



Monthly Newsletter for Residents, Families, Volunteers, Staff and Friends

MARCH 2024 -

www.stpauls1867.org

#### 2nd Annual "Soup"er Bowl Challenge was as Deliciously Successful as the first!

Congratulations to Rhonda Parish (below left), Dining Supervisor and this year's Souper Bowl Champion!



Rhonda is pictured above accepting the Golden Ladle from last year's winner Lisa Kunselman. Lisa's entry this year tied for second place.

Rhonda's cheesy bacon potato soup collected the most points out of the eight entries in the 2nd Annual Souper Bowl Challenge on Friday, Feb. 9 in the Headland Friendship Commons at The Villas.

More than thirty residents and team members filed through the room tasting and scoring soups, stews and chilis to determine who would get the honor of displaying the Golden Ladle for 2024.

Aside from Rhonda's winning recipe, other entries included: Chocolate Soup, Guinness Stew, Loaded Potato, Pasta e Fagioli, Sweet & Sour Chili, Chicken Tortellini and Ukranian Borscht. Thanks to all who participated in this fun, yummy event!



David Varner (left) offered up his discerning palate again this year to serve as one of our resident judges. Thank you, David!

## **Slow Cooker Cheesy Bacon Potato Soup** Ingredients

- 1 pound bacon, divided use
- 2 (2 pound) bags frozen hash brown cubes (no need to thaw first)
- 1 teaspoon onion powder
- 1 teaspoon garlic powder
- 1 teaspoon black pepper
- 48 ounce container chicken broth (6 cups)
- 2 (10 ounce) cans cream of chicken soup
- 2 cups shredded cheddar cheese, divided use
- 8 ounce block cream cheese, softened to room temperature and cut into cubes
- 1 cup heavy cream
- salt, to taste
- sliced green onions or chives, for garnish

#### Instructions

- 1. Cook the bacon. Drain excess grease on paper towels. Then crumble up bacon into pieces. Set aside.
- 2. Pour the frozen hash brown cubes into the bottom of a 5-6 quart oval slow cooker.
- 3. Evenly season potatoes with onion powder, garlic and pepper.
- 4. Pour in the chicken broth, cream of chicken soup and <sup>3</sup>/<sub>4</sub> of the cooked and crumbled bacon (reserve the rest of the bacon for serving).
- 5. Stir everything until well combined then cover and cook on low for 5-6 hours or on high for 2-3 hours, stirring occasionally.
- 6. After cooking, use a fork to check the potatoes for doneness. They should be fork tender.
- 7. To the slow cooker, add 1 cup of shredded cheese (reserve the rest for topping), cubed cream cheese, heavy cream and stir.
- 8. Cover slow cooker and cook on high for another 30-45 minutes or until all of the cheeses are melted. Stirring occasionally. At this point, taste for seasoning. Add additional salt, pepper and garlic powder to taste.
- 9. When ready, ladle into bowls and top with reserved crumbled bacon, remaining shredded cheese and sliced green onions or chives.

#### Enjoy!







Lots of staff and team members visited the Headland Friendship Commons for the Souper Bowl Challenge – we didn't have many left overs!

Above from left: Mimi Dreher helps Kathy Martorelli fill out her score sheet, Sean Davis and Don Watt took the tasting VERY seriously and Carol Hinderliter dishes out a sample for our resident tasters.





The crew on Springs A neighborhood in The Villas (from left) Sheila Wasser, Paulette Griffiths, Steph Bovard, Lexi Larimer and Natalie Reed showed some unity for Valentine's Day by wearing matching t-shirts. They were breaking hearts and breaking the law, as all shirts identified the crime that was committed to land each of them in the "Cupid Correctional Facility."



From left: Short-order cook Steph Russo; sandwich makers Carol Hinderliter. Mimi Dreher and Janet Miller; satisfied team member Doug Aiken; and patiently waiting to be served CeCe Corp and Alex Flotz.



The Life Enrichment Team at The Villas served up a delicious free breakfast for the staff on Friday, Feb. 23 from 6 - 9 a.m. in The Headland Friendship Commons. Thank you for your the great fellowship opportunity and morale booster!



## I'd like to donate to St. Paul's but



## I need the money in the future?

This is a common worry we often hear at St. Paul's, and it's completely understandable. None of us can predict what the future holds. But if your life has been positively impacted by St. Paul's, there's a great way you can give back while still ensuring your assets are available if you should need them.

## What is a Bequest?

A bequest is a gift from your estate that is included in your will or trust agreement. It can be for any amount you choose, whether a specific dollar amount, a percentage of your overall estate or the residual that remains after expenses and bequests to your heirs.

## What are the Benefits?

- Costs you nothing in your lifetime.
- You retain control of your assets and can use them if needed.
- · Can be altered if you change your mind.
- Reduces the size of your taxable estate.
- May enable you to make a larger gift than you could during your lifetime.
- You'll be become a member of St. Paul's Legacy Society today.

## How Does et Help?

As a not-for-profit, St. Paul's provides benevolent care for residents who cannot afford the full cost of their care, ensuring they never have to leave St. Paul's even if they exhaust their financial resources.

The annual cost of benevolent care provided by St. Paul's far exceeds the yearly gifts received to support it. Bequests, being typically larger gifts than what a person can contribute annually, are future support St. Paul's can rely on to fund benevolent care.

Want more information? Please contact Dawn Hartman, Director of Strategic Giving, at 724-589-4611 or dhartman@sp1867.org.

### **How to Make a Bequest**

If you don't have a will or trust agreement yet, simply ask your attorney to include a bequest for St. Paul's when drafting it using the sample language below. If you've already completed your estate plan, your attorney can add a codicil to your present will or make an amendment to your trust agreement.

#### **Specific Bequest**

For giving a specific amount to St. Paul's.

I bequeath the sum of \$\_\_ (or \_\_% of my estate) to St. Paul Homes, a not-for-profit organization, Tax ID# 25-0773080, located at 339 E. Jamestown Rd in Greenville, PA, 16125.

