

Colony Resident Artwork on Display at Local Gallery



We've featured some of our talented resident artisans in The Colony in this newsletter before, and also have highlighted the various mediums in which they work—but a recent public exhibit at Sans Moco Art Gallery in downtown Greenville, Pa., afforded many of those residents a chance for the greater community to enjoy their talent.

Sans Moco (est. 2013) Art Gallery is located on the second floor of Fresh Grounds Coffeehouse on Main Street in Greenville. Nancy Hoffacker, Colony resident and regular volunteer at Fresh Grounds, orchestrated the idea for an exhibit and coordinated with her neighbors to have the gallery display a beautiful collection of works that will be available for viewing until May 3.

An opening reception was held at the Gallery on Saturday, April 22 where several of the artists were in attendance. The collection of works includes everything from oil paintings and pastels to hand-carved wooden pieces, quilted wall-hangings, and more!

The artwork exemplifies the wide-ranging personalities of those who live in our independent living neighborhood and showcases the diversity in art creation. See photos of some of the artists with their works on page 2.

Having these works on display was a great opportunity to show others in the community that residents at St. Paul's "Come to live," indeed! And their hobbies and passions can not only remain intact, but can flourish!

Thank you to Nancy for arranging this opportunity and to the artists who agreed to have their works displayed: Coralee Armstrong, Bonnie Barr, Jo-Anne Cooper, Margie Hays, Steve & Carol Hosmer, LaWanda Johnston, Carol Koehler, Gail Maycher, Mary Moore, John Nichols, Russ Roberts, Bill Sayles and Jackie Weyman.



Above: Steve Hosmer (left) details one of his intricate cross-stitch designs to Rob Hartman at the opening reception.



Above: Patty Breitenbach (left) and Jo-Anne Cooper admire quilted wall hangings made by Margie Hays.



John Nichols (above center) shared carved Santa Claus figures, which have been an interest of his since his childhood, and wooden spoons which were inspired by a trip to the British Isles where love spoons are a courting custom in the country of Wales. John has enjoyed carving for about 50 years and “really like[s] to look at a piece of wood and try to imagine what might be inside.”



Jackie Weyman, (above left) and Jo-Anne Cooper (center) both submitted beautiful oil paintings to the exhibit and Russ Robert (above right) has several hand-made wooden pieces displayed including two clocks and a table on which one is displayed. Russ also donated a mantle clock that is regularly on display on the fireplace on the main floor at Fresh Grounds.



Carol Koehler, (above left) and Bill Sayles pose by a table that was set with Carol's hand-sewn linen placemats, napkins and coasters and a gorgeous set of Bill's beautiful hand-carved bowls.



Mary Moore, (above) displayed three table runners that she made using the “sew and flip” technique. She also contributed this hand-embroidered pillow cover that she made for her mother nearly 40 years ago.

fun Fridays

All-campus Theme Days

— Friday, May 5 —



~ Wear festive colors and join a fiesta today! ~

— Friday, May 12 —

Celebrating National Physical Fitness Month

Pick up information from Ron A. on how to stay fit throughout the year

~ Wear something sporty today! ~

— Friday, May 19 — **Color Run Prep!**

*~ Wear something **BRIGHT & COLORFUL** as we prepare for our big event tomorrow & the grand finale of National Skilled Nursing Home Week! ~*

— Friday, May 26 —
National Polka Day



~ Wear Polka Dots or Patterns today ~



A second successful "Bleacher Buddies" event was held early in April. This time, residents Dorothy Dalessandro and Nancy Marts (pictured at left, front and center) enjoyed an evening cheering on the Thiel College Men's Volleyball team. We look forward to more opportunities for our residents to cheer on the Tomcats in the future!

Joining Generations

Greenville Lions Club Pancake & Sausage Day

One of our residents' favorite community events was back this year after a three-year hiatus, due to the pandemic. Thursday, April 27 was the 56th Annual Greenville Lions Club Pancake & Sausage Day. Many kudos to the team members who transported more than 60 residents from every corner of campus to the Knights of Columbus to enjoy this community event!



Above: Shirley Faber (Villas) and Janet Kirk (Heritage). Below: Arlene and Glenn Sadler (Colony)



Above: Don Swartz and Janet North (Heritage)



Above: Marc Duell, resident at The Colony and Lions Club member. Below: Martha Kather with Samantha Augustine, PCA



The Roaming Garden Gnomes struck again this season as we celebrated National Gardening Day on Friday, April 14. Dressed as garden gnomes, Life Enrichment team members handed out flower-shaped treats to residents all across campus. Below Dawn French poses with Ridgewood residents (from left) Eleanor Harkins, Sandy Beckman and Ruth Miller.



Policy on gifts and gratuities

While residents, clients and family members often wish to show their appreciation for the care and services rendered by St. Paul's staff, St. Paul's must ensure that residents, clients and family members do not feel obligated to give St. Paul's or its staff gifts or gratuities in order to assure a resident or client receives quality care. In order to comply with this policy St. Paul's has set forth the following guidelines:

1. Employees may not ask or suggest that a resident or client, or any person acting on behalf of a resident or client should offer or give gifts or gratuities to St. Paul's staff.
2. Employees may not accept cash or currency of any kind, including but not limited to tips from any source or individual. Employee bonuses and/or gifts provided by St. Paul's do not constitute gifts or gratuities.
3. Employees may only accept non-cash gifts that do not exceed \$10.00, and/or are shared by the whole staff. In order to be considered a non-cash gift, the gift cannot be converted to currency.

Opportunities for Gifts of Appreciation to Staff

Many residents, clients and families often ask how they can give back and say "Thank You" to the staff who have provided excellent care to their loved ones while living at St. Paul's. These three funds give you the opportunity to do so:

1. A donation may be made to the Staff Appreciation Fund. This fund enables St. Paul's to recognize all staff. (i.e., to provide staff apparel, staff appreciation picnics, or gift cards for various occasions.)
2. A donation can be made to the Staff Education Fund. You can define the education opportunity or leave it to the administrator's discretion.
3. A donation of appreciation can be made to the Annual Staff Christmas Celebration. This donation can be given to the administrator or director and identified for the Staff Christmas Celebration and will be used to offset the cost and for staff gifts the night of the party.

If you would like to make a donation to staff for anything outside of these three funds, please see your administrator or director to talk about specifics.

