



Monthly Newsletter for Residents, Families, Volunteers, Staff and Friends

JULY 2023

www.stpauls1867.org

Bringing Piggy Joy to St. Paul's

Perry and Willow, two certified therapy pigs from Tree Family Party Piggies visited St. Paul's on Wednesday, June 21 to spread joy to the residents and staff. Perry and Willow are American mini pigs and live in their owner's home in Cochranton, Pa.

Perry and Willow performed two one-hour shows at The Villas Headland Friendship Commons and The Anderson Pavilion to accommodate all residents on campus.

Fun was had by all! The entertainment included a trick show (with snout painting!) and every resident who attended had the opportunity to pet, feed and even KISS the pigs. The party piggies brought a unique and delightful experience to our residents and team members.













— Friday, July 7 —
National Day of Rock & Roll
Wear your favorite
band or music
t-shirt today!



— Friday, July 14 —



Weather permitting, there will be a SUPER fun water activity in The Villas Courtyard today!

~ Wear a Hawaiian or beach shirt today ~

— Friday, July 21 —

National Day of the Cowboy

Wear Western-style

clothing today!

National Day of the Cowboy

— Friday, July 28— national MILK CHOCOLATE day ~ Wear something sweet today ~



This year's tournament will be played as a single-elimination bracket over three weeks during the month of July.

Week 1 Game: Thurs., July 6 Week 2 Game: Thurs., July 13 Week 3 FINALS: Thurs., July 20

Weeks 1 & 2: Games at The Villas will take place in Headland Friendship Commons (between 11:15 a.m. - 2 p.m.); games at The Heritage in Anderson Fellowship Hall (10 a.m.), games at The Ridgewood in Harmony Hall (9 a.m.) and games at The Colony in front of Colony Square (10 a.m. & 2 p.m.).

The FINALS Match will be "Best of 3" @ 10 a.m. on the Bistro Patio-don't miss it!

Stay tuned to find out who might unseat last year's Champs-Heritage 1-3-or if they will keep the trophy for another year!

WOW Care Partner, John Englert "Makes Dark Days Brighter"



John Englert (left) and Hud Artman

If you or someone you know "has what it takes," apply to be a WOW Care Partner today! John Englert is a Care Partner with St. Paul's Without Walls and is currently assisting clients Hud and Darlene Artman, residents at The Colony. His service is two-fold in that he's giving Darlene some time off from being Hud's full-time caregiver while also being a companion for Hud. A conversation with the two men revealed what we find time and time again when we explore relationships with clients and caregivers – the rewards are numerous!

John's reason for becoming a Care Partner for Without Walls is also twofold, "I took this job to fulfill personal needs on both sides – mine and our clients'," he said. Hud appreciates that, saying, "Being a caregiver isn't for

passing out the tasty treats!

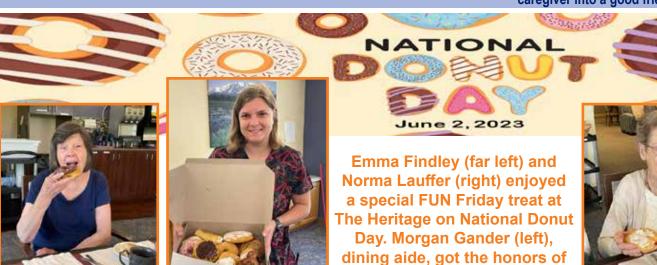
everyone, a lot of people might not be cut out for it-but John has what it takes!"

"When a person loses most of their physical capabilities, it's very humbling," Hud said. "And when someone like John is here to help out, it makes some of my very dark days much brighter."



"In a sense, John has turned from a caregiver into a good friend," said Hud.

www.stpauls1867.org/join-our-team



Policy on gifts and gratuities

While residents, clients and family members often wish to show their appreciation for the care and services rendered by St. Paul's staff, St. Paul's must ensure that residents, clients and family members do not feel obligated to give St. Paul's or its staff gifts or gratuities in order to assure a resident or client receives quality care. In order to comply with this policy St. Paul's has set forth the following guidelines:

- 1. Employees may not ask or suggest that a resident or client, or any person acting on behalf of a resident or client should offer or give gifts or gratuities to St. Paul's staff.
- 2. Employees may not accept cash or currency of any kind, including but not limited to tips from any source or individual. Employee bonuses and/or gifts provided by St. Paul's do not constitute gifts or gratuities.
- 3. Employees may only accept non-cash gifts that do not exceed \$10.00, and/or are shared by the whole staff. In order to be considered a non-cash gift, the gift cannot be converted to currency.

Opportunities for Gifts of Appreciation to Staff

Many residents, clients and families often ask how they can give back and say "Thank You" to the staff who have provided excellent care to their loved ones while living at St. Paul's. These three funds give you the opportunity to do so:

- A donation may be made to the Staff
 Appreciation Fund. This fund enables St. Paul's
 to recognize all staff. (i.e., to provide staff
 apparel, staff appreciation picnics, or gift cards
 for various occasions.)
- 2. A donation can be made to the Staff Education Fund. You can define the education opportunity or leave it to the administrator's discretion.
- 3. A donation of appreciation can be made to the Annual Staff Christmas Celebration. This donation can be given to the administrator or director and identified for the Staff Christmas Celebration and will be used to offset the cost and for staff gifts the night of the party.

If you would like to make a donation to staff for anything outside of these three funds, please see your administrator or director to talk about specifics.

