

Paint, Sip & Connect



A little creativity, a little conversation and a lot of connection filled the Headland Friendship Commons Friday evening, Oct. 9, as St. Paul's residents and Thiel College students came together for a special Paint and Sip through our Joining Generations program.

The evening brought generations together around a shared canvas as participants created festive Halloween scenes featuring a ghost, a tree and a full moon. Residents could follow along with the painting demonstration or put their own personal spin on their artwork.

While the evening was certainly about painting, the real magic happened in the moments of connection. Thiel students made their way around the room, offering encouragement and helping residents with their paintings while conversations

and laughter filled the space. For some, the students provided an extra set of hands; for others, they were simply new friends to share the evening with.

With paintbrushes in hand and wine glasses nearby, residents and students enjoyed an opportunity to slow down, be creative and spend time together. It was another wonderful example of how Joining Generations creates meaningful opportunities for St. Paul's residents and Thiel students to learn from one another and build relationships across generations.

Thank you to the Thiel College students who chose to spend their Friday evening with us. We are grateful for the energy, kindness and companionship they bring to St. Paul's — and for the many ways these intergenerational connections enrich our community.



See lots more photos from the event at:

www.stpauls1867.org/life-at-st-pauls/photo-gallery/joining-generations-sip-paint

November FUN FRIDAYS



Nov. 6

**WEAR
FOOTBALL
JERSEYS**



Nov. 13

**Wear your St.
Paul's Gear**



FREE BREAKFAST FOR PANCAKE DAY IN BISTRO

Nov. 20

**WEAR GREEN FOR
PICKLE DAY**



Nov. 27

WEAR BLACK

FOR BLACK
FRIDAY



Policy on gifts and gratuities

While residents, clients and family members often wish to show their appreciation for the care and services rendered by St. Paul's staff, St. Paul's must ensure that residents, clients and family members do not feel obligated to give St. Paul's or its staff gifts or gratuities in order to assure a resident or client receives quality care. In order to comply with this policy St. Paul's has set forth the following guidelines:

1. Employees may not ask or suggest that a resident or client, or any person acting on behalf of a resident or client should offer or give gifts or gratuities to St. Paul's staff.
2. Employees may not accept cash or currency of any kind, including but not limited to tips from any source or individual. Employee bonuses and/or gifts provided by St. Paul's do not constitute gifts or gratuities.
3. Employees may only accept non-cash gifts that do not exceed \$10.00, and/or are shared by the whole staff. In order to be considered a non-cash gift, the gift cannot be converted to currency.

Opportunities for Gifts of Appreciation to Staff

Many residents, clients and families often ask how they can give back and say "Thank You" to the staff who have provided excellent care to their loved ones while living at St. Paul's. These two funds give you the opportunity to do so:

1. A donation may be made to the Staff Appreciation Fund. This fund enables St. Paul's to recognize all staff. (i.e., to provide staff apparel, staff appreciation picnics, or gift cards for various occasions.)
2. A donation can be made to the Staff Education Fund. This fund helps St. Paul's offer various educational opportunities to grow and develop team members' skills

If you would like to make a donation to staff for anything outside of these two funds, please see your administrator or director to talk about specifics.

Employees may not accept individual gifts, cash or currency of any kind from a resident or family member. We appreciate your support of these guidelines in order for us to remain compliant with regulations and our corporate compliance policies.

~ IN MEMORIAM ~

Residents who have passed

September 16, 2026 — October 15, 2026

09/16/26	Albert Kochis
09/21/26	Reva Dydek
09/21/26	Martha Hawk
09/25/26	Anna Woodworth
09/25/26	Barbara Bell
10/01/26	Robert Becker
10/04/26	George Schuffert
10/07/26	Bernard Baranowski
10/12/26	Kay Hesson

alzheimer's 
association®

Greenville Caregiver Support Group

Presented by:
Alzheimer's
Association
Greater PA
Chapter

**November 3, 2026
2 - 3:30 p.m.**

**The Keifer Building
341 E. Jamestown
Rd.
Greenville, PA**

Contact:
Jennie Kather
724-589-4646

**Build a support system
with people who
understand.**

Alzheimer's Association® caregiver support groups, conducted by trained facilitators, are a safe place for caregivers, family and friends of persons with dementia to:

- Develop a support system.
- Exchange practical information on caregiving challenges and possible solutions.
- Talk through issues and ways of coping.
- Share feelings, needs and concerns.
- Learn about community resources.

Guest Apartment at The Heritage Available



The guest apartment in The Heritage is available to rent to families or loved ones who need a place to stay while visiting.

The one bedroom apartment has a queen-size bed (a rollaway bed is also available if needed), microwave, refrigerator and a flat screen television. The cost is \$89 per night. Check in is 3 p.m. and check out is 11 a.m. For reservations, call 724-588-7610 ext. 1400.

