



Monthly Newsletter for Residents, Families, Volunteers, Staff and Friends

SEPTEMBER 2023 -

www.stpauls1867.org

### Cary the Caring Heart – St. Paul's New Mascot – Makes Debut at Car Cruise

It's official folks! St. Paul's new mascot – Cary the Caring Heart – has arrived! Cary made its inaugural appearance at the Car Cruise in front of The Villas on Sunday, Aug. 13. To the surprise of many residents and team members, Cary appeared unannounced to greet the cruisers and visitors. As one might expect, Cary brought smiles to all the faces in the crowd!

After polling our team members and residents for mascot ideas, the "St. Paul's Caring Hearts" got the most votes out of more than sixty different options. As we know, our community is full to overflowing with many authentic caring hearts, so this mascot choice is more than appropriate. Cary is a great example and reminder of what we do at St. Paul's!

Expect to see Cary roaming through the neighborhoods spreading joy to our residents and bringing smiles to team members' faces. Cary will attend future campus events and will appear in public next on Saturday, Sept. 9 in the Jamestown parade!



Above: Cary with Life Enrichment Director, Mimi Dreher. At right: Cary greets Mary Alice Walsh, resident at The Villas and her daughter Rose.

Below: Cary says, "Hello!" to Tammy Lininger (left) VP for Senior Living and Chris Wright, President and CEO.







Cary poses with Colony residents (from left): Arlene and Glenn Sadler, Sandy Harter, Gerry McElree and Paul Evans in front of the Sadlers' Model A at the Cruise In.







### — Friday, September 1 —

Send a letter, note or postcard from St. Paul's today!

~ Wear something with your name or initials ~

Friday, September 8
is
National School
Picture Day



Residents and staff can share school photos that will be displayed on kiosks.

~ Wear what you would wear for a "School Picture" today ~

# — Friday, September 15 — National Online Learning Day

Take a virtual vacation and learn about someplace new today!

~ Wear vacation clothes ~



We'll celebrate our fabulous 100+ year old residents with ice cream today!



### ...and it's Ice Cream Day

~ Wear your favorite summer shirt to mark the end of the season ~



# Friday, September 29 —National Coffee Day

~ Wear a shade of cocoa today ~

St. Paul's "Pet to Work" Policy has recently been revised (see below).

Pet owners who wish to have their pets visit any building on campus, please see The Villas receptionist between 9 a.m. and 7 p.m. to pick up a revised policy and sign a new, revised contract.

#### Thank you!

- As part of the Eden Alternative Philosophy, St. Paul's shall allow staff to bring appropriately trained pets to work with prior approval.
- Permission must be obtained from the Administrator or a member of the Pet Committee.
- If sharing workspace with other staff, those staff must be agreeable.
- Copies of vaccination records (including rabies and distemper) and licenses (if applicable) must be provided to the Administration office annually.
- It is recommended that pets be over 6 months of age.
   Please trial your pet during off-duty visits prior to bringing to work.
- Sick pets must remain at home.
- Pets must be on a non-retractable leash at all times. Failure to obey the leash rules may result in your pet being banned.
- Pets must be supervised at all times, otherwise they should be tied up or kept in a crate in a secure location.
- Pets are not permitted in areas where food is prepared, stored, dining rooms during meal times, or clean storage areas.
- Residents have the right to refuse pets in their rooms, please obey the residents wishes.
- Pet breaks should coincide with staff breaks if at all possible.
- Pets should be appropriately trained. Excessive noise, jumping, damage to property or disruption of staff duties will not be tolerated. Pet owners are responsible for any damages that may occur.
- Owners are responsible for any and all clean up of their pet, inside and outside of the facility. Excessive soiling or damage to flooring will not be tolerated. If your pet soils the floor inside, please clean it up immediately. Carpet spot cleaning is the responsibility of the pet owner, not housekeeping.
- Infection control measures, such as hand hygiene, will be followed by residents and staff when handling animals.
- If work declines, the pet's visitation will be discontinued.
- Animals and types of animals will be selected carefully to meet the needs of residents.
- St. Paul's reserves the right to discontinue a pet's visitation at any time.

### ~ IN MEMORIUM

Residents who have passed July 16, 2023 — August 15, 2023

07/21/23	Wanda Stepanic
07/25/23	Dolores Jaussen
07/27/23	Theresa Rodgers
07/28/23	Shirley Garrett
07/30/23	Cyril Macosko
08/01/23	Robert Daisley
08/03/23	Martha Kather
08/03/23	Kenneth Nye
08/05/23	Susan Bromwich
08/10/23	Mary Petrick
08/15/23	Clair Willaman

### alzheimer's 🎧 association

### Greenville Caregiver Support Group

Presented by: Alzheimer's Association Greater PA Chapter

Sept. 5, 2023 2 - 3:30 p.m.

Zion's Reformed Church 260 Main St. Greenville, PA 16125

Contact: Michelle O'Malley 724-588-9613 ext. 1427 **Build a support system with people who understand.** 

Alzheimer's Association® caregiver support groups, conducted by trained facilitators, are a safe place for caregivers, family and friends of persons with dementia to:

- Develop a support system.
- Exchange practical information on caregiving challenges and possible solutions.
- Talk through issues and ways of coping.
- Share feelings, needs and concerns.
- · Learn about community resources.

### **Guest Apartment at The Heritage Available**



The guest apartment in The Heritage is available to rent to families or loved ones who need a place to stay while visiting.

The one bedroom apartment has a queen-size bed (a roll-away bed is also available if needed), microwave, refrigerator and a flat screen television. The cost is \$89 per night. Check in is 3 p.m. and check out is 11 a.m. For reservations call Robyn Weaver at 724-588-7610 ext. 1146.

# Tis the Season for.



Above I. to r.: Jan Walther (Colony) and Ruth Hill (RW)



"We've been friends all our lives!" said Geraldine Dick (above left, RW) and Alice Stanley (Colony). Geraldine is also pictured below with Bob Douds (left) and Mickie Chapman, Administrator at The Ridgewood as they board the big golf cart and get ready to head back to The Ridgewood after the picnic.



