

## PEER Program Returns to St. Paul's



St. Paul's saw 10 residents graduate on October 16 from the Pennsylvania Empowered Expert Resident (PEER) training program conducted by Mercer County Ombudsman Ericka Dershimer.

PEERs are individuals living in long-term care settings who have been trained to advocate to improve the quality of life in their homes. After graduating from a Long-Term Care Ombudsman five-part empowerment training, PEERs are equipped to help their fellow residents improve day-to-day life. PEERs also advise the Office of State Long-Term Care Ombudsman on the issues affecting all of Pennsylvania's long-term care residents.

It has been 12 years since St. Paul's hosted a class of residents. The last graduates were celebrated in October 2011.

The education was a culmination of conversations between Mrs. Dershimer and Dawn French, Life Enrichment Coordinator at The Ridgewood. Dawn was familiar with the PEER program from longtime resident and friend Adele Lehosky. "She used to talk about it frequently. She was always so active in it," recalls Dawn. "We know Adele would be smiling today" at 10 new graduates entering the program.

The Resident Council at The Ridgewood invited Mrs. Dershimer to speak to them to learn more about it. One of the champions in bringing it home is Margaret (Peg) Revell, who serves as a representative for the senior center to the Area Agency on Aging Advisory Council. "Peg was immediately interested," said Dawn.

Mrs. Dershimer took her presentation to each area of St. Paul's campus and "it just grew," she said. The graduating class featured residents from The Ridgewood, The Heritage and The Colony. Other interested residents who were not available to participate in this class are anxiously awaiting the next one!

In her role as the Ombudsman for Mercer County Area Agency on Aging, Mrs. Dershimer noted that this program helps give residents the resources to advocate for themselves and others. "Residents want to help others and are willing to learn and share new ideas," she said. "It also gives them independence by learning to effectively handle things on their own."

When asked to share the best thing they learned through the training, resident Bob Douds stated, "Never underestimate our ability to adapt." Indeed!



Above: PEERs at The Colony  
(from left) Nancy Hoffacker, Cathy DeWeese and Margie Hays.



Above: PEERs at The Heritage  
(from left) Janet Kirk and Kathy Martorelli.



Above: PEERs at The Ridgewood (from left) Peg Revell, Elaine Wilkins, Sandy Stainbrook, Ellie Harkins and Bob Douds.



# fun Fridays

## *All-campus Theme Days*

**Friday, November 3**



National Jersey Friday is the first Friday in November – and it goes beyond football!  
Every team sport that requires jersey uniforms is included in the fun.  
All sports lovers proudly wear your jerseys today.

## JERSEY DAY



**Friday, November 10**

## VETERANS DAY

HONORING ALL WHO SERVED

Wear red, white and blue today  
and join us for our  
Resident's "Roll Call" at 2 p.m.  
in the Headland Friendship  
Commons.

**Friday, November 17**  
***Mickey Mouse Day***

*Mickey Mouse first appeared publicly in the short film "Steamboat Willy" on November 18, 1928, the day fans officially recognize as Mickey Mouse's Birthday. It must be fun to celebrate your birthday when you never age!*

*Wear black and red today (and your mouse ears if you have 'em)  
or your favorite animated character!*



— Friday, November 24 — Wear black today & shop 'till you drop!



## F R I D A Y

## Policy on gifts and gratuities

While residents, clients and family members often wish to show their appreciation for the care and services rendered by St. Paul's staff, St. Paul's must ensure that residents, clients and family members do not feel obligated to give St. Paul's or its staff gifts or gratuities in order to assure a resident or client receives quality care. In order to comply with this policy St. Paul's has set forth the following guidelines:

1. Employees may not ask or suggest that a resident or client, or any person acting on behalf of a resident or client should offer or give gifts or gratuities to St. Paul's staff.
2. Employees may not accept cash or currency of any kind, including but not limited to tips from any source or individual. Employee bonuses and/or gifts provided by St. Paul's do not constitute gifts or gratuities.
3. Employees may only accept non-cash gifts that do not exceed \$10.00, and/or are shared by the whole staff. In order to be considered a non-cash gift, the gift cannot be converted to currency.

## Opportunities for Gifts of Appreciation to Staff

Many residents, clients and families often ask how they can give back and say "Thank You" to the staff who have provided excellent care to their loved ones while living at St. Paul's. These three funds give you the opportunity to do so:

1. A donation may be made to the Staff Appreciation Fund. This fund enables St. Paul's to recognize all staff. (i.e., to provide staff apparel, staff appreciation picnics, or gift cards for various occasions.)
2. A donation can be made to the Staff Education Fund. You can define the education opportunity or leave it to the administrator's discretion.
3. A donation of appreciation can be made to the Annual Staff Christmas Celebration. This donation can be given to the administrator or director and identified for the Staff Christmas Celebration and will be used to offset the cost and for staff gifts the night of the party.

If you would like to make a donation to staff for anything outside of these three funds, please see your administrator or director to talk about specifics.

***Employees may not accept individual gifts, cash or currency of any kind from a resident or family member. We appreciate your support of these guidelines in order for us to remain compliant with regulations and our corporate compliance policies.***

## ~ IN MEMORIAM ~

Residents who have passed

September 16, 2023 — October 15, 2023

10/01/23	Nina Nosker
10/03/23	Shirley Faber
10/05/23	Bernadette Mathieson
10/05/23	Gladys Murphy
10/11/23	Anna Walker
10/15/23	Charles Jones

## alzheimer's association Greenville Caregiver Support Group

Presented by:  
Alzheimer's Association  
Greater PA Chapter

**Nov. 7, 2023  
2 - 3:30 p.m.**

Zion's Reformed Church  
260 Main St.  
Greenville, PA 16125

**Contact:**  
**Michelle O'Malley**  
**724-588-9613 ext. 1427**

**Build a support system with people who understand.**

Alzheimer's Association® caregiver support groups, conducted by trained facilitators, are a safe place for caregivers, family and friends of persons with dementia to:

- Develop a support system.
- Exchange practical information on caregiving challenges and possible solutions.
- Talk through issues and ways of coping.
- Share feelings, needs and concerns.
- Learn about community resources.