Employees may not accept individual gifts, cash or currency of any kind from a resident or family member. We appreciate your support of these guidelines in order for us to remain compliant with regulations and our corporate compliance policies.

~ IN MEMORIUM

Residents who have passed May 16, 2023 — June 15, 2023

05/19/23 Lorna Hodgson 05/19/23 Gloria Spargo **Condit North** 05/23/23 05/24/23 Clara (DeVee) Love 05/26/23 Leo Palumbo 05/31/23 Geraldine McAninch 06/05/23 Paul North 06/09/23 Michael Leskovac 06/10/23 Barbara Heinemann 06/11/23 Mary (Bonnie) Morrison 06/15/23 Mary Patton

alzheimer's Pb association

Greenville Caregiver Support Group

Presented by: Alzheimer's Association Greater PA Chapter

Note date change due to holiday July 11, 2023

2 - 3:30 p.m.

Zion's Reformed Church 260 Main St. Greenville, PA 16125

Contact: Michelle O'Malley 724-588-9613 ext. 1427 Build a support system with people who understand.

Alzheimer's Association® caregiver support groups, conducted by trained facilitators, are a safe place for caregivers, family and friends of persons with dementia to:

- Develop a support system.
- Exchange practical information on caregiving challenges and possible solutions.
- Talk through issues and ways of coping.
- Share feelings, needs and concerns.
- Learn about community resources.

Guest Apartment at The Heritage Available



The guest apartment in The Heritage is available to rent to families or loved ones who need a place to stay while visiting.

The one bedroom apartment has a queen-size bed (a roll-away bed is also available if needed), microwave, refrigerator and a flat screen television. The cost is \$89 per night. Check in is 3 p.m. and check out is 11 a.m. For reservations call Robyn Weaver at 724-588-7610 ext. 1146.

The Longest Day

Team Members wore "Purple with a Purpose" on Wednesday, June 21. On the summer solstice—the longest day of the year—we raise funds and awareness for care and support while advancing research toward the first survivor of Alzheimer's. See below for details for this year's Walk to End Alzheimer's and how you can join our team and the fight against Alzheimer's!







We raised more than \$500 at our 2nd Annual "Bread for the Brain" Bake Sale! Many thanks to all who donated the delicious variety of breads and to all those who purchased in support of our WTEA team!





Saturday, Sept. 9 Buhl Park | Hermitage, PA

Registration at 9 a.m.
Opening Ceremony at 10 a.m.
Walk at 10:30 a.m.

REGISTER ONLINE:

- Visit: alz.org/walk
- Click: "Find Your 2023 Walk"
- Enter zip code: 16148
- Select: Hermitage, Pa.
- Click: REGISTER
- Follow the prompts to complete registration
- Start collecting donations!

OR EMAIL:

tlininger@sp1867.org if you're interested in joining the St. Paul's Team.

First-time participants: please include your first and last names, address, phone number, email address (if available) and t-shirt size in the email. Thank you!





Delores Montgomery, Villas Resident (left) with Physician Assistant student volunteer



Teresa Heckman, Director of Nursing – taking treats back to her co-workers!



Lori Ferguson, Universal Worker



Joyce Davis, Villas Resident



Shirley Faber, Villas resident



Keifer Building Team Members: Vicki Hildebrand, Mariah Corson, Melissa Villard and Teresa Findley



Bob & Pat Seiple, Colony Residents



Colony Residents Paul and Debra McKay (front) and Margie Hays



George Wilson, Heritage Resident



Sally Winland and Mike Allen, L.E. Coordinator



Nadine Buchanan, Volunteer



Volunteers Ann Fowler (left) and Phyllis Donner

Spiritual Services

Message from Pastor Julia

Celia Thaxter was a 19th century New England poetess and the author of a lovely poem ending with these words: "There is eternal summer in the grateful heart." I think this line is beautiful in the way that it describes the effect of gratitude in life in general. And it also perfectly captures my sentiments about the summer season come July. It's at this juncture--when I am so thoroughly enjoying long days, warm weather, colorful gardens, al fresco dining, outdoor recreation, and long-awaited vacations--that I hope summer will last forever. I know it won't, but, in July, I try to block out that reality and focus intently on the goodness that is before me so to enjoy it to the hilt.

Thaxter, in her poem, wants us to reflect with gratitude on the joys of summer once it's over and autumn has arrived, suggesting that such remembering is as pleasant as the seasonal experience itself. I'm not sure that I would go that far! But I do want to be really mindful of the goodness of summer in the here and now of it, savoring and being thankful for each moment of sun, warmth, color, nature, leisure, and travel as I joyfully meet and experience them. The last couple of summers—well, they haven't been all that happy or healthy. The summer of 2023 has a decidedly more positive feel to it, and I want to appreciate its splendor in real time even before it comes to live as memory in my head.



Bible Study with Pastor Julia

The Villas Conference Room

Wednesdays, July 12 and 26 • 1 pm.

at The Ridgewood

Thursdays July 13 and 27 • 10 a.m.

Thank you to Colony Residents for a great response to the Spiritual Council Survey!

Your input is appreciated and will help to direct and shape our planning going forward.



Sunday Worship Services are scheduled for:

The Heritage at 9 a.m.
The Villas at 10 a.m.
The Ridgewood at 11 a.m.

Each week The Villas service will broadcast across campus at 10 a.m. on Channel 1851 and please note: on July 2, the service will be BROADCAST ONLY due to Pastor Julia's vacation.