#### **Residuary Bequest**

For giving what remains after bequests and expenses.

I devise and bequeath the residue and remainder of my estate to St. Paul Homes, a not-for-profit organization, Tax ID# 25-0773080, located at 339 E. Jamestown Rd in Greenville, PA, 16125.

#### **Contingent Bequest**

For gifting your estate if your heir passes away before you.

In the event that (insert name) does not survive me, I bequeath St. Paul Homes, a not-for-profit organization, Tax ID# 25-0773080, located at 339 E. Jamestown Rd in Greenville, PA, 16125 all (or \$ amount or %) of my estate.

If you set up a bequest for St. Paul's, please us know by scanning the QR code or contacting Dawn Hartman at 724-589-4611.

If you have a story, example, photo, etc. of any-or all-of our Core Values in action please email:

corevaluescorner@sp1867.org and we will showcase it on this page.

# Core Values





- Beth Arnett •
- Dawn Hartman
  - · Jayson Huff ·
  - · Julia Moyer ·
- · Jeanette Painter ·

Watch your workstations for the new artwork to appear.
Thank you to all who participated!

Stay tuned for details on future Core Values contests featuring team member talents...

To: Kayla Gander
From: Paige Clyde
"If you looked up the
definition compassion,
her name should be
right under it! Kayla's
ability to interact with
others and speak with
kindness to everyone
is something to be
recognized. She does
an amazing job with
her residents, staff
members, and families."

# Core Values in Action Shared through Caring Hearts submissions

To: Shari VanSickle From: Natalie Reed

"Shari, though a fairly new addition to our staff, has really made herself stand out as someone who truly cares about the residents and staff. She always has a smile on her face, puts her best effort into whatever she's doing. She knows her job, performs it well and has a positive attitude. Thank you for your positive attitude, compassion and making our residents and staff feel secure!"





St. Paul's "Pet to Work" Policy has recently been revised (see below).

Pet owners who wish to have their pets visit any building on campus, please see The Villas receptionist between 9 a.m. and 7 p.m. to pick up a revised policy and sign a new, revised contract.

#### Thank you!

- As part of the Eden Alternative Philosophy, St. Paul's shall allow staff to bring appropriately trained pets to work with prior approval.
- Permission must be obtained from the Administrator or a member of the Pet Committee.
- If sharing workspace with other staff, those staff must be agreeable.
- Copies of vaccination records (including rabies and distemper) and licenses (if applicable) must be provided to the Administration office annually.
- It is recommended that pets be over 6 months of age.
   Please trial your pet during off-duty visits prior to bringing to work.
- Sick pets must remain at home.
- Pets must be on a non-retractable leash at all times. Failure to obey the leash rules may result in your pet being banned.
- Pets must be supervised at all times, otherwise they should be tied up or kept in a crate in a secure location.
- Pets are not permitted in areas where food is prepared, stored, dining rooms during meal times, or clean storage areas.
- Residents have the right to refuse pets in their rooms, please obey the residents' wishes.
- Pet breaks should coincide with staff breaks if at all possible.
- Pets should be appropriately trained. Excessive noise, jumping, damage to property or disruption of staff duties will not be tolerated. Pet owners are responsible for any damages that may occur.
- Owners are responsible for any and all clean up of their pet, inside and outside of the facility. Excessive soiling or damage to flooring will not be tolerated. If your pet soils the floor inside, please clean it up immediately. Carpet spot cleaning is the responsibility of the pet owner, not housekeeping.
- Infection control measures, such as hand hygiene, will be followed by residents and staff when handling animals.
- If work declines, the pet's visitation will be discontinued.
- Animals and types of animals will be selected carefully to meet the needs of residents.
- St. Paul's reserves the right to discontinue a pet's visitation at any time.

### ~ IN MEMORIUM

Residents who have passed January 16, 2024 — February 15, 2024

01/16/24	Donald Swartz Jr
01/18/24	Hugh Shields
01/19/24	Ethel Lilly
01/28/24	Joseph Little
01/29/24	Cyril Risavi
01/29/24	Janet Cooper
01/31/24	Henry Heil
02/02/24	Cynthia Zelinsky
02/03/24	Thomas Fiscus
02/07/24	Edward Shelley
02/10/24	Ann Bunton
02/11/24	Donna Peterson
02/12/24	Mary Wachob
02/15/24	Judy Young

## alzheimer's 95 association

#### **Greenville Caregiver Support Group**

Presented by: Alzheimer's Association Greater PA Chapter

March 5, 2024 2 - 3:30 p.m.

Zion's Reformed Church 260 Main St. Greenville, PA 16125

Contact: Michelle O'Malley 724-588-9613 ext. 1427 Build a support system with people who understand.

Alzheimer's Association® caregiver support groups, conducted by trained facilitators, are a safe place for caregivers, family and friends of persons with dementia to:

- Develop a support system.
- Exchange practical information on caregiving challenges and possible solutions.
- Talk through issues and ways of coping.
- Share feelings, needs and concerns.
- · Learn about community resources.

## **Guest Apartment at The Heritage Available**



The guest apartment in The Heritage is available to rent to families or loved ones who need a place to stay while visiting.

The one bedroom apartment has a queen-size bed (a roll-away bed is also available if needed), microwave, refrigerator and a flat screen television. The cost is \$89 per night. Check in is 3 p.m. and check out is 11 a.m. For reservations call Robyn Weaver at 724-588-7610 ext. 1146.

### Confessions of a Cat Lover

Richard Friesen, resident at The Heritage, recently went through the process of adopting a large cat named "Binx" from our local animal shelter, Strayhaven, Inc.

Richard is an experienced cat rescuer. When he lived in California, during his years of tenure at USC and UCLA, he rescued two cats.

On Feb. 2, Binx arrived at The Heritage and Strayhaven posted this message on their Faceboook page: "Happy Adoption Day Binx!! We are so excited for you and your new dad. Happy life sweet boy. May you have a wonderful life full of treats and happy days!"