## Guest Apartment at The Heritage Available



The guest apartment in The Heritage is available to rent to families or loved ones who need a place to stay while visiting.

The one bedroom apartment has a queen-size bed (a roll-away bed is also available if needed), microwave, refrigerator and a flat screen television. The cost is \$89 per night. Check in is 3 p.m. and check out is 11 a.m. For reservations call Robyn Weaver at 724-588-7610 ext. 1146.



# Pastor Julia Fraser Announces Plans to Retire in 2024

Having completed 12 years of service in November as St. Paul's Director of Spiritual Services, Pastor Julia Fraser has announced her plans to retire in 2024.

"I will leave St. Paul's with deep gratitude for the opportunity to have served here," said Pastor Julia. "Much of what I've done has been an ongoing delight—worship services, weekly Bible Studies, annual Women's Retreats, for instance. Other parts have been heavy—end-of-life care, funerals, and the pandemic as a whole—but it's been meaningful to walk those paths alongside others, even so."



**“**I learn and grow every day through my interaction with residents, family members, and colleagues. It's been my privilege to be part of this community, and I pray God's continued blessings upon it.”  
— *Pastor Julia Fraser*

Understanding the uniqueness and complexity of finding a replacement, the administration reached out to Rev. David Ackerman, Conference Minister of the Penn West Conference of the United Church of Christ (UCC) to assemble a call committee. This small group of board members and administrators understand that recruiting for this position is different from recruiting for other jobs in our organization.

A plan has been developed to post the position broadly (through the nationally-distributed *Christian Century* magazine), regionally (through Christian Associates – a large minister's association in the Pittsburgh area), and ecumenically (through the denominational headquarters and seminaries of churches who are full communion partners with the UCC). In addition, the UCC has a variety of means to post the position internally to its own rostered clergy.

Chris Wright, President and CEO noted that it is a bittersweet time for St. Paul's. "We are so incredibly thankful for the outstanding service provided by Pastor Julia," he said. "We recognize this is a time for celebration; but we also know that she will be greatly missed and will be leaving behind large shoes to fill."

We know when one door closes, a window opens so in Pastor Julia's words, we all shall pray for God to raise someone up to come to this community!

# Spiritual Services

Most Gracious God,  
As we thank you for food, let us remember the hungry.  
As we thank you for health, let us remember the sick.  
As we thank you for friends, let us remember the lonely.  
As we thank you for freedom, let us remember the oppressed.  
May the remembrance of your blessings ever stir us into service,  
so that your loving will for all might become more fully known.  
In the name of Jesus Christ we pray, Amen.



November 12 will be this year's "Thanksgiving for Giving Sunday," on which we will celebrate the charitable donations extended to local, regional, and national organizations from offerings collected in weekly worship services.

## November Bible Study with Pastor Julia



**The Colony (Nancy Hoffacker's Home)**  
Monday, November 13, 1:30 p.m.  
(Study theme: *the Disciples*)

**The Villas, 1 p.m.**  
Conference Room – Wednesday, Nov. 1 & 29  
Headland Friendship Commons – Wed., Nov. 8

**The Ridgewood (Harmony Hall) – Thursdays, 10 a.m.**  
(Study theme: *Philippians*)

## Catholic Mass



Father Brandon Klechner from St. Michael's Roman Catholic Church in Greenville will lead Mass for Catholic residents in Headland Friendship Commons on **Wed., November 8 at 10:15 a.m.**



Sunday Worship Services are scheduled for:

**The Heritage at 9 a.m.**

**The Villas at 10 a.m.**

**The Ridgewood at 11 a.m.**

Pastor Julia Fraser will lead all services.

The Villas service will broadcast on Ch. 1851 at 10 a.m.  
All residents, along with family members, are welcome to join in, whether in-person or virtually!



## Annual Service of Remembrance

Sunday, November 5  
2 p.m.

Headland Friendship  
Commons

*All are welcome as we remember those who have died across the past year.*



*Faith and Fellowship Gatherings with devotions, Holy Communion, hymns, and seasonal refreshments will be held according to the following schedule:*

**The Villas – Wednesday, Nov. 15, 10 a.m.**  
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**Jones Serenity Circle & Lane – Tuesday, Nov. 14, 2 p.m.**  
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**The Heritage – Wednesday, Nov. 15, 1 p.m.**  
Anderson Fellowship Hall  
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**The Ridgewood – Thursday, Nov. 16, 10 a.m., Harmony Hall**  
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**The Colony – Thursday, Nov. 16, 1 p.m., Keifer Gym**

**St. Paul's Spiritual Council**  
will meet on **Tuesday, November 7 at 10 a.m. in The Villas Conference Room.**

## Harvest In-gathering

After a pandemic-hiatus, we return this fall to our long-time tradition of collecting non-perishable food items during the month of November for distribution through the Good Shepherd Center.

Breakfast food items will be received through November 21 in marked boxes in each residence. ***Thanks in advance for any help you can provide.***





## **Gift Certificates make the perfect holiday gift!**

**St. Paul's Home-Based Services offers gift certificates that can be used for our On-the-Go Dining program and Medical Technology equipment.**

***For more information or to purchase, contact the WOW office at 724-589-4740.***

During the holiday season we often get the opportunity to connect with family members and friends we do not typically see on a regular basis. Sometimes during these visits, we discover changes in their condition and in their ability to manage their independence as they once did. Our Home-Based Services Department can help families navigate through these sometimes trying times.

One area that may be of concern is their loved one's disinterest or inability to prepare nutritious meals for themselves. Our On-the-Go Dining program may be a solution. A monthly menu offers delicious and nutritious options from which to choose. The meals are delivered around noon to those living within a five-mile radius of St. Paul's.

Another concern family members may have, especially for loved ones living alone, is what happens in the event of an emergency or if a fall occurs? St. Paul's Home-Based Services has partnered for years with Philips Technology and more recently with Connect America to provide a variety of personal medical alert buttons. Medical alert buttons can offer extra peace of mind and alert loved ones or emergency medical support should a need arise. There are a variety of buttons to choose from. One of the most highly recommended is the On the Go Button from Connect America. The On the Go Button is a pendant worn around the neck that has a button to push if help is needed, and it also has built-in fall detection and GPS technology. The pendant acts as the communicator which eliminates the need for a communicator box which may be out of range for clear and accurate communication with the call center.