Above I. to r.: Jean Hodge (Colony) and Pat Houpt (RW)

A large group of residents from The Colony and The Ridgewood joined each other for a potluck picnic at Rust Colony Pavilion on Tuesday, Aug 22.

It was a beautiful afternoon filled with laughter, fellowship and good food! Old friends and neighbors got to reunite and new friendships were made-many said we hope we can do this again soon!



Above from left: Barbara Baker, Donna Carlson, Dick Meeker, Carol Bass (Colony) Elaine Wilkins and Ruth Miller.



Above I. to r.: Mary Ellen Bayuk (Colony) with Ellie Harkins and Edna Riffe (RW)



Above I. to r.: Jane Hogan and Barbara Cummings (Colony)



Above I. to r.: LaWanda Johnson and Marilyn Macdonald (Colony)



Above I. to r.: Ann Fowler (Colony) and Peg Revel (RW)

# Neighborhood Picnics!



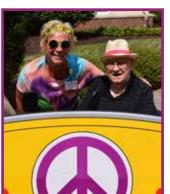
Gardens A family picnic featured (far left) Sean Davis and Sean Garrett, Environmental Services, on the grill. Also pictured below from left are: Gerald and Mary Ann Palermo, Bud & Doris Merritt and Nancy Hipkins and her daughter Pat.







The Rambling Roses Eden Family at The Heritage got decked out in 60s gear for their picnic and had fun posing behind the wheel of



a groovy VW bus! From left: Sandi Landfried, Accounting and Harry Lean; Jane Heile; Katie Hrdlicka, Resident Attendant, Trudy Smith, Accounting, Pastor Julia Fraser and Deb Yoos, Accounting; and Patty Arnold and Eugene Mecklem.







Below residents, family members and team members on the Willows in The Villas celebrated with an "Alice in Wonderland" theme. Many wore t-shirts that said "We're all Mad here" (as a nod to the Mad Hatter in the story) and all had fun with the photo props! From left are: Brownyn Birch and Heidi Emerick, Staff Educator; Ruth Miller with daughter Pam and granddaughter; Tammy Gearhart with her father Charles; Josephine White (center) with son Chip and daughter-in-law, Shirley; and Naomi Whitehead and Denise Brown, Life Enrichment Specialist.













# "Ask an Expert" 2023 Series

### **Open Enrollment Guidance**

THURSDAY, SEPT. 21 — 6:30 р.м.

Anderson Fellowship Hall in The Heritage 339 East Jamestown Road, Greenville, PA 16125



Debbie Yoos
Insurance Specialist
St. Paul's Senior Living
Community

**Open Enrollment is coming!** 

Nov. 1 - Jan. 15 is the open enrollment period in most states — an important tip is to start early.

Learn the "Dos and Don'ts" when evaluating your healthcare needs.

Open Q & A session will follow presentation.



Mike Johnson
Senior Benefit Consultant
Davevic Benefit
Consultants, Inc.



Reservations required. Seating is limited.

RSVP by scanning the QR code or

Contact: Vicki Hildebrand at

vhildebrand@sp1867.org or 724-589-4667 Option 7.

For those not comfortable attending the event in person, there will be a virtual option via Zoom.

Opportunities for informational tours at The Heritage are available before the event. If you would like to sign up for a tour, please indicate when making your reservation.

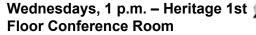
# Spiritual Services

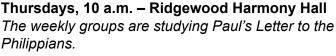
Lord, be your Word my guide. In it, may I rejoice, Your glory all my aim, Your holy will my choice, Your promises my hope, Your providence my guard Your arm my strong support, Your hope my great reward.

These beautiful words were written by Christopher Wordsworth who was a scholar, priest, and bishop of the Church of England across the 19th century and a prolific writer of Christian poetry as well. In this text, Wordsworth lifts up God's Word as a guide and compass for daily living, one which defines our goals, directs our choices, and reminds us of the hope, help, and support available to us all the time. I like this poem especially because it's short and easily committed to memory! I recommend it as a prayer of focus with which to begin the day and also hear it myself as an invitation into Bible reading, study, and ongoing conversation with God in regards to what he might be leading us to think, speak, and do. I am glad when we can share with one another things that have been inspirational or motivational to us in terms of our lives of faith and following and hope you like Wordsworth's poem/prayer as much as I do!

Sincerely, Pastor Julia

#### **September Bible Study** with Pastor Julia





Tuesday, September 12, 1 p.m. – Keifer Gymnasium Colony residents are invited to meet for a once-a-month Bible Study on the theme of the Disciples.

#### Catholic Mass



Father Brandon Kleckner, from St. Michael's Roman Catholic Church in Greenville will lead Mass for Catholic residents in Headland Friendship Commons in the Villas on Wednesday, Sept. 6 at 10:15 a.m.



Sunday Worship Services are scheduled for: The Heritage at 9 a.m.

The Villas at 10 a.m. The Ridgewood at 11 a.m.

Pastor Julia Fraser will lead all services ~ The Villas service will broadcast on Channel 1851 beginning 10 a.m. ~ All residents, along with family members are welcome to join in, whether in-person or virtually!

#### St. Paul's Spiritual Council

The St. Paul's Spiritual Council met on Tuesday, August 1 and at that time approved the following donations from church offerings received:

\$500 - St. Paul's Good Samaritan Fund

\$500 - St. Paul's Walk to End Alzheimer's Team

\$500 - West Salem Fire Department

Thanks to those whose contributions allow us to be engaged and supportive of good work going on in the world around us!



Faith and Fellowship Gatherings with devotions, Holy Communion, hymns, and ice cream will be held according to the following schedule:

> in The Villas Wednesday, September 13, 10 a.m.

at The Heritage on the Bistro Patio Wednesday, September 13, 1 p.m. (Anderson Fellowship Hall in case of rain)

at The Ridgewood under the Sail Thursday, September 14, 10 a.m. (Harmony Hall in case of rain)

on the JSC Patio Tuesday, September 19, 2 p.m.

at Rust Colony Pavilion Thursday, September 21, 1 p.m.

All are welcome!