Spiritual Services

Although I believe it can be a daily practice, November is the month here in America where Gratitude and Thankfulness is celebrated! I was able to express both recently when asked to officiate



at a special service to honor and remember members of St. Paul's community that are buried in St. Paul burial plots at Shenango Valley Cemetery, just past Thiel College. Eight people including Orphans, our first Senior residents and some employees were buried there from 1937 through 1956. Through the discovery of a Colony resident, through St. Paul's archives these folks were discovered and the inspiration to share their story and how they contributed to St. Paul's was developed.

"Rooted in Care, Remembered in Love" the name of this inaugural remembrance service took place on August 17 at eleven o'clock in the morning at Shenango Valley Cemetery Chapel and then those attending moved to the gravesites where the obituaries, which told a fuller story of each of them was read by one of the folks attending, mostly Colony residents.

From a guest admitted to St. Paul's on the first day it opened its doors to seniors in 1927; a beloved teacher at St. Paul's Orphans' Home; and two former orphans, one of whom entered the Marine Corps after leaving St. Paul's and was captured by the Japanese at Bataan in the Philippines in World War II where he died as a Prisoner of War. These were part of the group honored this year.

If we are courageous enough to look back on our lives, investigating any patterns threaded or recurring through the years, we can notice those patterns that are nudging us closer to God or a Higher Power and those that tend to veer us away. As part of a full circle moment we were able to experience one of recognition, absorption and hopefully healing as one Colony resident chose at random an obituary of a 10 year old orphan who died on the way home from an event. A car full of children hit by a car full of young people in 1937, where the lives of all involved were impacted for years to come. This resident had heard of the accident, from the viewpoint of being related to two teenage sisters in the car of young people. One sister critically injured, who died some time later and one who survived were a family tragedy shared with the information at the time. This resident was unaware that the other car involved included children where two died until she recognized the details in the obituary of the young orphan. In the blink of an eye, or a moment in history, so many lives and families were forever changed. This can be a reminder for all of us that every day is a new day, where we can set an intention of how we are going to greet this day. Gratitude and Thankfulness are two ways to do just that.

May this be so for you.

— Chaplain Pat

Annual Service of Remembrance

Sunday, Nov. 1 • 2 p.m.

Headland Friendship Commons at The Villas

Sunday Worship Times & Locations

The Heritage • 9 a.m. (AFH)

The Villas • 10 a.m. (HFC)

this service is also broadcast on Channel 2493

The Ridgewood at 11 a.m. (Harmony Hall)

Our Virtual Worship Service with Zion's Reformed UCC will broadcast on Ch. 2493

Sunday, November 15 at 10:30 a.m.

Gatherings in The Heritage (AFH), The Villas (HFC), and The Ridgewood (Harmony Hall) will be available along with bulletins for this Service.

Roman Catholic Mass & Rosary

Mass from St. Mike's in Greenville will broadcast
EVERY SUNDAY on Ch. 2493 at 8 a.m.

In-person Mass - Wed., Nov. 4

The Villas Headland Friendship Commons and broadcast on Ch. 2493 at **10:15 a.m.**

Holy Rosary - Thursday, Nov. 5

The Villas Headland Friendship Commons and broadcast on Ch. 2493 at **10 a.m.**

The Ridgewood—

Thursdays at 10 a.m.

(Women in The Bible.)

The Heritage—

Wednesdays at 3 p.m. (AFH)

(The Gospel According to John.)

The Villas —

Tuesdays at 10 a.m.

Cancelled on Nov. 3 due to Spiritual Council Meeting

Nov. 10 (Gardens) • Nov. 17 (Springs) • Nov. 24 (Willows)

Bible Study



Finding God in the Beauty Around Us

A Photographic Discovery with Chaplain Pat

Jones Serenity Circle

Monday, Nov. 9 & 23 at 1 p.m.

Everyone is welcome!

SPIRITUAL COUNCIL MEETING

Tues., Nov. 3 • 10 a.m.

Headland Friendship Commons



Every Thursday (not Nov. 5) 9:30 a.m. in Harmony Hall (RW)

Bible Stories with Pastor Steve

Tues., Nov. 9 • 2 p.m.

Jones Serenity Circle

Movie @ Chat

"The Sheep Detectives"

Wed., Nov. 11 • 9 a.m.

Harmony Hall (RW)

All are welcome!

Topic: The different forms grief takes.

