

Colony Sew N Sews Donate Comfort Kits to Hermitage Police Department



From left: Coralee Armstrong, Elaine Wilkins, Jane Hogan, Sandy Harter, Kathy Anderson and Bertha Zimmerman pose with the comfort kits in the Sew N Sew's sewing room in The Keifer Building.

More than 20 sets of stuffed animals and soft fleece blankets were donated to the Hermitage Police Department by residents in The Colony at St. Paul's Senior Living Community. The kits can be used to comfort children who may be involved in traumatic or uncomfortable situations. Officers can keep the kits in their patrol cars for easy access and present them to children to put them at ease.

The social sewing group call themselves the "Sew N Sews" and are all residents who live in The Colony – the independent living neighborhood at St. Paul's. The group delivered the kits to the Hermitage Police station and presented them to Officer Justin D. Erickson on January 16.

The blankets and plush toys were donated by residents in The Colony.



Above from left: Zimmerman, Armstrong, Anderson, Wilkins, Hogan, Harter and Margie Hays hand-deliver the kits to Officer Erickson.

funfridays

All-campus Theme Days

National Wear Red Day®
February 2023



— Friday, February 3 —

Heart disease is the leading cause of death in the U.S.
Know your risk and protect your heart. (hearttruth.gov)

Wear RED today and help promote
February as National Heart Month.

Wear your
favorite
football team's
gear and let's
kick-off
Super Bowl
weekend
with a
“Soup”er Bowl
cook-off!

— Friday, February 10 —



Team
members bring
in your favorite
soup recipe
for our panel
of judges to
taste. Who will
win the golden
ladle?

— Friday, February 17 —



“The positive effects of
kindness are experienced
in the brain of everyone
who witnessed the act,
improving their mood and
making them significantly
more likely to “pay it
forward.” – Jamil Zaki

Wear something
with an inspiring
message today
and practice acts
of kindness today
& everyday!

#MakeKindnesstheNorm

— Friday, February 24 —

National Dance Day



Is there
anything
more fun
than
dancing?

Wear your St.
Paul's gear
today and
dance the day
away!



PRE-ORDER FORM

You can send a soft, cuddly 10 inch bear (wearing a cute St. Paul's t-shirt) with a message to a resident or team member for just \$10 each to be hand-delivered on Valentine's Day.

I would like to pre-order _____ Teddy Gram(s).

My Name: _____

Message: _____

Deliver to: _____

Room #, Neighborhood or Department: _____



St. Paul's Women's Retreat 2023

“Love Languages in a Life of Faith”



Tuesday, March 7
Broadcast on Channel 1851
at 10 a.m.

This year's Women's Retreat will take place in a hybrid form, employing a broadcast AND group gatherings in each residence on campus, so to promote not only accessibility, but also the good fellowship that has, in the past, been a highlight of this annual event.



As usual, the retreat will include devotions, special music, a teaching presentation by Pastor Julia Fraser, and favors to enjoy. Treat bags for registrants will be distributed in advance of the event.

The theme of this year's Women's Retreat will be “Love Languages in a Life of Faith.” Across our time together, we will look at words spoken, time shared, gifts given, service rendered, and touch extended, and how we as people of faith use these to show care in our relationships with others.

Be on the look-out for registration information which will be made available through Life Enrichment Staff.

Policy on gifts and gratuities

While residents, clients and family members often wish to show their appreciation for the care and services rendered by St. Paul's staff, St. Paul's must ensure that residents, clients and family members do not feel obligated to give St. Paul's or its staff gifts or gratuities in order to assure a resident or client receives quality care. In order to comply with this policy St. Paul's has set forth the following guidelines:

1. Employees may not ask or suggest that a resident or client, or any person acting on behalf of a resident or client should offer or give gifts or gratuities to St. Paul's staff.
2. Employees may not accept cash or currency of any kind, including but not limited to tips from any source or individual. Employee bonuses and/or gifts provided by St. Paul's do not constitute gifts or gratuities.
3. Employees may only accept non-cash gifts that do not exceed \$10.00, and/or are shared by the whole staff. In order to be considered a non-cash gift, the gift cannot be converted to currency.

