

One spray can save a life.



What Is Narcan®?

Narcan®, also called naloxone, is an easy-to-use nasal spray that can save the life of someone experiencing an opioid overdose.

Narcan® Saves Lives

Naloxone restores normal breathing.

Drugs like morphine, oxycodone, methadone, heroin and fentanyl can slow down or stop breathing. Naloxone is an antidote to restore normal breathing, saving the person's life.

How to Get Narcan® Spray

• Contact your county drug and alcohol program and ask for *FREE* naloxone:

Erie County Office of Drug and Alcohol 1-814-451-6877

Venango County Substance Use Program 1-814-432-9154

- Ask your local pharmacy for a naloxone kit.
 They may be able to provide a kit for free.
- Request a kit online at nextdistro.org.

The Signs of Opioid Overdose

Look for these signs:

- Cannot be woken up
- · Breathing slow or not breathing
- Choking, gurgling or snoring sounds
- Lips or nails blue
- Skin cold or clammy
- Pupils extremely small

Follow These Steps

When you see the signs of an overdose:

- Call 911 FIRST.
- 2 Give one breath every five seconds.
 - 3 Use naloxone spray.
- It may be necessary to seek additional medical care in an emergency department or to deliver additional doses of naloxone.

Learn More

Addiction is a treatable medical condition.

Intervention works and recovery is possible.
Visit **community.recoveryisnwpa.org** to learn about more free resources.

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