Richard is very excited to be a cat dad again and Binx has found several comfy places in Richard's apartment to curl up and sleep. They are very good friends! Binx is certain to have a wonderful life here, indeed!



### Continued Cat Connections....



Flower, resident pet on the third floor of The Heritage, continued her Valentine's Day tradition again this year by passing out cookies to all of the residents thanking them for taking "Purrfect Care" of her everyday!



Janet Kirk

# Lots of Love at The Heritage

There was a lot of love floating around The Heritage in February! Aside from all of the animal affection, residents took some time to create handmade Valentine's Day cards for preschoolers at Lakeview School – and enjoyed a donut treat while doing

so. Thanks for sharing the love Heritage Residents!





# Spiritual Services

#### "Good Friday"

Am I a stone, and not a sheep, That I can stand, O Christ, beneath Thy cross, To number drop by drop Thy blood's slow loss, And yet not weep?

Not so those women loved Who with exceeding grief lamented Thee; Not so fallen Peter weeping bitterly; Not so the thief was moved;

Not so the Sun and Moon Which hid their faces in a starless sky, A horror of great darkness at broad noon – I, only I,

Yet give not o'er.

But seek Thy sheep, true Shepherd of the flock; Greater than Moses, turn and look once more And smite a rock.

— Christina Rosetti

#### **Charitable Giving**

St. Paul's Spiritual Council met for its quarterly meeting on Tues., February 7 and approved the following charitable disbursements to be given from weekly church offerings:

\$700 – "It's All About Heart" supporting Eden activities \$700 – Community Food Bank of Mercer County \$700 – United Church of Christ Disaster Relief Fund

Thanks for the generous giving that makes these donations possible!

#### Catholic Mass



Father Ray Gramata from St. Michael's Roman Catholic Church in Greenville will lead Mass for Catholic residents at St. Paul's in Headland Friendship Commons in The Villas on **Wednesday**, **March 6 at 10 a.m.** 

#### Stations of the Gross

Stations of the Cross will be held on **Monday**, **March 26 beginning at 10 a.m.** for residents in The Villas in Headland Friendship Commons.





In-person worship is held at The Heritage at 9 am; The Villas at 10 a.m. and The Ridgewood at 11 a.m. The 10 a.m. service will be broadcast across campus on Channel 1851.

Maundy Thursday Services of Holy Communion will be held on Thursday, March 28 at The Villas, 10 a.m.; The Ridgewood, 1 p.m. and The Heritage, 3 p.m. All are welcome!

Transportation to The Heritage will be provided for any interested Colony residents. See Mariah Corson to sign up in advance. The 10 a.m. service will broadcast on Channel 1851.

#### **Good Friday Service**

Pastor Julia will lead a service of Scripture readings, hymns, and prayers on **Friday, March 29 at 10 a.m.**Broadcast-only on Channel 1851.





Easter Service will be held on Sunday,
March 31 at The Heritage, 9 a.m.; The Villas, 10 a.m.
and The Ridgewood at 11 a.m. All are welcome!
The 10 a.m. service will broadcast on Channel 1851.



Pastor Julia will lead these gatherings for devotions, Holy Communion, hymns, and treats during March:

- ~ Wednesday, March 6, 1 p.m. for Heritage residents in the 2nd Floor Dining Room
- ~ Thursday, March 7, 10 a.m. for Ridgewood residents in Harmony Hall
- ~ Tuesday, March 19, 2 p.m. for 4th floor Heritage residents in Jones Serenity Circle

## March Bible Study with Pastor Julia



Weekly Bible Study during March will look at significant events occurring during the final week of Jesus' life and will be held according to the following schedule:

Wednesdays, March 13 and 20 at 1 p.m.

The Heritage, 2nd floor Dining Room Thursdays, March 14 and 21 at 10 a.m.

The Ridgewood, Harmony Hall (also open to interested Colony residents)

Note: There will be no Bible Study during Holy Week.



# Technology Enhances Independence for Older Adults

In 2012, St. Paul's partnered with Philips LifeLine to provide technology to residents who live in The Colony and clients using Without Walls services.

Personal Emergency Response Systems (PERS) were placed in every home in The Colony and Without Walls began marketing Lifeline products to its clients.

In 2021, Connect America acquired the Aging and Caregiving business from Philips and today Connect America and LifeLine offer a comprehensive list of technology items that aid older adults in their home.

Products offered include a HomeSafe PERS, an On The Go PERS and Personal Medication Dispensers (PMD).

The HomeSafe PERS is available in a wired system that ties into your phone line. It also offers a wireless system that uses cellular service for communication. Both wired and wireless systems offer an auto alert feature with fall detection. In an emergency, the consumer presses the button on the PERS and a CareConnect Associate from the call center responds to you via voice over your communicator to identify your emergency. The associate then calls the appropriate emergency service (EMS, Fire or Police) and/or your responsible person. If your emergency involves a fall and you cannot get up on your



"[My On The Go device] gives me peace of mind and my family peace of mind, too."

— Jan Walther (above) resident in The Colony, St. Paul's independent living neighborhood.



own nor do you press the button on the PERS, an Automatic Alert can be sent to the call center and help is dispatched. This system works throughout your home.

An On The Go device works anywhere in the 48 continental states. It also has fall detection. When you activate the PERS, the associate talks to you directly through the button. The button also has GPS and several other ways in which to identify your location if you are unable to do so.

Jan Walther has been a resident in The Colony for 34 years. She uses the On The Go device. Jan says, "I used to travel a lot and now it's more local traveling. I've had the On The Go device for many years now. It gives me peace of mind and my family peace of mind, too."

The medication dispenser, once set up with pre-filled dosage cups, serves as a reminder to take your medications. It's a great way to stay on track with your prescriptions and reduces the risk of unplanned hospital or doctor visits.

Hazel Peterson, a client of Without Walls, has used the Personal Medication Dispenser for some time. She shared, "My son fills my PMD and helps me keep on track."

All of this technology is designed to help older adults and their loved ones feel safe and secure living in their own home.

