTED PROGRAMS.