Employees may not accept individual gifts, cash or currency of any kind from a resident or family member. We appreciate your support of these guidelines in order for us to remain compliant with regulations and our corporate compliance policies.

~ IN MEMORIAM ~

Residents who have passed
March 16, 2022 — April 15, 2023

03/23/23	Grace Alabran
03/25/23	William Foust
03/31/23	Timothy McElhinny
04/05/23	Dorothy Smith
04/11/23	Elaine Gano
04/11/23	Gail Peoples

alzheimer's association

Greenville Caregiver Support Group

Presented by:
Alzheimer's Association
Greater PA Chapter

First Tues. of the month
May 2, 2023
June 6, 2023
2 - 3:30 p.m.

Zion's Reformed Church
260 Main St.
Greenville, PA 16125

Contact:
Michelle O'Malley
724-588-9613 ext. 1427

Build a support system with people who understand.

Alzheimer's Association® caregiver support groups, conducted by trained facilitators, are a safe place for caregivers, family and friends of persons with dementia to:

- Develop a support system.
- Exchange practical information on caregiving challenges and possible solutions.
- Talk through issues and ways of coping.
- Share feelings, needs and concerns.
- Learn about community resources.

Guest Apartment at The Heritage Available



The guest apartment in The Heritage is available to rent to families or loved ones who need a place to stay while visiting.

The one bedroom apartment has a queen-size bed (a rollaway bed is also available if needed), microwave, refrigerator and a flat screen television. The cost is \$89 per night. Check in is 3 p.m. and check out is 11 a.m. For reservations call Robyn Weaver at 724-588-7610 ext. 1146.

Spiritual Services

Message from Pastor Julia

The Emmaus story from Luke 24 reminds us in a beautiful way how God works for good in our lives through conversation. The Risen Lord Jesus is here the conversation partner par excellence, but many of the skills he exhibits are ones we can learn and put into practice ourselves. He first greets those he meets as a fellow traveler on the way, not feeling the need to share his credentials. He listens quietly and intently to matters of concern, knowing that companionship often brings greater comfort than advice. When the time seems right, he responds by lifting up God's Word as a ready source of help. And then, when invited to keep the conversation going, he accepts—glad for a chance meeting to have opportunity to grow into something deeper.

Not all human conversations have the spiritual import of this one. But all human conversations are the better when entered into with humility, sincere concern, desire for God to use us in them, and openness to ongoing sharing. As we continue to work our way back into greater engagement with others, let us keep in mind Jesus' excellent example of how, through quality conversation, relationships grow and thrive.

Special Thank yous

Fr. Brandon Klechner for coming to hear Confession for Heritage residents during Lent.

Deacon Frank Luciani for leading Stations of the Cross during Holy Week.

Ann Fowler for assisting with Holy Communion at The Villas on Maundy Thursday.

Denise Brown for serving as soloist during Easter services at The Villas.

Margie Hays, Pastor Glenn Sadler, Janet Kirk, Kathy Martorelli, and Ann Fowler for staffing the Spiritual Services table at the Health & Wellness Fair.

Father John Wise from St. Clement's Episcopal Church for being on call for pastoral emergencies across Pastor Julia's vacation.



Sunday Services will be held weekly in May at The Heritage at 9 a.m., The Villas at 10 a.m. and The Ridgewood at 11 a.m.

The 10 a.m. service will broadcast on Ch. 1851.

All residents are welcome to join in, whether in-person or virtually!

Bible Study Schedule

The Heritage on Wednesdays at 1 p.m. in Anderson Fellowship Hall;

&

The Ridgewood on Thursdays at 10 a.m. in Harmony Hall.

SPIRITUAL COUNCIL MEETING

Tuesday, May 2 at 10 a.m. in the Anderson Fellowship Hall.

Catholic Mass



Father Brandon Klechner from St. Michael's Roman Catholic Church in Greenville will lead Mass for Catholic residents in Headland Friendship Commons on Wed, May 3 at 10 a.m.



Pastor Julia will lead devotions, Holy Communion, and hymns with residents from Jones Serenity Circle and Lane on Tuesday, May 16 at 2 p.m.