# MOVIES

## September 2023

### Sun Mon Tue Wed Thu Fri Sat

All residents should tune to Channel 1851 for movies, church services and any other internal broadcasts. This channel has been reserved by Spectrum for use internally by campuses like St. Paul's, and is not used for regular programming, which alleviates any potential signal interference. If there is nothing scheduled to broadcast on the channel, the screen will appear blank.					10 a.m. Dear John 2 p.m. Letters to Juliet 7 p.m. Lake House	2 10 a.m. 80 for Brady 2 p.m. The Lost City
10 a.m. Church Service 1 p.m. Hymn Sing - YouTube 2 p.m. Mayberry Man	10 a.m. The Young Sherlock Holmes 2 p.m. Moonlight and Valentina	10 a.m. The Perfect Daughter 2 p.m. Ticket to Paradise	10 a.m. Catholic Mass 2 p.m. Under the Tuscan Sun	7 10 a.m. Rosary 2 p.m. Rent a Room	10 a.m. 21 Jump Street 2 p.m. The Last Picture Show 7 p.m. Napolean Dynamite	10 a.m. On a Wing and a Prayer 2 p.m. Dog
10 a.m. Church Service 1 p.m. Hymn Sing - YouTube 2 p.m. Top Gun: Maverick	10 a.m. Just Getting Started 2 p.m. Sweet Home Carolina	10 a.m. The Family Stone 2 p.m. Elsa & Fred	10 a.m. 13 The Secret: Dare to Dream 2 p.m. Mrs. Harris Goes to Paris	14 10 a.m. Rosary	10 a.m. 15 Good Will Hunting 2 p.m. Freedom Writers 7 p.m. Lean On Me	16 a.m. All Of Me 2 p.m. A Quiet Place
10 a.m. Church Service 1 p.m. Hymn Sing - You Tube 2 p.m. The Ride	18 10 a.m. The Goonies 2 p.m. My Spy	19 10 a.m. And So It Goes 2 p.m. Brotherhood	20 10 a.m. A Hero 2 p.m. Facing Monsters	21 10 a.m. Rosary 2 p.m. Where Love Found Me	10 a.m. 22 Little Big Man 2 p.m. Coccoon 7 p.m. On Golden Pond	23 10 a.m. Catherine Called Birdy 2 p.m. Song One
10 a.m. Church Service 1 p.m. Hymn Sing - YouTube 2 p.m. Men In Black	25 10 a.m. The Map Of Tiny Perfect Things 2 p.m. Legally Blonde	10 a.m. Arctic Void 2 p.m. Interstellar	27 10 a.m. Creed III 2 p.m. 10 Years	10 a.m. Rosary 2 p.m. The Butler	10 a.m. Cup Of Love 2 p.m. Coffee 7 p.m. Love Sarah	10 a.m. The Fifth Element 2 p.m. Pretend You Don't See Her

### COLONY COLUMNS

News from The Colony ~

# HAPPYBIRTH

#### September

- 8 Jean Hodge
- 12 Bonnie Barr
- 16 John Mizik
- 19 Hud Artman
- 19 Paul Evans
- 22 Dorothy Rust
- 27 John Delaney
- 27 Alice Stanley
- 28 Patty Breitenbach
  - 30 Mary Moore

#### October

- 3 Arlene Sadler
  - 7 Dee West
- 14 Conrad Koehler
  - 15 Judy Jones
- 16 Nola McGranahan
  - 18 Becky Beck
  - 22 John Rust
  - 23 Lucy Shaffer
- 24 Delores Leffler
- 27 Martha Piper
- 29 Dennis McClelland

#### Sept. Staff Birthday

24 - Dawn Hartman



At left (from left): Nancy Reinhardt; Marilyn and Jim Macdonald: and John and Mary Lou Delaney enjoy a scoop or two at Heavenly Creamery in Conneaut. Ohio.



Above: A group of Colony residents converged in the parking lot on "Wine Friday" at one of three wine and charcuterie stations in the neighborhood. At right (from left): Bob and Pat Seiple and Jane Loutzenhiser visited a second station for their afternoon snack.





Friday, September 1 – National Letter Writing Day

Monday, September 4 – Labor Day Potluck Picnic

**Tuesday, September 5 – Final Call Ice Cream Tour** 

Wednesday, September 6 – Colony Birthday Celebration

Friday, September 8 – Lunch at Sunset Grille

#### Tuesday, September 12

BINGO (10 a.m.) Bible Study with Pastor Julia (1 p.m.) Colony Open Forum (3 p.m.)

**Thursday, September 14 –** FiestaWare Factory Tour

Tuesday, September 19 - Breakfast Out

Thursday, September 21 – Annual Ice Cream Social

Friday, September 22 – Cleveland Arboretum

Tuesday, September 26 – Potluck Lunch

Wednesday, September 27 – Hershberger Farm & Heini's Cheese Chalet

Friday, September 29 – Coffee Day

#### Mark Your Calendar for these **Upcoming October Events**

Wednesday, October 4 – Colony Birthday Celebration

Friday, October 6 - Oktoberfest

### HERITAGE HERALD

~ News from The Heritage ~



Friday, Sept. 1 – ERRAND DAY
Lively Darren Lambert Keyboard Concert, 10:15 a.m.
National Letter Writing Day

**Thursday, Sept. 7** – Amish Singers Perform, 6:30 p.m.

**Friday, Sept. 8 –** Golf Cart Rides in Big Red National School Picture Day

#### National Assisted Living Week Sept. 10-16

A week of fun and sweetness within the theme of "Autumn Reflections." Residents will enjoy traditional apple and pumpkin desserts in the afternoons, a fall craft project, a trip to the famous Cheese House in New Wilmington and a special musical performance by Carl Hultman and his duet partner while indulging in cheeses, fresh apple slices and a selection of wines. There also will be a Staff Appreciation Luncheon event on Thursday, Sept. 14.

Wednesday, Sept. 13 – Faith & Fellowship

Tuesday, Sept. 19 - Golf Cart Rides in Big Red

#### Thursday, Sept. 21

Kitchen Conversations with Keven, 10 a.m.