For more information about Connect America and LifeLine products or Without Walls services and employment opportunities, please call 724-589-4740 or visit our website at www.stpauls1867.org and select Services and Communities.

# MOVIES

## March 2024

### Sun Mon Tue Wed Thu Fri Sat

All residents should tune to Channel 1851 for movies, church services and any other internal broadcasts. This channel has been reserved by Spectrum for use internally by campuses like St. Paul's, and is not used for regular programming, which alleviates any potential signal interference. If there is nothing scheduled to broadcast on the channel, the screen will appear blank.					10 a.m. 1 Braveheart 2 p.m. The Prestige 7 p.m. Made of Honor	2 10 a.m. All About Eve 2 p.m. Gravity
10 a.m. Church Service 1 p.m. Hymn Sing 2 p.m. Schindler's List	10 a.m. 4 Bourne Supremacy 2 p.m. Almost Famous	10 a.m. City Slickers 5 2 p.m. Butch Cassidy & the Sundance Kid	10 a.m. Mass  2 p.m. John Wayne Movie	10 a.m. Rosary	10 a.m. 3:10 to Yuma 2 p.m. Magnificent Seven 7 p.m. Murphy's Romance	9 10 a.m. Casino Royale 2 p.m. Shrek
10 a.m. Church 10 Service 1 p.m. Hymn Sing 2 p.m. The Greatest Showman	10 a.m. 11 Shawshank Redemption 2 p.m. Big Fish	10 a.m. 12 The Color Purple 2 p.m. Big Eyes	10 a.m. 13 Silence of the Lambs 2 p.m. Akeelah and the Bee	10 a.m. 14 Rosary  2 p.m. The Princess Bride	10 a.m. 15 Far & Away 2 p.m. Ondine 7 p.m. Wild Mountain Thyme	10 a.m. Big 16 2 p.m. The Curious Case of Benjamin Buttons
10 a.m. Church 17 Service 1 p.m. Hymn Sing 2 p.m. Leap Year	10 a.m. 18 Night at the Museum 2 p.m. Night at the Museum 2	10 a.m. 19 Good Will Hunting 2 p.m. Aviator	20 10 a.m. Chicago 2 p.m. Titanic	10 a.m. Rosary 2 p.m. Into the Woods	10 a.m. Hoosiers 22 2 p.m. Glory Road 7 p.m. Where the Crawdads Sing	23 10 a.m. Elvis Movie 2 p.m. The Searchers
10 a.m. Church 24 Service 1 p.m. Hymn Sing 2 p.m. Jesus of Nazareth	10 a.m. 25 Four Weddings and a Funeral 2 p.m. National	10 a.m. 26 Mama Mia 2 p.m. Big Eyes	10 a.m. Indiana 27 Jones & the Last Crusade 2 p.m. Seven Brides for Seven Brothers	10 a.m. 28 Miss Potter 2 p.m. Hop	10 a.m. The Greatest 29 Story Ever Told 2 p.m. Ben Hur 7 p.m. The Passion of the Christ	10 a.m. 30 The Gospel of Matthew 2 p.m. Son of God
10 a.m. Church Service 1 p.m. Hymn Sing 2 p.m. Risen						

# COLONY COLUMNS

imes News from The Colony imes

- 3 Frank Amato
- 4 Carolyn Guerrini
- 6 Steve Hosmer
- 13 Jan Stefanik
- 17 Jane Hogan
- 25 Martin Roth
- 29 Fred Sunday
- 31 Darlene Artman
- 31 Gerry McElree

#### Staff

- 24 Mariah Corson
- 26 Teresa Findley

- 5 Ruby Smith
- 6 Bev McClimans
- 11 Suzanne Merulli
  - 16 Don Beck
  - 19 Dee Henley
  - 22 Faye Tate
- 25 Marilyn Macdonald
  - 27 Joann Boller
  - 30 Ann Fowler

### **Paint 'n Sip** at The Colony



Above back row standing: David Wright, Gail Maycher, Opal Wright, Mary Lou Delaney, Jane Hogan, Margie Hays and Kathy Anderson; front row seated: Nita Duell, Dawn Hartman and Alice Stanley.

Below: a group of residents at The Colony enjoyed an afternoon Paint 'n Sip activity in the Keifer Craft Room instructed by Dawn Hartman, Director of Strategic Giving.





Monday, March 4

Men & Women's Chat Groups

Wednesday, March 6

Colony Birthday Celebration

Friday, March 8

Coffee & Pastries

Sunday, March 10 Lunch Out

Thursday, March 14

Maple Syrup Tour

Friday, March 15

Chair Volleyball Tournament

Tuesday, March 19

Tea Talk

Thursday, March 21

Presentation on Senior Bullying

Thursday, March 21

Tour of Homes

Friday, March 22

Potluck Lunch

Friday, March 22

**Book Discussion Group** 

Tuesday, March 26

Lake MetroPark Quilt Show

Wednesday, March 27

Breakfast Out

Thursday, March 28

Maundy Thursday Service

Friday, March 29

Colony Easter Egg Hunt

#### Coming up in April:

Monday, April 1 – Men & Women's Chat Group Wednesday, April 3 - Colony Birthday Celebration

Friday, April 5 - Coffee & Pastries Monday, April 8 - Solar Eclipse Day of Events

# HERITAGE HERALD



Friday, March 1

Errand Day Shopping Trip, 12:30 p.m.

Saturday, March 2

Bingo Game with Agnes, 1:30 p.m.

Tuesday, March 5

Colorful Nails w/Tracey, Beauty Salon, 1-3:30 p.m.

Wednesday, March 6

New Monthly Activity! Music Fun with Cindy Legwaila, 10 a.m.

Following mass (approx. 10:45 a.m.) Father Ray will hear Confession in the first floor lounge near the Country Kitchen

Faith & Fellowship with Pastor Julia, 1 p.m.

Thursday, March 7

Amish Singers Perform, 6:30 p.m.

Sunday, March 10

Easy Easter Craft Project w/Linda & Bev, 1:30 p.m. "Sparkly Decorator Easter Eggs"

Friday, March 15

All Campus Balloon Volleyball Tournament, 9:30 a.m. Errand Day Shopping Trip, 12:30 p.m.