Family members are now also welcome to attend with residents.

Catholic Mass



Father Christopher Barnes from St. Michael's Roman Catholic Church in Greenville will lead Mass for Catholic residents in Headland Friendship Commons on Wednesday, July 5 at 10:15 a.m.

F<mark>Faith&</mark> Iellowship

Pastor Julia will lead Faith and Fellowship Gatherings with devotions, Holy Communion, hymns, and ice cream in July according to the following schedule:

Villas Neighborhood Gathering (location TBD)

on Tuesday, July 18 at 10 a.m.

Jones Serenity Lane on Tuesday, July 18 at 2 p.m.

The Heritage Bistro Patio on Wednesday, July 19 at 1 p.m.

The Ridgewood under the sail on Thursday, July 20 at 10 a.m.

~ ~ ~ ~ ~

The Colony at Rust Colony Square Pavilion on Thursday, July 20 at 1 p.m.

MOVIES

July 2023

Sun Mon Tue Wed Thu Fri Sat

All residents should tune to Channel 1851 for movies, church services and any other internal broadcasts. This channel has been reserved by Spectrum for use internally by campuses like St. Paul's, and is not used for regular programming, which alleviates any potential signal interference. If there is nothing scheduled to broadcast on the channel, the screen will appear blank.						
2 10 a.m. Church Service 2 p.m. East of Eden	10 a.m. Pleasantville 2 p.m. American Grafitti	10 a.m. Field of Dreams 2 p.m. Last Picture Show	10:15 a.m. Mass 2 p.m. The Greatest Showman	6 2 p.m. Freaky Friday	10 a.m. School of Rock 2 p.m. Carl Hultman from HFC 7 p.m. Elvis	10 a.m. Hidden Figures 2 p.m. Confessions of a Shopaholic
10 a.m. Church Service 2 p.m. Enchanted	10 a.m. Disenchanted 2 p.m. You Again	10 a.m. 1 1 The Greatest Game Ever Played 2 p.m. Baby's Day Out	10 a.m. Invincible 2 p.m. The Call of the Wild	10 a.m. Rosary 2 p.m. Finding Nemo	10 a.m. 14 Jaws 2 p.m. Jaws 2 7 p.m. Jaws 3	10 a.m. Finding Dory 2 p.m. The Little Mermaid
16 10 a.m. Church Service 2 p.m. Jack	10 a.m. 17 Swiss Family Robinson 2 p.m. Three Men and a Baby	10 a.m. 18 Man of the House 2 p.m. White Fang	10 a.m. 19 Jungle 2 Jungle 2 p.m. Newsies	10 a.m. 20 Rosary 2 p.m. Jungle Cruise	10 a.m. The 21 Cowboys 2 p.m. Mike Leslie from HFC 7 p.m. Cowboys and Angels	10 a.m. 22 Night at the Museum 2 p.m. Night at the Museum 2
10 a.m. 23 Church Service 2 p.m. Encanto	10 a.m. 24 Bedtime Stories 2 p.m. The Aristocats	10 a.m. 25 Because of Winn-Dixie 2 p.m. Jim Hutchison from HFC	10 a.m. 26 Three Men and a Little Lady 2 p.m. Life with Mikey	10 a.m. 27 Rosary 2 p.m. Tuck Everlasting	10 a.m. Willy Wonka 28 & the Chocolate Factory 2 p.m. The Day of Chocolat 7 p.m. Charlie & the Chocolate Factory	29 10 a.m. Tall Tale e 2 p.m. That Darn Cat
10 a.m. 30 Church Service 2 p.m. Alice in Wonderland (Cartoon)	10 a.m. 31 Tom and Huck 2 p.m. Dadnapped					

COLONY COLUMNS

 $ilde{}$ News from The Colony $ilde{}$



July

- 4 Sylvia Loveridge
- 8 Jim Macdonald
 - 10 Ruth Mizik
- 12 John Kokoski
- 20 Ralph Henry
- 20 Nancy Sayles
- 21 Pat Amato
- 21 Earl Palmiter
- 24 Barbara Cummings
 - 24 Mimi Milheim
- 30 Jackie Weyman
- 31 Bertha Zimmerman

August

- 3 Pat Seiple
- 10 Glenn Sadler
- 23 Bob Seiple
- 24 Deborah McKay
- 29 Bernie Stefanik
 - 30 Marc Duell

July Staff Birthday

9 - Linda Illif

Below from left: Coralee Armstrong, Gail Maycher and Carol Hosmer created whimsical Fairy Gardens at the June craft activity in Rust Colony Square Pavilion.





(I. to r.) Mary Lou Delaney, Mimi & Irv Milheim and John Delaney enjoy a sweet treat at Fowler General Store in Fowler, Ohio.

Summer Ice Cream Tours, Back by Popular Demand

This summer, Colony residents have the opportunity to sign-up for three rounds of ice cream tours. Each tour features 4-5 nearby ice cream establishments.

Who knew there were so many so close? After this year, they'll all be ice cream connoisseurs!