MOVIES

November 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
8 a.m. 1 Virtual Mass 10 a.m. Church Service 1 p.m. Hymn Sing 2 p.m. Tall Girl	10 a.m. 2 Brother Sun, Sister Moon (1972) 2 p.m. The Song of Bernadette (1943)	10 a.m. 3 Betty Boop for President (1932) 2 p.m. Election (1999)	10 a.m. 4 Mass 2 p.m. October Sky (1999)	10 a.m. 5 The Last Waltz (1978) 2 p.m. Scent of a Woman (1992)	10 a.m. 6 All That Heaven Allows (1955) 2 p.m. Clue (1985)	10 a.m. 7 Coco 2 p.m. The Weekend Away
8 a.m. 8 Virtual Mass 10 a.m. Church Service 1 p.m. Hymn Sing 2 p.m. A Perfect Pairing	10 a.m. 9 Shampoo (1975) 2 p.m. Autumn in New York	10 a.m. 10 The Passion of Joan of Arc (1929) 2 p.m. Dead Poets Society (1989)	10 a.m. 11 Rosary 2 p.m. North By Northwest (1959)	10 a.m. 12 For Yoyr Consideration 2 p.m. Little Women (2019)	10 a.m. 13 Clueless (1995) 2 p.m. Friday Night Lights	10 a.m. 14 Coraline 2 p.m. 1922
8 a.m. 15 Virtual Mass 10 a.m. Virtual Zion's Church Service 1 p.m. Hymn Sing 2 p.m. Amateur	10 a.m. 16 Tadpole 2 p.m. St. Elmo's Fire (1985)	10 a.m. 17 Definition Please 2 p.m. Good Will Hunting (1997)	10 a.m. 18 The Gold Rush (1925) 2 p.m. Crossing Delancey (1988)	10 a.m. 19 Rosary 2 p.m. Avalon (1990)	10 a.m. 20 Sweet November 2 p.m. Far From Heaven	10 a.m. 21 Matilda (1996) 2 p.m. To All the Boys I've Loved Before
8 a.m. 22 Virtual Mass 10 a.m. Church Service 1 p.m. Hymn Sing 2 p.m. The Dig	10 a.m. 23 Hannah and Her Sisters (1989) 2 p.m. Remember the Titans	10 a.m. 24 Krisha 2 p.m. Tower Heist	10 a.m. 25 Son-In-Law (1993) 2 p.m. The Pilgrims	10 a.m. 26 Pieces of April 2 p.m. Home for the Holidays (1995)	10 a.m. 27 Dutch (1991) 2 p.m. Alice's Restaurant (1969)	10 a.m. 28 Jumanji (1995) 2 p.m. You've Got Mail (1998)
8 a.m. 29 Virtual Mass 10 a.m. Church Service 1 p.m. Hymn Sing 2 p.m. The Half of It	10 a.m. 30 Soul Food (1997) 2 p.m. The Ice Storm (1997)	<p>All residents should tune to Channel 2493 for movies, church services and any other internal broadcasts.</p> <p>This channel has been reserved by Spectrum for use internally by campuses like St. Paul's.</p>				

COLONY COLUMNS

~ News from The Colony ~

NOVEMBER *Colony Activities*

Sunday, November 1

Annual Service of Remembrance

Tuesday, November 2

Election Day

Wednesday, November 4

Monthly Birthday Celebration

Friday, November 6

Resident-Led Potluck Dinner

Monday, November 9

Movie Matinee

Tuesday, November 10

Nativity Craft Part 1
Open Forum

Wednesday, November 11

Veteran's Day

Thursday, November 12

Men & Women's Chat Groups

Thursday, November 12

Resident Presentation

Thursday, November 12

Passport Dinner at Peter Allen Inn

Sunday, November 15

Lunch at Venango Inn

Monday, November 16

Coffee & Donuts

Tuesday, November 17

Potluck Lunch

Saturday, November 21

Tour of Trees at Baldwin Reynolds House

Monday, November 23

Nativity Craft Part 2

Wednesday, November 25

Be Grateful Bingo

Monday, November 30

Movie Matinee



November

3 - Robert Baker
6 - Mary Lou Delaney
8 - Jeanine Dalzell
10 - Shirley Myers
12 - Robert Stuver
12 - William Sayles
15 - Helen Nichols
15 - Karen Ondo
15 - Ken Myers
16 - Jim Weyman
17 - Kathy Anderson
28 - Donna Roberts
28 - Marilyn Palmiter

December

2 - Clydene Stokes
5 - Linda Savor
5 - Rich Guerrini
9 - Carol Paul
9 - Gail Maycher
10 - Rich Yurisc
13 - Carol Hosmer
13 - MaryAnn Southworth
14 - Carolyn McCright
16 - Jan Walther
19 - Jane Loutzenhiser
23 - Nancy Weikal
26 - Carol Bass
29 - Ginny Sunday

Team Members

Nov. 5 - Grace Fette • Nov. 29 - Melissa Villard



Colony Crafters standing from left: Mary Lou Delaney, Carol Hosmer, Coralee Armstrong, Jane Hogan, Nancy Hoffacker, Elli Leveto.
Seated: Kathy Anderson.

Fall crafting brought a touch of autumn to The Colony as residents created beautiful seasonal wreaths. Each colorful creation can be displayed as a festive door decoration or, as shown at right, used as a lovely centerpiece to brighten a table throughout the season.



