

# SENIOR Times

*Age Well, Live Long!*

Southwestern Pennsylvania Area Agency on Aging, Inc.  
providing senior services in Fayette, Greene & Washington Counties

Est. 1974



Call your local Southwestern PA Area Agency on Aging for services and supports for seniors.

Toll free 1-800-734-9603 or visit [www.swpa-aaa.org](http://www.swpa-aaa.org)

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Senior Times

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# Income Tax Preparation

The following locations offer free basic tax preparation and filing services. Most sites operate by appointment only. For more information, contact the IRS at 1-800-829-1040 or visit [www.swpavita.com](http://www.swpavita.com).

**Fayette County**

The Volunteer Income Tax Assistance Program at Fayette County Community Action Agency, 137 N Beeson Ave, Suite 107, Uniontown, PA 15401

Appointments only

Monday - Friday

No Walk ins

724-430-6430

**Greene County**

Blueprints VITA Program, 58 E. Greene Street, Waynesburg, PA 15370

Appointments available on

Mondays, January 26 until April 6.

1pm - 5pm  
No appointments are available on March 2.

Must call 211 or 888-856-2773 Monday - Friday, 7am-8pm to schedule an appointment

**Washington County**

Blueprints VITA Program, 150 W Beau Street, Washington, PA 15301

Appointments available on

Monday - Friday

No Walk ins

724-430-6430

Woodland Court, Brownsville, PA 15417

Appointments only

Tuesdays, Wednesdays and Fridays

724-938-3554 Ext. 108

Riverside Place, 303 Chamber Plaza, Charleroi, PA 15022

Appointments only

Tuesdays starting February 9

724-483-5800

The Bible Chapel, 300 Gallery Drive, McMurray, PA 15317

Appointments available on

Tuesdays, January 27 until April 7, 4pm - 8pm

No appointments. WALK-IN ONLY - 1st Come; 1st Served

Mon thru Thursday, February 9 - April 9, 8 a.m. - 1 p.m.

Must call 211 or 888-856-2773 Monday - Friday, 7am-8pm to schedule an appointment

Federal, State, Local Taxes and Property Tax Rent/ Rebate forms prepared.

Must bring: Last year's

**FARMER'S  
ALMANAC  
FEBRUARY 2026**

tax return: ID for yourself and spouse; Social Security numbers, birthdates for yourself/spouse/dependents; all W-2/1099 tax documents (including SS 1099), 1095 health care statements and property tax receipts. Both spouses must sign joint returns.

For information call only: 724-222-8566

**NOTICE OF PUBLIC MEETINGS**

The Southwestern PA Area Agency on Aging, Inc., Board of Directors will meet on the following dates in 2026:

March 3	June 2	November 19
May 5	September 1	December 1

The Southwestern PA Area Agency on Aging, Inc., Advisory Council will meet on the following dates in 2026:

February 18	June 17	October 21
April 15	September 16	December 9

For the location and time of the meetings, contact Mary Harris, Executive Director, Southwestern PA Area Agency on Aging, Inc., at 1-888-300-2704, Ext. 4420.

## Donation Coupon

\*Please use this coupon to make personal donations of support, as well as for recognitions of birthdays or special honors and for offering memorial tributes.

Make your donation payable to: SWPA AAA

Mail to: Southwestern PA Area Agency on Aging, Inc.

Senior Times	305 Chamber Plaza
	Charleroi, PA 15022-1607

Amount of Donation

Name \_\_\_\_\_

Address \_\_\_\_\_

Zip \_\_\_\_\_

Email \_\_\_\_\_

May we print your name as a donor?

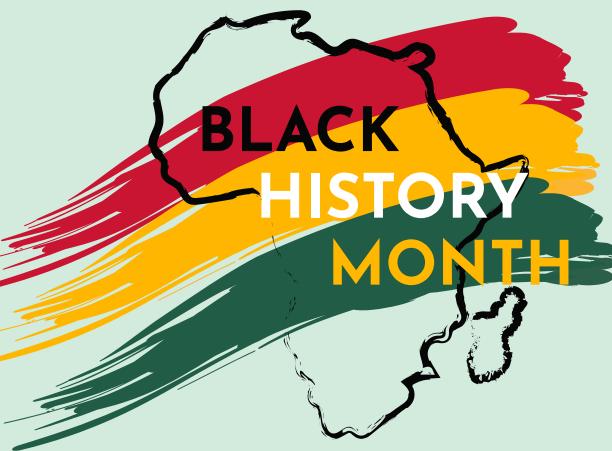
Yes \_\_\_\_\_ No \_\_\_\_\_

Are you a member of a senior center?

Yes \_\_\_\_\_ No \_\_\_\_\_

**Thank You**

The official registration and financial information of the Southwestern PA Area Agency on Aging, Inc., may be obtained from the Pennsylvania Department of State Bureau of Charitable Organizations by calling toll free, within Pennsylvania, 1 (800) 732-0999. Registration does not imply endorsement.



## Celebrating Black History Month 2026

The 2026 Black History Month theme "A Century of Black History Commemorations" was announced by the Association for the Study of African American Life and History (ASALH). The 2026 marks a century of national commemorations of Black history. Dr. Carter Godwin Woodson, George Cleveland Hall, William D. Hartgrove, Jesse E. Moorland, Alexander L. Jackson, and James E. Stamps institutionalized the teaching, study, dissemination, and commemoration of Black history when they founded the Association for the Study of Negro Life and History (ASNLH) on September 9, 1915.

As part of the global African diaspora, people of African descent in the United States have viewed their role in history as critical to their own development and that of the world. Along with writing Black histories, antebellum Black scholars north of slavery started observing the milestones in the struggle of people of African descent to gain their freedom and equality. Revealing their

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# Property Tax/Rent Rebate Season is now open

The Department of Revenue opened the application period for the Property Tax/Rent Rebate program on January 15, 2026. The Department is accepting applications for rebates on property taxes or rent paid in 2025. Forms and instructions are available online on that date.

Eligible Pennsylvanians are encouraged to file their applications online through <https://mypass.pa.gov> to ensure their rebates are processed as quickly as possible.

Spouses, personal representatives, or estates may file rebate claims on behalf of eligible claimants, now deceased, who lived at least one day in 2025. Please note that one-half of social security income is excluded.

## NEW ELIGIBILITY TABLE FOR HOMEOWNERS AND RENTERS

INCOME	MAX REBATE
\$0 - \$8,550	\$1,000
\$8,551 - \$16,040	\$770
\$16,041 - \$19,240	\$460
\$19,241 - \$48,110	\$380

<https://www.pa.gov/agencies/revenue/ptrr/property-tax-rent-rebate-program-forms-and-information>

For assistance, or for more information, call the Property Tax/Rent Rebate Program or any SWPA AAA office:

### Property Tax/Rent Rebate Program:

1-888-222-9190

AAA Fayette County:  
(724) 430-4603

AAA Greene County:  
(724) 852-1510

AAA Washington County:  
(724) 228-7080

AAA Administrative Office:  
1-888-300-2704

## How Diet and Physical Activity Impact Cancer Risk

How much do daily habits like diet and exercise affect your risk for cancer? More than you might think. Research has shown that certain dietary patterns and not being physically active are key factors that can increase a person's cancer risk. Luckily, people can take steps to lower their risk.