Saturday, March 16

Bingo Game with Agnes, 1:30 p.m.

Sunday, March 17 – Happy St. Patrick's Day!

Tuesday, March 19

Colorful Nails w/Tracey, Beauty Salon, 1-3:30 p.m.

Wednesday, March 20

The Basement Band Duo Performs Irish Melodies, 2:30 p.m.

Thursday, March 21

Monthly Kitchen Conversations with Keven, 10 a.m.

Saturday, March 23

Paint & Sip Activity with Thiel College Students The Villas, HFC, 1:45 p.m.

Sunday, March 24 – Palm Sunday Service

Thursday, March 28 – Maundy Thursday Service, 3 p.m.

Friday, March 29 – Good Friday Service, 10 a.m.

Broadcast on Channel 1851 Z Praise Performs, 2:30 p.m.

Sunday, March 31 – Easter Sunday Service, 9 a.m.



#### **March Birthdays**

13 - Joan Evans 27 - Margie Crompton 31 - Betty Shelley

Residents who celebrate a birthday this month will receive a special birthday lunch on Tues., March 12.



MONDAYS at 2:30 p.m.
Choose from 4 to 6 different flavors...
or try a scoop of each!

JOIN US FOR BINGO with Bertha EVERY Tuesday @ 3 p.m.



Resident Council Meeting
Tuesday, March 26 • 1:15 p.m.
All residents are invited to attend!

- Resident-coordinated card games several evenings per week – we are looking for new card players to join the group regularly or to serve as alternates.
- Communion is delivered weekly to residents on their floors by St. Michael's.
- Personal shopping is provided by volunteer Reba G. on the 2nd and 4th Tuesdays of each month.
- Sunday Worship Service at 9 a.m. in Anderson Fellowship Hall and Bible Study on Wednesdays at 1 p.m. in the second floor dining room.
- Fitness Jam with Ron: Monday, Thursday & Friday at 1 p.m.
- The Beauty Salon opens at 9 a.m. on Friday mornings.
- Daily movies, weekly spiritual opportunities and occasional special performances broadcast on Channel 1851.

# SERENITY SPOTLIGHT

~ News from Jones Serenity Circle & Lane ~



#### **Regularly Scheduled Activities**

Mondays - Book Club

Tuesdays – Beauty Shop Appointments (morning), Fitness with Ron

Wednesdays – Morning Stretches, Music Therapy, Balloon Volleyball

Thursdays – Morning Meditation, Fitness with Ron Fridays – Manicures,

Cooking/Baking Demonstration



\*This month: Irish recipes will be featured.

March 8 – Traditional Irish Cream Beverage

March 15 - Irish Soda Bread

March 22 - Chocolate Guinness Cake

March 29 - Red Roasted Potatoes

#### **Musical Entertainment**

March 11 – Nick Taylor

March 12 – Alissa Pesavento on Harp

March 15 – Jim Fuller on Keyboard

March 22 - Humble Music

March 29 - Z Praise

#### Other Special Events

March 7 – Bible Study with Tresa

March 18 – Belated St. Patty's Day Party

March 19 - Faith & Fellowship with Pastor Julia

March 23 – Sip n' Paint Party with Thiel Students

March 25 – Bingo

March 27 – March Birthday Party

March 28 - Maundy Thursday Service



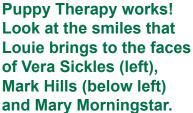
At left: Mike Suich was crowned Mardi Gras King when he found the prize in his piece of King Cake.

Below: Ron A. is getting the gang on the 4th floor ready for the Volleyball Tournament on March 15! Looks like there might be some stiff competition!













# RIDGE RUNNER

 $\sim$  News from The Ridgewood  $\sim$ 

#### ~ Resident of the Month~ Sally Smith



Sally was born and raised in Greenville, Pa., to Lloyd and Mary Peters. She was one of four children. She attended and graduated from Penn High School. After graduating high school Sally married the love of her life, Harrison "Buster" Smith on December 26, 1953. They had three sons: Wayne, Dennis, and Gary. Sally is a proud grandmother to three grandchildren and five greatgrandchildren.

The love story of how Sally and Buster met is one of her best memories in life. Sally loved roller skating and loved spending her time at the roller rink now known as "Papa Wheelies." Sally met Buster there and asked him for a skate, "the ladies choice." And the rest is history! Sally enjoyed skating so much she didn't hang up her skates until she was 70 years old!

After the two married, Buster was enlisted in the military taking them to White Sands Proving Grounds in New Mexico (now known as White Sands Missile Range). While Sally's husband was working on base, she also got a job on base, doing secretarial duties such as payroll. The two stayed in New Mexico from 1953-56. After their stay in New Mexico, they returned to Greenville and Sally worked for Salem Township as the tax collector for 35 years.

Sally and her husband loved to travel. They owned a motor home and traveled all over the U.S. during the winter months, putting on at least 10,000 miles during the season. They especially enjoyed traveling the southwest region of the states and California to visit her brother and sister-in-law.

Now that Sally is getting to spend her time with us at The Ridgewood, you can typically find her working on puzzles, playing

beautifully on her piano, going to exercise class with Ron, longstitching pictures, and playing pool noodle volleyball with the other residents.

If you know Sally, you know that if there are strawberries to be seen, she will be getting some! Strawberries of any and all forms are her favorite food.





**Residents**2 – Dolly Minckler
6 – Dick Meeker
17 – Pat Stearns

Staff
11 – Linda Kellner
15 – Brittney Williams
26 – Iulius Suciu



Friday, March 1 – Greenville Mobile Library, 1 p.m.

Monday, March 4 – Manicures (100 & 200 Halls) 10 a.m.,
Birthday Luncheon, 11:30 a.m. & Social Hour, 5:30 p.m.

Tuesday, March 5 – Shopping Day, 9 a.m.

Wedneday, March 6 – Hymn Sing w/Robin McLaughlin, 10 a.m.