Mark your calendar for December:

Wednesday, December 2 – Monthly Birthday Celebration
Friday, December 4 – The White Christmas Experience
Monday, December 10 – Men & Women's Chat Groups
Saturday, December 12 – Greenville Symphony Concert
Sunday, December 13 – Youngstown Model RR Open House
Wednesday, December 16 – Colony Christmas Service & Dinner
Monday, December 21 – Coffee & Donuts

HERITAGE HERALD

~ News from The Heritage ~



NOVEMBER
at The Heritage

Wednesday, Nov. 4

Music Therapy Talent Show @ 2 p.m. (AFH)

Thursday, Nov. 5

Amish Singers @ 6:30 p.m. (AFH)

Friday, Nov. 6

Quilt of Valor Ceremony @ 2 p.m. (AFH)

Tuesday, Nov. 10

Special Birthday Lunches

Nails with Julie @ 1 p.m. (Beauty Parlor)

Thursday, Nov. 12

Hey Joe! @ 2:15 p.m. (AFH)

Paint Class with Bev & Linda @ 5:30 p.m.

Monday, Nov. 16

Basement Band Duo @ 2 p.m. (AFH)

Thursday, Nov. 19

Z Praise @ 2:30 p.m. (AFH)

Sunday, Oct. 22

Games with Bev & Linda @ 2 p.m. (AFH)

Wednesday, Nov. 25

Resident Council @ 2 p.m. (AFH)

Regularly Scheduled Activities

Daily Devotions with Rita & Julie
Mondays @ 9:15 a.m. (AFH)



Fitness with Ron
Monday, Thursday & Friday
3rd Floor Commons @ 1 p.m.



Ice Cream Social
Mondays @ 2 p.m. (AFH)

“Stitch & Chicks” meet
every Tuesday @ 10 a.m.
in The Keifer Building



BINGO with Bertha
EVERY Tuesday
@ 3 p.m. (AFH)

Personal Shopping by Reba
Second & Fourth Tuesdays



Bible Study
Wednesdays @
3 p.m. (AFH)

Church Service
Sundays @ 9 a.m. (AFH)



November Birthdays

- 3 - Candise Beil
- 4 - Brenda Moreland
- 4 - Donna Reitingner
- 5 - Helen Ohle
- 7 - Helen Fox
- 18 - Anna Mae Burns
- 27 - Sara Johnson

RIDGE RUNNER

~ News from The Ridgewood ~



Martha Anderson



Dee Henley (left) and Rita Hause



Sally Smith



Ruth Ann Miller (left) and Elaine Wilkins



Faye Fratus

The Ridgewood residents welcomed fall with a fun and creative pumpkin craft led by Heather Williams-Crenshaw. Using just a roll of toilet paper, a paper bag and a bit of fabric, they transformed simple supplies into charming pumpkins perfect for autumn decorating!



Ridgewood Activities

Monday, Nov. 2 – Manicures (100 & 200 Halls), 10 a.m.
Birthday Luncheon, 11:30 a.m.

Tuesday, Nov. 3 – Election Day
Spiritual Council, 10 a.m.

Wednesday, Nov. 4 – Hymn Sing with Robin, 10 a.m.

Friday, Nov. 6 – Greenville Mobile Library, 1 p.m.

Monday, Nov. 9 – Chair Yoga, 10 a.m.

Tuesday, Nov. 10 – Tik Tok Tuesday, 10 a.m.

Wednesday, Nov. 11 – Veteran's Day
Matt's Culinary Corner, 1 p.m.
Music Therapy, 3 p.m.

Friday, Nov. 13 – Book Club, 10 a.m.

Saturday, Nov. 14 – Game Day with K-Kids, 10 a.m.

Sunday, Nov. 15 – Steelers Game, 8:20 p.m.

Monday, Nov. 16 – Book Club, 10 a.m.

Tuesday, Nov. 17 – Humble Music Concert, 10 a.m.

Wednesday, Nov. 18 – Movie & Chat with Chaplain Pat: "The Sheep Detectives," 9 a.m.
Card Making with our Colony Friends, 1 p.m.
Music Therapy, 3 p.m.

Friday, Nov. 20 – Greenville Mobile Library, 1 p.m.

Sunday, Nov. 22 – Steelers Game, 4:25 p.m.

Monday, Nov. 23 – Book Club, 10 a.m.

Tuesday, Nov. 24 – Chair Yoga, 10 a.m.

Wednesday, Nov. 25 – Music Therapy, 3 p.m.

Thursday, Nov. 26 – Happy Thanksgiving!

Friday, Nov. 27 – Steelers Game, 3 p.m.

Monday, Nov. 30 – Book Club, 10 a.m.

Regularly Scheduled Activities

Sunday – Church Service, 11 a.m.; Ice Cream Cart, 2:30 p.m.

Monday – Pool Noodle Volleyball, 2 p.m.; Activity, 5:30 p.m.

Tuesday – Exercise with Ron, 2 p.m.; BINGO, 5:30 p.m.

Thursday – Chaplain's Chat, 9:30 a.m.; Bible Study, 10 a.m.;
Activity, 5:30 p.m.