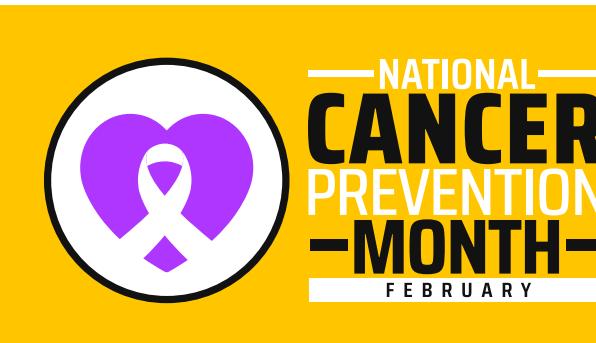
### What is the link between diet and cancer?

Unhealthy eating habits

are linked to a higher risk of getting certain cancers and to cancer death. Key factors include:

- Eating too few fruits and vegetables
- Eating processed meats (like bacon, hot dogs, or lunch meats)
- Eating too little fiber
- Eating too much red meat
- Getting too little calcium

These risks can be significant. For example, eating processed meats is linked to about 1 in 8 colorectal cancer cases, and low fruit and



vegetable intake is linked to almost a third of cancers of the mouth, throat, esophagus, and voice box (larynx).

Ultra-processed foods (UPFs) like packaged snacks,

cakes, and cookies have been linked to weight gain and may increase cancer risk, as well as other health problems.

Eating a balanced diet can lower your cancer risk and improve your overall health.

Sitting or lying down too much while awake can raise the risk of colon, uterus, and lung cancer, and can increase the chance of dying from cancer. Even small changes help – replacing just 30 minutes of sitting with light activity can lower the risk of cancer death by about 8%.

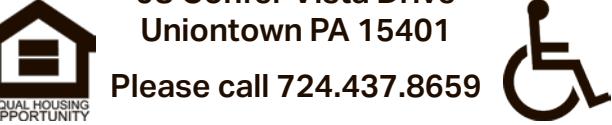
Source: <https://www.cancer.org>

## CONFER VISTA APARTMENTS

NOW ACCEPTING APPLICATIONS for 1 Bedroom Apartments 62 & Older

Appliances included are new electric ranges and Energy Star refrigerators. Building and site amenities include a community room, laundry room, elevator accessible, and off-street parking adjacent to the building, and intercom-controlled access entry door.

APPLICATIONS AVAILABLE AT:  
Confer Vista Apartments  
98 Confer Vista Drive  
Uniontown PA 15401



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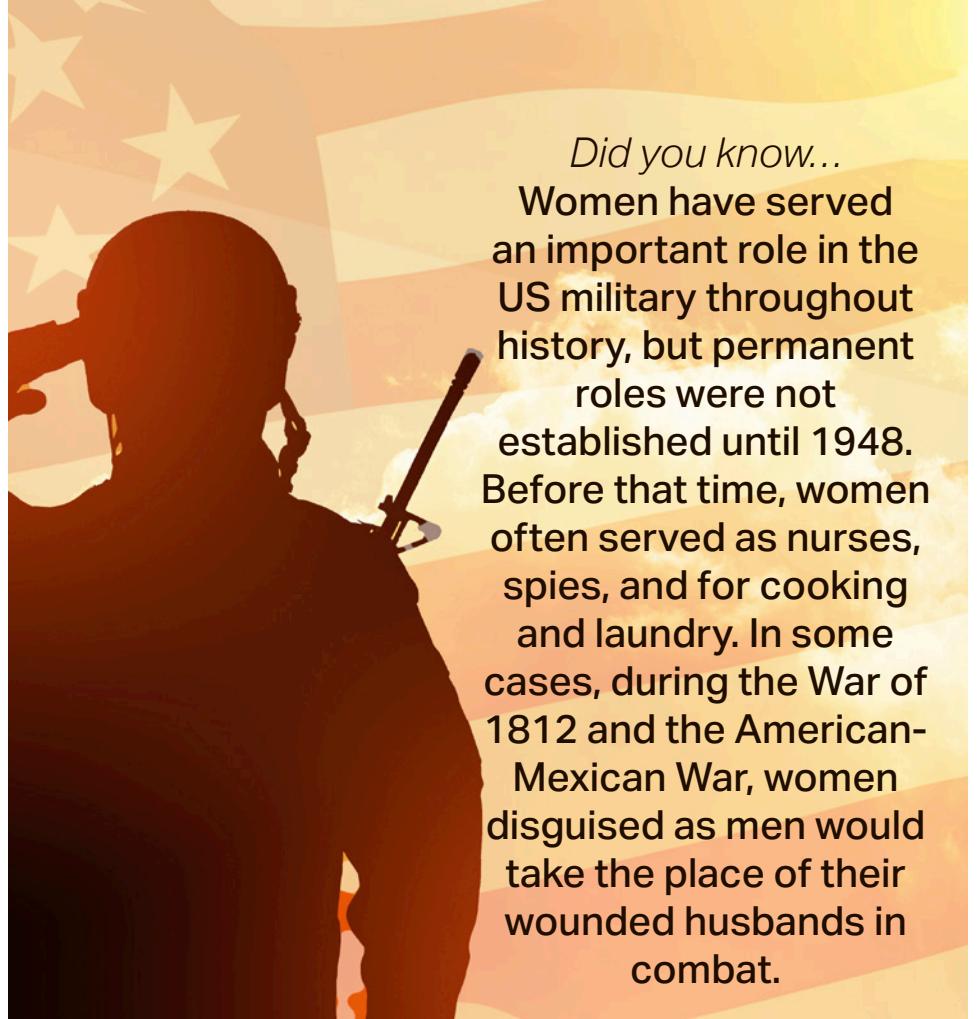
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- Free estimates

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Pittsburgh, Pa. 15236  
(412) 653-6450 • 1-800-288-5625

BARRIER FREE STAIRLIFTS

Property Tax/Rent Rebate preparation is being offered at the following locations in Fayette County: (No appointment necessary)

Briarwood Apartments, March 17, 1-3 p.m.  
Confer Vista Apartments, March 11, 10 a.m.-12 p.m.  
Fort Mason Village, Feb. 17, 1-3 p.m.  
Masontown Senior Center, March 24, 10 a.m. -12 p.m.  
Meadow Heights Apartments, Feb. 18, 10 a.m.-12 p.m.  
Meridian Point, Feb. 23, 10 a.m. – 12 p.m.  
Mountain Citizen's Action Group, Feb. 5, 10 a.m. – 12 p.m.  
Smithfield Satellite Center, Feb. 19, 11a.m.-12 p.m.  
Uniontown Adult Recreation Center, Feb. 24, 10 a.m.-12 p.m.  
Wynnwood Commons, March 16, 10 a.m.-12 p.m.



**Did you know...**  
Women have served an important role in the US military throughout history, but permanent roles were not established until 1948. Before that time, women often served as nurses, spies, and for cooking and laundry. In some cases, during the War of 1812 and the American-Mexican War, women disguised as men would take the place of their wounded husbands in combat.

## Burial Benefit Update



A rule change at the Department of Veterans Affairs now allows Veterans to apply for burial in a VA National Cemetery "pre-need," or before death. This form can be filled out by the Veteran or with our office's help. Burial locations are assigned based on availability at the time of need.