Opportunities for Gifts of Appreciation to Staff

Many residents, clients and families often ask how they can give back and say "Thank You" to the staff who have provided excellent care to their loved ones while living at St. Paul's. These three funds give you the opportunity to do so:

1. A donation may be made to the Staff Appreciation Fund. This fund enables St. Paul's to recognize all staff. (i.e., to provide staff apparel, staff appreciation picnics, or gift cards for various occasions.)
2. A donation can be made to the Staff Education Fund. You can define the education opportunity or leave it to the administrator's discretion.
3. A donation of appreciation can be made to the Annual Staff Christmas Celebration. This donation can be given to the administrator or director and identified for the Staff Christmas Celebration and will be used to offset the cost and for staff gifts the night of the party.

If you would like to make a donation to staff for anything outside of these three funds, please see your administrator or director to talk about specifics.

Employees may not accept individual gifts, cash or currency of any kind from a resident or family member. We appreciate your support of these guidelines in order for us to remain compliant with regulations and our corporate compliance policies.

~ IN MEMORIAM ~

Residents who have passed
December 16, 2022 — January 15, 2023

12/18/22	Ralph Rice
12/21/22	William Grate
12/26/22	Ellen Moore
12/31/22	Glenda Kemm
01/07/23	Erla King
01/07/23	Ronald Simoni
01/15/23	Joseph Hoffman

alzheimer's association

Greenville Caregiver Support Group

Presented by:
Alzheimer's Association
Greater PA Chapter

First Tues. of the month
February 7, 2023
March 7, 2023
2 - 3:30 p.m.

Zion's Reformed Church
260 Main St.
Greenville, PA 16125

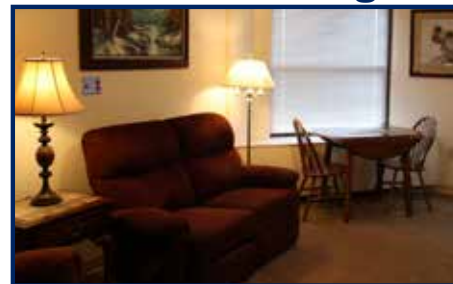
Contact:
Michelle O'Malley
724-588-9613 ext. 1427

Build a support system with people who understand.

Alzheimer's Association® caregiver support groups, conducted by trained facilitators, are a safe place for caregivers, family and friends of persons with dementia to:

- Develop a support system.
- Exchange practical information on caregiving challenges and possible solutions.
- Talk through issues and ways of coping.
- Share feelings, needs and concerns.
- Learn about community resources.

Guest Apartment at The Heritage Available



The guest apartment in The Heritage is available to rent to families or loved ones who need a place to stay while visiting.

The one bedroom apartment has a queen-size bed (a rollaway bed is also available if needed), microwave, refrigerator and a flat screen television. The cost is \$89 per night. Check in is 3 p.m. and check out is 11 a.m. For reservations call Robyn Weaver at 724-588-7610 ext. 1146.

Spiritual Services

Message from Pastor Julia

In the lead-up to Valentine's Day, we lift up both romantic love and friendship in a variety of ways: through exchanging cards, sending flowers, going out to dinner, and watching movies that melt the heart. I enjoy all of the above and welcome this annual spotlight on love that diverts our attention from wintry weather and other unsavory societal foci.

But love wasn't invented by St. Valentine, the Hallmark Channel, or even our best human efforts at romance and friendship! We read in 1 John 4:19, "We love because God first loved us," learning therein that God is the true mastermind behind loving—not only during the month of February but across all times and places. People like you and me are able to love in our lives because God made human beings for the purpose of being in relationship with others like he is—and gave us the capacity to do so as well. It is true that often our loving holds only the slightest resemblance to that of God's! But, it's still the case that all desire and follow-through in regards to loving is a gift from him that is continually enhanced through his encouragement and goodwill.

Without God's vision for loving in the world, our efforts at love across the month of February would be only a flash in the pan. Thanks to God's plan for love to be a primary force in human life, love's potential to last and thrive is far greater. Reminds 1 John: "We love because God first loved us." On Valentine's Day and always, let us be grateful for this Bible truth!