Friday – Exercise, 10 a.m.; BINGO, 1 p.m.;
500 Card Game, 5:30 p.m.



October Birthdays

Residents

20 - Ellie Harkins
25 - Rae Johnson
26 - Norma Lauffer
27 - Donna Carlson

Team Members

8 - Destiny Stringert
10 - Lana Griswold
22 - Natalie Blatt

HOUSE CHATTER

~ News from The Villas ~



Activities at The Villas

MONDAY, NOVEMBER 2

6:30 p.m. – Sing-A-Long with Madison Rupert

TUESDAY, NOVEMBER 3 – ELECTION DAY

*Trips to the polls throughout the day

WEDNESDAY, NOVEMBER 4

10:15 a.m. – Mass

2 p.m. – Food Demo with Chef Mark

THURSDAY, NOVEMBER 5

10 a.m. – Faith, Fitness & Fun

FRIDAY, NOVEMBER 6

10 a.m. – Quilt of Valor Ceremony

2 p.m. – Humble Music Ministry Concert (Gospel/Folk)

MONDAY, NOVEMBER 9

1:30 p.m. – Bingo Bucks Exchange

6:15 p.m. – Evening Piano Performance w/Greg Van Valien

TUESDAY, NOVEMBER 10

3 p.m. – Balloon Volleyball Game

WEDNESDAY, NOVEMBER 11 – VETERANS DAY

2 p.m. – Veterans Day Ceremony

THURSDAY, NOVEMBER 12

*Lion's Club Pancake Day runs throughout the morning

FRIDAY, NOVEMBER 13

2 p.m. – Basement Band Duo Performance (Oldies/Folk)

SUNDAY, NOVEMBER 15

10:30 a.m. – Virtual Zion's Church Service

WEDNESDAY, NOVEMBER 18

1:30 p.m. – "Landscapes & Liminal Realms" Art Gallery
Outing w/Paige Stewart (capacity: 4)

THURSDAY, NOVEMBER 19

10 a.m. – Rosary

FRIDAY, NOVEMBER 20

10 a.m. – Faith, Fitness & Fun

MONDAY, NOVEMBER 23

6:30 p.m. – Evening Musical Performance with
The Song Birds (Oldies)

TUESDAY, NOVEMBER 24

11 a.m. – Resident Birthday Luncheon

WEDNESDAY, NOVEMBER 25

1:45 p.m. – Hymn Sing with Greg Van Valien

THURSDAY, NOVEMBER 26 – THANKSGIVING

Z Praise Concerts of Thanksgiving on the Neighborhoods

• 1:30 p.m. – Gardens

• 2 p.m. – Willows

• 3 p.m. – Springs

FRIDAY, NOVEMBER 27

3 p.m. – Balloon Volleyball Game

MONDAY, NOVEMBER 30

1:30 p.m. – Resident Council Meeting

2:45 p.m. – Cooking with Keven

Regularly Scheduled Activities

Sunday – Church Service @ 10 a.m.

Classic Hymn Sing via YouTube on Ch. 1851 @ 1 p.m.

Tuesday – Evening BINGO @ 6:45 p.m.

Wednesday – Music Therapy throughout the day

Thursday – Rosary @ 10 a.m. (except first Thursday)

Saturday – BINGO @ 10 a.m.



November Birthdays at The Villas

1 - John Dickason

22 - Paul Soros Jr.

19 - Anna Mary Patton

23 - John Albaugh

22 - Nancy Kokoski

23 - Lawrence McKnight

SERENITY SPOTLIGHT

~ News from Jones Serenity Circle & Lane ~



Musicians & Entertainment —

Friday, Nov. 6

Humble Music @ 1 p.m.

Friday, Nov. 13

Basement Band Duo @ 1 p.m.

Thursday, Nov. 19

Z Praise @ 1 p.m.

Friday, Nov. 27

Darren Lambert @ 1 p.m.



Visit the Beauty & Barber Shop on Tuesday

*beginning at 9:30 a.m.
until all are served.*



Exercise with Ron



Tuesdays @ 1 p.m. – JSC

**Wednesdays & Thursdays
@ 3 p.m. – JSL Dining Room**



Music Therapy w/Cindy

**every Wednesday
at 12:15 p.m. (JSL)
& 1 p.m. (JSC)**

**BINGO on Jones
Serenity Lane every
THURSDAY
@ 12:30 p.m.!**



Canine Visits Mondays

Nov. 16 & 30

Noon (JSL) & 12:30 p.m. (JSC)



**Card Making
Mondays
12:30 p.m. (JSL)**



**Manicures w/ Terri
TUESDAY afternoons**



Friday Socials on JSL @ 2:30 p.m.