Veteran burial benefits previously were approved at the "time of need." For families, that meant waiting until the Veteran died to apply for the benefits via fax or email by sending in a copy of the veteran's DD-214 or separation documents and then following up by phone.

The predetermination process qualifies Veterans for burial in 135 VA-operated cemeteries and 33 VA-operated Soldiers' lots nationwide. The process does not include Arlington National Cemetery, which is operated by the U.S. Army and uses a different application system. In addition to burial in a national cemetery, the VA provides most Veterans who were not dishonorably discharged with a government headstone or marker, a burial flag, and a Presidential Memorial Certificate after death. Your local VA office may assist you: Fayette 724.430.1241; Greene 724.852.5275; Washington 724.228.6865.

## Senior addiction recovery support

Let's travel together on your road to recovery!

**Our Programs:**  
Senior Housing  
Substance Recovery



75 East Maiden Street,  
Washington, Pennsylvania  
15301, United States

724-986-7364

[www.serenityfarmsinc.org](http://www.serenityfarmsinc.org)

# National Wear Red Day the First Friday in February

The National Heart, Lung, and Blood Institute and many groups around the country observe National Wear Red Day each year on the first Friday in February to raise awareness about heart disease as the leading cause of death among Americans, especially women.

Risk factors for heart disease are:

- Smoking
- High blood pressure
- High cholesterol
- Overweight/obesity
- Physical inactivity

Heart disease is largely preventable. Here's what you can do now to reduce your risk:

- Don't smoke
- Eat for heart health
- Aim for 30 minutes of physical activity at least 5 days a week
- Ask your doctor to check your blood pressure, cholesterol, and blood glucose.

Source: <https://www.nhlbi.nih.gov/education/american-heart-month>

## HEALTHY LIVES START WITH A GOOD NIGHT'S SLEEP.

zecliner

Live. Sleep. Be Well.

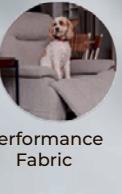
FIXSTEEL



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reported increase in overall sleep quality



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Whether you are recovering from an injury, dealing with a chronic condition, or simply looking for a comfortable and convenient chair, Zecliner® is the ideal choice that provides you with the support and assistance you need.

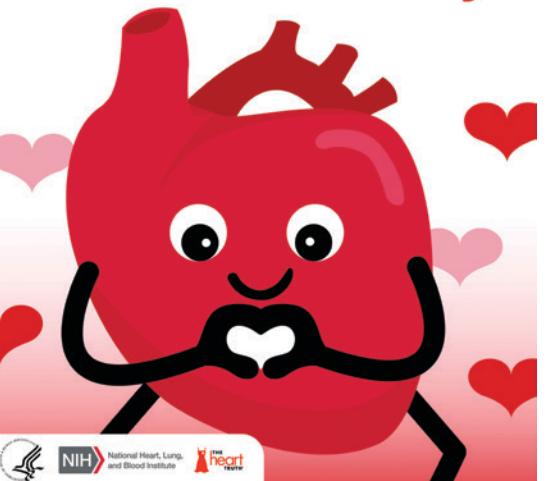
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75  
Years!  
1946-2021  
A+  
BBB  
ACCREDITED  
...Since 1946

## National Wear Red Day®



# Your Financial Future

Gary W. Boatman  
MBA, CFP

February may be known as the month of love, but one of the most meaningful expressions of love is planning for the long term, especially when it comes to family finances. True love isn't just flowers or cards; it's the foresight to ensure that a spouse and beneficiaries are protected for a lifetime, no matter what the future holds. Financial preparation means making intentional decisions about income, debt, insurance, beneficiary designations, and estate planning so loved ones are not left guessing or scrambling during an already emotional time. When families take the time to plan, they replace uncertainty with clarity and fear with confidence, an enduring gift that lasts far longer than Valentine's Day.

Preeclampsia, which is high blood pressure during pregnancy, raises your risk of developing coronary heart disease later in life. It is a risk factor that you can't control. However, if you've had the condition, you should take extra care to monitor your blood pressure and try to lower other heart disease risk factors.

### You and your healthcare provider: A heart-healthy partnership

Risk factors such as high blood pressure or cholesterol generally don't have obvious signs or symptoms. A crucial step in determining your risk is to see your provider for a thorough checkup and risk assessment.

Your provider may use a risk calculator to estimate your risk of having a heart attack, having a stroke, or dying from a heart or blood vessel disease in the next 10 years or throughout your life.

This is why actions taken decades before can have a huge effect on survivor's lifestyles. My aunt who I lost last year had been a widow for thirty-three years. Decisions that my uncle made affected my aunt's income for a third of her life. One of the biggest is when to start taking Social Security. It is estimated that between 25-30% of people start taking SS at 62. For people born after 1960 this is over 30% less lifetime income or about \$110,000.00. Recipients like my aunt who lived to age 95 lose much more.

In fact, it is estimated that there are more than 100,000 people over the age of 100 in this country. This is why the fear of running out of money is many seniors' biggest fear. Currently it is estimated that only 15% of private company workers will receive a defined benefit pension unlike our parents or grandparents when the percentage was much higher. These pensions guaranteed a lifetime income like Social Security and possibly a survivor's benefit. Today's 401ks and IRAs do not guarantee this lifetime income if they are invested in the stock market.

Another important consideration when planning for survivors that most people forget is taxes. The widow's penalty is a major surprise to many families. Although Social Security and taxes are both gender neutral, fam-



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## Orthopedics

Our highly specialized team of fellowship-trained bone and joint experts offers an array of complex surgical and non-surgical procedures and therapies. At WVU Medicine **Uniontown Hospital Orthopedics and Spine Center**, we deliver a personalized approach to meet each patient's goals.

[WVUMedicine.org/Uniontown](http://WVUMedicine.org/Uniontown)

**WVUMedicine**





## Giving Residents a Voice: Become a PEER!

For over 20 years, the Pennsylvania Department of Aging's Office of the Long-Term Care Ombudsman has given older adults a voice through the PEER Project.

PEER, which stands for Pennsylvania's Empowered Expert Residents, is a specialized advocacy pro-

**Project Snowman**  
received 5,600  
cards through  
November and  
December  
2025!



!

## NOW LEASING!

### Meadow Heights Apartments

#### Accepting Applications 62 years and older

144 N. Beeson Ave., Uniontown PA 15401

#### Community Amenities:

✓ Laundry Facilities ✓ Property Manager Onsite

**Apartment Features:**  
✓ AC/Heat ✓ Cable Ready  
✓ Kitchen/Oven/Refrigerator



724-438-3089

## PACE/ PACENET

# PACE

PACE/PACENET is Pennsylvania's state pharmaceutical assistance program. PACE/PACENET offers low-cost prescription medications to qualified PA residents, age 65 and older. PACE/PACENET income eligibility is determined by the previous calendar years gross income. If you have been previously denied by PACE/PACENET and your last years' income has changed, it's a good idea to reapply. To be eligible for PACE/PACENET, you must be 65 years of age or older; be a PA resident for at least 90 days prior to applying and not be enrolled in the Department of Human Services Medicaid RX benefit.