Monday, July 3 - Men & Women's Chat Groups

Wednesday, July 5 – Colony Birthday Celebration

Thursday, July 6 – Cornhole Tournament (Game 1)

Friday, July 7 – Rock n' Roll Fun & Heritage Days Bike Parade

Tuesday, July 11 - Pot-luck & Open Forum

Thursday, July 13 – Visit the Casino Cornhole Tournament (Game 2)

Friday, July 14 – Shark Awareness Day Staff Walk About & Mercer County Community Band Concert

Tuesday, July 18 - Rock Painting Craft

Thursday, July 20 – Faith & Fellowship with Pastor Julia Cornhole Tournament Championship Games Tour of Homes

Friday, July 21 - Visit Middlefield, Ohio

Tuesday, July 25 – Vineyards at Pine Lake

Thursday, July 27 - Ice Cream Tour Round 3

Friday, July 28 – Chocolate BINGO

Sunday, July 30 – Lunch Out at Salvatore's

Mark Your Calendar for these Upcoming August Events

Wednesday, August 2 – Colony Birthday Celebration

Friday, August 4 - Colony Twin Festival

Sunday, August 6 – Mahoning Valley Scrappers Game

Tuesday, August 8 – Thrift Store Shopping Marathon

Friday, August 11 - Root Beer Floats

Sunday, August 13 – St. Paul's Car Cruise

HERITAGE HERALD

News from The Heritage ~



Sunday, July 2

Church Service on Channel 1851, 10 a.m.

Monday, July 3

Rootbeer Floats & Patriotic Musical Show with Greg Vanderveen & Basement Band Duo, 3 p.m.

Tuesday, July 4

Happy Independence Day!

Thursday, July 6

Corn Hole Tournament (Game 1) Outdoor Cooking Demo with Chef Keven under the Umbrella, 2 p.m. Amish Singers Perform, 6:30 p.m.

Friday, July 7

National Rock-N-Roll Day Errand Day Shopping

Thursday, July 13

Cornhole Tournament (Game 2)

Friday, July 14

Z Praise Performance

Wednesday, July 19

Faith & Fellowship Gathering on the Bistro Patio with Pastor Julia, 1 p.m.

Thursday, July 20

Kitchen Conversations with Keven, 10 a.m. Cornhole Tournament (Championship)

Friday, July 21 -

Day of the Cowboy Cowboys for Christ, 10 a.m. Humble Music Performs, 2:30 p.m.

Thursday, July 27

Lunch Outing to 215 Restaurant, 11 a.m.

Friday, July 28

National Milk Chocolate Day Errand Day Shopping

Resident Council Meeting Tuesday, July 25 • 1 p.m.



July Birthdays

2 - Joan Crawshaw

8 - Cy Risavi

12 - Dorothy Dalessandro

10 - Janet Kirk

25 - Maxine Vosler

Residents who celebrate a birthday this month will receive a special birthday lunch on Tues., July 11.

Weekly June Activities —

stay tuned to your weekly calendars to find out when to gather for BINGO and Ice Cream!





Ce CLead

Choose from 4 to 6 different flavors... or try a scoop of each!

- Resident-coordinated evening card games occur a couple times per week.
- Communion is delivered weekly to residents on their floors by St. Michael's.
- Personal shopping is provided by volunteer Reba G. on the 2nd and 4th Tuesdays of each month.
- Sunday Worship Service at 9 a.m. in Anderson Fellowship Hall.
- Fitness Jam with Ron: Monday, Thursday & Friday at 1 p.m.
- Wednesday Bible Study with Pastor Julia at 1 p.m. in The Villas Conference Room.
- Seated volleyball with Ron every Wednesday at 2:30 p.m.
- The Beauty Salon opens at 9 a.m. on Friday mornings.
- Daily movies, weekly spiritual opportunities and occasional special performances broadcast on Channel 1851.

SERENITY SPOTLIGHT

~ News from Jones Serenity Circle & Lane ~

Regularly Scheduled Activities

Mondays Book Club

Aroma Therapy Wind Down (p.m.)

Tuesdays Beauty Shop Appointments (a.m.)

Fitness with Ron

Wednesdays Morning Movement Class

Music Therapy Balloon Volleyball

Thursdays Morning Meditation

Fitness with Ron

Fridays Hand Spas

Cooking/Baking Demonstration

Cooking/Baking Demonstrations (Fridays)

July 6 – Rockin' Potato Rolls

July 14 - Shark Bait Trail Mix

July 21 – Wyoming Cowboy Cookies

July 28 – Homemade Gourmet Chocolate Milk

Musical Entertainment in July

July 6 – The Amish Singers

July 7 – A Hawaiian Serenade with Mike Leslie

July 14 – Z Praise with Gary & Donna Zock

July 17 – Greg Van Valien on Keyboard

July 21 – Mike Leslie on Guitar

Other Special Events

July 4 – Independence Day Celebration

July 5 - Mass at The Villas

July 7 – "Luau on the Lanai" Family Picnic

July 8 – Thiel Choir Concert Outing

July 13 – Bible Study with Tresa

July 14 - Mercer Band Concert:

"Broadway, Musicals & More"

July 18 - Faith & Fellowship with Pastor Julia

July 20 – July Birthday Party

July 21 – Mercer Band Concert: "MCB Rocks"

July 27 - Brunch Bar: French Toast Bake

July 31 - Bingo

Glamour Girls in the Garden of Love























Taking advantage of a gorgeous, sunny afternoon, Mike Allen, Life Enrichment Coordinator captured some of the ladies looking their best in front of the beautifully blooming peonies in The Garden of Love.

RIDGE RUNNER

~ News from The Ridgewood ~

~ Resident of the Month~ Margaret "Peg" Revell



Margaret Revell, also known as Peg, was born and raised in Greenville, Pa., by her parents Norene and Ray McAndrew. Growing up, Peg had two siblings, brothers Bill and Bob. Peg attended and graduated St. Michael's School. After high school Peg furthered her education at

Slippery Rock University. Following her graduation from college, Peg worked as a teacher and also as the Purchasing Director at Greenville Hospital.