Friday, Sept. 22 – ERRAND DAY Uniform Sale (The Villas HFC), 2:30 p.m. Carla McKrell brings a Keyboard Concert National Centenarian's Day

**Friday, Sept. 29 –** Golf Cart rides in Big Red National Coffee Day

**Saturday, Sept. 30 –** Thiel College Homecoming Football Game, 3 p.m.



Colorful Nails
1st & 3rd Tues.
1 - 3:30 p.m.
The Heritage
Beauty Salon with
Tracey Canale.





# HAPPYBIRTHPAY

#### September Birthdays

5 - Joe Little

14 - Beverly Dilley

14 - Herman Hesson

15 - Sara Winland

22 - Robert Hodgson

Residents who celebrate a birthday this month will receive a special birthday lunch on Tues., Sept. 12.



MONDAYS at 2:30 p.m.
Choose from 4 to 6 different flavors...
or try a scoop of each!

JOIN US FOR BINGO Tuesdays at 3 p.m. and Saturdays at 1:30 p.m.



Resident Council Meeting Tuesday, Sept. 26 • 1:15 p.m.

All residents are invited to attend!

- Resident-coordinated evening card games occur a couple times per week.
- Communion is delivered weekly to residents on their floors by St. Michael's.
- Personal shopping is provided by volunteer Reba G. on the 2nd and 4th Tuesdays of each month.
- Sunday Worship Service at 9 a.m. in Anderson Fellowship Hall and Bible Study on Wednesdays at 1 p.m. in The Heritage Conference Room.
- Fitness Jam with Ron: Monday, Thursday & Friday at 1 p.m.
- Seated volleyball with Ron every Wednesday at 2:30 p.m.
- The Beauty Salon opens at 9 a.m. on Friday mornings.
- Daily movies, weekly spiritual opportunities and occasional special performances broadcast on Channel 1851.

## SERENITY SPOTLIGHT

~ News from Jones Serenity Circle & Lane ~

#### **Regularly Scheduled Activities**

Mondays Book Club

Aroma Therapy Wind Down (p.m.)

**Tuesdays** Beauty Shop Appointments (a.m.)

Fitness with Ron

**Wednesdays** Morning Movement Class

Music Therapy Balloon Volleyball

Thursdays Morning Meditation

Fitness with Ron

**NEW Activity!** Short Stories with Carol

Fridays Hand Spas

Cooking/Baking Demonstration

#### **Cooking/Baking Demonstrations (Fridays)**

September 1 – Alphabet Soup with Garden

Veggies

September 8 – Back to School Tomato

Sandwiches

September 15 – Filipino Banana Ketchup

September 22 - Tomato Soup Cake

September 29 – Mini Tiramisu Cups

#### **Musical Entertainment in September**

September 1 – Darren Lambert

September 7 – The Amish Singers

September 22 – Carla McKrell (JSC)

September 22 – Z Praise with Gary & Donna (JSL)

#### **Other Special Events**

September 6 – Mass at The Villas

September 7 – Bible Study with Tresa

September 15 – Sept. Birthday Party

September 19 – Faith & Fellowship Pastor Julia

September 21 – Monthly Brunch Club:

Monkey Bread Muffins

September 24 – Hartford Hill Winery Outing

Ice Cream at the Lake Last month,



Last month,
residents and
team members
from Jones
Serenity Circle
& Lane enjoyed
ice cream and
an outing to
Pymatuning.

Above from left: Cheri McFate, Nancy Provident (PCA), Sally Winland and Judy Young. Below from left: Carrie Shapona, Mike Allen (Life Enrichment), Betty Sabino,

Margie Crompton, Sammy Jo Augustine (PCA) and Terry Webber.





At right, Vera Sickles (far right) with daughter Nancy (center) and great-great-granddaughter Macie, show off the "traffic light" brownies they made for Car Cruise weekend.



At left, Nancy
Hoffacker (standing)
resident and
community gardener
at The Colony,
shared her bounty
with residents from
Jones Serenity Circle
& Lane while they
were out and about
on Big Red!

### RIDGE KUNNER

~ News from The Ridgewood ~

#### ~ Resident of the Month~ **Pat Stearns**



Patricia, aka "Pat" was born and raised in Greenville to Glenn and Babe Beckman. Pat has two siblings Sandi and (late) Mary Jane. Pat attended and graduated from Greenville High School. After high school she attended Thiel College where she earned her degree in elementary education. She then attended Westminster College and received her master's degree.

In 1969, Pat married her late husband Frank B. Stearns. Together they adopted two children from Korea; Jin at age 10 and David at age six. Pat now has two grandchildren, and two great-grandsons; Kai and Lucas.

Pat worked at Greenville School District as a second grade teacher for many years. In her time off from teaching Pat enjoyed spending time with her husband while he directed the Messiah choir, and singing in the church choir.

An interesting hobby Pat and her husband enjoyed together was writing. Pat loved to write stories and her husband would create music for them. The musical stories were then used for plays in the theatre.

Aside from teaching, writing and spending many hours with the choir, Pat and her family also liked to travel. They made many trips to Massachusetts, where her husband was from originally. They also traveled to Chicago, took some cruise vacations, a boat trip to Florida, and many more.

Pat's favorite food is any kind of ice cream. Some of her best memories are from her childhood simply having fun with her friends and family, especially playing outside during the summer. But she notes that her very best memories are when she and her husband adopted their two sons from

Korea. Jin and David.

Pat (right) and her sister, Sandi, who is also a resident at The Ridgewood.





**Residents** 27 - Ruth Hill

3 - Shianne Brantner 8 - Cathy Boyer 18 - Stephanie Drivere 23 - Brenda Michael

24 - Stephanie Harshburger

Ridgewood pep+embe Activities

Fri., Sept. 1 – LETTER WRITING DAY & G'ville Mobile Lib., 1 p.m.

Monday, Sept. 4 - HAPPY LABOR DAY! & Social Hour, 1 p.m.

Tuesday, Sept. 5 - Resident Shopping, 9 a.m.

Wednesday, Sept. 6 – Hymn Sing w/Nancy Reinhardt, 10 a.m. Manicures (100 & 200 Halls), 1 p.m.