Thursday, March 7 – Faith and Fellowship, 10 a.m.

Friday, March 8 – LCR game, 10 a.m.

Sat., March 9 – Easter Egg Coloring with Reynolds K-Kids, 10 a.m.

Sunday, March 10 – DAYLIGHT SAVINGS TIME!

Monday, March 11 - Corn Hole, 5:30 p.m.

Tuesday, March 12 – Trip to Kraynak's Easter Bunny Lane, 9 a.m. Wednesday, March 13 – Seated Dancing with Katie, 10 a.m., Card Making with our Colony Friends, 1 p.m. & Music Therapy, 3 p.m. Friday, March 15 – Pool Noodle Volleyball Tournament, 9 a.m. Greenville Mobile Library, 1 p.m.

**Saturday, March 16** – Butter Making (and Tasting), 10 a.m. **Sunday, March 17** – HAPPY ST. PATRICK'S DAY! Party, 5:30 p.m.

#### ~ MARCH MADNESS WEEK ~

Monday, March 18 – Wear Green today. St. Pat's Jeopardy, 10 a.m. Tuesday, March 19 – Hat Day!

Nancy Manning, 10 a.m. & "The Basement Band" concert at 5:30 p.m. Wednesday, March 20 – Who am I? Dress like someone else. Resident Sharing w/Pat Stearns, 1 p.m., Music Therapy, 3 p.m.

Movie in Fireside Lounge, 5:30 p.m.

Thursday, March 21 – Wear silly socks

Friday, March 22 – Mix & Match: wear your craziest outfit!

Picture Frame Craft in Harmony Hall, 10 a.m.

#### Sunday, March 24 – PALM SUNDAY

**Monday, March 25 –** Manicures (300 & 400 Halls), 10 a.m., Easter Poetry, 5:30 p.m.

Tuesday, March 26 – Bingo Bucks Store, 10 a.m.
Wednesday, March 27 – Spring Craft Show w/Jane, 9 a.m.
Music Therapy, 3 p.m.

Thursday, March 28th – Maundy Thursday Service, 1 p.m.
Friday, March 29 – GOOD FRIDAY
Greenville Mobile Library, 1 p.m.
Sunday, March 31 – HAPPY EASTER!

#### **Regularly Scheduled Activities**

Food Committee meets on the 2nd Tuesday & Resident Council meets on the 2nd Thursday of each month @ 1 p.m.

Sunday – Church Service @ 11 a.m. & Ice Cream Cart @ 2:30 p.m.

**Monday** – Balloon Volleyball @ 2 p.m. & Evening Activity @ 5:30 p.m. **Tuesday** – Exercise with Ron @ 2 p.m. & BINGO @ 5:30 p.m.

Thursday - Bible Study @ 10 a.m., Exercise with Ron @ 2 p.m.

& Word Game @ 5:30 p.m.

**Friday** – Exercise @ 10 a.m. & 500 Card Game @ 5:45 p.m. **Saturday** – Exercise @ 10 a.m. & BINGO @ 1:30 p.m.

# HOUSE CHATTER

News from The Villas ~

# Activities at The Villas

#### FRIDAY, MARCH 1 - MAD FOR PLAID DAY

~ Wear plaid(s) for Irish American Heritage Month ~

1:30 p.m. Neighborhood Parties — Residents and staff plan some fun with your Life Enrichment Specialist!

#### MONDAY, MARCH 4

1 p.m. Bingo Bucks

#### WEDNESDAY, MARCH 6

10 a.m. Mass

#### THURSDAY, MARCH 7

6:30 p.m. -7:30 p.m. Z Praise (Oldies, Christian/Gospel)

#### FRIDAY, MARCH 8 - SIMPLY COUNTRY DAY

~ Favorite Country Blends ~

2 p.m. Tony Barge (Classic Country Music) Share a red solo cup together in the HFC

"But I'd catch moonlight in a bottle, if we could drink a toast to happiness." ~ Toby Keith

#### **MONDAY, MARCH 11**

1:30 p.m. Easter craft activity in the HFC

#### **TUESDAY, MARCH 12**

10 a.m. Faith, Fitness and Fun

#### WEDNESDAY, MARCH 13 **KITTY THERAPY**

2:00 p.m. Humble Music Ministry (Christian/Gospel)

#### FRIDAY, MARCH 15 - BALLOON VOLLEYBALL TOURNAMENT

~ Teams will all have names/colors. Staff support your teams by sporting their color! ~

> 9:30 a.m. Game Time: All Campus Balloon Volleyball Tournament! Anderson Fellowship Hall at The Heritage 1:30 p.m. St. Patrick's Fun in the HFC

Music, Games Jokes, Green Beer & Beverages!

#### SUNDAY, MARCH 17 - ST. PATRICK'S DAY

~ Wearing of the Greens~

#### **MONDAY, MARCH 18**

1:45 p.m. Hymn Sing and Devotions with Greg Van Valien

#### THURSDAY, MARCH 21

6:30 p.m. Z Praise (Oldies, Gospel/Christian)

#### FRIDAY, MARCH 22 - MARCH MADNESS

1893. The first women's college basketball game is played at Smith College in Northampton, Mass. Present day: Caitlin Clark from the University of lowa captured the women's all time points record. She is on the heels of Pete Maravitch, who set the men's record in 1970! ~ March to your own beat...wear something that is uniquely you ~ 2:00 p.m. Basement Band Duo (Folk/Oldies)

#### **SATURDAY, MARCH 23**

9:45 a.m. Bingo

1:45 p.m. Campus Paint & Sip with Thiel Students in the HFC

#### SUNDAY, MARCH 24 - PALM SUNDAY

10 a.m. Church Service

Easter Egg Dying Activities on the Neighborhoods between Sunday – Wednesday this week

#### MONDAY, MARCH 25 - STATIONS OF THE CROSS IN THE HFC

Noon Delivery: Resident's Birthday Lunches 1:30 p.m. Resident Council: Held on Willows B D.R.

