

## Donate Today. Improve Lives. Expand Opportunities

Healing Bridges is a recovery-oriented nonprofit that guides and connects residents of Washington County and neighboring communities to comprehensive behavioral health services. By providing children, teens and adults with the necessary guidance, tools, skills and resources needed to improve their lives, Healing Bridges acts as the connection to hope and prosperity throughout their continuous developmental journeys.

Driven by our responsive and accessible services, we are proud to help communities overcome hurdles and find solutions to their behavioral health needs. Healing Bridges, formally known as Washington Communities Human Services, has been serving the residents of Washington County since 1968.

Your guide and connection  
to behavioral health services

**Bridge to Inclusion** is a new recognition campaign designed to thank and applaud donors who support Healing Bridges with its mission to help people with mental health concerns and intellectual and developmental delays and autism diagnoses overcome challenges, accomplish their goals and be capable of doing anything they set their minds to, even when the odds are stacked against them.

Contributions to **Bridge to Inclusion** are cumulative, providing the opportunity for donors to move upward in giving levels and complete their minimum giving tier requirement over a two-year period. Members will be recognized in Healing Bridges' digital newsletter publications, on the Healing Bridges website and on a plaque at Healing Bridges' site location in Washington, PA. All recurring donors will receive a custom annual giving award and a digital badge to promote involvement in an important cause.

We hope to count you as a generous contributor to our esteemed group of compassionate honorees as we kick start this new multi-tiered version of giving to remind those affected by behavioral and developmental health hurdles to never give up on your dreams and being the best version of yourself!

### *The impact of your donation:*



Healing Bridges will filter more of its profits into expansion and outreach efforts to better serve vulnerable populations and meet our community's expectations without the burden of financial distress.



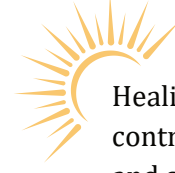
Healing Bridges will increase investments in client wellbeing initiatives such as new programs, resources, and people, accept more volunteers and reach new communities in need of support.



Healing Bridges will empower and equip families with the knowledge that enables them to transform their lives and inform others about the vital role behavioral health plays in achieving global development goals.



Healing Bridges will utilize monetary gifts to sustain our operations, provide the high-quality services our clients deserve and have the flexibility to respond to mental health and developmental disabilities related challenges.



Healing Bridges will implement financial contributions to help fund start-up programs and subsidize mission-critical programs, allowing us to further our impact on local community members.



Healing Bridges will advance its charitable aims by improving existing treatments and identifying new ones to reduce severe conditions, mitigate crises and bridge the gap between people needing care and those with access to care.

# Bridge to Inclusion





# Contribution Form

We are/I am interested in becoming a member of the Bridge to Inclusion at the following recognition level:

Name(s) for recognition purposes:

- ☐ \$2,000: Inspire Bridge
- ☐ \$5,000: Prevail Bridge
- ☐ \$10,000: Harmony Bridge
- ☐ \$20,000: Embrace Bridge

Our/My gift of \$\_\_\_\_\_will be paid via:

- ☐ The enclosed check
- ☐ Pledge fulfilled over a period of \_\_\_\_\_ years at \$ \_\_\_\_\_ per year
- ☐ Securities Transfer
- ☐ IRA Qualified Charitable Distribution

To give by Credit Card, please visit [www.myhealingbridges.org/donate](http://www.myhealingbridges.org/donate)

*Thank you for your support!*

Please return completed form to:  
Healing Bridges  
378 W. Chestnut St., Suite #205,  
Washington, PA 15301  
Call 724-225-6940 with questions.

# Operational Programs

## IDD/A Supports Coordination Program

Healing Bridges supports individuals with intellectual and developmental disabilities / autism (IDD/A) by promoting individuality, choice and control. The supports coordinator (SC) serves as the link between the individual, family and service provider to help people with functioning delays gain access to needed vocational, medical, social and educational services through natural supports, generic community resources, specialized mental health treatment and rehabilitation assistance.



## Blended Case Management Program

Healing Bridges assists people of all ages with a variety of behavioral health needs by building a strong network of community resources and services. Our blended case management program is a free-of-charge service that links clients with high-level and complex mental health diagnoses to needed services within the community.



## Outpatient Counseling/Therapy Program

Healing Bridges offers in-person and online therapy options for people of all ages to help them reach their mental health goals. From coping with major life struggles or childhood trauma, to dealing with psychological and emotional disorders, to simply desiring personal growth and greater self-knowledge, Healing Bridges can help.



## Outpatient Medication Management Program

Healing Bridges provides psychiatric evaluations, prescription treatment plans and medication assessments to help people of all ages with emotional, behavioral and developmental disorders be more successful in every day life. We also offer a full service pharmacy on site for all clients who have prescribed medication needs.



# Client Success Testimonials

“I like that I am encouraged to talk about anything and to try to set attainable goals for myself. It’s honestly really hard for me to think about the future, but it’s been easier to take things day by day and work on myself and my relationship with others.” - **Jasper, Healing Bridges therapy client.**

“I am very happy with my services and time spent at Healing Bridges. My anger and aggression has gotten much better since working through my problems in my regular appointments and in group sessions.” **Scott, Healing Bridges anger management group therapy participant.**

“Taking meds for my ADHD and anxiety has really made a difference in how much I am able to function in life. I feel less distracted and more productive each time I check back in with my doctor.” - **Nathan, Healing Bridges med management client.**

“I reached my breaking point over the holidays, and Healing Bridges’ staff listened to my problems and took the time to calm me down when I needed it. I was advised to reach out to a crisis hotline if things got real bad again, and I got scheduled to see a new therapist as soon as I could.” - **Carrie, Healing Bridges therapy and med management client.**