Fri., Sept. 8 - SCHOOL PICTURE DAY & Craft w/Rhonda, 10 a.m.

Saturday, Sept. 9 – Pine Cone Bird Feeders w/Reynolds K Kids Jamestown Parade, 10 a.m.

#### **ASSISTED LIVING WEEK (Sept. 10 - 16)**

Sunday - Steelers vs. San Francisco, 1 p.m.

Monday - Craft Show, 9-11 a.m. & Birthday Luncheon, 11:30 a.m.

Tuesday - Bingo, 10 a.m.

Wednesday - Seated Dancing w/Katie,10 a.m. & Luau

"Ukeladies Gone Wild," 1 p.m. & Music Therapy, 3 p.m.

Thursday - Faith and Fellowship, 10 a.m.

Friday - NATIONAL ONLINE LEARNING DAY &

Greenville Mobile Library, 1 p.m.

Monday, Sept. 18 – Peer Training 9-11 a.m. Manicures (300 & 400 Halls), 10 a.m. Walk around The Ridgewood, 5:30 p.m. Steelers vs. Cleveland, 8:15 p.m.

Tuesday, Sept. 19th - Nancy Manning, 10 a.m.

Wednesday, Sept. 20 – Seated dancing with Katie, 10 a.m. Resident Sharing w/Elaine Wilkins, 1 p.m. & Music Therapy, 3 p.m.

Friday, Sept. 22 - CENTENARIAN'S DAY, Ice Cream Cones, 1 p.m.

Sunday, Sept. 24 - Steelers vs. Las Vegas, 8:20 p.m.

Mon., Sept. 25 – Peer Training, 9-11 a.m. & Poetry Reading, 5:30 p.m.

Tues., Sept. 26 - Bingo Bucks, 10 a.m. & Basement Band, 5:30 p.m.

Wednesday, Sept. 27 – Seated Dancing with Katie, 10 a.m., Out to Lunch, 11 a.m., Music Therapy, 3 p.m.

Friday, Sept. 29 - COFFEE DAY & Greenville Mobile Library, 1 p.m.

#### **Regularly Scheduled Activities**

Food Committee meets on the 2nd Tuesday & Resident Council meets on the 2nd Thursday of each month @ 1 p.m.

Sunday - Church Service @ 11 a.m. & Ice Cream Cart @ 2:30 p.m. Monday - Pool Noodle Volleyball @ 2 p.m. & Evening Activity @ 6 p.m.

Tuesday – Exercise with Ron @ 2 p.m. & BINGO @ 5:30 p.m. Thursday - Bible Study @ 10 a.m., Exercise with Ron @ 2 p.m.

& Word Game @ 5:30 p.m.

Friday - Exercise @ 10 a.m. & 500 Card Game @ 6 p.m. Saturday - Exercise @ 10 a.m. & BINGO @ 1:30 p.m.

# House Chatter

#### ~ News from The Villas ~



#### FRIDAY, SEPTEMBER 1 – WORLD LETTER WRITING DAY

Wear something with your name or initials ~
 Send a letter, note or post card
 1:45 p.m. The Lamberts (Variety/vocals and keyboard)

#### Monday, September 4 - LABOR DAY HOLIDAY

10 a.m. Table in HFC with snacks and treats for staff 1:45 p.m. Bowling

#### Wednesday, September 6

10 a.m. Catholic Mass with Father Brandon

#### Thursday, September 7

(No Rosary today)

1:45 p.m. Bingo Game and Bingo Bucks

#### FRIDAY, SEPTEMBER 8 – NATIONAL SCHOOL PICTURE DAY

~ How did you dress for your school picture? Wear that look today! ~ Residents and staff can share your school photos to display on the kiosk! Send to Mimi: mdreher@sp1867.org

2 p.m. Ron Knapp entertains in HFC (Variety/guitar and vocals)

#### Saturday, September 9 – Jamestown Parade

(Bingo rescheduled to 9/7 at 1:45 p.m. due to Jamestown Parade)

#### Monday, September 11 – Patriot Day

This day commemorates the lives of those who died in the 2001 terrorist attacks on the World Trade Center in New York City, the Pentagon in Virginia and those who perished when the hijacked United Airlines Flight 93 crashed in Pennsylvania.

#### Tuesday, September 12

10 a.m. Faith, Fitness and Fun

#### Wednesday, September 13

10 a.m. Faith and Fellowship (location TBD)



15 - Arthur Catlin

18 - Rip Campbell

20 - Betty Middleton

22 - Judy Poole

25 - Helen Fedorczyk

26 - Naomi Whitehead

29 - Paul Dart

30 - Dorothy McConnell

#### Thursday, September 14

6:45 p.m. Z Praise (Gospel and Variety of Oldies/Vocals, guitar)

#### FRIDAY, SEPTEMBER 15 - NATIONAL ON-LINE LEARING DAY

~ Wear Vacation Clothes ~

Take a Virtual Vacation on KIT and learn about something new today

#### Monday, September 18

1:45 p.m. Hymn Sing and Devotions with Greg Van Valien

#### Tuesday, September 19

Noon: Monthly Birthday Lunch for September Birthdays 1:30 p.m. Resident Council and Food Committee

#### Wednesday, September 20 - Annual Retreat in the HFC

#### Thursday, September 21

2 p.m. Carla McCrell (Oldies, Standards, Variety/Vocals & Keyboard)

#### FRIDAY, SEPTEMBER 22 - NATIONAL CENTENARIAN'S DAY

~ Wear your favorite summer shirt to mark the end of the season ~ Celebrating our Centenarians! Ice Cream Day too!
Uniform Sale in the Headland Friendship Commons

#### Tuesday, September 26

10 a.m. Faith, Fitness and Fun 1:30 p.m. Resident Council and Food Committee Meeting

#### Wednesday, September 27

2 p.m. Cooking with Keven

#### Thursday, September 28

6:45 p.m. Z Praise

#### FRIDAY, SEPTEMBER 29 - NATIONAL COFFEE DAY

~ Wear a shade of cocoa ~

9:45 a.m. BINGO

2 p.m. Join us at our Coffee House in HFC Congregate for mellow music by Mark Pacileo and coffee drizzled with poetry & spoken word.