Faith & Fellowship

Faith and Fellowship Gatherings with devotions, Holy Communion, hymn-singing, and refreshments following will be held in **Jones Serenity Circle & Lane** on **Tuesday, Feb. 21** at **12:30 p.m.**

Bible Study
everyone is welcome

Weekly Bible Study with Pastor Julia
Wednesdays at 1 p.m. at The Heritage
Thursdays at 10 a.m. at The Ridgewood



Sunday Services will be held weekly in February at The Heritage at 9 a.m., The Villas at 10 a.m. and The Ridgewood at 11 a.m.

The Villas service will be broadcast on Channel 1851 beginning at 10 a.m.

*All residents are welcome to join in, whether in-person or virtually!
Pastor Julia Fraser will lead all services.*



**February 22:
Ash Wednesday
at St. Paul's**

Ash Wednesday services of Holy Communion with opportunity to receive the imposition of ashes will be held on Wednesday, February 22 according to the following schedule:

Pastor Julia and Deacon Frank Luciani from St. Michael's Roman Catholic Church will lead Ash Wednesday Services together for residents in The Villas at

10 a.m. – Headland Friendship Commons

Pastor Julia will lead services elsewhere on campus as follows:

1 p.m. – Harmony Hall at The Ridgewood

2:30 p.m. – Wallace Commons at The Colony

6 p.m. – Anderson Fellowship Hall at The Heritage

Deacon Frank will bring ashes to Catholic residents at The Ridgewood and The Heritage in the afternoon.

All are welcome! May God give us his blessing as we begin the Lenten season together.



Father Brandon Kleckner from St. Michael's Roman Catholic Church in Greenville will lead Mass in Headland Friendship Commons on Wednesday, Feb. 1 at 10 a.m.

MOVIES

February 2023

Sun Mon Tue Wed Thu Fri Sat

			1 10 a.m. Mass 2 p.m. Serendipity	2 10 a.m. The Lake House 2 p.m. Groundhog Day	3 10 a.m. Doc Hollywood 2 p.m. Return To Me 7 p.m. Where the Heart Is	4 10 a.m. Good Will Hunting 2 p.m. The Prince of Tides
5 10 a.m. Church Service 1 p.m. Hymn Sing (YouTube) 2 p.m. Grizzly Man	6 10 a.m. Mississippi Burning 2 p.m. The Good, the Bad and the Ugly	7 10 a.m. Knives Out 2 p.m. Sherlock Holmes	8 10 a.m. The Devil Wears Prada 2 p.m. Pitch Perfect	9 10 a.m. Rosary 2 p.m. The Help	10 10 a.m. Jerry McGuire 2 p.m. The Blind Side 7 p.m. Remember the Titans	11 10 a.m. 13 Going On 30 2 p.m. The Lost City
12 10 a.m. Church Service 1 p.m. Hymn Sing (YouTube) 2 p.m. The Wedding Singer	13 10 a.m. Roman Holiday 2 p.m. An Affair To Remember	14 10 a.m. Pride and Prejudice 2 p.m. The Notebook	15 10 a.m. Me Before You 2 p.m. The Hunt For Red October	16 10 a.m. Rosary 2 p.m. The Great Outdoors	17 10 a.m. The Secret Life Of Bees 2 p.m. The Book Thief 7 p.m. A Beautiful Day In The Neighborhood	18 10 a.m. Breakfast At Tiffany's 2 p.m. James Bond
19 10 a.m. Church Service 1 p.m. Hymn Sing (YouTube) 2 p.m. Green Book	20 10 a.m. JFK 2 p.m. Lincoln	21 10 a.m. West Side Story (new version) 2 p.m. The Woman King	22 10 a.m. Dog 2 p.m. Hidden Figures	23 10 a.m. Rosary 2 p.m. The Martian	24 10 a.m. Chicago 2 p.m. Dirty Dancing 7 p.m. Shall We Dance	25 10 a.m. War Of the Worlds 2 p.m. Die Hard
26 10 a.m. Church Service 1 p.m. Hymn Sing (YouTube) 2 p.m. In the Heart Of the Sea	27 10 a.m. Marry Me 2 p.m. Steel Magnolias	28 10 a.m. The Aeronauts 2 p.m. SkyFall	All residents should tune to Channel 1851 for movies, church services and any other internal broadcasts. This channel has been reserved by Spectrum for use internally by campuses like St. Paul's, and is not used for regular programming, which alleviates any potential signal interference. If there is nothing scheduled to broadcast on the channel, the screen will appear blank.			