MOVIES

May 2023

Sun Mon Tue Wed Thu Fri Sat

	<p>1</p> <p>10 a.m. The Boss</p> <p>2 p.m. Death on the Nile</p>	<p>2</p> <p>10 a.m. Joy</p> <p>2 p.m. Just Go With It</p>	<p>3</p> <p>10 a.m. Mass from H.F.C.</p> <p>2 p.m. El Dorado</p>	<p>4</p> <p>10 a.m. The Choice</p> <p>2 p.m. The Curious Case of Benjamin Buttons</p>	<p>5</p> <p>10 a.m. The Lost City</p> <p>2 p.m. Broadcast from H.F.C.</p> <p>7 p.m. Titanic</p>	<p>6</p> <p>10 a.m. Out Of the Wild</p> <p>2 p.m. A Man Called Ove</p>
<p>7</p> <p>10 a.m. Church Service</p> <p>1 p.m. Hymn Sing</p> <p>2 p.m. Chemical Hearts</p>	<p>8</p> <p>10 a.m. Forces of Nature</p> <p>2 p.m. Heaven Can Wait</p>	<p>9</p> <p>10 a.m. Flesh and Bone</p> <p>2 p.m. Last Chance Cafe</p>	<p>10</p> <p>10 a.m. The Gold Rush</p> <p>2 p.m. The Cheapest Detective</p>	<p>11</p> <p>10 a.m. Rosary from H.F.C.</p> <p>2 p.m. Madame Z Praise from H.F.C.</p>	<p>12</p> <p>10 a.m. Staying Alive</p> <p>2 p.m. Broadcast from H.F.C.</p> <p>7 p.m. Play the Game</p>	<p>13</p> <p>10 a.m. Thanks a Million</p> <p>2 p.m. Sherlock Holmes: Dressed to Kill</p>
<p>14</p> <p>10 a.m. Church Service</p> <p>1 p.m. Hymn Sing</p> <p>2 p.m. Still Mine</p>	<p>15</p> <p>10 a.m. Hanover Street</p> <p>2 p.m. Just Go With It</p>	<p>16</p> <p>10 a.m. News Of the World</p> <p>2 p.m. Storming Juno</p>	<p>17</p> <p>10 a.m. Major Payne</p> <p>2 p.m. The Wedding Planner</p>	<p>18</p> <p>10 a.m. The Glass Castle</p> <p>2 p.m. A Royal In Paradise</p>	<p>19</p> <p>10 a.m. A Walk to Remember</p> <p>2 p.m. A Horse Tale</p> <p>7 p.m. The Cutting Edge</p>	<p>20</p> <p>10 a.m. Let Him Go</p> <p>2 p.m. Land Of the Lost</p>
<p>21</p> <p>10 a.m. Church Service</p> <p>1 p.m. Hymn Sing</p> <p>2 p.m. Roman J. Israel, Esq.</p>	<p>22</p> <p>10 a.m. The Switch</p> <p>2 p.m. Crooked House</p>	<p>23</p> <p>10 a.m. The Post</p> <p>2 p.m. Love In Bloom</p>	<p>24</p> <p>10 a.m. Jane Eyre</p> <p>2 p.m. The Door</p>	<p>25</p> <p>10 a.m. Rosary from H.F.C.</p> <p>2 p.m. The Warrant</p> <p>6:30 p.m. Z Praise from H.F.C.</p>	<p>26</p> <p>10 a.m. The Pajama Game</p> <p>2 p.m. Boynton Beach Club</p> <p>7 p.m. The Last Of the Mohicans</p>	<p>27</p> <p>10 a.m. The Silver Brumby</p> <p>2 p.m. Top Dog</p>
<p>28</p> <p>10 a.m. Church Service</p> <p>2 p.m. The Shunning</p>	<p>29</p> <p>10 a.m. The Thomas Crowne Affair</p> <p>2 p.m. Lonesome Dove</p>	<p>30</p> <p>10 a.m. A Shot In the Dark</p> <p>2 p.m. An Eye For an Eye</p>	<p>31</p> <p>10 a.m. Furry Vengeance</p> <p>2 p.m. Cyrano</p>	<p>All residents should tune to Channel 1851 for movies, church services and any other internal broadcasts. This channel has been reserved by Spectrum for use internally by campuses like St. Paul's, and is not used for regular programming, which alleviates any potential signal interference. If there is nothing scheduled to broadcast on the channel, the screen will appear blank.</p>		

COLONY COLUMNS

~ News from The Colony ~

All scheduled activities are subject to the guidance of PA DOH, CMS and CDC regarding COVID-19.



May

1 - John Hurd
4 - Dan DeWeese
5 - Natalie Macosko
5 - Bonnie Morrison
8 - Betty Stubert
10 - Sue Simons
11 - Scott Dambacher
11 - Irv Milheim
18 - Bob Olson
24 - Margie Hays
24 - Bill West
29 - Lynne Wilson
31 - Mary Ellen Bayuk

May Staff Birthdays

3 - Rita Clemente
5 - Tammy Lininger

June

1 - Paul McKay
6 - Rhea Klenovich
8 - Christine Bayuk
8 - Norm Simons
10 - Barbara Curtis
10 - Nancy Stevenson
11 - Nancy Hoffacker
11 - Russ Roberts
13 - Nita Duell
15 - Dorothy Schmid
17 - Lynne Lightner
19 - Cathy DeWeese
21 - Nancy Reinhardt
22 - Coralee Armstrong
29 - Betty Creekpaum
30 - Rick Diefenderfer

June Staff Birthdays

13 - Jennie Kather
24 - Michelle O'Malley



Monday, May 1 – Men & Women's Chat Groups

Wednesday, May 3 – Colony Birthday Celebrations

Thursday, May 4 – National Day of Prayer

Friday, May 5 – Breakfast at Cracker Barrel

Tuesday, May 9 – Colony Open Forum

Wednesday, May 10 – Paint & Sip w/ Margie Hays

Thursday, May 11 – Annual Greenhouse Tour
Eat What You Want Day

Saturday, May 13 – Erie SeaWolves Game

Monday, May 15 – PEER Program Presentation
(Anderson Fellowship Hall, The Heritage)

Tuesday, May 16 – Lunch at Valley Kitchen

Friday, May 19 – Pavilion Pizza Party

Saturday, May 20 – St. Paul's Color Me Happy 5K

Thursday, May 25 – Password Game in the Pavilion

Friday, May 26 – Polka Bingo

Monday, May 29 – Happy Memorial Day

Tuesday, May 30 – Ice Cream Tour Kick-off

~ Attention Colony Residents ~

Join us for a presentation by our
Ombudsman, Ericka Dershimer
introducing you to the

Pennsylvania Empowered Expert Residents (PEERs) Program

**on Monday, May 15 at 2 p.m.
in Anderson Fellowship Hall
at The Heritage**

PEERs are individuals living in long-term care settings who have been trained to advocate to improve the quality of life in their homes. After graduating from a Long-Term Care Ombudsman five-part empowerment training, PEERs are equipped to help their fellow residents improve day-to-day life in long-term care facilities. PEERs also advise the Office of State Long-Term Care Ombudsman on the issues affecting all of Pennsylvania's long-term care residents.



Mark Your Calendar for these Upcoming June Events

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**Friday, June 2** – Breakfast Out

**Monday, June 5** – Men & Women's Chat Groups

**Wednesday, June 7** – Colony Birthday Celebration

**Friday, June 9** – St. Paul's Outdoor Movie

**Tuesday, June 13** – Colony Pot-luck Lunch



# HERITAGE HERALD

~ News from The Heritage ~

All scheduled activities are subject to the guidance of PA DOH, CMS and CDC regarding COVID-19.

**may**  
**at The Heritage**

**Tuesday, May 1**

Spiritual Council Meeting, 10 a.m.

**Thursday, May 4**

Amish Singers Return! 6:30 p.m.

**Friday, May 5—Cinco de Mayo**

Bluebirds Eden Family Taco Bar, 11:30 a.m.

Mike Leslie performs with his guitar, 2:30 pm.

Enjoy Mexican sundaes!

**Tuesday, May 9**

Golf Cart Rides in Big Red, 3 p.m. (*weather permitting*)

**Thursday, May 11**

Z Praise Performs, 2:30 p.m.

**Friday, May 12**

Departure for Errand Day, 12:30 p.m.

National Fitness Day Session with Ron, 1 p.m.