**Donuts & Cocoa
Friday, Nov. 13**



**Popcorn
Friday, Nov. 20**



**Ice Cream
Friday, Nov. 27**



**Thursday, Nov. 12
Lion's Club Pancake Day
Greenville KofC**

**FAITH
Connections**

Wednesdays @ 2 p.m. (JSC) with Tresa

Fridays @ 10 a.m. (JSL) with Terri

Sundays @ 8 a.m. Catholic Mass on Ch. 2493

Sundays @ 9 a.m. (AFH) Church Service w/ Chaplain Pat

**Third Sunday @ 10:30 a.m. Livestream Zion's Reformed
Church Service w/ Pastor Steve**



**Monthly Celebrations
Tuesday, Nov. 3 (JSC)
Tuesday, Nov. 10 (JSL)**



Meet KT Wood

New Assistant Administrator of Home-Based Services

Kathryn Wood, known as KT to everyone who knows her, grew up in Andover, Ohio. She is one of three children, with an older brother and sister.

After graduating high school, KT attended the Florida Institute of Technology to study marine biology. Two years into her studies, her grandfather experienced a serious fall, resulting in a fractured hip, knee, and wrist, as well as a dislocated shoulder. KT returned home to help care for him, and that experience sparked her passion for caring for others.

KT continued caring for both her grandfather and grandmother until their passing. She then worked in home care for several healthcare companies but became frustrated with the lack of consistency in client assignments. Wanting to make a difference, she decided to start her own home care company, with a primary goal of providing clients with consistent, dependable caregivers.

KT successfully operated her company for 11 years before deciding it was time for a change. She went on to work as a phlebotomist at University Hospitals Geauga Medical Center and later joined Fresenius Dialysis Group.

However, her passion for providing and managing home care continued to draw her back. She eventually accepted a position managing care with Buckeye PACE in Ohio. As KT recalled, "I had managed care for so many years, I knew what I wanted to do!"

Throughout her career, KT had the opportunity to work with a few team members from St. Paul's and had consistently heard wonderful things about the organization. When she came across the advertisement for the Assistant Administrator position with St. Paul's Home-Based Services, the timing felt right. KT shared, "I was confident that if I could just get my foot in the door, St. Paul's was a place with room to grow and values education."

She was also looking for an organization that promoted work-life balance, appreciated the important work of home care, and respected its team members.



During her first three weeks at St. Paul's, KT has been delighted by the warm welcome she has received. "Everyone is super friendly and helpful!" she said. She especially appreciates that team members are always willing to lend a hand, even when something falls outside their area of expertise. "I never get the attitude that 'it's not my job' from anyone. Everyone is so welcoming!"

KT has hit the ground running, quickly getting acquainted with both the team and the clients. She looks forward to settling into her new role so she can make the greatest possible contribution. She sees tremendous potential for the department, noting, "There is a great opportunity to grow and provide the best care we can! There is a solid base." KT also appreciates St. Paul's compassionate approach to care and its commitment to making clients' wishes a top priority.

Outside of work, KT lives in Williamsfield, Ohio, with her husband and two sons, Darren and Clayton. Their family also includes Hank, a chocolate Labrador retriever, and Delilah, a calico cat.

In her free time, KT loves to travel, especially by cruise ship. She also enjoys being on the water, whether relaxing at the beach or kayaking on a local river or lake. Her family shares a love of amusement parks, too! When asked about her dream vacation, KT named the Azores or Germany. With her husband's family roots in Germany, she hopes to visit there soon.

We are excited to welcome KT to St. Paul's and look forward to the experience, enthusiasm, and compassion she brings to our Home-Based Services team!

Introducing **FreshFocus**

We're pleased to introduce **FreshFocus**, a new regular feature in *Campus Connections* brought to you by our food service partner, Forefront™. Each month, **FreshFocus** will offer helpful tips, information and ideas focused on nutrition, healthy habits and overall well-being. From making mindful choices during the holidays to finding simple ways to support a healthy lifestyle, these articles are designed to provide practical information you can use every day. We hope you'll enjoy this new resource and look for **FreshFocus** in each issue of *Campus Connections*!



November 2026



Healthy Holidays

By Barbara Hallstone, RDN, LN

Maintaining a healthy lifestyle during the holidays is all about balance, not perfection. With rich foods, late nights, travel and busy schedules, a few simple habits can make a big difference.

Eat mindfully. Enjoy your favorite holiday foods, but keep portions reasonable. Fill most of your plate with vegetables, fruit, lean protein and whole grains. Use herbs and spices to add flavor without extra fats and sugars, and avoid skipping meals, which can lead to overeating later.

Keep moving. You don't need a long workout every day to stay active. A short walk after a meal or some stretching at home can help support energy, digestion and stress relief.

Prioritize sleep. Aim for a regular bedtime and enough rest each night. Good sleep helps your body recover and can help keep your mood and energy steady throughout the busy season.

Stay hydrated. Drink water throughout the day, especially when enjoying sweet drinks or caffeine. Staying hydrated can help manage appetite, improve focus and support digestion.

Protect your mental well-being. The holidays can be emotionally demanding, so remember to set boundaries—it's OK to say no. Schedule some "just for me" time, keep expectations realistic, and make time for gratitude, connection and quiet moments.