PACE income limits: Single person, total income must be \$14,500 or less; Married couple, combined

total income must be \$17,700 or less. PACENET income limits: Single person, total income can be between \$14,501-\$33,500; Married couple, total income can be between \$17,701 - \$41,500. To apply for PACE or PACENET, you can contact PA MEDI, which offers services in every county in Pennsylvania. PA MEDI will

screen you for PACE/PACENET and any other assistance programs, such as Extra Help or the Medicare Savings Program. Contact the local PA MEDI at 724-489-8080, ext. 4438. You can also contact PACE directly and apply over the phone by calling 1-800-225-7223 or complete an application online at [pacecares.primetherapeutics.com](http://pacecares.primetherapeutics.com) or visit your local Area Agency on Aging for a paper copy of the form.



## Creating Meaningful Moments Through Music

Music is a gentle and effective way caregivers can support the emotional, mental, and physical well-being of their loved ones. Music has a unique ability to reach people even when communication becomes difficult, offering comfort, familiarity, and a sense of connection. For individuals living with dementia, chronic illness, or emotional stress, music can help reduce anxiety, improve mood, and create moments of joy throughout the day.

One of the greatest strengths of music is its flexibility. Caregivers can easily incorporate music into daily routines without

special training or equipment. Playing familiar songs during meals, personal care, or quiet times can create a calming environment and help ease resistance to care. Singing together, clapping along, or gently moving to music can also encourage participation and self-expression.

Familiar music often has the strongest impact, especially songs connected to meaningful life moments. Music from a person's youth or early adulthood can spark memories, increase alertness, and promote conversation. Even when memories are unclear, the emotional response to music often remains, providing

reassurance and comfort during difficult moments.

Music can also help manage challenging behaviors such as agitation, restlessness, or withdrawal. Calm, slow-tempo music may help reduce stress and promote relaxation, while upbeat music can increase energy and motivation. Caregivers may find that music makes daily tasks feel smoother and more positive for both them and

## Upcoming In-Person Caregiver Groups

For questions regarding the Caregiver Support Program or Caregiver Support Groups, please call 1-800-734-9603.

The SWPA AAA invites all caregivers to its upcoming meetings.

#### Open to the Public!

##### WASHINGTON

First Christian Church  
Gathering Room  
615 East Beau St.  
Washington, PA 15301

TUESDAY  
FEBRUARY

**3**  
FROM 1:00  
TO 2:00 PM

##### WASHINGTON ALZHEIMER'S SUPPORT GROUP

Miraculous Medal CCD Activities Center  
280 Hallam Ave,  
Washington, PA 15301

THURSDAY  
FEBRUARY

**12**  
FROM 6:00  
TO 7:00 PM

##### FAYETTE COUNTY

Fayette County Community Action Agency  
Building B Board Room  
137 N. Beeson Ave.,  
Uniontown, PA 15401

FRIDAY  
FEBRUARY

**13**  
FROM 1:00  
TO 2:00 PM

##### GREENE COUNTY ALZHEIMER'S SUPPORT GROUP

Blue Prints Office  
Conference Room  
58 E. Greene Street  
Waynesburg, PA 15370

WEDNESDAY  
FEBRUARY

**11**  
FROM 1:00  
TO 2:00 PM

##### MON VALLEY

AAA Conference Room  
300 Chamber Plaza,  
Charleroi, PA 15022

MONDAY  
FEBRUARY

**16**  
FROM 1:00  
TO 2:00 PM

##### PARKINSON'S

Abundant Life Church  
1239 Brownfield Rd.  
Uniontown, PA 15401

TUESDAY  
FEBRUARY

**24**  
FROM 1:00  
TO 2:00 PM

##### GRANDPARENT'S SUPPORT GROUP

SPHS Board Room  
300 Chamber Plaza,  
Charleroi, PA 15022

WEDNESDAY  
FEBRUARY

**25**  
FROM 1:00  
TO 2:00 PM

We hope to see you there!

[www.spartansurg.com](http://www.spartansurg.com)



## SPARTAN HEALTH SURGICENTER

Serving the Mon Valley since 2005, Spartan Health Surgicenter is a freestanding, Medicare - certified, Joint Commission accredited, ambulatory surgery center located off of Coyle Curtain Road in Carroll Township.

Spartan strengthens the convenience of health care in the Mon Valley Community by providing greater health care in the Mon Valley Community comfort, more privacy and a relaxed environment for ambulatory surgery center patients.



- Easily accessible from Toll Hwy 43, I-70 & Route 88
- Accept Medicare and most insurances
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- State-of-the-art equipment and procedures
- Joint Commission Accredited
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- Podiatry

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724-483-2760 office  
724-483-2762 fax

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**Gastroenterology:** Anthony Mustovish, DO  
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Vince Ripepi, DO  
**Orthopedic/Spine:** Jocelyn Idema, DO  
**Pain Management:** Khoi Vo, DPM  
Anthony Cuneo, MD

*Recipe of the month*

# Chicken Chile Stew

The ultimate comfort food, with lower saturated fat and cholesterol.

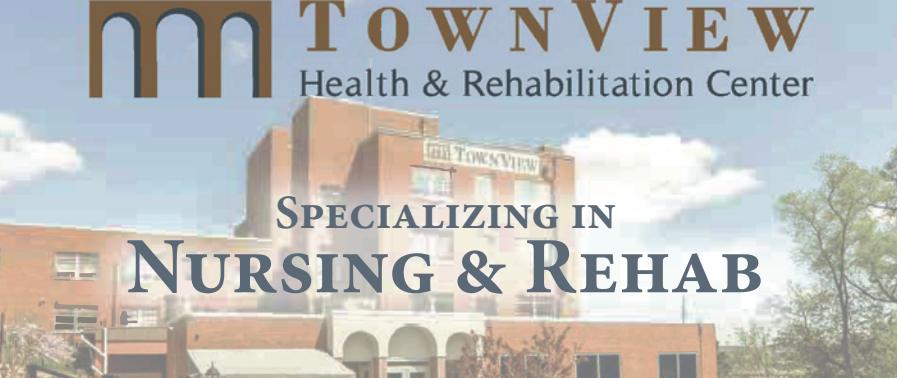
**Ingredients**

- Nonstick cooking spray
- 3 lb boneless, skinless chicken (breast or leg), cubed
- 3 stalks of celery, chopped
- 1 medium tomato, diced
- 7 green chilies, roasted, peeled, seeded, and chopped
- 4 cloves garlic, peeled and crushed
- Ground black pepper to taste

**Directions**

- Spray a heavy iron skillet with cooking spray and preheat over medium heat. Brown the chicken cubes, in batches, with cooking spray as needed.
- Place the meat in a 3- or 4-quart casserole (with cover) and add the remaining ingredients.
- Deglaze the skillet: On high heat, add some cold water and scrape the hardened juices with a spoon or spatula to dissolve them into the water. Add the sauce to the casserole.
- Add water to barely cover the ingredients. Cover the casserole, and simmer until the stew is thick and the meat is very tender, about 1½ hours.
- Add black pepper to taste before serving.

Source: <https://www.nhlbi.nih.gov/health/heart-healthy-living/healthy-foods/healthy-eating-recipes/chicken-chile-stew>



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## National Fettuccine Alfredo Day ~ February 7

by Cindy Bartolotta

It's been a long, cold winter. I don't know about you, but I think it's time to indulge in something soothing, decadent, cheesy and gooey. How about a plate of Fettuccine Alfredo with a side salad, garlic bread and a sweet Italian dessert.