**Sunday, May 14**

HAPPY MOTHER'S DAY!

**Monday, May 15**

Mercer County AAA, PEER Program Presentation with  
Ombudsman Ericka Dershimer, 2 p.m.

**Wednesday, May 17**

Afternoon of Skee Ball and Volleyball with Residents  
from The Ridgewood, 1 p.m.

**Thursday, May 18**

Kitchen Conversations with Keven, 10 a.m.

Horse Racing Game with Bev and Linda, 6:30 p.m.

**Saturday, May 20**

Annual Color Me Happy 5K, 9 a.m.

**Thursday, May 25**

Golf Cart Rides in Big Red, 2:30 p.m. (*weather permitting*)

**Friday, May 26**

Auxiliary Bake Sale in the Bistro Library, 10:30 a.m.

Departure for Errand Day, 12:30 p.m.

National Polka Day Performance with Gregg  
Vanderveen and the Basement Band Duo, 6:15 p.m.

**Tuesday, May 30**

Morning Ride in Big Red, 10 a.m. (*weather permitting*)

**Resident Council Meeting**  
**Tuesday, May 23 • 1 p.m.**



## May Birthdays

- 1 - Michael Leskovac
- 2 - Mary Zarecky
- 4 - Janet Hoffman
- 12 - Karen Gentile
- 20 - Eugene Mecklem
- 24 - Dona Robinson
- 26 - Robert Quigley
- 27 - Helen Harrison
- 28 - Shirley Hildebrand

**Residents who celebrate a birthday this month will receive a special birthday lunch on Tues., May 16.**



## Ice Cream Social

**Every Tuesday at 2 p.m.**

*Choose from 4 to 6 different flavors...*

*or try a scoop of each!*



## Thursday & Saturday

- Resident-coordinated evening card games occur a couple times per week.
- Communion is delivered weekly to residents on their floors by St. Michael's.
- Personal shopping is provided by volunteer Reba G. on the 2nd and 4th Tuesdays of each month.
- USA Travelogue presentations weekly at 10 a.m.
- Sunday Worship Service at 9 a.m. in Anderson Fellowship Hall.
- Fitness Jam with Ron: Monday, Thursday & Friday at 1 p.m.
- Wednesday Bible Study with Pastor Julia at 1 p.m. in Anderson Fellowship Hall.
- Seated volleyball with Ron every Wednesday at 2:30 p.m.
- The Beauty Salon opens at 9 a.m. on Friday mornings.
- Daily movies, weekly spiritual opportunities and occasional special performances broadcast on Channel 1851.

# SERENITY SPOTLIGHT

~ News from Jones Serenity Circle & Lane ~

All scheduled activities are subject to the guidance of PA DOH, CMS and CDC regarding COVID-19.

## Regularly Scheduled Activities

- Mondays** Book Club  
Aroma Therapy Wind Down (p.m.)
- Tuesdays** Beauty Shop Appointments (a.m.),  
Fitness with Ron
- Wednesdays** Morning Movement Class  
Music Therapy
- Thursdays** Morning Meditation,  
Fitness with Ron
- Fridays** Hand Spas,  
Cooking/Baking Demonstration

## Cooking/Baking Demonstrations (Fridays)

- May 5 – Virgin Strawberry Margaritas  
May 12 – Peanut Butter Bliss Balls  
May 19 – Rainbow Israeli Salad  
May 26 – Livance (Czech Pancakes)

## Musical Entertainment in April

- May 4 – The Amish Singers  
May 11 – Z Praise with Gary & Donna  
May 12 – Take II Band  
May 16 – Alissa Pesavento on Harp  
May 26 – Johnny Oakes on Keyboard

## Other Special Events

- May 3 – Mass at The Villas  
May 5 – Cinco de Mayo Party  
May 11 – Bible Study with Tresa  
May 14 – Mother's Day Tea  
May 15 – May Birthday Party  
May 16 – Worship & Communion Service with  
Pastor Julia  
May 20 – Color Me Happy 5K  
May 25 – Strawberry-Rhubarb Spritzer Bar  
May 25 – Bingo

## Experimenting with COLOR in JSC&L



Millie Ansenberger shows off the colorful fruit pizza that the residents made in celebration of National Crayon Day!



Nancy Marts very precisely places plant seeds as the group prepares for another colorful season in The Garden of Love. We'll be sure to keep everyone posted on the progress!

Bill Weaver also keeps a steady hand as he participates in a game of colorful Jenga.





# RIDGE RUNNER

~ News from The Ridgewood ~

All scheduled activities are subject to the guidance of PA DOH, CMS and CDC regarding COVID-19.

## ~ Resident of the Month ~

### Rae Johnson



Rae was born and raised in North Dakota to Herbert and Esther Weiss. Rae was one of three children. She attended and graduated from Wahpeton High School in North Dakota. After graduating high school, Rae attended Concordia University in Moorhead, Minn., for two years, and then got married to her late husband Marlowe Johnson on Sept. 4, 1949. Rae finished her college education at Thiel College with a degree in elementary education.

After college, Rae became an elementary school teacher for Greenville School District. She was very passionate about her job and enjoyed every minute of her teaching career. Further on in life, Marlowe and Rae had three children together (Bruce, Lori Rae, and Wendy). She has eight grandsons (Greg, Bryan, Tim, Luke, Zac, Tyler, Nathaniel, and Noah), and five great-granddaughters (Rachel, Elisabeth, Arianna, Nora, and Elle).

Rae enjoys reading, taking walks outside, gardening, and playing cards with her good friends here at The Ridgewood. Rae also likes to spend her free time with her partner and companion Bob Olson. Rae and Bob have been together for 17 years, but have known each other for much longer from making connections at Thiel College.

Throughout her life Rae, has traveled to a handful of destinations around the world. She traveled to Europe eight times with the Thiel Choir (her late husband was the founder of the choir). She has also traveled to California almost every year to visit her son, and she and Bob also had lived in Florida for a few years.

Rae's favorite food is a casserole, she enjoys the creativity of mixing different foods together to make a delicious meal. Some of her best memories in life so far would have to be with her family. Growing up in the northern mid-west, Rae enjoyed when her family had a home that was on a lake in Minnesota where she made a lot of memories with her siblings from the time spent on the lake and in the water.