COLONY COLUMNS

~ News from The Colony ~

All scheduled activities are subject to the guidance of PA DOH, CMS and CDC regarding COVID-19.



February

2 - Patty Marantis
3 - John Moore
5 - Bill Zimmerman
8 - Carol Koehler
14 - David Christman
28 - Bud Hetrick
28 - John Nichols
28 - Rod Paul

March

3 - Frank Amato
4 - Carolyn Guerrini
6 - Steve Hosmer
13 - Janet Stefanik
15 - Janet Cooper
17 - Jane Hogan
25 - Martin Roth
28 - Ted Marantis
31 - Darlene Artman
31 - Gerry McElree

Staff

Feb. 12 - Vicki Hildebrand
March 24 - Mariah Corson
March 26 - Teresa Findley

Colony FEBRUARY Activities

Wednesday, February 1

Colony Birthday Celebration

Friday, February 3

Wear Red For American Heart Month
Coffee & Donuts at The Gathering Place

Monday, February 6

Men & Women's Chat Groups

Tuesday, February 7

Pot-luck

Friday, February 10

Football & "Soup"er Bowl Day

Sunday, February 12

Super Bowl Pre-game Party

Tuesday, February 14

VNA Alliance Meet & Greet

Wednesday, February 15

Breakfast Out

Friday, February 17

Random Acts of Kindness Day

Saturday, February 18

Greenville Symphony Orchestra

Monday, February 20

Movie Matinee

Tuesday, February 21

Fat Tuesday BINGO

Wednesday, February 22

Ash Wednesday Service

Friday, February 24

Visit National Aviary in Pittsburgh

Sunday, February 26

Maple Syrup Experience in Sarver, Pa.

Tuesday, February 28

Flower Craft

Wednesday, March 1

Colony Birthday Celebration

Friday, March 3

Movie Matinee

Monday, March 6

Men & Women's Chat Groups

Tuesday, March 7

Annual Women's Retreat

Friday, March 10

Popcorn & Sweet Treats Tour

Elvis-Day



Colony residents celebrated Elvis Day with Elvis-themed snacks (i.e. peanut butter, banana and bacon sandwiches) and some even broke out their costumes! Above seated (l. to r.) Bill Zimmerman and Dan DeWeese; standing (l. to r.) Nancy Reinhardt, Margie Hays, Bertha Zimmerman and Cathy DeWeese.

Winter-Block-Parties



Summer isn't the only time we want to have picnics with our neighbors at The Colony! Now that renovations in The 19th Hole (formerly The Cornerstone) are complete, Winter Block Parties are on the schedule.

Above from left: Bonnie Barr, Nancy Hoffacker and Ruth and John Mizik enjoyed an indoor picnic with other residents who live on Wickerham and East Drives.

HERITAGE HERALD

~ News from The Heritage ~

All scheduled activities are subject to the guidance of PA DOH, CMS and CDC regarding COVID-19.



Friday, Feb. 3

Errand Day

Wear Red for American Heart Association Month

Tuesday, Feb. 7

Pastor Julia's Spiritual Council Meeting

Wednesday, Feb. 8

Basement Band Duo with Gregg Vanderveen

Friday, Feb. 10

Campus-wide Soup-er Bowl Challenge

Wear your favorite football jersey

Tuesday, Feb. 14

Valentine's Day Party with the Take Two Band

Thursday, Feb. 16

Kitchen Conversations with Keven

Friday, Feb. 17

Errand Day

Random Acts of Kindness Day—do some!