Medication management also may be something that is getting more difficult for individuals to handle. Philips Technology offers a medication management

tool called a Personal Medication Dispenser (PMD). The PMD acts as a reminder system with prompts to let individuals know when it is time to take their medicine. If a dose is missed, a notification is sent to their loved one.

If you are interested in learning more about the products and services mentioned or you would like to purchase a gift certificate, call our office and we will be happy to help you. A Without Walls Home-Based Services gift certificate may be the answer to your holiday shopping especially for those hard to buy for loved ones who may just need a little extra support to maintain their independence.



Pictured at left are Todd Kather, Care Partner and Betty Creekpaum, WOW Client. Todd delivers On-the-Go Dining meals several days a week. He enjoys seeing his clients and checks to make sure they are doing okay at home.

Pictured at right are Hazel Peterson, WOW Client with her Care Partner, Judy Bowser. Hazel uses a PMD to stay on schedule with her medications. Hazel appreciates knowing that this technology and the assistance of her Care Partner help her to stay healthy and in her own home.



***St. Paul's Without Walls is always looking for caring and compassionate people who have a heart for helping older adults. If you're interested in learning more about our employment opportunities, please call 724-589-4740.***



# HALLOWEEN FUN!



Springs B Pumpkin Patch



The Villas Crew as The Peanuts Gang



Katie Hrdlicka & Cheryl Hamilton



Suzette Kineston



Samantha, Tammy, Dawn & Mickie at The Ridgewood



Missy & Courtney (and Jonah!)  
on Willows B



Rhonda Bowman and Kristen Rader in  
Dining Services



Terri Larimer & Ron Ashbaugh



Crystal Langenbacher &  
Mike Leskovac



Carol Hinderliter

# MOVIES

## November 2023

Sun Mon Tue Wed Thu Fri Sat

<p>All residents should tune to Channel 1851 for movies, church services and any other internal broadcasts. This channel has been reserved by Spectrum for use internally by campuses like St. Paul's, and is not used for regular programming, which alleviates any potential signal interference. If there is nothing scheduled to broadcast on the channel, the screen will appear blank.</p>			<p><b>1</b></p> <p>10 a.m. Daddy's Home</p> <p>2 p.m. RV</p>	<p><b>2</b></p> <p>10 a.m. Cheaper By the Dozen</p> <p>2 p.m. The Proposal</p>	<p><b>3</b></p> <p>10 a.m. 80 For Brady</p> <p>2 p.m. Air Bud: Golden Receiver</p> <p>7 p.m. The Game Plan</p>	<p><b>4</b></p> <p>10 a.m. Bad Hair Day</p> <p>2 p.m. Ruby Bridges</p>
<p><b>5</b></p> <p>10 a.m. Church Service</p> <p>1 p.m. Hymn Sing - YouTube</p> <p>2 p.m. The Straight Story</p>	<p><b>6</b></p> <p>10 a.m. James and the Giant Peach</p> <p>2 p.m. Millions</p>	<p><b>7</b></p> <p>10 a.m. Honey I Shrunk the Kids</p> <p>2 p.m. Elemental</p>	<p><b>8</b></p> <p>10 a.m. Mrs. Doubtfire</p> <p>2 p.m. Smart House</p>	<p><b>9</b></p> <p>10 a.m. Rosary</p> <p>2 p.m. Color of Friendship</p>	<p><b>10</b></p> <p>10 a.m. Patton</p> <p>2 p.m. Glory</p> <p>7 p.m. Hacksaw Ridge</p>	<p><b>11</b></p> <p>10 a.m. Newsies</p> <p>2 p.m. National Treasure</p>
<p><b>12</b></p> <p>10 a.m. Church Service</p> <p>1 p.m. Hymn Sing - YouTube</p> <p>2 p.m. Beauty and the Beast (Live)</p>	<p><b>13</b></p> <p>10 a.m. Encanto</p> <p>2 p.m. Driving Miss Daisy</p>	<p><b>14</b></p> <p>10 a.m. The Girl Who Believes in Miracles</p> <p>2 p.m. The Rookie</p>	<p><b>15</b></p> <p>10 a.m. Safety</p> <p>2 p.m. The Greatest Game Ever Played</p>	<p><b>16</b></p> <p>10 a.m. Rosary</p> <p>2 p.m. Jungle Cruise</p>	<p><b>17</b></p> <p>10 a.m. Fantasia</p> <p>2 p.m. The Prince and the Pauper</p> <p>7 p.m. The Three Musketeers</p>	<p><b>18</b></p> <p>10 a.m. Night at the Museum</p> <p>2 p.m. Bedtime Stories</p>
<p><b>19</b></p> <p>10 a.m. Church Service</p> <p>1 p.m. Hymn Sing - YouTube</p> <p>2 p.m. Enchanted</p>	<p><b>20</b></p> <p>10 a.m. Disenchanted</p> <p>2 p.m. Mighty Joe Young</p>	<p><b>21</b></p> <p>10 a.m. A Kid in King Arthur's Court</p> <p>2 p.m. George of the Jungle</p>	<p><b>22</b></p> <p>10 a.m. Christopher Robin</p> <p>2 p.m. Zootopia</p>	<p><b>23</b></p> <p>10 a.m. The Turkey Bowl (2019)</p> <p>2 p.m. Sweet November</p>	<p><b>24</b></p> <p>10 a.m. Paul Blart: Mall Cop</p> <p>2 p.m. Confessions of a Shopaholic</p> <p>7 p.m. Paul Blart: Mall Cop 2</p>	<p><b>25</b></p> <p>10 a.m. Saving Mr. Banks</p> <p>2 p.m. Baby's Day Out</p>
<p><b>26</b></p> <p>10 a.m. Church Service</p> <p>1 p.m. Hymn Sing - YouTube</p> <p>2 p.m. Free Guy</p>	<p><b>27</b></p> <p>10 a.m. Alice in Wonderland (Live)</p> <p>2 p.m. 10 Things I Hate About You</p>	<p><b>28</b></p> <p>10 a.m. Secretariat</p> <p>2 p.m. Through the Looking Glass</p>	<p><b>29</b></p> <p>10 a.m. Tuck Everlasting</p> <p>2 p.m. Bridge to Terabithia</p>	<p><b>30</b></p> <p>10 a.m. Rosary</p> <p>2 p.m. Air Bud</p>		