#### THURSDAY, MARCH 28 - MAUNDY THURSDAY/HOLY THURSDAY

A new commandment, I give to you, that you love one another: just as I have loved you, you also are to love one another. (John 13:34)

10 a.m. Maundy Thursday Service in the HFC (in-person)

#### FRIDAY, MARCH 29 - GOOD FRIDAY

~ Wear Black/Dark Colors ~

10 a.m. Good Friday Service (Broadcast on 1851 only) 2 p.m. Jim Fuller (Variety/Piano)

#### SUNDAY, MARCH 31 - EASTER SUNDAY HE IS RISEN!

10 a.m. Church Service

#### March Birthdays at The Villas

2 - Geraldine Dann

4 - Gaye Stephens

5 - Tal Henry

6 - Rose Stumpff

7 - David Crissman

8 - Joyce Holland

9 - Marjorie McElhinny

13 - Janet Liszka

13 - Shirley Skarosi

17 - Donna Mever

18 - Barbara Riley

21 - Virginia Snyder

26 - Mary Leonetti

28 - Laura Davis

#### **Regularly Scheduled Activities**

Sunday - Church Service @ 10 a.m.

Classic Hymn Sings via YouTube on Ch. 1851 @ 1 p.m.

Tuesday - Evening BINGO @ 6:45 p.m.

Wednesday - Music Therapy @ 10 a.m.

Pick-up Game of Seated Volleyball in the Fitness Center @ 2:45 p.m.

**Thursday** – Rosary @ 10 a.m. (except first Thursday)

Saturday - BINGO @ 10 a.m.

Individual neighborhoods offer activities in addition to this schedule.

# Thank you

## To Our Volunteers

by Lisa Ellinwood

- **▼** is for the Very special people that you are
- is for the Overwhelming support & compassion you offer others during their time of need
- is for the Little things you do that make such a difference in someone's life
  - **■** is for the Unspoken words that sometimes mean just as much
  - **N** is for the Need you fill when others aren't able
- is for the Time you give of yourselves on top of your own busy schedules
- **■** is for the Emotional support you continually give
- is also for the Endless energy you all seem to possess
- **■** is for the Responsibility you have taken on & never once complained
- s is for the Smiles you bring to residents & families by just being you



Thank you to Deacon Frank Luciani for helping to lead the joint Protestant/Roman Catholic Ash Wednesday Service at the Villas on February 14.

# submit a caring heart

Submit a Caring Heart to recognize team members who promote our MISSION, VISION and CORE Values through their daily actions and behaviors.

If a team member does something that makes life a little better for you or someone you know, please submit a Caring Heart and give us the opportunity to recognize that individual.

#### To submit a caring heart:

Fill out a Caring Heart recognition card and submit it to any receptionist; or scan the QR code above to fill out our on-line form at: www.stpauls1867.org/contact/staff-recognition/caring-heart-recognition



Mike Allen **Katie Augustine** Sammy Jo Augustine Lori Bartolone **Stephanie Boyard Robin Bratek Kurt Bucheit** Michael Bush Norm Byler Alivia Chaflin **Elizabeth Chase Rachelle Collier Gina Cooper Shannon Chriswell Lynn Dooney Amber Fischer** Julia Fraser **Kayla Gander Leah Green** Erica Gulentz **Cheryl Hamilton** Teresa Heckman Jolene Herbold

Verna Hostetler

Samantha Jablonski

Karen Jackson Paul Jewell **Dianna Jones Heather Kellner** Kimmie Kissling Lisa Kunselman Tammy McConnell **Ashley Milleson** Dianna Mills Lynn Moyer Kim Phillips **Rhonda Pipp** Lisa Schussler **Lacey Shoaff Tanya Sirrine Paige Stewart** Cristina Suciu **Ray Swartz Nick Taylor** Shari Vansickle Missy Walker **Lucy Wheaton Chris Wright Audrey Yealples** 



# Team Member Spotlight

Madison Steadman has worked as a Care Partner for nearly eight years. Since coming on board, Madison has worked for individual clients and has served as a caregiver in our Community Living House. Today Madison serves individual clients as a Care Partner, delivers On the Go Dining meals to clients both in the community and on campus and provides transportation for clients when needed. Madison is also currently serving as a private caregiver to an individual out of town. Madison said she most enjoys working directly with her clients sharing, "It makes my work so much more meaningful."

Madison is from Jamestown where she grew up. She is a graduate of Jamestown High School and Youngstown State University where she received her degree in Gerontology and Public Health.

Madison enjoys reading, hanging out with her friends and traveling—especially with her friends. Madison's dream vacation is traveling to Banff, Canada. Her favorite television show is The Office and her favorite movie is "The Proposal." Her favorite music is Country and Hip-Hop and her favorite food – anything spicy!

At home, Madison has two yellow Labrador Retrievers – Dodge and Navy.

If you see Madison, give her a shout out of thanks for her dedication and commitment to Without Walls as a Care Partner.



## Save the Date!



On Monday, April 8, 2024, Greenville will be in the path of a total solar eclipse!

An ECLIPSE FEST is scheduled at the Greenville Sports Complex/Soccer Fields across the street from The Keifer Building from 1 - 5 p.m.

Events also will be planned around campus stay tuned for more information as plans come together.

Totality in Greenville starts at 3:16:30 p.m. and will last 1 minute, 47.8 seconds.

Official Eclipse-viewing glasses will be available for residents and team members that day.

## Willows "B" Buzz Board



The Willows B BUZZ Board Resident of the month is Mr. Dave **Varner**. Dave is a verv visible fella who can be seen out and about most days heading to the fitness center, playing balloon volleyball, working in his very successful garden or performing country songs at the resident talent show. Dave is a great guy to talk to and is kind and generous to all he

encounters. He has an infectious laugh and a smile that really makes your day.

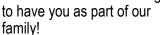
Dave was born on January 19, 1956 to Richard Brooks Varner and Dorothy Elaine Burdette and grew up in Hadley, Pa. He has enjoyed participating in sports including baseball, wrestling, track and field, and golf. He has been a gardener for many years and still loves to take advantage of the Willows courtyard to show his talents in that area. Dave is a great person to talk to and so easy to get know. Here are some things you may be interested to know!