In 1973, Peg married Al Revell. They had one child, Rebecca (Becky) Revell-Doan. When asked what her favorite sport and sports team is, it's Pittsburgh Steelers Football all the way! Peg also enjoys reading and playing card games with her life long friends and also her friends at The Ridgewood. Her favorite food is either steak or ham loaf.

Before Peg moved to The Ridgewood, she enjoyed volunteering at Senior Centers and she was also a member of the Mercer County Women's Association. Peg also was a big traveler—she has traveled to almost all 50 states (only exceptions are North Dakota and Minnesota). Peg also had the opportunity to live on the military base in Okinawa, Japan. She also traveled around Europe and Asia.

Some of Peg's best memories are those spent with the ones she loves most. Peg is thankful for her life long friends always being by her side and also the best brothers she could have asked for. Overall, Peg is



grateful for the life she has been given!

HAPPY BIRTHDAY

Nesidelita

12 - Patti Oaks

20 - Edna Riffe 31 - Ruth Ann Miller 1 - Tammy Shoaff

3 - Kim Yeager

12 - Jean Guirguis



Monday, July 3 – Shopping Day, 9 a.m. Birthday Luncheon, 11:30 a.m.

Tuesday, July 4 – HAPPY 4th OF JULY! Picnic at lunch and Social Hour, 1 p.m.

Wednesday, July 5 – Patriotic Music with Joel DiAngi, 10 a.m. Manicures (100 & 200 Halls), 1 p.m.

Thursday, July 6 – Cornhole Tournament (Game 1)

Friday, July 7 – BE A KID AGAIN DAY! Golf Cart Rides, 1 p.m.

Saturday, July 8 – Heritage Days Fireworks and Refreshments at 9:15 p.m.

Monday, July 10 - Manicures (300 & 400 Halls), 10 a.m.

Tuesday, July 11 - Men's Breakfast, 7 a.m.

Wednesday, July 12 – Seated Dancing with Katie, 10 a.m. Resident Sharing with Edna Riffe, 1 p.m.

Thursday, July 13 – Cornhole Tournament (Game 2)

Friday, July 14 – SHARK AWARENESS DAY! LCR Game, 1 p.m. & Music Therapy, 3 p.m.

Wednesday, July 19 – Seated Dancing with Katie, 10 a.m., Music Therapy, 3 p.m. & Coffee Klatch with Mickie, 5:30 p.m.

Thursday, **July 20** – Cornhole Tournament (Championship Game)

Friday, July 21 – NATIONAL DAY OF THE COWBOY!
Greenville Mobile Library, 1 p.m.

Dale Brenneman - "Cowboys for Christ," 1:30 p.m.

Monday, July 24 – "Hey Joe" Concert, 10 a.m.

Tuesday, July 25 – Nancy Manning, 10 a.m.

Wed., July 26 – Presque Isle Casino Trip (bus leaves, 9 a.m.) Seated Dancing with Katie, 10 a.m. & Music Therapy, 3 p.m.

Regularly Scheduled Activities

Food Committee meets on the 2nd Tuesday & Resident Council meets on the 2nd Thursday of each month @ 1 p.m.

Sunday – Church Service @ 11 a.m. & Ice Cream Cart @ 2:30 p.m.

Monday – Pool Noodle Volleyball @ 2 p.m. & Evening Activity @ 6 p.m.

Tuesday - Exercise with Ron @ 2 p.m. & BINGO @ 5:30 p.m.

Thursday – Bible Study @ 10 a.m., Exercise with Ron @ 2 p.m. & Word Game @ 5:30 p.m.

Friday – Exercise @ 10 a.m. & 500 Card Game @ 6 p.m. Saturday – Exercise @ 10 a.m. & BINGO @ 1:30 p.m.

House Chatter

~ News from The Villas ~



Monday, July 3 — AMERICANA MONDAY

~ Wear red, white and blue ~

1:45 p.m. Americana Sing-A-Long (Greg Van Valien)

Tuesday, July 4 — INDEPENDENCE DAY

"Bold stripes, bright stars, brave hearts"

~ Wear patriotic colors ~

Staff: Put your name in the Basket in the HFC for a chance at a prize! 10 a.m. Star Spangled Bingo!

Wednesday, July 5 —

10:15 a.m. Catholic Mass: Father Christopher Barnes

Thursday, July 6 — CORNHOLE TOURNAMENT (GAME 1)

Note: no Rosary today 1 p.m. Bingo Bucks

Friday, July 7 — NATIONAL DAY OF ROCK AND ROLL

~ Wear your favorite rock band or music t-shirt ~

Rock and roll originated from African-American music such as jazz, rhythm and blues, boogie-woogie, gospel, jump blues, and also country music. "Rock and roll" evolved from those roots during the late 40s and early 50s into a genre of popular music. (Wikipedia)

2 p.m. Carl Hultman (Vocal, Guitar - 50s, 60s, 70s, soft R&R)

Tuesday, July 11

10 a.m. Faith, Fitness and Fun

Wednesday, July 12

Lunchtime: Springs Neighborhood Picnic @ Bistro! (rainsite: HFC)

Thursday, July 13 — CORNHOLE TOURNAMENT (GAME 2)

6:45 p.m. Z Praise – outdoors by bistro (weather permitting)

Friday, July 14 — SHARK AWARENESS DAY!