# COLONY COLUMNS

~ News from The Colony ~



## November

2 - Elaine Powelstock  
3 - Bobby Baker  
4 - Barbara Poolos  
6 - Mary Lou Delaney  
9 - Jim Shaffer  
10 - Norm Morrison  
10 - Shirley Myers  
12 - William Sayles  
15 - Kenneth Myers  
15 - Helen Nichols  
15 - Karen Ondo  
15 - Joe Piper  
16 - Jim Weyman  
17 - Kathy Anderson  
22 - Nancy Kokoski  
28 - Marilyn Palmiter  
28 - Donna Roberts

## December

5 - Richard Guerrini  
5 - Linda Savor  
9 - Gail Maycher  
9 - Carol Paul  
10 - Aldra Ritter  
13 - Carol Hosmer  
15 - Jo-Anne Cooper  
16 - Jan Walther  
19 - Jane Loutzenhiser  
20 - Gayle Wolff  
23 - Nancy Weikal  
26 - Carol Bass

## Team Member

Nov. 29 - Melissa Villard



## Wednesday, November 1

Colony Birthday Celebration

Friday, November 3 - Jersey Day Trivia

## Saturday, November 4

St. Paul's Craft & Vendor Show

## Sunday, November 5

Andover, Ohio Quilt Show

## Monday, November 6

Men & Women's Chat Group

Tuesday, November 7 - Election Day

## Thursday, November 9

Lunch at Debonne Winery

Friday, November 10 - Veteran's Day Program

## Sunday, November 12

Tamburitzan's at Meadville Academy Theatre

## Monday, November 13

Colony Bible Study

## Tuesday, November 14

Let's go to the Movies!

Colony Open Forum

## Thursday, November 16

Faith & Fellowship

## Thursday, November 16

Crush Glass Class in Boardman

Friday, November 17 - Mickey Mouse Fun

## Tuesday, November 21

Friendsgiving Pot-luck

## Friday, November 24

Pastries & Coffee

## Sunday, November 26

Lunch at Station Square in Youngstown

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## Things to look forward to in December:

Friday, December 1 - Holly Jolly Rock Painting

Monday, December 4 - Men's & Women's Chat Groups

Wednesday, December 5 - Colony Birthday Celebration

Friday, December 8 - Old-Fashioned Christmas Celebration

Tuesday, December 12 - Colony Christmas Service & Dinner

Saturday, December 16 - GSO Holiday Magic

Presentation on Identity Theft & Scams

Tour of the Baughman Center



At left: Jim and Marilyn Macdonald enjoyed a scenic boat ride on Lake Arthur in Moraine State Park during a Colony outing at the end of September.



At right: Nancy Reinhardt (left) and Alice Stanley enjoy a friendly game of shuffle board in The Keifer Gym during Active Aging Week at the beginning of October.

# HERITAGE HERALD

~ News from The Heritage ~



**Friday, Nov. 3** – Jersey Day & ERRAND DAY  
Corn Hole Game, 10:30 a.m.

**Monday, Nov. 6**  
Rambling Roses Eden Family Gathering to enjoy  
Cider and Donuts, 2 p.m.

**Tuesday, Nov. 7**  
Ride to the Campus Voting Poll for residents registered  
to vote in West Salem Twp. 10 a.m.  
Colorful Nails with Tracey, 1 - 3:30 p.m.

**Thursday, Nov. 9**  
Concert with Harpist, Alyssa Pessavento, 5:30 p.m.

**Friday, Nov. 10** – Veteran's Day (wear red, white & blue)  
Corn Hole Game, 10:30 a.m.  
Veterans Day Program, 2 p.m. in Villas HFC

**Sunday, Nov. 12**  
Holiday Craft Project with Bev & Linda, 1:30 p.m.

**Monday, Nov. 13**  
The Basement Band Duo performs during the Ice  
Cream Social, 2:30 p.m.

**Wednesday, Nov. 15**  
Faith & Fellowship with Pastor Julia, 1 p.m.  
Residents from The Ridgewood join us for Skee Ball  
and Volleyball, 1:30 p.m.

**Thursday, Nov. 16**  
Kitchen Conversations with Keven, 10 a.m.

**Friday, Nov. 17** – Mickey Mouse Day & ERRAND DAY  
(wear red, black or clothing with animated images)  
Corn Hole Game, 10:30 a.m.

**Tuesday, Nov. 21**  
Colorful Nails with Tracey, 1 - 3:30 p.m.

**Thursday, Nov. 23** – HAPPY THANKSGIVING!

**Friday, Nov. 24** – Black Friday (wear black)  
Guitar Concert with Tony Barge, 2:30 p.m.

**Thursday, Nov. 30**  
Dental Hygiene Seminar, 10 a.m.



## November Birthdays

4 - Brenda Moreland  
10 - Judy Young  
26 - Norma Lauffer  
27 - Verna Taylor

*Residents who celebrate a birthday this month will  
receive a special birthday lunch on Tues., Nov. 14*



## Ice Cream Social

**MONDAYS at 2:30 p.m.**  
*Choose from 4 to 6 different flavors...  
or try a scoop of each!*

**JOIN US FOR BINGO**  
**with Agnes,**  
**Saturdays**  
**November 4 & 18**  
**at 1:30 p.m.**



**Resident Council Meeting**  
**Tuesday, Nov. 28 • 1:15 p.m.**  
*All residents are invited to attend!*

- Resident-coordinated evening card games occur a couple times per week.
- Communion is delivered weekly to residents on their floors by St. Michael's.
- Personal shopping is provided by volunteer Reba G. on the 2nd and 4th Tuesdays of each month.
- Sunday Worship Service at 9 a.m. in Anderson Fellowship Hall and Bible Study on Wednesdays at 1 p.m. in The Heritage Conference Room.
- Fitness Jam with Ron: Monday, Thursday & Friday at 1 p.m.
- Seated volleyball with Ron every Wednesday at 2:30 p.m.
- The Beauty Salon opens at 9 a.m. on Friday mornings.
- Daily movies, weekly spiritual opportunities and occasional special performances broadcast on Channel 1851.