T U R K E Y C O R D O N B L E U P M I R H S  
T L A S A G N A T S A P O T T U I C S O R P  
O E D A N I R A M I F E T T U C C I N E I P  
R O T S E P E K A B I L O I V A R M A H H E  
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L I T T O C I N A M Z I T I A L F O R N O E  
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N S E C U A S C H I C K E N P E P P E R C K  
I S P I N A C H S L L E H S D E F F U T S E

CHEESE RAVIOLI	HAM RAVIOLI BAKE	PIZZA	STUFFED SHELLS
CHICKEN CASSEROLE	LASAGNA	PROSCIUTTO PASTA	TORTELLINI
CHICKEN PEPPER	MANICOTTI	SAUCES	TUNA CASSEROLE
DIPS	MARINADE	SHRIMP	TURKEY CORDON BLEU
FETTUCCINE	PENNE BAKE	SOUPS	VEGETABLE ROAST
GNOCCHI	PESTO	SPINACH	ZITI AL FORNO

See answers on page 18



**WHY CHOOSE?  
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MOVE MORE,  
WEIGH LESS!**

MAKE HEALTHY CHOICES ABOUT EATING AND PHYSICAL ACTIVITY



Get Informed, Empowered & Motivated!

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Online

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Contact Kristen at 1-888-300-2704, ext. 4405  
kjackson@swpa-aaa.org



**SOUTHWESTERN PENNSYLVANIA  
AREA AGENCY ON AGING**



**Pennsylvania  
Department of Aging**

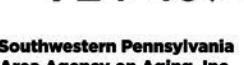
**Feel like you're "Rolling the dice" when it comes to choosing Medicare coverage?**



**pennsylvania**  
Medicare Education and Decision Insight

can help increase your "odds" of choosing a health insurance plan that works best for you.

Our PA MEDI counselors offer free, confidential, unbiased assistance about Medicare health insurance and screenings for Medicare Savings and Extra Help Programs. Call the Southwestern Pennsylvania Area Agency on Aging today at 724-489-8080, ext. 4438



**S**



**pennsylvania**  
Medicare Education and Decision Insight



## Senior Community Center Notes

### FAYETTE COUNTY

#### BROWNFIELD

291 Banning Road  
Dawson, PA 15428  
724-529-2530

-Corrine McKnight

... Happy Valentine's Day!... Our center meets on Wednesdays at 10 a.m. and enjoys activities including Wii bowling... We enjoy lunches provided by SWPA Area Agency on Aging... On the first Wednesday of each month, we hold our monthly meeting... On the second and fourth Wednesday of the month, ten games of bingo are called... On the third Wednesday of each month, we enjoy cake to celebrate birthdays...

#### BULLSKIN

52 Medsger Road  
Connellsville, PA 15425  
724-887-0655

- Lisa Wilson

... On Mondays and Thursdays, lunch is served at 11:30 a.m. followed by Nickel Bingo. Please call or arrive by 10:30 a.m. to reserve a lunch... We welcome all seniors over 60

to become members. It is free to sign up... We have our pavilion, upstairs and downstairs halls available to rent for all events. Please contact the Center for rental rates... All members are invited to join us on Funday Fridays for some fun and relaxation... On Feb. 2, Grocery Bingo was called... On Feb. 7, we will hold our all-you-can-eat breakfast and bake sale from 8 to 11 a.m. The cost is \$12 for adults and \$6 for children under 12. Children under 6 eat for free. Veterans can eat for free with proof of military ID. Eat in or take out... On Feb. 9, **Kitty Bowers** will entertain us from 10 to 11 a.m... On Feb. 10, a

representative from Aetna will present a program on Medicare changes from 10:30 to 11:30 a.m... On Feb. 12, we will enjoy a Valentine's Day Party and potluck from 10 to 11:30 a.m... On Feb. 19, **Jeff and Rich** will perform music from 10 to 11:15 a.m... On Feb. 26, **DJ Mike** will entertain us from 10 to 11 a.m... Follow us on Facebook at Bullskin Township Senior Center for more information...

at 10 a.m. and Euchre is played at 12:30 p.m. Both are open to the public, so bring a friend. Stop by and join the fun!... Join us Tuesday through Friday mornings to assemble puzzles, read a book or just enjoy a cup of coffee and fellowship followed by lunch... On Wednesdays, we enjoy our weekly Jam Session at 11 a.m. Bring your instruments and your singing voice and join the group. If you don't play an instrument or sing very well, that's ok, come enjoy the talent!... On Thursdays, Pinochle Club plays at 12:30 p.m. They are currently looking for more members. Come out and have some fun... One Thursday per month, the Canasta Club plays. Call **Darlene Ondrejko** at 724-929-7263 for more details... Stop by and see **Roxi** at the beauty shop on Thursdays during normal center hours for cuts, wash and sets. Need a perm or color, call to make an appointment at 724-812-2560... Lunch is served Monday through Friday at 11:30 a.m. We would love to have you dine in with us. If you are interested in lunch, please call the Center at 724-930-8512 the day before to make your reservation... We are here to serve you, our local senior community. Let us know if there are topics you would like to learn more about, and we will seek out speakers. If you have a hobby or activity you would like to share or get a group together to share, let us know. Help us grow and better serve our community... Help make a difference for people like you...

**CENTER ON THE HILL**  
100 Summit Road  
Belle Vernon, PA 15012  
724-930-8512

- Rick Swaney

... Welcome February!... Join us on Feb. 12 for a Valentine's Dance from noon until 2 p.m. Come and bring a friend for an afternoon of music, dancing and fellowship! Please sign up by Feb. 6... On Mondays, bingo is called

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# Senior Community Center Notes

67 West Church Street  
Fairchance, PA 15436  
724-564-0600

-Geraldine Bricker

... Greetings. Here we are beginning a new year. We have acquired five new members since our center was repaired... In December we enjoyed a catered dinner for Christmas... In January, we enjoyed My Plate Bingo and nutritionist **Rosemarie** from Community Action as our speaker... We meet on Fridays at 10 a.m. We start with the Pledge of Allegiance, the Lord's Prayer and a devotional reading by **Mary Ann David**. We enjoy a 50/50 drawing and Nickel Bingo is called. Bingo is \$.05 a card and covers

all for \$.25 a game... Happy belated January birthdays to **Terry Eicher, Donna Guthrie, Betty Mills II** and **Rob Myers**... Happy February birthdays to **Art Adams** and **Darlene Lewellen**... Everyone stay warm and God bless you all...

**MOUNTAIN CITIZENS**  
Box 105  
Farmington, PA 15437  
724-329-4260

-Wanda Sherry

... Welcome to February 2026 in the beautiful Laurel Highlands and surrounding areas... During the winter months, when Uniontown School District is closed or on a two-hour delay, our center will be

-  Medical Care
-  Support Team
-  In-Home Care
-  Medications
-  Health & Wellness Centers
-  Rides to Appointments

**Community LIFE** helps seniors Live at home with medical, social, and in-home supports.

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1-866-419-1693

 [www.commlife.org](http://www.commlife.org)

TARENTUM • MCKEESPORT • HOMESTEAD • EAST END • LOGANS FERRY • BEDFORD • MON VALLEY • SOMERSET

**Lear, Brian Merkel, Debora Molisee, Ron Steimer, and Danny Thomas**... Our center has an ongoing flea market for members and guests to shop. If you have items you would like to donate just bring them to the Center on any Tuesday or Thursday... Our center accepts used batteries for recycling...