### Residents

9 - Peg Revell  
17 - Bonnie Shaw

### Staff

20 - Camren Schlosser  
5 - Mickie Chapman  
23 - Madeline Blatt  
19 - Lisa Adams  
28 - Cindy Veado

## may activities at The Ridgewood

**Monday, May 1** – Manicures, 10 a.m. (100 & 200 Halls)  
Birthday Luncheon at 11:30

**Tuesday, May 2** – Shopping Day, 9 a.m.

**Wednesday, May 3** – Hymn Sing w/Robin McLaughlin, 10 a.m.  
Maintain Your Brain, 1 p.m.

**Friday, May 5** – Happy CINCO DE MAYO - Tacos for lunch!  
Wii Bowling, 1 p.m.

**Monday, May 8** – Camp Reynolds Memorabilia w/Art Williams, 10 a.m.  
Mother's Day Poetry Reading, 5:30 p.m.

**Tuesday, May 9** – Mother's Day Card Making, 10 a.m.

**Wednesday, May 10** – Seated Dancing with Katie, 10 a.m.  
Resident Sharing w/Barb Baker at 1 p.m. – Music Therapy, 3 p.m.

**Friday, May 12** – Celebrate NATIONAL PHYSICAL FITNESS  
MONTH with a nice walk around The Ridgewood  
Greenville Mobile Library at, 1 p.m.

**Sunday, May 14** – HAPPY MOTHER'S DAY!  
Mother's Day Breakfast, 7 a.m.

**Monday, May 15** – Manicures, 10 a.m. (300 & 400 Halls)

**Tuesday, May 16** – LCR Game, 10 a.m.

**Wednesday, May 17** – Seated Dancing with Katie, 10 a.m.  
Skee Ball and Pool Noodle Volleyball at The Heritage, 1 p.m.

**Friday, May 19** – COLOR RUN PREP DAY Prep bottles, 1 p.m.

**Saturday, May 20** – COLOR ME HAPPY 5K, 10 a.m.

**Tuesday, May 23** – Gardening Meeting, 10 a.m.

**Wednesday, May 24** – Seated Dancing with Katie at 10,  
Grace Notes Concert, 1 p.m. – Music Therapy, 3 p.m.

**Friday, May 26** – NATIONAL POLKA DAY!  
Greenville Mobile Library, 1 p.m.

**Monday, May 29** – HAPPY MEMORIAL DAY! Indoor "Cookout"

**Tuesday, May 30** – Bingo Bucks Store, 10 a.m.

**Wednesday, May 31** – Seated Dancing with Katie, 10 a.m.

## Regularly Scheduled Activities

**Food Committee** meets on the 2nd Tuesday & **Resident Council** meets on the 2nd Thursday of each month @ 1 p.m.

**Sunday** – Church Service @ 11 a.m. & Ice Cream Cart @ 2:30 p.m.

**Monday** – Pool Noodle Volleyball @ 2 p.m. & Evening Activity @ 6 p.m.

**Tuesday** – Exercise with Ron @ 2 p.m. & BINGO @ 5:30 p.m.

**Thursday** – Bible Study @ 10 a.m., Exercise with Ron @ 2 p.m.  
& Word Game @ 5:30 p.m.

**Friday** – Exercise @ 10 a.m. & 500 Card Game @ 6 p.m.

**Saturday** – Exercise @ 10 a.m. & BINGO @ 1:30 p.m.

# HOUSE CHATTER

~ News from The Villas ~

All scheduled activities are subject to the guidance of PA DOH, CMS and CDC regarding COVID-19.

## ~ May 2023 Activities & Special Events at The Villas ~

Activities will be based on current guidelines. Adaptation will be implemented as indicated.



## activities at The Villas

### Monday, May 1 – May Day

Don't forget to nominate a resident to represent your neighborhood by May 10! Crowning of May Queens or Kings will be held May 12 @ 2 p.m.

### Tuesday, May 2

10 a.m. Faith, Fitness and Fun

### Wednesday, May 3

10 a.m. Mass with Father Brandon

1 p.m. Bingo Bucks

### Thursday, May 4 - May the 4th Be with You (no Rosary today)

6:30 - 8 p.m. Game Nite

### Friday, May 5 - Cinco De Mayo

~ Wear festive colors and have a fiesta today! ~

2 p.m. Justin Gray Entertains (Vocals/Guitar/Variety)

Enjoy some Margaritas!

### Thursday, May 11

6:30 - 7:30 p.m. Z Praise (only broadcast on Ch. 1851)

### Friday, May 12 – May is National Physical Fitness Month

~ Wear fitness apparel/sporty gear ~

Pick up info. from Ron A. on how to stay fit throughout the year!

2 p.m. Crowning of Neighborhood's May Queen or King!

### National Skilled Nursing Care Week!

May 14 – May 20

“Cultivating Kindness” is the National Theme for NSNCW

Cultivate and spread kindness during this special week ♥

### Sunday, May 14 - Mother's Day

~ Be a ray of sunshine with accents of yellow and/or orange ~

1 – 2 p.m. Alyssa Pesevanto in the HFC (also on Ch. 1851)

## Regularly Scheduled Activities

Birthday Lunch – 3rd Tuesday & Resident Council – 4th Tuesday

**Sunday** – Church Service @ 10 a.m.

Classic Hymn Sings and Songs of Faith via YouTube  
on Ch. 1851 @ 1 p.m.

**Tuesday** – Evening BINGO @ 6:45 p.m.

**Wednesday** – Music Therapy @ 10 a.m.

**Thursday** – Rosary @ 10 a.m. (except the first Thursday)

**Saturday** – BINGO @ 1:45 p.m.

**Individual neighborhoods also offer activities in addition to The Villas activities schedule.**

### Monday, May 15 – Making Monday a Fun Day! Mustache Monday

~ Wear a smile, a stache and favorite tee ~

Early morning: Coffee cart and special treats

Mustache photo opps by the elevators...stop and take a pic!