# SERENITY SPOTLIGHT

~ News from Jones Serenity Circle & Lane ~



## Regularly Scheduled Activities

- Mondays** Book Club  
Mystery Milkshake Monday
- Tuesdays** Beauty Shop Appointments (a.m.)  
Fitness with Ron
- Wednesdays** Morning Movement Class  
Music Therapy  
Balloon Volleyball
- Thursdays** Morning Meditation  
Fitness with Ron  
Short Stories with Carol
- Fridays** Hand Spas  
Cooking/Baking Demonstration

## Cooking/Baking Demonstrations (Fridays)

- November 4 – Football Cookies  
November 10 – Navy Potatoes  
November 17 – Cranberry Relish  
November 21 – Pumpkin Rice Krispie Treats

## Musical Entertainment in September

- November 14 – Alyssa Pesavento on Harp  
November 24 – Tony Barge

## Other Special Events

- November 1 – Mass at The Villas  
November 6 – Kraynak's Outing  
November 9 – Bible Study with Tresa  
November 9 – November Birthday Party  
November 10 – Veterans Day Celebration  
November 13 – Dog Therapy  
November 14 – Faith & Fellowship w/Pastor Julia



## Craft Corner: Autumn Leaf Mosaics

Below from left: Karen Gentile, Jessica Eslinger (dining), Betty Sabino, Meghan Liscio (PCA) and Vera Sickles had a great time making autumn leaf mosaics on Jones Serenity Circle.



At left: Kaylee Buck (PCA) and Sally Winland were part of large group of residents and staff (below) that hopped on the bus for their annual "leaf peeping" tour on Oct. 25.



# RIDGE RUNNER

~ News from The Ridgewood ~

~ Resident of the Month~

**Ruth Ann Miller**



Ruth Ann was born in Springboro, Pa., and raised in Jamestown, Pa. She is one of four children born to Max and Louise Rishell. Ruth Ann has two sisters, Rojean and Nancy and a brother, Maxlee. All attended Jamestown High School and graduated from Mercer High School in Mercer, Pa.

In 1961, Ruth Ann married David Miller

and they had two children - Joy and Mike. Ruth Ann went to Slippery Rock University for one year and then attended Presbyterian School of Nursing and earned her RN. She worked at Sharon Hospital, Mercer Express Care, and as a nursing substitute at Mercer School District and Thiel College. Ruth is also a proud grandmother to her 11-year-old grandson Adam.

In her spare time Ruth Ann enjoys reading and playing cards with her friends. She also enjoys spending time with family and friends. Her favorite food is ice cream.

Her dearest memories are having a very happy childhood, meeting her beloved husband David, having her children and grandchild to visit with. She really enjoyed nursing and feels very fortunate to have been a nurse.



## Residents

18 - Josephine McCauley  
20 - Eleanor Harkins  
25 - Rae Johnson  
27 - Donna Carlson

## Staff

8 - Destiny Owen  
22 - Natalie Blatt



**Wednesday, Nov. 1** – Hymn Sing with Robin McLaughlin, 10 a.m.

**Thursday, Nov. 2** – Casino Trip to Presque Isle, 9 a.m.

**Friday, Nov. 3** – JERSEY DAY & LRC Game, 1 p.m.

**Saturday, Nov. 4** – Craft Show at Keifer Bldg. 10 a.m. - 3 p.m.

**Sunday, Nov. 5** – DAYLIGHT SAVINGS TIME!

**Monday, Nov. 6** – Manicures (100 & 200 Halls), 10 a.m.

Birthday Luncheon, 11:30 & Thanksgiving Poetry, 5:30 p.m.

**Wednesday, Nov. 8** – Christmas Craft with Rhonda Eck, 10 a.m.

Holiday Card Making with Margie Hays, 1 p.m.

Music Therapy, 3 p.m.

**Thursday, Nov. 9** – Resident Council, 1 p.m.

**Friday, Nov. 10** – VETERANS DAY CELEBRATION

Greenville Mobile Library, 1 p.m.

Veterans Day Program at The Villas, 2 p.m.

**Saturday, Nov. 11** – Pinecone Turkeys w/Reynolds K Kids, 10 a.m.

**Monday, Nov. 13** – Christmas Craft Show, 9 - 11:30 a.m.

Ruth Herrick Concert, 5:30 p.m.

**Tues., Nov. 14** – Trip to Kraynak's, 9 a.m. & Food Committee, 1 p.m.

**Wednesday, Nov. 15** – Seated Dancing with Katie, 10 a.m.

Skee Ball and Pool Noodle Volleyball at The Heritage, 1 p.m.

Music Therapy, 3 p.m.

**Friday, Nov. 17** – MICKEY MOUSE DAY & LCR Game, 1 p.m.

**Sunday, Nov. 19** – Steelers vs. Browns, 1 p.m.

**Monday, Nov. 20** – Manicures (300 & 400 Halls), 10 a.m.

**Tuesday, Nov. 21** – Nancy Manning discussing China at 10 a.m.

**Wednesday, Nov. 22** – Seated Dancing with Katie, 10 a.m. Bingo

Bucks Store, 1 p.m. & Music Therapy, 3 p.m.

**Thursday, Nov. 23** – HAPPY THANKSGIVING!

**Friday, Nov. 24** – Greenville Mobile Library, 1 p.m.

**Sunday, Nov. 26** – Steelers vs. Cincinnati, 1 p.m.

**Monday, Nov. 27** – Christmas Decorating (100 Hall), 10 a.m.

**Tuesday, Nov. 28** – Christmas Decorating (200 Hall), 10 a.m.

**Wednesday, Nov. 29** – Seated Dancing with Katie, 10 a.m.

Christmas Decorating (300 Hall), 1 p.m.