**PERRYOPOLIS**  
P.O. Box 562  
Perryopolis, PA 15473  
724-736-2250

-Moira Kirk

... Hello February... Feel free to stop in for fun times and good food!... Our center is cozy and inviting. All are welcome!... Lunch is served Monday through Friday at noon with a suggested donation of \$.2. Please reserve your meal by noon the day before... On Mondays, Wednesdays and Fridays, bingo is called from 10 a.m. to 2 p.m... On Tuesdays and Thursdays, our card club meets at 12:30 p.m... This month we celebrate Valentine's Day with a Valentine's Bingo on Feb. 9 with prizes and treats!... Have a blessed month...

**SMITHFIELD COLONIALS**  
14 Water Street  
Smithfield, PA 15478  
724-564-2934

-Janice Woods

... Happy February to everyone!... We will start the month off by celebrating birthdays and anniversaries, congratulations to

**MID MON VALLEY TRANSIT**  
724-489-0880

The Mid Mon Valley Transit Authority (MMVTA) provides public transportation service to community riders through repetitive, fixed-schedule routes.  
Services: Park & Ride Lots • Bike Racks  
Student Discounts • ADA Paratransit • Wi-Fi  
Free 65+ Transit Program • Reduced Fare  
TraXster - Real Time Bus Information Services Alerts

**VULCAN FLYER FOR CALU STUDENTS!**  
For more info, visit [WWW.MMVTA.COM](http://WWW.MMVTA.COM)

all. Then take a chance on Louise's 50/50 and buckle up for some fun exercises with **Pam Alderson**... Join us at the Diner on Main on Feb. 10 for breakfast and good friends... On Feb. 12, we will take a chance on **Elaine's** basket raffle and **Louise's** 50/50. Blood pressure screening will be conducted in the library and the fun begins. Bring your favorite sweetheart and party with **Vivian Galika** for Valentine's Day... On Feb. 19, **Steve** will be back with Crazy Bingo... On Feb. 26, we will enjoy Fun Day. Test your creativity and sense of humor as we join together to write a new story... We meet on Thursdays at 10 a.m. Come and make new friends...

**GREENE COUNTY**

**CARMICHAELS**  
125 Municipal Road  
Carmichaels, PA 15320  
724-491-2011

-Stacy Stroman

... Cold days are better when we spend them together so join us this February... We're open Monday through Friday from 8:30 a.m. to 1:30 p.m. Bingo is called at 11 a.m., lunch is served at 11:30 a.m., and exercise equipment is available for use... On Monday, Wednesday, and Friday, we enjoy playing pool in the mornings and we just added a third table... On Feb. 13, we will celebrate Valentine's Day, we seem to always have great attendance on the days that they're in charge, but there's always room for a few more... A Mardi Gras will be in full swing on Feb. 18 before lunch. The mood will switch to a Lent-like day then as we dine on a meatless lunch for the start of Easter preparation. Our Mardi Gras will find us wearing purple, gold and green as well as masks and lots of beads. A King Cake will provide a sweet treat as we enjoy our morning coffee and wait to see who finds the hidden baby... On Feb. 25, we decided on Pittsburgh Penguins Day. One of our valuable members is a Penguins fan extraordinaire and we can't wait to share her enthusiasm that day. We'll be wearing our Penguin shirts or black and gold, trying our skill at scoring a goal, and waddling in to earn a

be sure to wear your red!... Be sure to call 724-491-2011 to reserve your lunch the day prior... Come be part of our February fun!...

**JEFFERSON**

190 Washington Street  
Jefferson, PA 15344  
-Colleen Valosen

... As we take our second big step into 2026, our Site Council is determined to not only add variety to our Wednesdays, but continue to with some old favorites themes as well... On Feb. 4, we will combine our love of good food and good football. Soup-er Bowl Wednesday will be full of crockpots of various delicious homemade soups as an extra appetizer along with some tasty breads. We'll also take part in a football pool for the game... On Feb. 11, the high school class will stop in and spearhead activities centered on Make a Friend Day. We seem to always

have great attendance on the days that they're in charge, but there's always room for a few more... A Mardi Gras will be in full swing on Feb. 18 before lunch. The mood will switch to a Lent-like day then as we dine on a meatless lunch for the start of Easter preparation. Our Mardi Gras will find us wearing purple, gold and green as well as masks and lots of beads. A King Cake will provide a sweet treat as we enjoy our morning coffee and wait to see who finds the hidden baby... On Feb. 25, we decided on Pittsburgh Penguins Day. One of our valuable members is a Penguins fan extraordinaire and we can't wait to share her enthusiasm that day. We'll be wearing our Penguin shirts or black and gold, trying our skill at scoring a goal, and waddling in to earn a

... Come and make new friends... On Feb. 19, **Pat** conducted blood pressure screenings... On Feb. 6, **Bridget** from SeniorLIFE will host Grocery Bingo at 10:30 a.m... On Feb. 9, we will hold our monthly meeting at 12 p.m. Please feel free to stop in and see what we are all about... On Feb. 11, **Bridget** from SeniorLIFE will host Grocery Bingo at 10:30 a.m. and help us celebrate birthdays... On Feb. 13, we will enjoy a Valentine's Day Sock Hop at 12:30 p.m. Step back in time with our Sock Hop Party! Enjoy familiar tunes, lighthearted games, and good company. It's sure to be a fun and festive time at the Center... On Feb. 19, **Jamie** from Amedisys will host a round table discussion at 10:30 a.m... On Feb. 24, we will enjoy Game Day at 10:30 a.m. Join us for cards, dominos, Yahtzee, scrabble, LRC, or you are welcome to bring your own!... Check out our Facebook page to keep up to date with what's going on at the Center!... We can't wait to see you!...

**MT. MORRIS**  
Box 43  
Mt. Morris, PA 15449  
724-324-5396  
-Stacy Stroman

... February is a month for friendship, fun and feeling connected... We are open on Wednesdays from 8 a.m. to 2 p.m... Each week we have delicious coffee and donuts available... Fellowship begins at 10 a.m... Lunch is served at 11:30 a.m... On Mondays, we enjoy line dancing starting at 5 p.m. at no cost... On Feb. 6, a Special Bingo will be called from 10 a.m. to 12 p.m. Two paper cards for \$1. Winner takes half... Do you enjoy reading? Our center's book club will meet on Feb. 10 at 6:30 p.m. and our Sunshine Book Club convenes on Feb. 24 at 10 a.m.... Please be sure to call 724-324-5396 to reserve your lunch as we continue to grow and want to ensure that everyone receives a meal... Come enjoy good conversation and great company!...

**WAYNESBURG**  
1505 Morris Street  
Waynesburg, PA 15370  
724-627-6366

-Betty Grove

... Happy New Year to all!... Our center is currently closed due to remodeling. We will be back to regular business when it is completed... We are serving meals, so you can come

to the Center for lunch in the dining room. You can also assemble puzzles and play a few games until they move us around to complete more work... Hope to see you soon. God bless you all... Until next time...