A healthy holiday lifestyle doesn't mean giving up celebration. It means enjoying traditions in ways that support your body and mind. With moderation, movement, rest and mindfulness, you can fully enjoy the season and still feel your best when the new year begins.





Our Villas residents enjoyed a festive Oktoberfest celebration on Oct. 13, complete with soft pretzels, beer and beautiful live harp music. It was a fun-filled fall afternoon filled with good food, music and plenty of Oktoberfest spirit!



The Villas residents enjoyed a beautiful fall day at Emmett's Orchard in Grove City during their annual orchard outing. Residents took in the autumn scenery, explored the orchard and enjoyed some time with the farm's friendly animals, including chickens and guinea pigs. It was a wonderful way to celebrate the season!

submit a caring heart



Submit a Caring Heart to recognize team members who promote our MISSION, VISION and CORE Values through their daily actions and behaviors.

If a team member does something that makes life a little better for you or someone you know, please submit a Caring Heart and give us the opportunity to recognize that individual.

To submit a caring heart:

Fill out a Caring Heart recognition card and submit it to any receptionist; or scan the QR code above to fill out our on-line form at: www.stpauls1867.org/contact/staff-recognition/caring-heart-recognition



Destiny Altman

Mary Ann Aurandt

Stephanie Bovard

Robin Eakman

Lori Ferguson

Makenzie Fonagy

Tammy Gearhart

Elaina Gerber

Eden Henretty

Destany Hovis

Samantha Jablonski

Kristen Jones

Jess Krafcheck

Adam Listopad

Myka Logan

Chelsea Lonon

Jess Luckock

Kaylee Means

Villas Nursing

Lisa Schuessler

Ava Shearer

Leah Ann Weaver

Sarah Weikal

Lee Ann Wester

Kristine Yoder



The Villas residents got an up-close look at the fascinating world of honey bees during a special “Life in the Hive” presentation with local beekeeper Katie Forcier. Katie brought along her honey bee colony and a frame of honeycomb, giving residents the opportunity to see the bees at work and learn more about life inside the hive.



Residents learned about the important roles worker bees play, from caring for young bees and building honeycomb to protecting the hive and gathering nectar and pollen. Katie also explained the role of the queen, how bees help pollinate the fruits and vegetables we enjoy, and how beekeepers carefully harvest honey. She even shared how she rescues honey bee swarms and helps them establish new homes. It was a fascinating look at these remarkable pollinators and the work that goes into caring for them.



Residents in our memory support neighborhoods got creative with a Halloween-themed painting party! With brushes in hand and plenty of festive inspiration, residents created colorful, one-of-a-kind Halloween masterpieces. From spooky scenes to playful designs, each painting showcased their creativity and artistic skills. We loved seeing their finished works of art — and the proud smiles that came with sharing them!



Our Resident Christmas Appeal has officially started!

At St. Paul's, we're embracing the spirit of the season today and carrying it in our hearts all year long. It's easy to spread some holiday cheer, thanks to generous donors like you! Through your gift to our Resident Christmas Appeal, you are ensuring that every resident in The Villas, The Heritage and The Ridgewood receives a Christmas gift this year. This gesture reminds them that they are loved, and that we—along with donors like you—are thinking about them this holiday season.

The cheer doesn't stop after Christmas for us! The donations remaining after Christmas gifts are purchased are used for resident wish list items and our music programs. This includes wonderful opportunities for our residents including music therapy as well as musical performances year-round.

Thank you for helping to honor our residents by bringing joy, not only this December, but all year long!



December 1 is
GIVING
TUESDAY

Giving Tuesday is an internationally recognized day of giving. It allows everyone a chance to take a pause during the busy holiday season and give back to their communities, causes, and organizations that are important to them. This would be a great opportunity to give to our Resident Christmas Appeal!



How to Give



Scan the QR Code



Drop off at any St. Paul's reception desk



Mail a check to the Charitable Giving Office
at 341 E. Jamestown Rd. Greenville, PA 16125



HALLOWEEN PARTY!

The Halloween spirit was in full swing at The Heritage as residents enjoyed a festive afternoon of treats, music and dancing! Life Enrichment Specialist Julie Young prepared a fun assortment of Halloween goodies, while residents showed off their best dance moves to Halloween-themed music. It was a spooktacular afternoon of fun and celebration!



Above: Daniel DeNicola (right) with his friend, Joe. Below: Kaylee Means and Eulene Beer.



Above: Harry Lean and Holly Stumpff



Above from left: Julie Young, Joanne McErlane, and Lee Ann Wester.



Above: Joan Roberts (left) and her friend Maureen.



Above: Shannon Chriswell (left) and Bev Johnson.



Above, from left: Agnes Bauer, Joanne McErlane and Anna Marie Malloy



Above, from left: Bev Johnson, Helen Ohle and Pat Ogle showing off some dance moves!