1:45 p.m. Hymn Sing with Greg

### Tuesday, May 16 – Sporty Shenanigans

~ Wear favorite sports shirts ~

10 a.m. Faith, Fitness and Fun Game: Hungry Hippo

6:45 p.m. Blockbuster Bingo

### Wed., May 17 – Sowing Seeds of Kindness & Garden Projects

~ Serene Greens or Garden/Outdoor Themed Tees ~

Showing our green thumbs on the Neighborhoods

### Thursday, May 18 – Musical Notes and Ice Cream Floats

~ Favorite Music Tee or the Color Black ~

10 a.m. Rosary

2 p.m. Ice cream floats and music (Greg Van Valien, piano)

6:30 – 8 p.m. Game Nite

### Friday, May 19 – Feel Good Friday

~ Wear something bright and colorful ~

10 a.m. Talent Show

Afternoon: Color Me Happy 5K preparations

### Saturday, May 20 – Color Me Happy 5K!

~ Wear St. Paul's shirts ~

9 a.m. Registration–9:45 a.m. Race/Walk Begins (Villas lot 2)

1:45 p.m. Color Me Happy Bingo Blitz

### Tuesday, May 23

10 a.m. Faith, Fitness and Fun

### Thursday, May 25

6:30 – 7:30 p.m. Z Praise (only broadcast on Ch. 1851)

### Friday, May 26 - National Polka Day

~ Wear polka dots or patterns ~

2 p.m. Polka Day Music (Denny Fabrizi, accordion)

### Tuesday, May 30

10 a.m. Faith, Fitness and Fun



## May Birthdays at The Villas

1 - Diane Hawkins

14 - Margie Rishel

6 - Joyce Davis

18 - Joyce Algoe

9 - Nick Smargiasso

22 - Mary Patton

Monthly birthday lunch for May birthdays on May 23.



# Gardens

# B-esties!



Our Gardens Resident B-Estie for this month is the fascinating Shirley Clark. Of all the B-Esties we have highlighted, Shirley may have the most unique and diverse life experience so far!

Shirley was born in Aliquippa Pa., on Oct. 4, 1928. She is the daughter of a steel worker and had one brother named Clair and one sister named Susie. She grew up and attended school in Monaca, Pa. After high school, she followed the career path of becoming a nurse. She attended

Buhl Hospital in Sharon Pa., and earned her RN. Always a traveler, her career led her to Yosemite National Park where she worked as a nurse in a 16-bed hospital and met her future husband, a park ranger and ski instructor, David Clark. Shirley and David had five children, Bruce, Rebecca, Jeff, Nate and Shelby. She worked for many years in many different places as she and David relocated 20 times in 13 years! Some of this time was at Polk Center in Polk, Pa.

A very unique aspect of Shirley's life is the huge amount of traveling she has done. She has visited all 50 states, mostly by car and train with her children. Her favorite trip of all time was a backpack excursion in Kings Canyon, Calif. She considers her most unique trip was her excursion to Antarctica. During this trip, Shirley and her group explored the area in a renovated German ice rigger that allowed them to move about by water through Antarctica. She was able to interact with both penguins and seals who were seemingly unafraid of the travelers. It was also during this trip that the vessel became iced into a cove and had to break its way out.

Other than travel, Shirley's hobbies include gardening, needlework, skiing, and collecting cupboards. She enjoys 40's era music and her favorite artist is Woody Herman and favorite song is Sentimental Journey. Her favorite food is pork and sauerkraut. Her favorite book is *Anne of Green Gables*. She spent time later in life near her family home in Sandy Lake and has a home in Stoneboro. For 30 years she took care of the Deer Creek Cemetery. Over the years she had a Heinze 57 dog named Laddy and two Samoyeds. Her favorite flower is the hydrangea.

Shirley you have truly lived a fascinating and diverse life! We want you to know how happy we are to have you as a member of the Gardens B family. Thank you for being a Gardens-B-Estie!!



Our team member Gardens-B-estie for this month is Ms. Missy Rowles. Missy can be found on the Gardens B working as their daytime CNA on the north hall. She has dedicated 20 years of her life to the care of our residents at St. Paul's – three years in her original employment, and an additional 17 when she returned after a break. She has made a huge difference to many of our residents in that time. Missy has great empathy for our residents

as at one point she was nearly bed ridden. That experience showed her what it was like to need a helping hand and she is driven and rewarded by her ability to give back to those in need. When at work she loves working with coworkers who are as committed as she is and handle their business timely and efficiently.

Missy was born on July 29, 1969 in Greenville. When she was three years old she moved to Conneaut Lake and grew up there. She is one of four children and has two older brothers and an older sister. As a high school student Missy was a cheerleader and was the captain of the squad! Sadly both of her parents have passed away in recent years and she misses them dearly. If given the chance she would love to talk to her mom again prior to her experience with dementia. Missy has two daughters – Kaitie is 31 and has a son, Aiden and a daughter, Aurora; Ashlee is 26 and due to have her first child on June 20th!

Missy is also the proud owner of three Yorkies. After work she gets to go home to Jingles, Bella and Tink! She doesn't spend much time watching TV, but will listen to 80's rock –especially Def Leppard! She loves baking and cooking. One Christmas she baked and sold 5,000 cookies, pumpkin rolls, fudge and pies all in a week helping people get ready for the holiday. Missy has been to Disney 14 times and sailed on three Disney cruises! She also enjoys a trip to the Outer Banks, NC if she needs a break from Mickey and the gang. Her favorite meal is anything with a good red sauce and filet mignon.

Missy is the true definition of a caregiver. Her life experience has given her a unique perspective and deep-rooted empathy for the people she cares for. She has dedicated her life to caring for people and caring about all of the people in her life. This type of effort is noticed and appreciated!

Thank you, Missy for sharing your talents with us and for your commitment to our residents. We salute you as a Gardens B-estie!

Do you want to recognize a team member who did something special for you or a loved one or who always goes above and beyond? Submit a Caring Heart for them. They (and their supervisor) will be notified that they received a Caring Heart, and they will be recognized in a future newsletter.



To submit a Caring Heart visit [www.stpauls1867.org](http://www.stpauls1867.org) and click **STAFF RECOGNITION**. Click on "Submit a Caring Heart" and fill in the simple form. **Please Note:** Submit **ONE** caring heart for **EACH** staff member you'd like to recognize. You can also complete a paper form from the Caring Heart bulletin board in each residence or by requesting one from the receptionist.