"You're gonna need a bigger boat!" - Chief Brody, Jaws

~ Wear Hawai'ian or summer shirts ~

Afternoon: Megalodon Super Soaker Competition, Courtyard

Monday, July 17

1:45 p.m. Hymn Sing and Devotions with Greg Van Valien

Tuesday, July 18 (Staff New Hire Orientation)

Faith and Fellowship

Thursday, July 20 — CORNHOLE TOURNAMENT (CHAMPIONSHIP)

6:30 p.m. Small group and companionship visits

Friday, July 21 — NATIONAL DAY OF THE COWBOY

~ Wear your Western favs ~

10 a.m. Cowboys for Christ

2 p.m. Mike Leslie (Country Classics, Vocal, Guitar)

Monday, July 24

10 a.m. Faith, Fitness and Fun
1:30 p.m. Resident Council (note date change)
and Food Committee

Tuesday, July 25

Noon Monthly Birthday Lunch for July Birthdays 2 p.m. Jim Hutchison "The One-Man Band" (Variety, Oldies)

Thursday, July 27

6:45 p.m. Z Praise – outdoors by bistro (weather permitting)

Friday, July 28 - NATIONAL MILK CHOCOLATE DAY

~ Wear something sweet ~

Golf cart rides and/or trips out

HAPPYBIRTHDAY

July Birthdays at The Villas

3 - Martha Dye

3 - Judy Leskovac

3 - Karen Mensurati

5 - Glenda Cunningham

6 - Lois Mealy

7 - Mary Walsh

8 - Linda Goodwill

11 - Robert Anderson

13 - Joan Kryger

16 - Juanita Curtin

19 - MaryAnn Palermo 25 - Richard Bouvia

27 - Joann Branch

31 - Donald Kellar

Upcoming August Neighborhood Picnics Aug. 1: Willows (Bistro Patrio, rainsite HFC) Aug. 11: Gardens A (Gardens Courtyard) Aug. 25: Gardens B (Gardens Courtyard)

Don't forget!

We have a putting green behind the Gardens neighborhood.

(Adjacent pergola provides shade.)

And a new Frisbee Golf Set with Basket can be found at the Bistro Patio.

Regularly Scheduled Activities

Sunday - Church Service @ 10 a.m.

Classic Hymn Sings via YouTube on Ch. 1851 @ 1 p.m.

Tuesday – Evening BINGO @ 6:45 p.m.

Wednesday – Music Therapy @ 10 a.m.

Pick-up Game of Seated Volleyball in the Fitness Center @ 2:45 p.m.

Thursday – Rosary @ 10 a.m. (except first Thursday)

Saturday – BINGO @ 10 a.m. (New summer schedule)
Individual neighborhoods offer activities in addition to this schedule.

Gardens Resident B-Estie for Our Gardens Resident B-Estie for Our Gardens Team Member



Our Gardens Resident B-Estie for the month is one of our residents with the most life experience, Mrs. Helen Fedorczyk. Helen was born on September 25, 1922 making her a very impressive 100 years young. Helen was born in Smock, Pa. When she was around two years old, her family moved from Smock to Hermitage and bought a 65 acre farm. Helen was raised on the farm with many animals including pigs, cows, horses, ducks, and turkeys. She was raised in a family of seven brothers and sisters all

of whom are now deceased. Helen met her husband, Mitra and was married in 1944. With her experience growing up with such a large family, Helen and her husband chose to raise five children of their own. She is the proud mother of Larry, Donald, Richard, David and Diane. From these children Helen has 13 grandchildren and 21 great grandchildren.

While her greatest accomplishment and the focus of most of her life was raising her family, Helen also worked as a stenographer. She worked with veterans in the Manpower Commission, at the courthouse with Voter Registration, and at the employment office. While her children were growing up, all the boys participated in athletics including football, basketball, and baseball. Her daughter Diane was a cheerleader so the family was always busy attending one game or another.

When asked about her personal interests, Helen said she has spent time sewing and was always willing to make the kids pajamas and put new zippers in coats and pants. She also did a lot of embroidery. Cooking was another activity Helen embraced. She loves homemade chicken soup, pizza, and stuffed cabbage! Her Christmas Eve meal was a special time and always started with wafers and honey from church followed by mushroom soup, sauerkraut and perogies. Helen was an avid church goer and always enjoyed socializing with people. In her free time, Helen was a bargain shopper and was always up for a yard sale and as a stress reliever, she attended bingo! She enjoyed keeping up with local news and liked to watch game shows. Her music taste leans toward Country Western and Gene Autrey came to mind as one of her favorite artists. She was not a huge sports fan, but followed the Cleveland Indians as she got older.

Helen, your presence on the Gardens neighborhood truly makes it a more enjoyable place. We want you to know how happy we are to have you as a member of the Gardens B family. Thank you for being a Gardens-B-Estie!!



B-estie for the month is Koreena Barker. Koreena is one of our rocks anchoring the B side of the garden's neighborhood as a dayshift LPN. She has worked at St. Paul's for nearly seven years and in that time has developed from a tentative new student nurse who did her clinicals here and fell in love with the facility,

to an absolute leader and tone-setter when she is at work. Koreena loves working here because of our high standards and quality of care that she has seen and provides to her residents. She has immersed herself in our culture and met many of her friends working here.