Music Therapy Talent Show, 3 p.m.

**Thursday, Nov. 30** – Christmas Decorating (400 Hall), 1 p.m.

## Regularly Scheduled Activities

**Food Committee** meets on the 2nd Tuesday & **Resident Council** meets on the 2nd Thursday of each month @ 1 p.m.

**Sunday** – Church Service @ 11 a.m. & Ice Cream Cart @ 2:30 p.m.

**Monday** – Pool Noodle Volleyball @ 2 p.m. & Evening Activity @ 6 p.m.

**Tuesday** – Exercise with Ron @ 2 p.m. & BINGO @ 5:30 p.m.

**Thursday** – Bible Study @ 10 a.m., Exercise with Ron @ 2 p.m. & Word Game @ 5:30 p.m.

**Friday** – Exercise @ 10 a.m. & 500 Card Game @ 6 p.m.

**Saturday** – Exercise @ 10 a.m. & BINGO @ 1:30 p.m.



# HOUSE CHATTER

~ News from The Villas ~



## Activities at The Villas

### Wednesday, November 1

Staff Recognition Awards

### FRIDAY, NOVEMBER 3 – JERSEY FRIDAY

~ Wear favorite jersey (NFL or other sport jerseys) ~  
Snack Parties on the Neighborhoods

### Sunday, November 5

Annual Memorial Service (Pastor Julia)

### Monday, November 6

1:45 p.m. Bingo Bucks

### Tuesday, November 7

10 a.m. Faith, Fitness and Fun

### Wednesday, November 8

10:15 a.m. Catholic Mass: Father Brandon

### Thursday, November 9

6:45 p.m. Z Praise (Gospel, Variety of Oldies/Vocals, Guitar)

### FRIDAY, NOVEMBER 10 – VETERANS OBSERVANCE

~ Wear Red, White and Blue ~  
2 p.m. Veterans Observance in the HFC

### Wednesday, November 15

10 a.m. Faith and Fellowship

### Thursday, November 16

Coffee Cart  
Small Group/1:1 Activities

### FRIDAY, NOVEMBER 17 – MICKEY MOUSE DAY

Mickey Mouse was "born" November 18, 1928, a creation of the late Walt Disney

~ Wear red and black or favorite animated character ~

1:30 p.m. Movie in the HFC on the Big Screen  
Movie Treats: Popcorn and Soda Pop

### Monday, November 20

1:45 p.m. Hymn Sing and Devotions with Greg

### Thursday, November 23

Thanksgiving Reflections on Ch. 1851

### FRIDAY, NOVEMBER 24 – BLACK FRIDAY

~ Wear black ~

Christmas decor delivered to the Neighborhoods  
1:30 p.m. Music in the HFC

### Monday, November 27

10:00 a.m. Faith, Fitness and Fun

### Tuesday, November 28

Noon: Monthly Birthday Lunch for November Birthdays  
1:30 p.m. Resident Council and Food Committee

### Wednesday, November 29

1:30 p.m. Talent Show (Music Therapy)

### Thursday, November 30

2 p.m. Cooking with Keven  
6:45 p.m. Z Praise (Gospel, Variety of Oldies/Vocals, Guitar)



### November Birthdays at The Villas

2 - Donna Wilkins	10 - Judy Young
3 - Millie Anzenberger	12 - Margaret Thompson
7 - Isabelle Kostas	18 - Josephine McCauley
10 - Norm Morrison	28 - Virginia Royal

### Regularly Scheduled Activities

**Sunday** – Church Service @ 10 a.m.

Classic Hymn Sings via YouTube on Ch. 1851 @ 1 p.m.

**Tuesday** – Evening BINGO @ 6:45 p.m.

**Wednesday** – Music Therapy @ 10 a.m.

Pick-up Game of Seated Volleyball in the Fitness Center @ 2:45 p.m.

**Thursday** – Rosary @ 10 a.m. (except first Thursday)

**Saturday** – BINGO @ 10 a.m.

*Individual neighborhoods offer activities in addition to this schedule.*

## Our Golden Willows



Our Golden Willow for the month of October is an absolute sweetheart of a lady, Jackie Dailyde. Jackie works in Dining and has made a huge impact in a very short time with her hard work and her absolutely dynamite and caring personality. Jackie was born in Kinsman, Ohio on October 3, 1961. She later was married and moved to Greenville. She currently lives in Conneaut Lake near her two sons,

James and Joshua.

Prior to working at St. Paul's, Jackie worked at the deli at Walmart. She enjoys watching the television show NCIS New Orleans. Transformers is her favorite movie and she enjoys country and rock music. Her favorite group is Fleetwood Mac. When she is looking for her favorite meal, a pizza with pepperoni is on the menu.

The best thing about Jackie is her bright personality and kind nature. She keeps this up and stays motivated simply because she is inspired by doing things for people and helping them out. She embraces honesty in her coworkers. Jackie says she loves working here because of the feeling of home and that everyone here is part of a family.

Jackie, you are such a gift to St. Paul's and the people that you work with and take care of here on The Willows. You are a valuable member of the St. Paul's staff and a complement to any team you work with. Thank you so much for being here with us and sharing your talent. We salute you as a Golden Willow!

The resident Golden Willow for the month of October is Ms. Nancy Daugherty. Nancy has been a wonderful addition to The Willows A since she moved in! Nancy was born on December 21, 1942 and has lived in Fredonia, Reynolds, and Warren, Ohio. Nancy has two brothers, Wayne and Gary. Gary has unfortunately passed away. She is the proud mother of two children, Helen and Ryan. She has one grandchild.

Nancy has A LOT of hobbies! She was at times employed as a cook, which was great since she enjoys cooking and baking. She is very skillful working with her hands and loves to sketch, paint, draw, and she always enjoyed photography. Nancy also enjoyed needlework, ceramics, and craft projects. She also spent time dining out, sightseeing, visiting outdoor parks, attending spectator events and visiting historical and cultural museums. Nancy enjoys the outdoors and gardening. If she is inside she keeps up with news and current events on the television and in the newspaper.