Wednesday, Feb. 22

Ash Wednesday Church Service with Pastor Julia

Friday, Feb. 24

National Dance Day [See Feb 28th]

Saturday, Feb. 25

Z Praise Entertainment with Donna & Gary Zock

Sunday, Feb. 26

Hands-In-Motion, Sing-A-Long with

Bev, Sherry and Linda

Tuesday, Feb. 28

Elvis Presley Lives!

with Keven Shedlock, Impersonator



**Thursday
&
Saturday**



3 - Ethel Coppage

3 - Richard Friesen

13 - Ed Shelley

20 - Ida Evans

21 - Helen Kerschner

23 - Michael Terpack

24 - Cecilia Kettering

24 - Harry Lean

Residents who celebrate a birthday this month will receive a special birthday lunch on Tues., Feb. 14.

Happy Belated January Birthdays!

14 - Donald Swartz

15 - Theresa Webber

25 - Anna Walker

28 - Alan Wolfe

30 - Deveen Love

31 - Helga Marguglio

Apologies to those who celebrated birthdays in January – we skipped a month ahead last month.



Every Tuesday at 2 p.m.

- Resident-coordinated evening card games occur a couple times per week.
- Communion is delivered weekly to residents on their floors by St. Michael's.
- Personal shopping is provided by volunteer Reba G. on the 2nd and 4th Tuesdays of each month.
- USA Travelogue presentations weekly at 10 a.m.
- Sunday Worship Service at 9 a.m. in Anderson Fellowship Hall.
- Fitness Jam with Ron: Monday, Thursday & Friday at 1 p.m.
- Wednesday Bible Study with Pastor Julia at 1 p.m. in Heritage Lobby Conference Room.
- Seated volleyball with Ron every Wednesday at 2:30 p.m.
- The Beauty Salon opens at 9 a.m. on Friday mornings.

**Resident Council Meeting
Tuesday, Feb. 21 • 10:30 a.m.**



◀ Gina Cooper is this month's "HERITAGE HOTSHOT!"

Q: How long have you been with St. Paul's ?

A: 10 years

Q: One thing that instantly makes your day better?

A: The day is instantly better when the sun is shining!

Q: What is the strangest food combination you enjoy?

A: Peanut butter and pickle sandwiches

Q: What do you like most about your job?

A: Making my residents happy!

A little bit about Gina:

After graduating high school I was married, had three children and was a homemaker for a few years. I then attended BIOP earning an associates degree in Health Information Technology. Not long after, I obtained my Nurses Aide Certification and worked home health care for ten years, then went on to become an LPN. I enjoy family time, camping, gardening, and hiking.

What her co-worker has to say?

"Gina is kind and compassionate in her work with the residents in the Jones Neighborhoods. She is pleasant and helpful as a colleague and has wonderful staying power. She helps me make connections with those residents! Which I really appreciate!"

SERENITY SPOTLIGHT

~ News from Jones Serenity Circle & Lane ~

All scheduled activities are subject to the guidance of PA DOH, CMS and CDC regarding COVID-19.

Regularly Scheduled Activities

Mondays – Beauty Shop Appointments (morning),
Aroma Therapy Wind Down (after dinner)

Tuesdays – Book Club, Fitness with Ron

Wednesdays – Morning Movement Class, Music Therapy

Thursdays – Morning Meditation, Fitness with Ron

Fridays – Hand Spas, Cooking/Baking Demonstration

Musical Entertainment

February 3 – Basement Band Duo

February 7 – Alissa Pesavento, Harpist

February 10 – Tony Barge

February 17 – Humble Music with Tom & Gina

February 20 – Greg Van Valien

February 24 – Z Praise with Donna & Gary

February 28 – Keven Shedlock as ELVIS!

Other Special Events

February 1 – Mass at the Villas

February 8 – Rise & Shine Pancake Muffin Bar

February 9 – Bible Study with Tresa

February 12 – Super Bowl Pizza Party

February 14 – Valentine's Day Party

February 20 – President's Day Trivia

February 21 – Worship & Communion Service with Pastor Julia

February 21 – Mardi Gras Celebration

February 27 – Bingo

Something's always cooking with "Chef Mike" on Jones Serenity Circle and Lane!

Below left, Mike Allen and Dorothy Dallessandro show off the final version of Gladys Presley's (Elvis' mom) Coconut Cake and at right, Mike and Bill Weaver try their hands at sweet potato and black bean soup. YUM!