#### Saturday, September 30 - Bleacher Buddies Event

(Bingo rescheduled to 10 a.m. on 9/29 due to Bleacher Buddies event at Thiel)

#### **Regularly Scheduled Activities**

Sunday - Church Service @ 10 a.m.

Classic Hymn Sings via YouTube on Ch. 1851 @ 1 p.m.

Tuesday - Evening BINGO @ 6:45 p.m.

**Wednesday –** Music Therapy @ 10 a.m.

Pick-up Game of Seated Volleyball in the Fitness Center @ 2:45 p.m.

**Thursday** – Rosary @ 10 a.m. (except first Thursday)

Saturday - BINGO @ 10 a.m.

Individual neighborhoods offer activities in addition to this schedule.





Our Golden Willow team member for August is one of our most kind and caring nurse aides, Catherine Houle. Catherine has worked at St. Paul's for several years and generally can be found working the afternoon shift on the Willows, but she tends to fill in on every neighborhood when she is needed. She is one of those people who is genuinely validated and rewarded by caring for people. Catherine not only cares for her residents, but she is extremely supportive and caring towards her fellow team members.

Catherine was born in the small agricultural community of Merced, Calif. She currently lives in Franklin, Pa. She has a brother Jim who lives with his wife in Sandy Lake. Her niece Mary, her husband Mike and their baby Malachai live in Seattle, Wash. Sadly, both of her parents are deceased.

When she is not helping us care for residents at St. Paul's, she enjoys bike riding, swimming and she is an excellent painter. She is the proud owner of a tuxedo kitty name Dickens. She is a fan of classic and 70's rock music – her favorite band, Journey tops the list. When her TV is on she is enjoying NCIS and Forensic Files and if it's a movie she is watching, it is Sci Fi. She has a particular affection for the Matrix series which stars her favorite celebrity Keanu Reeves. When she has her favorite meal it is some Italian food or a high quality steak! She dreams of going to Italy and Rome and visiting the ancient ruins. While there, she plans on eating authentic Italian food, drinking some great wine and taking in the work of great artists.

When asked what she likes about working at St. Paul's, Catherine was quick to point out the concerted team effort and team work with her fellow employees as the highlight of her job. Working together, we are able to ensure safe and quality care for our residents. She has a great appreciation for people who prioritize caring for elders who deserve our best. Those who do so with a positive attitude and can be honest and punctual are what bring her great joy as an employee.

Catherine, you are a truly inspiring story of someone who was not afraid to learn and develop in her profession. You have a caring heart and you show that every day you are here. You are a valuable member of the St. Paul's staff and a complement to any team you work with. Thank you so much for being here with us and sharing your talent. We salute you as a Golden Willow!



The Golden Willow for August is Mrs. Karen Mensurati! Karen has been a wonderful addition to the Willows A and has lived here with us for nearly two years. Karen was born on July 3, 1946 to Don Garland and Virgilia Brown and grew up in Mineral Ridge, Ohio for the first 22 years of her life. She grew up with one brother, Don who was younger and one sister, Cinda who was older. Growing up they had dogs,

cats, chickens, and even a pony at one time.

Karen moved to Sharon in her 20's and worked for Packard making parts for automobiles. While working at Packard she was asked to go onto a blind date with a man named Elmer. She and Elmer hit it off and were soon married. Elmer and Karen raised four children – Maria, Ernie, Jerry and Judy. Her children gave Karen eight grandchildren – Tom, Sam, Matt, Amanda, Dominic, Emily, Ashtyn and Lexi.

Karen had a very diverse set of interests in her life. She enjoyed working on ceramics, gardening and for a time she worked on crocheting with her aunt but she can't remember how now. She enjoyed watching soap operas during the days, the Dick Clark dance show, HGTV and the Hallmark channel at other times. She very much enjoys a love story.

When she was growing up, she spent every Friday in the Grange Hall dancing. She enjoyed the music they played, especially the Beach Boys and the Everly Brothers. She also enjoys Country music. When asked what she likes to eat, the answer was simple—Italian food is her favorite! She would also like to meet Leonardo DiCaprio if given the chance. Karen also enjoyed traveling. She and her husband had a condo in Florida where they would spend a week or two a year. She also has been to Hawaii twice, California, Las Vegas, and Branson Missouri twice. If she was traveling again, she would love to visit Italy and England.

Karen personally wanted to thank all of the Nurses and Aides who help her on the Willows. She feels well taken care of and appreciates all they do for her. Jess Luckock got a special note for all the special care she provides and the favors she does for Karen. They truly have an awesome relationship that is heartwarming to hear about from Karen.

Karen, we are so blessed to have you on the Willows A. You add personality and spunk that simply makes the neighborhood better. You are a wonderful lady who we are lucky to have on the Willows. Thank you, Karen for being a Golden Willow. We are so glad to have you as part of our family!

Do you want to recognize a team member who did something special for you or a loved one or who always goes above and beyond? Submit a Caring Heart for them. They (and their supervisor) will be notified that they received a Caring Heart, and they will be recognized in a future newsletter.



To submit a Caring Heart visit www. stpauls1867.org and click STAFF RECOGNITION. Click on "Submit a Caring Heart" and fill in the simple form. Please Note: Submit ONE caring heart for EACH staff member you'd like to recognize. You can also complete a paper form from the Caring Heart bulletin board in each residence or by requesting one from the receptionist.

List features staff from The Villas, The Heritage, The Ridgewood, The Keifer Building and Without Walls.