*List features staff from The Villas, The Heritage, The Ridgewood, The Keifer Building and Without Walls.*

## *Caring Hearts – May 2023*

### **Promoting a Culture of Caring & Recognizing our Team Members**

Jessica Baker  
Tom Bartell  
Mary Ellen Bayuk  
Kelly Bell  
Tracey Bornes  
Shianne Brantner  
Denise Brown  
Kurt Bucheit  
Lydia Cianci  
Rita Clemente  
Gayle Cowan  
Shannon Criswell  
Jacky Dailyde  
Cory Denzer  
Lexi Doeberienier  
Dawn French  
Cathy Gadsby

Tammy Gearhart  
Erica Gulentz  
Kris Harnett  
Brenda Hawk  
Leanne Hunter  
Paul Jewell  
Dianna Jones  
Suzette Kineston  
Kimmie Kissling  
Jessica Krafcheck  
Karina Kunkel  
Sherry Loutzenhiser  
Jessica Luckock  
Tom Luckock  
Maintenance/Grounds Crew  
Sue McConnell  
Scott McElhinney

Terri McGarvey  
Sue McGirr  
Dianna Mills  
Chris Minteer  
Casey Parker  
Kami Pashakarnis  
Jenny Patterson  
Stephanie Russo  
Tammy Shoaff  
Blair Spencer  
Wendy Vaughn  
Melissa Villard  
Sheila Wasser  
Brittany Williams  
Willows A CNAs, LPNs & RNs

"The staff on Willows A are fantastic! We want to thank them for taking such great care of our mom. She loves you all!"  
(Submitted by a resident's family member)

"Chris is caring, helpful and compassionate.  
She's always willing to lend a hand. She is educated, well-trained and is well-organized. We're so lucky to have Chris with us; she lifts us up, professionally and emotionally."

"Dianna (Mills) is a truly compassionate person who has shown so much kindness to my mother who suffered a major stroke. Because of her support and care, I feel she deserves recognition.  
She definitely has a caring heart."  
(Submitted by a resident's family member)



# "Spotlight on Springs"



**Emily Murcoski** "is a kind, hardworking and entertaining person."

"Emily is a wonderful co-worker because she takes a team approach to care and is always willing to lend a hand."

Emily's hobbies are spending time with her family and fiancé (she is newly engaged!)

Q: Who would play Emily in the TV Show "Life on Springs?"

A: Julia Louis-Dreyfus



**Patty Jones** "is a friendly, compassionate and funny person!"

"Patty is a wonderful co-worker because she'll do whatever is asked of her and checks in to make sure her peers are okay."

"She is an awesome person and loves to do for others!"

Patty's hobbies include sewing and dressing in-theme for work.

Q: Who would play Patty in the TV Show "Life on Springs?"

A: Melissa McCarthy



**Lisa Kunselman** has worked at St. Paul's for more than 26 years!

"Lisa is a caring, dependable and crafty person."

"She is a wonderful co-worker because she is always willing to go the extra mile for staff and residents."

Lisa's hobbies include being a grandma, baking & cooking, and crafting.

Q: Who would play Lisa in the TV Show "Life on Springs?"

A.: Jennifer Coolidge (a.k.a. Stiffler's mom )



**Natalie Reed** "is a funny, caring and dedicated person."

"Natalie is a wonderful co-worker because she is always willing to help and takes time to listen to co-workers."

Natalie's hobbies include running her kids around, listening to podcasts and reading.

Q: Who would play Natalie in the TV Show "Life on Springs?"

A: Taylor Swift

Dianna Mills, L.E. Specialist on the Springs in The Villas, is giving residents and team members an opportunity to post positive comments about each other in their hallway. Above are a few recent examples.

# What Changed with Your IRA for 2023?

The **Secure Act 2.0** went into effect on **January 1, 2023** and made some changes to how you can use your IRA to make charitable gifts to non-profits like St. Paul's.

Since 2006 you have been able to make IRA charitable rollovers, also known as qualified charitable distributions, from your IRA directly to a charity like St. Paul's.

This allows you to support a mission that's important to you without affecting your checking account balance, AND you are giving away money that has never been taxed, completely tax-free!

It's also a great way to satisfy your annual required minimum distribution (RMD). If you don't need the money for personal use or you don't want it to raise your taxable income, you could donate it instead!

**Here are the changes you should know about:**

## *The age requirement went up.*

The age that you have to start taking a required minimum distribution from your IRA increased from **72 to 73** in 2023.

## *Annual adjustment for inflation.*

Beginning in 2024, there will be an **annual increase in the yearly limit** for qualified charitable distributions to account for inflation. The current limit is \$100,000 annually.

## *Set up a life income gift.*

You can now use a qualified charitable distribution of **up to \$50,000** to start a charitable gift annuity (CGA) or a charitable remainder trust (CRT) once in your lifetime. You will get fixed income payments for life and after, St. Paul's will receive the remainder as a gift.

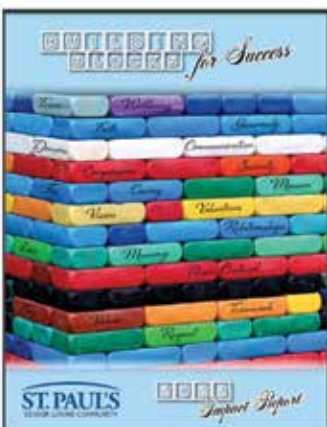
## How to Give from Your IRA

Visit [www.stpauls1867.org/ira](http://www.stpauls1867.org/ira) and complete the IRA Rollover Form. Or you can download a **Qualified Charitable Distribution Form** from your plan's website (or call and request one).

**Legal Name:** St. Paul Homes      **Tax ID#:** 25-0773080  
**Contact:** Dawn Hartman  
**Address:** 339 E. Jamestown Rd. Greenville, PA 16125

**Interested in learning more about a life income gift?**

Please contact  
Dawn Hartman at  
724-589-4611 or  
email [dhartman@sp1867.org](mailto:dhartman@sp1867.org).



## 2022 Impact Report Available Now!

St. Paul's 2022 Donor Impact Report is now available for viewing on our website.

This special report recognizes the many donors, volunteers and team members who helped us to refocus and rebuild last year as we recovered from the pandemic.

To view, scan the QR code or visit [www.stpauls1867.org/about/publications](http://www.stpauls1867.org/about/publications) and scroll down to click the link for the **2022 Impact Report**.