**WASHINGTON COUNTY**

**BENTLEYVILLE**  
931 Main Street  
Bentleyville, PA 15314  
724-239-5887

-Hannah Burns

... February may be the shortest month of the year, but it's full of heart!... As winter continues, we're looking forward to cozy gatherings, fun activities, and plenty of reasons to smile together at the Center!... Lunch is served Monday through Friday at 11:30 a.m. Please make your reservations a day in advance to reserve your meal... On Mondays, we enjoy chair exercise at 11:30 a.m... On Tuesdays, we will hold our monthly meeting at 12 p.m. Please feel free to stop in and see what we are all about... On Feb. 11, **Bridget** from SeniorLIFE will host Grocery Bingo at 10:30 a.m. and help us celebrate birthdays... On Feb. 13, we will enjoy a Valentine's Day Sock Hop at 12:30 p.m. Step back in time with our Sock Hop Party! Enjoy familiar tunes, lighthearted games, and good company. It's sure to be a fun and festive time at the Center... On Feb. 19, **Jamie** from Amedisys will host a round table discussion at 10:30 a.m... On Feb. 24, we will enjoy Game Day at 10:30 a.m. Join us for cards, dominos, Yahtzee, scrabble, LRC, or you are welcome to bring your own!... Check out our Facebook page to keep up to date with what's going on at the Center!... We can't wait to see you!...

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120 Fair Street

Fairchance, PA 15436

Please call 724-564-8016

**BETH CENTER**  
PO Box 151, 316 Station St  
Vestaburg, PA 15368  
724-377-0000

-Renee Presto

... February, the month of love, and we love being together at the Center making friends and memories that are cherished the most... On Feb. 4, **Bridget** from SeniorLIFE will host Grocery Bingo at 10:30 a.m... On Feb. 9, we will hold our monthly meeting at 12 p.m. Please feel free to stop in and see what we are all about... On Feb. 11, **Bridget** from SeniorLIFE will host Grocery Bingo at 10:30 a.m. and help us celebrate birthdays... On Feb. 13, we will enjoy a Valentine's Day Sock Hop at 12:30 p.m. Step back in time with our Sock Hop Party! Enjoy familiar tunes, lighthearted games, and good company. It's sure to be a fun and festive time at the Center... On Feb. 19, **Jamie** from Amedisys will host a round table discussion at 10:30 a.m... On Feb. 24, we will enjoy Game Day at 10:30 a.m. Join us for cards, dominos, Yahtzee, scrabble, LRC, or you are welcome to bring your own!... Check out our Facebook page to keep up to date with what's going on at the Center!... We can't wait to see you!...

**BURGETTSTOWN**  
200 Senior Way  
Burgettstown, PA 15021  
724-947-9524

-Kristin Frazier

... Think Spring! We are looking forward to sunny skies and longer, brighter days ahead... On Feb. 11, **Bridget** from SeniorLIFE will host Grocery Bingo at 10:30 a.m. and help us celebrate birthdays... On Feb. 13, we will enjoy a Valentine's Day Sock Hop at 12:30 p.m. Step back in time with our Sock Hop Party! Enjoy familiar tunes, lighthearted games, and good company. It's sure to be a fun and festive time at the Center... On Feb. 19, **George** from Highmark will host bingo at 9:30 a.m... On Feb. 9, we will welcome back our Canon McMillen art students after lunch for a multigenerational art project!... On Feb. 11, **Sam** will host Gro-

Friday at 11:30 a.m. Please make your reservation a day in advance to reserve your meal... On Mondays, Wednesdays and Fridays, exercise classes are held at 7 p.m... On Tuesdays, join us for movie and game day, chair exercises, bingo, puzzles, and card games.

**CANONSBURG**

30 E. Pike Street  
Canonsburg, PA 15317  
724-745-5443

-Jim Southern

... We hope everyone is adjusting to the new year!... February is a busy and exciting month... On Feb. 4, **George** from Highmark will host bingo at 9:30 a.m... On Feb. 9, we will welcome back our Canon McMillen art students after lunch for a multigenerational art project!... On Feb. 11, **Sam** will host Gro-

Mahjong is played at 1:30 p.m... On Wednesdays, 500 Bid is played at 12 p.m... On Thursdays, Eu- chre is played at noon... On Fridays, bible study is held at 10:30 a.m., bingo is called at 12 p.m and Silver Sneakers starts at 2 p.m... Lunch is served at 11:30 a.m. Please call 724-947-9524 a day in advance to make your lunch reservation...

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# Senior Community Center Notes

cery Bingo at 10:15 a.m... On Feb. 12, we will hold our business meeting at 10 am... We will celebrate in spirit for Valentine's Day on Feb. 14 since we will be closed that day... On Feb. 18 at 9:30 a.m., we will welcome **Elizabeth Cope**, daughter of legendary broadcaster **Myron Cope**. **Elizabeth** will share stories and insights into **Myron's** lasting impact of the Pittsburgh Steelers, local sports culture, and generations of fans. The 50th anniversary of the Terrible Towel is upon us and she will share its story as well as his memorable catch phrases, including his beloved "Yoi!" The event is open to members as well as guests!... On Feb. 25, **Kelly** from Townview will host horseraces at 10:15 a.m...

## CENTER IN THE WOODS

130 Woodland Court  
Brownsville PA 15417  
724-938-3554

-Nanette Andre

...Greetings!... We offer a full calendar of weekly activities for older adults looking to stay active and engaged... Each weekday our walking club starts at 8 a.m... On Mondays, we play dartball at 12:30 p.m... On Tuesdays, we enjoy chair exercises at 11 a.m. and bingo is called at 12:30 p.m... On Wednesdays, we offer painting group at 10 a.m., Bible study at 10:30 a.m.,



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## Word Search Answers from page 13

T	U	R	K	E	Y	C	O	R	D	O	N	B	L	E	U	P	M	I	R	S	
T	L	A	S	A	G	N	A	T	S	A	P	O	T	T	U	I	C	S	O	R	
O	E	D	A	N	I	R	A	M	I	F	E	T	T	U	C	C	I	N	E	I	
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I	S	P	I	N	A	C	H	S	L	L	E	H	S	D	E	F	F	U	T	S	E

remains a vibrant place for connection, wellness, and community service...

## CHARTIERS TOWNSHIP

2013 Community Center Drive  
Houston, PA 15342  
724-485-2126

-Rick Kauffman  
... Instead of our regular business meeting and luncheon, we will have a potluck on Thursday, February 19, at 11 a.m. Bring a dish to share. Upcoming activities are: Keep Moving exercise class, Mondays, 1 p.m.; Bingo, Tuesdays & Fridays, 10 a.m.; Grocery Bingo, Friday, February 13;

10 a.m., hosted by **Bridget Borelli**, SeniorLIFE's outreach coordinator, there is no charge and groceries are provided by **Bridget**; Playing Cards, Tuesdays, 1-4 p.m.; Card Making, Tuesdays, February 10 & 24, 5-7 p.m.; Chair Yoga, Wednesdays, 11 a.m.; Game Days, Wednesdays, 12:30 p.m.; T.O.P.S., Wednesdays, 4:30 p.m.; Senior Crafts, Thursdays, February 12 & 26; 12:30 p.m.; You can follow us on our Chartiers-Houston Senior Center Facebook page and also by accessing the Chartiers Twp. Community Center's [website](http://www.chartersparks.com)—www.