Below, Bernie Mathieson is all smiles as she works on a Valentine craft.

February Cooking/Baking Demonstrations

(All recipes compliment the Friday Theme Days.)

Feb. 3 – Heart Healthy Guacamole

Feb. 10 – Touchdown Mini

Antipasto Calzones

Feb. 20 – French Quarter King
Cake

Feb. 24 – Glazed Ginger Rogers
Carrots



RIDGE RUNNER

~ News from The Ridgewood ~

All scheduled activities are subject to the guidance of PA DOH, CMS and CDC regarding COVID-19.

Resident of the Month – Bonnie Shaw



Bonnie was born and raised in Venango County and graduated from Sandy Lake High School. Bonnie had seven siblings; Charles, James, Kenneth, Goldie Smith, Frances, Edna, and Pauline. In the early spring of 1952 Bonnie got married to the love of her life Donald Shaw. Together they had three children, Debra, Crystal, and Malinda. She has three grandchildren and two great-grandchildren.

Before Bonnie moved in to The Ridgewood she enjoyed doing needle work, so much that she and her friend had their own shop in Grove City, and she also enjoyed reading. Bonnie enjoys watching the Pittsburgh Pirates. Bonnie and her husband enjoyed traveling – they visited Europe, Columbia, South America, and Mexico. Some of Bonnie's favorite memories are those spent with her family. Bonnie's favorite food would have to be any and all sweets!



Residents

5 - Benny McDanel
18 - Grace Wagner
20 - Dot Armour
27 - Marie Eaves

Staff

9 - Cathy Gadsby
13 - Megan Ickes
15 - Kayla Gander



Thanks for the entertainment!

Many thanks to Elvis for adding another stop to his campus tour! The King celebrated his birthday with residents and team members at The Ridgewood. Keven—I mean, Elvis—is pictured above with Peg Revell (left) and Pat Houpt and below with (left to right) Ruth Miller, Brenda Hawk and Sammy Castleberry.



FEBRUARY activities at The Ridgewood

Wednesday, Feb. 1

Hymn Sing with Robin McLaughlin, 10 a.m.

Thursday, Feb. 2 – GROUNDHOG DAY!

Contest winner will be announced at lunch.

Friday, Feb. 3 – Greenville Mobile Library, 1 p.m.

Monday, Feb. 6 – Manicures, 10 a.m. (100 & 200 Halls)

Birthday Luncheon, 11:30 a.m.

Tuesday, Feb. 7 – Shopping Day, 9 a.m.

Wednesday, Feb. 8 – Seated Dancing with Katie, 10 a.m.

Resident Sharing with Sandy Stainbrook, 1 p.m.

Music Therapy, 3 p.m.

Friday, Feb. 10 – Wii Bowling, 1 p.m.

Sunday, Feb. 12 – SUPER BOWL SUNDAY! Kickoff, 6:30 p.m.

Tuesday, Feb. 14 – Valentine's Day Gathering, 10 a.m.

Wednesday, Feb. 15 – Seated Dancing with Katie, 10 a.m.

Humble Music Concert, 2 p.m.

Friday, Feb. 17 – Greenville Mobile Library, 1 p.m.

Monday, Feb. 20 – Manicures, 10 a.m. (300 & 400 Halls)

Tuesday, Feb. 21 – Bingo Bucks Store, 10 a.m.

Wednesday, Feb. 22 – Seated Dancing with Katie at 10,

Ash Wednesday Service, 1 p.m. & Music Therapy, 3 p.m.

Tuesday, Feb. 28 – Card Making with Jean, 10 a.m.

Regularly Scheduled Activities

Food Committee meets on the 2nd Tuesday and Resident Council meets on the 2nd Thursday of each month @ 1 p.m.

Sunday – Church Service @ 11 a.m.

Ice cream cart @ 2:30 p.m.

Monday – Pool Noddle Volleyball @ 2 p.m.

Evening Activity @ 6 p.m.

Tuesday – BINGO @ 5:30 p.m.

Wednesday – Exercise with Ron @ 2 p.m.

Thursday – Bible Study @ 10 a.m., Exercise with Ron @ 2 p.m. & Word Game @ 6 p.m.