# *Gift Certificates*

**ST. PAUL'S**  
**WITHOUT WALLS**

*make perfect  
Mother's Day  
gifts!*



**On-the-Go  
Dining**



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**HOT HOME-COOKED MEALS**  
delivered to your home  
seven days a week—including holidays.

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**Meals are:**

- ♦ Nutritionally balanced ♦
- ♦ Prepared daily by St. Paul's dining staff ♦

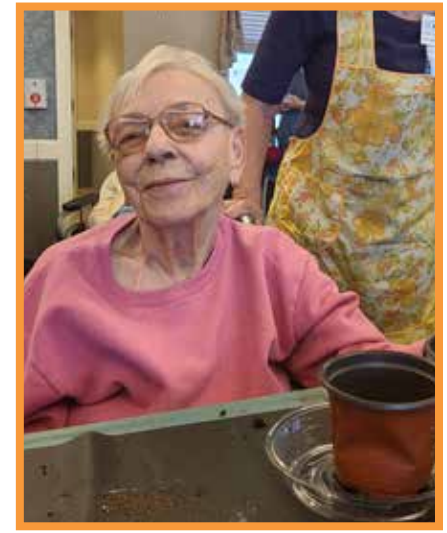
Delivered daily between  
11:30 a.m. and 12:30 p.m.

(Service area is within a **5 mile radius** of St. Paul's.)

**CALL TODAY!  
724-589-4740**

For more information visit  
[www.stpauls1867.org](http://www.stpauls1867.org)





Residents at The Villas spent some time getting ready for gardening season. Above from left: Brittany Little sows some seeds with Phyllis Chisholm; Josephine White shows us that she likes to get her hands dirty; Helen Harrison smiles for the camera, and (at right) Dave Varner prepares the perfect-sized hole in the dirt for his seeds.



The Ridgewood held its first “post-covid” men’s breakfast in April featuring “Chef” Donny Yankle pictured above with (left) Dick Meeker, Benny McDanel, (right front) Bob Douds and Don Montgomery.



Members from Slippery Rock University’s Tau Beta Sigma national honorary band sorority (above far right) entertained our residents in April with rhythm activities and bucket drumming. Conversations with the residents about their favorite types of music, instruments they’ve played, etc. influenced the activities. Judging from the photos, the group was a “hit!” From left Bill Jones, Mary Ellen Buchanan and Karen Gentile (with a little help from Mike Allen) enjoyed participating.



The Auxiliary of St. Paul's  
Arts of Love & Service



# Bake Sale

Friday, May 26

Rust Colony Square Pavilion

&

The Bistro Area at The Heritage

10:30 a.m. until 12:30 p.m.

(or sold out)

Grab all your goodies for your Memorial Day celebrations!

## Dine & Donate

### FUNDRAISER

215 RESTAURANT—GREENVILLE

212 MAIN STREET

DINE IN OR TAKE OUT (724-885-0077)

WEDNESDAY, MAY 24, 2023

11 a.m. – 9 p.m.

The Auxiliary will receive 5% of all handhelds sales.

Your handheld selection includes a side. The menu selection is below.

|  <b>HANDHELDS</b><br>COMES WITH ONE SIDE |                                                                                                           |                                                                                                                     |
|-----------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------|
| <b>CUBAN</b><br>HAM/PICKLE/BBQ PULLED PORK/SWISS/<br>MUSTARD/CIABATTA 10.79                                                 | <b>REUBEN v.215</b><br>MARBLED RYE/CORNERED BEEF/PICKLED<br>CABBAGE/SWEET N TANGY/SWISS 9.49              | <b>FRIED GREEN BLT</b><br>SOURDOUGH/BACON/LETTUCE/FRIED GREEN<br>TOMATO/BANGER SAUCE 10.49                          |
| <b>COD BAHN MI</b><br>HALF LB COD/PICKLED BELL PEPPER/<br>CILANTRO/CUCUMBER/CIABATTA/<br>BANGER SAUCE 19.99                 | <b>ASIAN CORNERED BEEF</b><br>COLD/THAI HONEY MUSTARD/<br>CORNERED BEEF/LETTUCE/SOURDOUGH 9.49            | <b>FISH ON DECK</b><br>COD/CIABATTA/LETTUCE/TARTAR/AMERICAN<br>QUARTER LB. 12.99   OR   HALF LB 17.99               |
| <b>BBQ PULLED PORK</b><br>SWEET & SOUR BBQ PULLED PORK/<br>PICKLED ONION/HOMEMADE BUN 8.99                                  | <b>CLUB T</b><br>HAM/TURKEY/BACON/CUCUMBER/LETTUCE/<br>AMERICAN/TOMATO/ONION/HOUSE/<br>HOMEMADE BUN 11.99 | <b>UMAMI BOMB WRAP</b><br>TOMATO/CABBAGE/MUSHROOM/GROUND<br>BEEF/TERIYAKI MAYO/SWISS/TOMATO BASIL<br>TORTILLA 11.99 |

| <b>CHICKEN</b><br>COMES WITH ONE SIDE                                                                        |
|--------------------------------------------------------------------------------------------------------------|
| <b>WHICH CAME FIRST?</b><br>SOURDOUGH/GRILLED CHICKEN/EGG SPREAD 10.49                                       |
| <b>CHICKEN BACON RANCH</b><br>CRISPY CHICKEN/SOURDOUGH/BACON/RANCH/<br>MOZZARELLA/LETTUCE/TOMATO/ONION 12.99 |
| <b>COCONUT BUFFALO WRAP</b><br>TOMATO BASIL TORTILLA/CRISPY CHICKEN/SLAW/<br>COCONUT BUFFALO 10.99           |
| <b>CHICKEN PARM</b><br>MARINARA/MOZZARELLA/CRISPY CHICKEN/<br>SOURDOUGH 10.99                                |

# Volunteer Appreciation Reception

How do we say "Thank You" to so many servant-hearted volunteers? What you bring to St. Paul's is not adequately spelled out in words and phrases. Thursday, April 27 we held a Volunteer Appreciation Reception to honor those who daily make a conscious decision to put their minds, hearts and bodies into service for the needs of St. Paul's. Volunteers are the heart and soul of the campus! We enjoyed laughter, fellowship, great food, music and good thoughts together!

*Thank you for your amazing dedication to St. Paul's!*