### Caring Flearts – August 2023

### **Promoting a Culture of Caring & Recognizing our Team Members**

Fred Arnold Ron Ashbaugh **Katie Augustine** Sammy Augustine Koreena Barker Stephanie Boyard **Robin Bratek Denise Brown Heather Casto** Karen Coombs Jenn Corp Mariah Corson **Gail Cowan CNA Students** Shannon Criswell **Beverly Dame Becka Deeter Amber Delona** Dining Staff - Springs A & B Mimi Dreher Heidi Emerick

John Englert **Amber Favorite** Lori Ferguson Dawn French **Bette Green Kavla Harrison** Vicki Hildebrand **Marilyn Hutchinson** Linda Iliff **Dianna Jones Mary Jones** Jennie Kather **Taylor Keener** Megan Kelly Kimmie Kissling Jessie Krafcheck Lisa Kunselman **Alexis Larimer Terri Larimer Cristal Longenbacher** Tom Luckock

**Brian Mailliard** Sean McConnell Scott McElhinny **Doris Neal** Springs A Nursing **Springs B Nursing Destiny Owen** Kami Pashakarnia **Kendra Pennington Deven Piccolin Natalie Reed** Ken Runge Stephanie Russo **Blair Spencer** Johanna Tribley Vicki Vandergrift Sheila Wasser Willows Staff **Entire Team on Willows B Donny Yankle Nancy Young** 

"I would like to express my gratitude to all who came to my rescue when my power chair failed. Everyone involved was willing to go above and beyond any lengths.

Thank you all! I so deeply appreciated your kindness."

(Submitted by a resident)

"In talking with a local couple, they shared with me that they currently use WOW services and how much they LOVE Marilyn! Just wanted you to know Marilyn, that your hard work doesn't go unnoticed and is deeply appreciated!

You brighten the day!

Thank you for your wonderful service!"

### Sammy Jo Augustine is this month's Heritage "Hotshot"



"Hi my name is Sammy Jo.
I have a son, Matt. He is 17
and a senior in high school. I
lived in Hawaii for four years.
I have four brothers and
four sisters. I have a husky
Kita and a cat River. I enjoy
working with the residents in
the dementia neighborhood. I
like to make work fun, making
everyone laugh by singing and

dancing for my co-workers and residents. I love the sunshine and summertime.

#### **Co-worker Comments:**

Sammy is sweet, thoughtful, funny and caring with her residents and teammates. She treats everyone like family and loves her residents like grandparents. She loves to entertain them by doing cartwheels down the halls!

She always has a smile on her face and silly socks on her feet to make the residents laugh!

We are blessed to have her!

Sammy is described as: Compassionate, thoughtful and a team player.

Q: What is the strangest food combination you enjoy?

A: Peanut butter and pickles

Q: What 3 best words describe you?

A: Compassionate, understanding, patient

Q: Something that would surprise us about you?

A: I've been a big WWE fan since I was a kid. I enjoy taking my son to events when they come to Pittsburgh.

Q: How long have you worked here?

A: Six years and two months

Q: If you could choose one superpower what would it be?

A: To read minds. So I can get a better understanding of what my residents think and feel.



Our Gardens B-estie for the month of August is a fantastic nurse and overall great person Kara Brown. Kara currently works evening shifts on the Gardens, but over her 13 years as an employee at St. Paul's it seems she has worked on about every neighborhood at one time or another. Her ability to adapt to her environment, calm demeanor under pressure, willingness to pitch in as needed and friendly personality make her an extremely valuable employee, coworker and resident advocate. Kara is and always has been a resident-first and resident-focused nurse. Part of the reason she excels at St. Paul's is that her values as a nurse match our values as an organization. She respects the high standard of care and the principles that are the foundation of our mission.

Kara was born in Greenville on July 24, 1991. She attended Greenville High School and participated in track and field and was part of the dance line. She currently enjoys spending time and honing her game on the golf course. Kara has a very busy life outside of her work. She is married to her husband Nick and is the mother to three wonderful children: Nicholas, age 15; Cooper age 4; and Quinn, age 2 (all pictured at right). Along with her children she also has two German Shepards named Lady and Sadie. She is a self-described homebody, but

perhaps someday when the kids are older, she would like to take a beach vacation. When Kara finally has some time to herself, she will dabble in many kinds of music, but generally finds her way to country. She enjoys the show Forensic Files and when it comes to movies she enjoys anything action-related that has some unpredictable twists and turns. If she has a podcast on the comedy program "Call Her Daddy" is her first choice. She really isn't into sweets, but anything salty, buttery, or deep fried will have her taste buds popping!

Kara, you are such an essential piece of the puzzle that is life at St. Paul's. You have a unique way of relating to everyone and making sure you maintain your principles and standards while at the same time relating them to your coworkers. You are an excellent communicator who can make people laugh and your coworkers and residents appreciate that skill. Thank you for being a Gardens B-estie! We are so lucky to have you!



### Willows "B" Hive-light





# Josephine White (pictured above left with her son, Chip) & Phyllis Chisholm were featured on the Willows B "Buzz Board"

The youngest of five siblings, Josephine was born on June 1, 1925 to Rose and Luca Vivilo in Farrell, Pa. Josephine (a.k.a. "Jo") has been a resident of St. Paul's on Willows B Neighborhood for almost two years.

With Italian parents, Jo's culinary talents included many traditional Italian dishes and delights. She loved to cook and bake, especially homemade bread, pasta and pizza. She also canned food from her garden.

Jo was a homemaker all of her life. She took care of her older sister, Jen, as she aged and needed help. Jo has one son, Chip, who is married to Shirley. Chip stops in often to spend time with Jo and brightens her day with his visits. He also likes to spoil Jo with special treats such as pizzelles, cookies, Amish fresh baked doughnuts and more!

Known for her big heart and caring spirit, Jo had previously been involved in the Altar Rosary Society and pierogi projects at her church. She continues to maintain her faith as she participates in Rosary and Mass here at St. Paul's. Jo also volunteered at Sharon General Hospital for many years. During the war, she worked at Westinghouse Transformer Corp in Sharon, Pa.

Other hobbies Jo has enjoyed over the years included crocheting afghans, slippers and potholders. She also enjoyed shopping and watching old movies. One of her favorite movies is the classic epic, *Gone with the Wind*.

Jo was known to decorate her house for all the holidays. She especially enjoyed preparing for the Christmas season.

Josephine White continues to be a sweet and loving individual who is a beloved member of the Willows B family.

A centenarian, Phyllis Corll Chisholm was born on December 9, 1920, one of five children. She has spent her life in the surrounding area having lived most of her years in Stoneboro, Sandy Lake and Greenville. Phyllis came to live at St. Paul's in 2007 and has resided on the Willows neighborhood since then.