Friday – Exercise @ 10 a.m., 500 Card Game @ 6 p.m.

Saturday – Exercise @ 10 a.m. & BINGO @ 1:30 p.m.

HOUSE CHATTER

~ News from The Villas ~

All scheduled activities are subject to the guidance of PA DOH, CMS and CDC regarding COVID-19.

~ February 2023 Activities & Special Events at The Villas ~

Activities will be based on current guidelines. Adaptation will be implemented as indicated.



February Birthdays at The Villas

- 3 - Richard Henderson
- 4 - William Horsman
- 12 - George Moyer
- 17 - Cathy Spiardi
- 24 - Jenny Warrington
- 24 - Rita Schultz
- 27 - Sherry Bortz

Regularly Scheduled Activities

Birthday Lunch is on the 3rd Tuesday of the month.
Resident Council is on the 4th Tuesday of the month.

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**Sunday** – Church Service @ 10 a.m.

Classic Hymn Sings and Songs of Faith via YouTube  
on Ch. 1851 @ 1 p.m.

**Tuesday** – Evening BINGO @ 6:45 p.m.

**Wednesday** – Music Therapy @ 10 a.m.

**Thursday** – Rosary @ 10 a.m. (except the first Thursday)

**Saturday** – BINGO @ 1:45 p.m.

## February activities at The Villas

**Wednesday, February 1**  
10 a.m. Mass

**Thursday, February 2 – Groundhog Day**  
Note: no rosary today

**Friday, February 3 – February is American Heart Month**  
~ Wear red to promote American Heart Month ~  
2 p.m. Mike Leslie (Country)

**Monday, February 6**  
1 p.m. Bingo Bucks

**Friday, February 10 – Football Friday & Soup-er Bowl Challenge**

~ Wear Favorite Football Team Colors or Gear ~  
10 a.m. – 12:30 p.m. Soup-er Bowl Challenge  
Team members bring your best crock of soup to the HFC. Our panel of judges will be tasting the soups across campus. Who will win the Golden Ladle?

2 p.m. Tony Barge (Classic Country)

**Monday, February 13 – Loving Hearts Depot**  
8:30 a.m. – 3:30 p.m.

The Villas Lobby is your one-stop shop for baked goods, cards, & other Valentine's Day goodies!  
(Funds raised support Villas' Resident Activities.)  
10 a.m. Faith, Fitness and Fun



**Tuesday, February 14 – Loving Hearts Depot continues!**  
8:30 a.m. – 3:30 p.m. One more day to shop for your Valentine!  
2 p.m. Valentine's Sing A Long

**Thursday, February 16**  
6:45 p.m. Game Night in the HFC

**Friday, February 17 – Random Acts of Kindness Day**  
~ Wear inspirational apparel ~  
2 p.m. Basement Band Duo



**Monday, February 20**  
1:45 p.m. Hymn Sing (Greg Van Valien on piano)

**Tuesday, February 21**  
Resident Birthday Lunches

**Tuesday, February 28**  
10 a.m. Faith Fitness & Fun  
1:30 p.m. Resident Council







The Resident Gardens B-estie for the month is the always cooperative Louise Hetrick. Louise is a very accomplished nurse who attended school at the Polyclinic Hospital School of Nursing and received her Registered Nursing degree. She worked at the Greenville Medical Center as the head nurse until retirement.

Louise and her devoted husband, Bud, are a welcomed couple on the Gardens B neighborhood. They can often be seen visiting in Louise's room during the week. Bud and Louise have been married for 55 years. During that time they enjoyed visiting outdoor parks, relaxing outside, shopping, dining out and traveling to Penn State football games! Together they are the proud parents of two children, three grandchildren and one great grandchild.

Bud and Louise – we want you to know how happy we are to have you as members of the Gardens B family! Thank you for being a Gardens B-estie!

The Team Member Gardens B-estie for the month is actually a group of co-workers – the Life Enrichment staff who assist with dinner on the neighborhood. As we all are well aware, mealtimes are one of the busiest and most important times of the day. When it comes time to eat, the residents are well aware of it and everyone involved from several departments must be on point and ready to meet the needs of their dining room.