Nancy also loves music—she enjoys listening to and singing just about anything with a beat. She likes to attend and be part of religious services and finds comfort spending time with other people and animals. Growing up she always had horses and had a dog at one point that brought her great joy. A unique fact about Nancy is that she enjoyed eating SPAM sandwiches.

Nancy, we are blessed to have you on Willows A. You are a kind and joyful lady who always greets us with a giggle. We are so glad to have you as part of our family!



## Gardens B-esties!

Our Gardens Resident-B-Esties for the month of October are the power couple Frank and Janet Stratiff. Janet moved into The Gardens B recently and her husband Frank makes daily visits to see her. They have quickly become part of The Gardens family.

Frank was born on June 17, 1937 in the east side of Pittsburgh. He attended Central Catholic High School. He was raised with a brother Dom, and two sisters Ann and Bets. Janet was born on October 24, 1942 in Saegertown and attended Saegertown High School. She was raised with a sister Linda. Frank and Janet finally crossed paths when they both attended Thiel College. Frank was an economics major and later earned a Ph.D. in secondary education. He turned that into a 40-year career teaching English. Frank educated students at the high school level in Greenville, Hickory, Meadville, and Buffalo, NY. He then turned his attention to higher education and taught at Thiel, Pitt and Penn State University.

Following her college experience, Janet worked for a few years then dedicated her life to raising her family. While at college Frank was a student athlete from 1960-1961 playing football. Janet was quick to point out her sport was to watch Frank. His love for the sport continues today as he is an avid Pittsburgh Steelers fan. Throughout their marriage they have lived in Buffalo, Hermitage, and Greenville.

Janet and Frank are very proud of their family. They raised three daughters, Michelle, Laurie, and Pam who are also frequent visitors to The Gardens. The girls have given the proud grandparents four grandchildren: Kendrik, Aidan, Marina and Lily.

The family also had a cocker spaniel dog named Rascal. When asked about their favorite foods, Frank was clear that he is a pasta man. His mother had come straight from Italy so pasta was a staple growing up and he continued his love for that dish. Janet is more of a meat and potatoes gal, which took Frank some getting used to. They also have differences in their music taste as Frank is a 50's Rock and Roll guy and Janet enjoys Christian music. Throughout their marriage they enjoyed several cruises to the Caribbean and took a trip of a lifetime to Europe with friends.

Frank and Janet your company on The Gardens neighborhood truly makes it a more enjoyable place. We want you to know how happy we are to have you as members of The Gardens B family. Thank you for being a Gardens-B-Estie!





Do you want to recognize a team member who did something special for you or a loved one or who always goes above and beyond? Submit a Caring Heart for them. They (and their supervisor) will be notified that they received a Caring Heart, and they will be recognized in a future newsletter.



To submit a Caring Heart visit [www.stpauls1867.org](http://www.stpauls1867.org) and click **STAFF RECOGNITION**. Click on "Submit a Caring Heart" and fill in the simple form. **Please Note:** Submit **ONE** caring heart for **EACH** staff member you'd like to recognize. You can also complete a paper form from the Caring Heart bulletin board in each residence or by requesting one from the receptionist.

*List features staff from The Villas, The Heritage, The Ridgewood, The Keifer Building and Without Walls.*

## *Caring Hearts – October 2023*

### **Promoting a Culture of Caring & Recognizing our Team Members**

Doug Aiken  
Teresa Alexander  
Fred Arnold  
Jessica Baker  
Karen Bartel  
Mary Ellen Bayuk  
Kelly Bell  
Tracey Bornes  
Stephanie Bovard  
Denise Brown  
Norm Byler  
Mickie Chapman  
Rachael Collier  
Jenn Corp  
Mariah Corson  
Jennifer Crawford  
Shannon Criswell  
Jacky Dailyde  
Bev Dame  
Jay Dart  
Rebecka Deeter  
Amber Delong

Cory Denzer  
Bea DiCiancio  
AM Dining Staff  
Jessica Eslinger  
Myka Giaurtis  
Erica Gulentz  
Cheryl Hamilton  
Margie Hays  
Destany Hovis  
Christal Jablonski  
Sam Jablonski  
Karen Jackson  
Ashleigh Jameson  
Grace Jones  
Tina Jones  
Katie Jordan  
Jessie Krafcheck  
Cristal Langerbacher  
Carole Langiotti  
Terri Larimer  
Beth Linamen  
Meghan Liscio  
Tom Luckock

Hannah McCann  
Tammy McConnell  
Andrea Milano  
Amber Moore  
Ryan Moore  
John Mowry  
Michelle O'Malley  
Elaine Owen  
Tresa Poling  
Kristen Rader  
Rachel Ramp  
June Reges  
Regina Ross  
Dan Shoaff  
Trudy Smith  
Ridgewood Staff  
Nick Taylor  
Caitlin Trauterman  
Janet Triance  
Sheila Wasser  
Sarah Weikal  
Springs A

"Jessica is always offering to help entertain and/or spend time with the residents during her breaks. We are lucky to have such a kind and patient person like Jessica working on our floor!"

(Submitted by a  
co-worker)

"I am so appreciative of the attention that Jenn gives to my father. When I have medical related questions, Jenn takes the time to search out answers and explain them to me. I am so happy my father has Jenn to care for him in his golden years."  
(Submitted by a  
resident family  
member)



**Scarecrow time on the Springs—and everyone joined in the fun! Above from left: William Whirl, Tammy Gearhart and Joyce Holland.**



**Oktoberfest Beer Wagon in The Colony: (from left) Mariah Corson, Kami Pashikarnis and Melissa Villard hauled the wagon through the neighborhood; Kathy Anderson, Coralee Armstrong and Hud Artman were lucky patrons of the cold brew cart on a sunny Fun Friday in October.**



**Horse Racing in The Heritage: (from left) Bev Stake sets up the game for a little Sunday afternoon fun and Kathy Martorelli, Ada Daisley, Janet Kirk, Joan Capone, Verna Taylor and Janet North hold up their winning tickets!**



# Spreading Christmas Joy

We believe in spreading Christmas joy at St. Paul's and would like to make this Christmas extra special and memorable for the residents this year. In order to do this we could use your help!