Koreena was born and raised in the New Castle area. She was born on March 4, 1994. She has an older brother and sister who have families of their own and she is the proud aunt of three nieces, three nephews and a great niece. She has a miniature Dachshund named Kami, but will never forget her first canine love, Piper who she lost not too long ago. She is engaged to her fiance' Ryan and will be getting married September 14, 2024.

Koreena loves listening to music. She enjoys many different types of tunes including R & B, Rap, Hip-Hop, Country, Rock, and has a particular love for 90's and early 2000's alternative. If she could meet any famous person she would like to bump elbows with Justin Timberlake, her childhood crush, and meet up with Cher, the ultimate DIVA! When she is watching TV it is any show she is currently into on Netflix, HGTV, or finding out what the next successful business will be in Shark Tank. She has a soft spot for Dirty Dancing or Pretty Woman when an old movie is in the cards. When she is having her favorite meal, it's probably pasta, as Italian is her favorite of all time.

Koreena is known for her hard work and focus when she is working. She puts similar effort into her time off the clock and is always busy. She enjoys traveling to Pittsburgh on the weekends and loves trying new restaurants. Dave and Busters is her favorite place on earth and the casino is always a go to place for a good time. When she is not in town, she loves a beach vacation. She has traveled to Florida multiple times, Cancun, Atlantic City and Las Vegas.

Koreena, you are a true blessing to us at St. Paul's and to the Gardens B in particular. We are lucky to have watched you grow in your position and to have seen you develop into the person and employee that you are. Your standards are high for your coworkers, but you are willing to help them when they need it in order to maintain that standard. Thank you for being a Gardens B-estie, we are so lucky to have you!

Do you want to recognize a team member who did something special for you or a loved one or who always goes above and beyond? Submit a Caring Heart for them. They (and their supervisor) will be notified that they received a Caring Heart, and they will be recognized in a future newsletter.



To submit a Caring Heart visit www. stpauls1867.org and click STAFF RECOGNITION. Click on "Submit a Caring Heart" and fill in the simple form. Please Note: Submit ONE caring heart for EACH staff member you'd like to recognize. You can also complete a paper form from the Caring Heart bulletin board in each residence or by requesting one from the receptionist.

List features staff from The Villas, The Heritage, The Ridgewood, The Keifer Building and Without Walls.

Caring Flearts - July 2023

Promoting a Culture of Caring & Recognizing our Team Members

Heather Baca
Hailie Britton
Pamela Britton
Denise Brown
Lydia Cianci
Karen Coombs
Cheryl Cordell
Sean Davis
Amber Delong
Corey Denzer
Lynn Dooney
Jess Fenton
Carla Flannery
Elizabeth Greene
Lindsay Griffiths

Erica Gulentz Cheryl Hamilton Krystal Hebert James Hickey Catherine Houle Patti Jones Jennie Kather Kim Kissling Jessie Krafcheck **Cheryl Lamp Crystal Laudenbacher Brittany Little** Jessica Luckock **Brian Mailliard** Shawn McConnell Sue McConnell

Mercedes McMillin
Dianna Mills
Chris Minteer
Amber Moore
Emily Mucroski
Deven Piccolin
Tresa Poling
Rachel Ramp
Logan Rimer
Missy Rowles
Ken Runge
Stephanie Russo
Sheila Wasser
Lori Zahnisher
Tanya Zupanchick

"Cheryl is fantastic as she puts her heart into this job and is so wonderful to residents. She tends to all of our needs and is perfect for this job. I think we love her." (Submitted by a resident) "(Rachel is) caring, patient and knowledgeable about her job.
Couldn't ask for anyone better!
Listens to your aches and pains and also your bragging about your family members."
(Submitted by a resident)

Jess is always so upbeat. She is so happy and willing to do anything the family asks of her to help both us and my mom. She definitely deserves a big thank you from mom and the family."

(Submitted by a resident's family member)

Tired of the was and downs of the stock market?

Invest in a charitable gift annuity at St. Paul's.

A charitable gift annuity is an irrevocable agreement in which you make an investment of cash or appreciated securities of at least \$10,000 to start the annuity. In exchange, you will receive annual, fixed payments for life from the annuity. The amount remaining after your lifetime becomes a charitable gift to St. Paul's.

How Do You Benefit?

- You'll receive an INCOME STREAM FOR LIFE from the annuity. Your payout rate will never change, and your annuity payment is guaranteed.
- You'll realize tax savings with an immediate charitable INCOME TAX DEDUCTION the year you start your annuity.
- You can SAVE ON CAPITAL GAINS TAX if you have stocks that have increased a lot in value since you purchased them and you use those to fund the annuity.
- You could SEE THE IMPACT of your legacy gift today. You can choose to grant the charitable gift portion of your annuity up front to St. Paul's rather than waiting until after your lifetime.

Here are the current payout rates for a charitable gift annuity, based on a \$25,000 annuity.

Age	Rate	Annual Payment
65	5.4%	\$1,350
70	5.9%	\$1,475
75	6.6%	\$1,650
80	7.6%	\$1,900
85	8.7%	\$2,175

For more information, please contact: Dawn Hartman, Director of Strategic Giving

Phone: 724-589-4611

Email: dhartman@sp1867.org

You can now use a IRA charitable rollover of up to \$50,000 once in your lifetime to start a charitable gift annuity! This can be a great way to satisfy your annual required minimum distribution, or to reduce the size of your IRA to ease the income tax burden for your heirs.