Above, from left: Lee Ann Wester and Anne Kauffman.



Above, from left: Brooklyn Stokley-Winsor, Kaylee Means and Eulene Beer.



Above, from left: Pat Ogle and Shannon Chriswell



Above, from left: Julie Young and Stan Lysek

The Bistro

NOVEMBER Menus

Open 10 a.m. - 6 p.m.

Doors open at 6 a.m. for coffee and water and all gift shop items.

Monday, Nov. 2

Chicken Tenders [3] (\$3.45)
Mac & Cheese (\$1.60)
Stewed Tomatoes (\$1.10)
Italian Sausage Sandwich
(\$3.10)
Broccoli Soup (\$1.55)

Tuesday, Nov. 3

Meatball Sub (\$3.10)
Homefries (\$1.05)
Chicken Tetrazzini (\$3.18)
Garlic Toast (\$1.05)
Beef Noodle Soup (\$1.55)

Wednesday, Nov. 4

Taco Bar (by weight)
Mexican Rice (\$1.01)
Cheesy Chicken Tortilla Soup
(\$1.55)

Thursday, Nov. 5

Chicken Stir Fry (\$3.05)
Rice (\$1.06)
Veggie Quesadilla (\$3.00)
Spinach Tortellini Soup (\$1.55)

Friday, Nov. 6

Hotdog (\$1.50)
Cheese Sauce (\$0.25)
Chili Sauce (\$0.25)
Fries (\$1.10)
Spinach Feta Pizza (\$2.40)
Potato Soup (\$1.55)

Monday, Nov. 9

Stuffed Chicken (\$3.15)
Mashed & Gravy (\$1.10)
Glazed Carrots (\$1.10)
Ham & Cheese Stromboli
(\$3.10)
Onion Soup (\$1.55)

Tuesday, Nov. 10

Pasta Bar (\$3.20)
Bosco Stick (\$1.05)
Broccoli (\$1.10)
Chicken Noodle Soup (\$1.55)

Wednesday, Nov. 11

Triple Grilled Cheese (\$2.00)
Fried Pickles (\$1.11)
Chicken Quesadilla (\$3.00)
Tomato Soup (\$1.55)

Thursday, Nov. 12

The Big Paul (\$3.13)
Potato Chips (\$1.10)
Sausage Alfredo Bake (\$3.20)
Garlic Toast (\$1.05)
Wedding Soup (\$1.55)

Friday, Nov. 13

Chicken Parmesan (\$3.18)
Pasta Noodles (\$0.96)
Hot Italian Sub (\$3.13)
Garlic Toast (\$1.05)
Potato Soup (\$1.55)

Monday, Nov. 16

Beef & Cheddar (\$3.15)
Curly Fries (\$1.10)
Pepperoni Stromboli (\$2.85)
Chili (\$1.55)
Cornbake (\$0.90)

Tuesday, Nov. 17

Make-Your-Own-Sandwich
(by weight)
Potato Chips (\$1.10)
Broccoli Salad (\$1.15)
Beef Noodle Soup (\$1.55)

Wednesday, Nov. 18

Mac & Cheese Bar (by weight)
[BBQ pork, broccoli &
caramelized onions]
Chicken Wing Dings (\$3.25)
Cauliflower Soup (\$1.55)

Thursday, Nov. 19

Gyro (\$3.13)
Cous Cous (\$1.06)
Pierogie Casserole (\$3.15)
Garlic Toast (\$1.05)
Cheeseburger Soup (\$1.55)

Friday, Nov. 20

Beer Battered Fish (\$3.10)
Baked Potato Bar (\$2.14)
Nashville Hot Chicken
Sandwich (\$3.13)
Beef Barley Soup (\$1.55)

Monday, Nov. 23

Porkchopinator (\$3.15)
Onion Rings (\$1.45)
Coleslaw (\$1.15)
Chicken Bacon Ranch Pizza
(\$2.95)
Chicken Noodle Soup (\$1.55)

Tuesday, Nov. 24

Jumbo Hotdog (\$2.25)
Hamburger (\$2.10)
Loaded Fries (\$3.15)
Stuffed Pepper Soup (\$1.55)

Wednesday, Nov. 25

Pot Roast (\$3.10)
Mashed & Gravy (\$1.10)
Green Beans & Bacon (\$1.06)
Reuben (\$2.40)
Tortellini Soup (\$1.55)

Thursday, Nov. 26

Spaghetti & Meatballs (\$3.20)
Garlic Toast (\$1.05)
Chicken Fajita (\$2.93)
Fries (\$1.10)
Broccoli Soup (\$1.55)

Friday, Nov. 27

Pizza Bar (\$2.95)
Potato Bacon Soup (\$1.55)

Monday, Nov. 30

Fried Chicken (\$3.08)
Sweet Potato Casserole
(\$1.15)
Breaded Green Beans (\$1.10)
BBQ Riblet (\$3.00)
Beef Noodle Soup (\$1.55)