Phyllis received her Bachelor of Science in Education from the Slippery Rock State Teachers College on Aug. 25, 1944. She began her decades-long teaching career in a one-room schoolhouse in Sandy Lake. She eventually served as principal of Sandy Lake Elementary School and continued teaching in the Sandy Lake school district for 35 years! Phyllis continues to enjoy being around children and lights up when they are in the neighborhood. (Truth be told, she's a bit partial to boys with their "snips, snails and puppy-dog tails.")

Married to Russell, Phyllis and he enjoyed countless trips, visiting nearly all of the United States except for Hawaii. One of her treasured items that she keeps in her room is a glass lamp filled with seashells she and her husband collected from their travels.

Phyllis has been an avid reader and also loved playing piano and participating in church, which she continues to faithfully attend each Sunday.

Interesting fact: For a snack, Phyllis enjoys the unusual combination of peanut butter and mayonnaise together!

Phyllis is a sweet-natured and gracious person who, at 102 years old, inspires us to remember that "goodness is the only investment that never fails." (Henry David Thoreau)



### MAKE AN IRA CIFT

before December 31, 2023.

If St. Paul's has provided excellent care to you (or a loved one), please consider *giving back* to support our charitable mission. One easy way to do that is through your IRA. If you are at least 70 1/2 years old, you can make charitable gifts directly from your IRA to your favorite charities like St. Paul's. Why use your IRA to give?

#### You'll have more cash in your pocket.

You can make a donation without affecting your checking or savings account balance! That means more cash in your pocket for personal use.

#### It's tax-free.

The money in your IRA has never been taxed. If you withdraw it for personal use, you will have to pay income tax on it. If you donate it to St. Paul's instead, it's completely tax-free!

#### You can meet your RMD.

If you turned 73 in 2023, you have to begin withdrawing a set amount from your IRA each year. This is called a Required Minimum Distribution (RMD). If you don't need your RMD for living expenses or you don't want it to raise your taxable income, you could donate all or a portion to St. Paul's instead.

READY TO MAKE AN IRA GIFT?



Scan the QR code or contact our Director of Strategic Giving Dawn Hartman at 724-589-4611 or dhartman@sp1867.org.

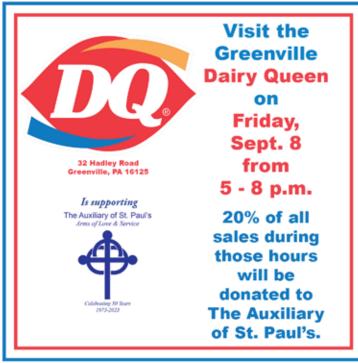


St. Paul's annual 1867 Society Reception was held on August 9, 2023 at The Heritage with 29 members attending. The 1867 Society recognizes donors who have made significant contributions to St. Paul's over their lifetime of giving. Six new members were welcomed in the class of 2023—Steve & Gail Cochoff, Keith & Sandy Hittle, Brian Mailliard and a donor who wishes to remain anonymous.



Front row from left: Sandy Hittle, Carol Hosmer, Kathy Oros, Mary Moore, Helen Nichols, Gerry McElree, Andrea Colaiaco, & Jackie Weyman. Middle row: Keith Hittle, Tammy Lininger Hause, Steve Hosmer, Bryan Oros, Bill Kirker, John Moore, Victor Colaiaco, Jean Hodge, Dorothy Rust, John Rust, Mary Ellen Bayuk & Jim Weyman. Back row: Dick Jones, Margie Hays, Brian Mailliard, John Nichols, Larry Redfoot & Chris Wright.

Mark your calendars and save the dates for the following fundraisers supporting The Auxiliary of St. Paul's!





### **Hearts of Compassion**

Volunteers are the heart of compassion, With a passion for love and a burning action, To make a difference, in this world of ours, To alleviate suffering, and heal the scars. Their hearts beat with empathy, A desire to help, with generosity, To ease the pain, of those in need, And plant the seed, of love and heed. Their hands reach out, with care and love, And lift the downtrodden, to rise above, Their eyes shine bright, with hope and joy, And their presence, a gift, beyond compare. For volunteers are the heart of compassion, Driven by love, and a noble passion, To make a change, and make it right, To give back, with all their might. They see the pain, that others endure, And with open hearts, they find the cure, A kind word, a warm embrace, A helping hand, a comforting place. Their hearts beat with a rhythm so true, A symphony of love, that resonates through, And touches the lives, of those they serve, With a love that heals, and helps them curve. For volunteers are the heart of compassion, The driving force, of a better vision, A beacon of hope, in a world of strife, And a promise of love, that will change life. So let us honor, the hearts of compassion, And all they do, with love and passion, For they are the light, in a world of despair, And a shining example, of love and care.

--Author Unknown



■ What a beautiful photo of Deven Piccolin, LPN on The Springs in The Villas and Joe Little, resident at The Heritage, that Tammy McConnell snapped in the lobby of The Villas!

If you catch a lovely moment and have wonderful photos of smiling St. Paul's people, send them to jkather@sp1867.org.

Your photo just might end up in the next issue of Campus Connections!





Remember the Super Soaker competition we had on Shark Awareness Day (Fun Friday, July 14)? Well, The Ridgewood was also in on the action! Above from left: Aleen Danner, Dick Meeker, Ruth Miller and Sandy Stainbrook look like they really mean business as they attempt to fill Mickie's bucket! At right: Mickie Chapman, Administrator at The Ridgewood.

# Join Our Team!



### Saturday, Sept. 9 Buhl Park | Hermitage, PA

Registration at 9 a.m.
Opening Ceremony at 10 a.m.
Walk at 10:30 a.m.

#### **REGISTER ONLINE:**

- Visit: alz.org/walk
- Click: "Find Your 2023 Walk"
- Enter zip code: 16148
- Select: Hermitage, Pa.
- Click: REGISTER
- Follow the prompts to complete registration
- Start collecting donations!

#### OR EMAIL:

**tlininger@sp1867.org** if you're interested in joining the St. Paul's Team.

**First-time participants:** please include your first and last names, address, phone number, email address (if available) and t-shirt size in the email. Thank you!