Dave married Kathee Augustine on February 28, 1982. He has two step children, a son named Quentin Augustine and daughter Andrea Digregorio. Dave and his wife have twin boys named Adam and Allen Varner. When he is watching television, his favorite shows are Gold Rush and the Curse of Oak Island. His favorite movie is the John Wayne classic "The Quiet Man." Dave enjoys country and western music and his favorite artists are Brooks and Dunn and The Eagles. Some foods he really enjoys are liver and onions, stuffed peppers and chili. Dave has travelled to Hawaii, Alaska, Fort Sill, Oklahoma, Fort Leonard Wood, Missouri and especially loved to travel to Canada to fish. Two people he would love to meet are Tiger Woods and Dwayne "THE ROCK" Johnson! Dave also served in the Army National Guard and we thank him for his service.

A unique section of this profile is a great story Dave shared about human kindness and perseverance. Early in his career at age 22 – Dave unfortunately lost his thumbs in an industrial accident while running a punch press. Following that accident there was a lot of adapting and a lot of side eyes from people who noticed the change. While Dave was tending bar he met Gail and Glenn Henry. Glenn's brother Lavere was in charge of human resources at Werner Ladder. Dave was given an interview and after some skepticism due to his missing thumbs, Levere gave Dave a chance. With this chance he ended up working at Werner's for 30 years until a disability forced him out. The faith Lavere showed in Dave changed his life and they both benefited from the relationship. Sometimes giving a person a chance can be extremely beneficial to both of you. This is what Lavere did for Dave and what anyone of us can do for someone else!

Dave we are blessed to have you on Willows B. You add the personality and company that simply makes the neighborhood better. Your garden adds joy and life to the entire neighborhood. You have lived a fascinating life and we're happy to share your story. Thank

you Dave for being a BUZZZZ on the Willows B! We are so glad





The Willows B BUZZ Board employee for the month is a very familiar face and a ROCK float CNA **Mrs. Amber Favorite**. Although she is featured on the Buzz board this month, you are likely to see Amber working on most any unit and on a variety of shifts. She is both devoted and dedicated to caring for her residents and doing her best to be available to support her coworkers.

Amber was born on December 30, 1989 in a little town called Enon Valley. She lived there until she was 13 and then moved around quite a bit until she was married in 2013 and settled in Greenville with her husband and step daughter Madison. If you meet Amber you will quickly find out that she has a big heart for animals. When asked about her pets she listed "too many" to describe them. I know she has dogs, cats, horses, and chickens, but I have a feeling there are more to this list. Spending time with and caring for these pets is a big part of how she spends her free time. Add in riding ATV's and side-by-sides and Amber has a pretty full schedule.

Amber has eclectic taste in music—she enjoys rock, country, and oldies. Some of her favorite performers include Poison, Def Leopard, Five Finger Death Punch, Ryan Upchurch, Adam Calhoun, Savannah Detter and Jelly Roll. When it comes to things she enjoys eating, Amber listed pasta, pizza, and Italian food as her favorites. Some classic movies she enjoys are "Dirty Dancing" and "Wizard of Oz." When asked about a dream vacation she would love to visit Ireland and Scotland. Given the choice, she is watching Colombo, football and other shows on TV. Famous people she would love to meet are Ryan Upchurch, Adam Calhoun, and Missy Burnette! (we can probably make this a reality!)

Amber enjoys working at St. Paul's because of the family-like atmosphere and the relationships she has with her residents and coworkers. She enjoys working with people who have good attitudes, who are willing to laugh and put residents first. Amber, we are so lucky to have you at St. Paul's! You are a dedicated CNA who puts a high priority on giving our residents great care, and we can't thank you enough for all you do. We appreciate your constant efforts and sacrifice to make St. Paul's a better place for our residents and your coworkers. Thank you for being the Buzz this month!!

# ST. PAULS tour of homes SENIOR LIVING COMMUNITY at The Colony Thursday, March 21 - 2 - 5 p.m.







INDEPENDENT LIVING AT THE COLONY...You'll wonder why you didn't come sooner!



The Tour of Homes at The Colony is free and open to the public. Reservations are recommended. Scan the QR code to visit www.stpauls1867.org/events/tour-of-homes and reserve a tour time or call 724-588-9613 ext. 1208 to make a reservation.



339 E. Jamestown Rd., Greenville, PA | 724-588-7610 | www.stpauls1867.org

## Greenville Savings Bank/Heritage Days

# Easter Egg Hunt

Saturday, March 23, 2024 1-3pm Riverside Park Greenville, PA

Kids years 1-12

Must be accompanied by adult

4 age groups

Easter Bunny will attend Bring cameras to get Photos with the Bunny

Photos with the Bunny

Corporate Sponsor

CREENVILLE

Candy & Toy filled Eggs
Special Prize Eggs

Free Event
Open to Public
Rain or Shine

Media Sponsor

GREENVILLE'S LOCAL RADIO



ONLINE @ WGRPRADIO.COM



# "Ask an Expert" 2024 Series

## **Maintaining Your Senses:**

Vision, Hearing and Oral Health for Adults

## THURSDAY, MARCH 28 — 6:30 р.м.

Anderson Fellowship Hall in The Heritage 339 East Jamestown Road, Greenville, PA 16125



Sherri McMahan



Sarah Maietta, Joyce Geisel and Crystal Uber



Dr. Jaimie Mong, DMD









Reservations required. Seating is limited.

RSVP by scanning the QR code or

Contact: Vicki Hildebrand at

vhildebrand@sp1867.org or 724-589-4667 Option 7.

A virtual option will be offered via Zoom. A link will be emailed prior to the event.

Opportunities for informational tours at The Heritage are available before the event. If you would like to sign up for a tour, please indicate when making your reservation.

St. Paul's offers a continuing care community including independent living, aging-in-place apartments, long-term health services, memory support, short-stay rehabilitation and home-based services.