Co-worker Comments:

She goes above and beyond without being asked.

She is amazing at what she does and she has great relationships with the residents. She is an awesome team player.

Kim is dedicated to her residents, she cares for each of them deeply. She is flexible and helpful to residents and other team members.

⟨ Kim Phillips Is this month's "HERITAGE HOTSHOT!"

Kim enjoys "fishing, thrifting, spending time with friends and family, and reading a good book."

Q: What is the strangest food combination you enjoy?

A: Watermelon and feta cheese

Q: What 3 words describe you best? A: Caring, reliable, & resourceful

Q: What is something about you that would surprise us?

A: I have a degree in Criminal Justice

Q: How long have you worked here? A: 9 years and 7 months

Q: If you could choose one superpower what would it be? A: Super Speed, there is never enough time in the day!

Shallow Creek Kennels Presentation & Demonstration

On June 19, St. Paul's welcomed representatives from Shallow Creek Kennels who presented information and a demonstration to residents of The Colony regarding their program. Shallow Creek is a privately owned and operated police service dog importing and training facility located in Sharpsville, Pa. Dedicated to providing law enforcement agencies with the highest quality police service dogs, they are often seen on St. Paul's campus with law enforcement officers from around the country as they learn to handle these highly trained dogs.

Generally imported for training from countries like Holland, Slovakia, Hungary and France at 12-18 months of age, the dogs are hand selected and tested personally to ensure the proper genetic makeup to become a police service dog. Upon arrival to Shallow Creek Kennel, the training spans multiple locations including buildings, fields, wooded areas and vehicles on and off site. St. Paul's is thrilled to be one of these sites.

After completing the 12-week training program, K-9 officers from around the country visit for six weeks to

learn how to handle their dogs. These officers have experience within a canine unit and must apply to become certified handlers. These remarkable canines are mostly trained for narcotics and gun and explosive detection. In 2022, 407 dogs completed their program.

Residents were able to see demonstrations of basic obedience training and also defense and drug

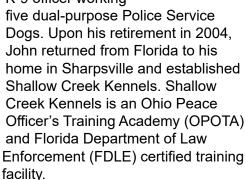
detection work including handler

Kyle and his four-year-old German Shepherd, Brutus, from Florida and Amy and her Belgian Malinois Johanna.

Owner John Brannon was on-hand to share his story and passion for this work. John has 24 years of law enforcement experience, 22 years

of those years were spent as a K-9 officer working

nt as a Amy & Johanna





Kyle & Brutus

Michael R. Bray, D.M.A. and the Thiel Alumni choir invite you to join them from

Saturday, July 8, 2023
7:30-8:30 p.m.

Concert and Reception
David Johnson Memorial Chapel

FREE & OPEN to the Public

If you have any questions, please contact
David Hummel'83, Director of Alumni Relations
alumni@thiel.edu • 724-589-2027

Thiel College



Owner, John Brannon (left) and trainer, Jeremy.



All St. Paul's team members, residents, family & friends are welcome!

Pulled Pork Sandwiches......\$5.00 ea. Variety of Pie Slices......\$2.50 ea.

Sandwich pre-orders are welcome and encouraged, scan the QR code at the right to order online & choose a pick-up time by Friday, July 21.



All proceeds benefit The Auxiliary of St. Paul's Arms of Love & Service



Friday, July 7

Friday Night is Family Night!

5 – 7 p.m. Kids Zone Activities (sponsored by Greenville Savings Bank, hosted by L & J Crafts)

4 – 9 p.m. Rides Open Rainbow Bounce House, Sports Combo Bounce House, Firetruck Slide, Euro Bungee, Rock Wall (sponsored by ILSCO)

> 5 – 9 p.m. Zoo 2 Go Petting Zoo

5 – 9 p.m. Encampments & Blacksmith Demonstrations

4 – 11 p.m. Food Trucks & Vendors

> 5 p.m. Bike Parade

9:30 p.m.
FREE Family Movie at the Amp
(sponsored by Greenville Savings Bank)

9:30 p.m.
Registration begins for Nightlife
Scavenger Hunt

Saturday, July 8 All Day Fun and Fireworks Tonight!

Noon – 8:30 p.m. Rides Open (sponsored by ILSCO)

Petting Zoo (Zoo 2 Go)
\$3/person (kids age 3 and under free, all children
10 and under must be accompanied by paid adult)

Noon – 9 p.m.
Encampment & Blacksmith
Demonstrations

Noon – 10:30 p.m. Food Trucks & Vendors

> Noon – 3 p.m. Dragonfly Balloons

> > 1 – 5 p.m. Bluey

1 – 5 p.m. Kids Zone Activities (sponsored by Greenville Savings Bank, hosted by L & J Crafts)

> 3 – 5 p.m. Face Painting

GHS Steel Drum Band Performance

5 p.m. Duck Race

5 – 7 p.m. Music at the Amp: The Doral's (sponsored by Restore Riverside)

> 7 – 10 p.m. DJ in the Pavilion

10 p.m. Fireworks (sponsored by Elk's Club)



of homes Thursday, July 20 • 2 - 5 p.m.







INDEPENDENT LIVING AT THE COLONY...You'll wonder why you didn't come sooner!



The Tour of Homes at The Colony is free and open to the public. Reservations are recommended. Scan the OR code to visit www.stpauls1867.org/events/tour-of-homes and reserve a tour time or call 724-588-9613 ext. 1208 to make a reservation.