## CHARTIERS TOWNSHIP

2013 Community Center Drive

Houston, PA 15342  
724-485-2126

-Rick Kauffman

... February may be chilly outside, but it's always warm and welcoming at the Center. There's always something happening at the Center, and February is no exception!... One of our favorite events returns this month. On Feb. 18, **Bridget** from SeniorLIFE will host Grocery Bingo at 10:30 a.m. **Bridget** will bring the donuts and we'll have fresh coffee ready. Together we will enjoy bingo, smiles and great company... On Mondays, we play Pokeno after lunch and it's the perfect way to start the week. If you've never played before, don't worry, we're happy to teach you... On Wednesdays and Fridays, bingo is called following lunch, a favorite tradition that brings plenty of excitement and friendly competition. Everyone is welcome... Lunch is served Monday through Friday. Please call the day before to noon

# Senior Community Center Notes



**MIDWAY**  
Center U.P. Church  
110 Washington Avenue  
Midway, PA 15060  
724-796-0505  
-Linda Matchett

... Our members are working their way through winter and are looking forward to spring... We have been entertaining ourselves with celebrating birthdays and anniversaries with singing and treats... We always make time to pray for our members and other concerns in our communities... Fellowship is a very important part of aging, so that no one feels alone... This month we will receive updates on all of the events taking place at the Heritage Library in McDonald and will soon be planning our entertainment for our monthly meetings for the remainder of the year... Happy Valentine's Day to everyone!...

**McDONALD/CECIL**  
683 Meldon Avenue  
Cecil Township Municipal Bldg  
Donora, PA 15033  
724-379-6446

-Calvalier LaRue

-Marlene Wilson

-Rita Grubbs  
... Welcome to February! We now have a month with hearts and flowers. It is also time for **Phil** to make his prediction for Groundhog Day. Let's hope for some better weather to come... This month we will celebrate Black History Month... On Feb. 3, **Bridget** from SeniorLIFE presented a program... On Feb. 11, we will hold our monthly meeting at 12 p.m... On Feb. 12, **Sam** from SeniorLIFE will host Grocery Bingo at 10:30 a.m... On Feb. 13, wear red for Valentine's Day... On Feb. 17, **Kelly** from Townview will host horseraces at 10:30 a.m... On Feb. 19, we will enjoy craft day at 10:30 a.m... Lunch is served Monday through Friday at 11:30 a.m. Bring a friend or two... On Feb. 20, we will hold our delicious sub sale. Reserve yours early. The cost is \$8... On Mondays and Wednesdays, we enjoy Zumba... On Tuesdays, we enjoy playing the card game Golf... On Wednesdays, Big Bingo is called. Bring a friend and show them what a good time we have... On Thursdays, crafts are enjoyed. It's a fun time and they really make some unique things... On Fridays, Euchre is played... Both card groups would love to have new players join... Keep in touch for any news...

**MONONGAHELA**  
102 W. Main Street  
Monongahela, PA 15063  
724-258-9511  
-Mickelina Smith

... We hope everyone had a wonderful New Year... It is time to welcome February!... On Feb. 13, we will hold a Valentine's Party from 1 to 4 p.m. We will enjoy a DJ, food, snacks, games, prizes, 50/50, and tips. There is an \$8 fee to help with the cost. Come and have some fun with us!... Lunch is served Monday through Friday at 12 p.m. Bring a friend or two... On Feb. 17, we will enjoy craft day at 10:30 a.m... Lunch is served Monday through Friday at 11:30 a.m. Bring a friend or two... On Feb. 20, we will hold our delicious sub sale. Reserve yours early. The cost is \$8... On Mondays and Wednesdays, we enjoy Zumba... On Tuesdays, we enjoy playing the card game Golf... On Wednesdays, Big Bingo is called. Bring a friend and show them what a good time we have... On Thursdays, crafts are enjoyed. It's a fun time and they really make some unique things... On Fridays, Euchre is played... Both card groups would love to have new players join... Keep in touch for any news...

teers at the Center to help with serving meals in the dining room, delivering meals to homebound, wiping tables and other things. It only takes a couple hours a day and if you can just help one day a week it is appreciated. So please, if you or someone you know is able and willing, please call or stop down the Center... Hope to see you at the party!...

**RIVERSIDE PLACE**  
303 Chamber Plaza  
Charleroi, PA 15022  
724-483-5800

-Alexis Lovas

... Happy February. By now we should all be used to writing 2026... The sweetest holiday is Valentine's Day on Feb. 14. Be sure to order your roses early... On Feb. 13, we will enjoy a Valentine's Day Party.

**Bobby Shawn** will entertain us with some love songs. Don't forget to wear your heart shirt... On Feb. 20, we will hold our delicious sub sale. Reserve yours early. The cost is \$8... On Mondays and Wednesdays, we enjoy Zumba... On Tuesdays, we enjoy playing the card game Golf... On Wednesdays, Big Bingo is called. Bring a friend and show them what a good time we have... On Thursdays, crafts are enjoyed. It's a fun time and they really make some unique things... On Fridays, Euchre is played... Both card groups would love to have new players join... Keep in touch for any news...

**WASHINGTON**  
69 W. Maiden Street  
Washington, PA 15301  
724-222-8566

-Amy Mieczkowski

... Hello February! Will Punxsutawney Phil see his shadow on Feb. 2? We sure hope not!... Pick-ups for the Souper Bowl will start on Feb. 4 between 9 a.m. and 3 p.m... On Feb. 11 at 12:15 p.m., stick around after lunch for our movie matinee "My

12 and 26 this month. Consider coming for a visit when you are looking for something to do... On Feb. 12, Breathe PA will visit the Center... On Feb. 26, a special activity is planned. We will enjoy a craft with **Shawn**. The cost will be \$5 if you choose to participate... We would love to have you join us... Our doors open at 11 a.m. and lunch is served at 12 p.m. Our planned activities start at 12:30 p.m... For more information or to make a lunch reservation/cancellation, please call 724-222-8566 to make an appointment while they last... On Mondays, Silver Sneakers with muscle strength and cardio starts at 10:30 a.m. and dartball is played at 12:30 p.m... On Tuesdays, Euchre is played at 12 p.m... On Wednesdays, Bible study is held at 9:30 a.m... On Thursdays, Silver Sneakers with cardio, muscle strength and yoga starts at 9 a.m. and the Card Club plays 500 Bid at 12:30 p.m... On Fridays, bingo is called after lunch... Let us welcome February and take every chance to show love to all we meet...

"Big Fat Greek Wedding" starring Nia Vardalos and John Corbett... On Feb. 15, the Center is hosting a Big Bingo at the American Legion. Doors open at 12 p.m. and the cost is \$30 per ticket. Come and join the fun!... On Feb. 25, **Bridget** from SeniorLIFE will host Grocery Bingo at 12:15 p.m... We are making tax preparation appointments with AARP, call 724-222-8566 to make an appointment while they last... On Mondays, Silver Sneakers with muscle strength and cardio starts at 10:30 a.m. and dartball is played at 12:30 p.m... On Tuesdays, Euchre is played at 12 p.m... On Wednesdays, Bible study is held at 9:30 a.m... On Thursdays, Silver Sneakers with cardio, muscle strength and yoga starts at 9 a.m. and the Card Club plays 500 Bid at 12:30 p.m... On Fridays, bingo is called after lunch... Let us welcome February and take every chance to show love to all we meet...

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