You can help bring the gift of joy to St. Paul's by making a gift to the annual Resident Christmas Appeal, which will be coming to your mailboxes and inboxes soon! Your generosity can ensure that every resident at The Villas, The Heritage and The Ridgewood will receive a special Christmas gift. For some this may be the only gift they receive. Any money raised beyond the cost of gifts will go toward resident "wish list" items for all residents to enjoy throughout the year and to support our music therapy program.



*Please help us to make this Christmas extra special at St. Paul's!*

For more information, please call Teresa Findley, Director of Annual Giving at 724-588-7610 ext. 1237

## GIVING TUESDAY

Every year, on the Tuesday after Thanksgiving, many people take the time to kick off the holiday season by giving back to their community. This special day is called GivingTuesday and is a global generosity movement unleashing the power of people and organizations to transform their communities and the world.

We hope that on this GivingTuesday, November 28, you consider supporting the residents at St. Paul's. Your gift will benefit our annual Resident Christmas Appeal, ensuring that every resident residing at The Villas, The Heritage and The Ridgewood receives a special Christmas gift this holiday season. You can donate on St. Paul's Facebook page, online at [www.stpauls1867.org/giving](http://www.stpauls1867.org/giving) or by sending a check to St. Paul's Charitable Giving office at 341 E. Jamestown Rd. Greenville, PA 16125. Thank you for your support!





**St. Paul's is sponsoring a Toy Drive to benefit local families this Christmas season. Please help us spread the spirit of the season by donating a new, unwrapped toy that will bring joy to a local child this Christmas.**

*\* Toys will be collected in the lobby of The Villas Nov. 24 – Dec. 7.*

**Suggested items for toy donations: baby dolls and baby doll items, action figures, Legos™, art supplies, Matchbox™ cars, board games, Barbie™, Paw Patrol™, Frozen™, Fortnite™, Polly Pocket™, Nerf™ Guns**



## *Tax-Saving Charitable Giving Tips*

*We know you donate because you want to make a difference. Why not take a tax-smart approach to giving at the same time? Here are a few tax-saving strategies that you could benefit from in 2023:*

### Use your IRA to give

If you are at least 70 1/2, you can make charitable gifts directly from your IRA to St. Paul's. This is called a Qualified Charitable Distribution. You are giving away money that has never been taxed, completely tax-free! This is also a great way to satisfy your required minimum distribution (RMD) without raising your annual income level!

### Donate Securities

When you gift stocks, bonds or mutual funds to St. Paul's, you can avoid paying capital gains tax on those assets. Additionally, you are eligible to claim a charitable deduction for the full market value of the securities at the time of your gift.

### Bunch Your Donations

Consider consolidating your planned donations for 2023 and 2024 into a single tax year to reduce your tax liability. Let's compare two scenarios for someone married, filing jointly.

Scenario 1: You donate \$15,000 annually and have \$8,000 in other itemizable expenses. You claim:

**\$27,700** 2023 standard deduction

**\$29,200** 2024 standard deduction

**\$56,900 in tax deductions**

Scenario 2: You bunch your donations instead, giving \$30,000 in 2023 and \$0 in 2024. You claim:

**\$38,000** 2023 itemized deduction

**\$29,200** 2024 standard deduction

**\$67,200 in tax deductions** ☆ ☆

### Open a DAF

A donor-advised fund (DAF) is like a personal charitable giving investment account. Add funds whenever you want and claim an immediate charitable tax deduction when you do. If you have higher than normal income this year, perhaps from selling a business or inheriting wealth, put some of those funds in a DAF to reduce your tax liability and fund years of charitable giving.

*Talk to your accountant or financial advisor today to determine the best tax-saving strategy for you.*

**For more info, please contact:**  
**Dawn Hartman**  
**Director of Strategic Giving**  
**Phone: 724-589-4611**  
**Email: [dhartman@sp1867.org](mailto:dhartman@sp1867.org)**





# Joining Generations

On Thursday, Sept. 28, St. Paul's helped Thiel College kick-off their 2023 Homecoming celebration at the annual Joining Generations picnic at The Rust Colony Square Pavilion. Above, all who attended – the largest crowd **ever** at this event! – gathered for a group photo. At right, Martin and Sally Roth (seated) and Barry and Linda Oman, all Thiel College alumni smiled for the camera!

The Homecoming football game on Saturday, Sept. 30 was another chance for our residents to enjoy a “Bleacher Buddies” event at the college. It was a beautiful day, an exciting game and the Tomcats brought home a win!



Above from left: Dave Varner, Margie Crompton, Carrie Shapona and Bill Jones.



Above: Cheri McFate (right) and her friend, Maryann.



Above from left: Pat Houpt and her daughter, Deb.



At left: Carole Langiotti, Volunteer (left) and Dianna Mills, Life Enrichment Specialist at The Villas.





*~ Admission is FREE & ample parking will be available ~*

- Hand-crafted items including: quilts & throws, holiday decor and woodworking items
- Baked goods including: cupcakes, fudge and candy
- Artisans showcasing: painting, needle arts and jewelry
- Local children's author, Sheila Loreno Zuschlag will be selling and signing copies of her newly published book "Stuck Like a Bug in a Rug."
- Wholly Organic Microgreens and more!

The Auxiliary of St. Paul's  
Arms of Love & Service



The Auxiliary of  
**ST. PAUL'S**

*Thank you for your support!*  
\$3 = 1 ticket  
\$5 = 2 tickets



**Win a ride for two in a fire truck during  
the Greenville Christmas Parade  
on Saturday, Dec. 2!**

Contact Mary Ellen Bayuk at **412-916-6923** or **meb5@psu.edu** if you would like to purchase tickets.

Winning ticket will be drawn **Friday, Nov. 17, 2023.**  
Winner will be notified by phone. Children under 10 years must be accompanied by an adult.