With this urgency in mind, no matter what the meal is, helping hands are ALWAYS appreciated. This can be extremely valuable at the evening meal when many of the daytime assistants have left for the day. Many of our residents require meal assistance and having only the neighborhood staff members available makes for a very difficult situation. Mimi and her gang are always willing to chip in and provide the essential help that the nurse and nurse aides have come to count on.

To all those who help with meals, we hope you know how much we appreciate you for all you do for the Gardens B neighborhood and St. Paul's! Thank you for your commitment to our residents. We salute you as Garden B-esties!



The "Gardens B-estie" board can be found in the Gardens B neighborhood at The Villas.  
If you're in or near the neighborhood, stop by and leave an encouraging and positive message for the current "B-esties!"

Our team members strive to provide excellent care and are encouraged to treat others as they would want to be treated. We invite you to recognize staff members who make a difference in life at St. Paul's.



Visit [www.stpauls1867.org](http://www.stpauls1867.org) and click **STAFF RECOGNITION** on the homepage.

Next, click on "Submit a Caring Heart" and fill in the simple form. **Please Note:** Submit **ONE** caring heart for **EACH** staff member you'd like to recognize.

*List features staff from The Villas, The Heritage, The Ridgewood, The Keifer Building and Without Walls.*

## ***Caring Hearts – February 2023***

### **Promoting a Culture of Caring & Recognizing our Team Members**

Mike Allen  
Destiny Altman  
Ron Ashbaugh  
Judy Bowser  
Gina Cooper  
Mimi Dreher  
Rose Farley  
Jim Ferguson  
Tammy Gearhart  
Erica Gulentz  
Teresa Heckman  
Katie Hrdlicka  
Linda Iliff  
Ashleigh Jamison  
Todd Kather  
Kimmie Kissling  
Lisa Kunselman

Alexis Larimer  
Terri Larimer  
Melody McIntire  
Christine Merchant  
Doris Neal  
Kayla Pelc  
Deven Piccolin  
Alexis Pringle  
Rachel Ramp  
Natalie Reed  
June Reges  
Wendy Rodgers  
Stephanie Russo  
Uyen Truong  
Sheila Wasser  
Monica West  
Lucy Wheaton

We have always been very impressed with Katie! She is always kind, very helpful, thoughtful, nice to us and to our Dad! She's a beautiful ray of sunshine! We appreciate her greatly!

During a social history intake, I asked if the resident had any good friends and the family replied "Mike and Gina from the Heritage." It was touching to hear what an impact you have on their lives.



In February, St. Paul's will kick off its annual "It's All About Heart" Eden Alternative campaign. This online campaign raises funds to support the culture of care at St. Paul's by focusing on creating a life full of purpose and meaning for our residents regardless of their age or changing abilities.

At St. Paul's our team strives to create a caring, inclusive and vibrant community by eliminating the three plagues of loneliness, helplessness, and boredom. Each Neighborhood at St. Paul's has its own "Eden family" a closely-knit circle of residents and team members who enjoy life together, engaging in special activities on and off campus.

During the month of February various videos will be shared on St. Paul's Facebook page from donors, residents and team members talking about why the Eden philosophy is so important.

An exciting part about this campaign is that there are once again matching funds available to give donors the opportunity to increase the impact of their gift!

Last year donations to this campaign helped to fund various holiday parties, pizza parties, special crafts and treats, entertainment, gardening, memorable outings, a putting green at The Ridgewood and to care for the neighborhood pets on campus.

You can help make special moments like this happen at St. Paul's by donating to the "It's All About Heart" campaign during the month of February. Thank you for your support!

### **Ways to Give:**

**Facebook** - Click on the fundraiser link "It's All About Heart 2023" on St. Paul's Facebook page and donate.

**Website** - Visit [www.stpauls1867.org](http://www.stpauls1867.org) and click the blue Donate button in the top right corner.

**Check** - Send a check to the Charitable Giving Office at 341 E. Jamestown Rd., Greenville, PA 16125. Be sure to put "It's All About Heart" in the memo line.

**Text-to-Give** - Text SPHEART to 44-321.



**Check out St. Paul's Facebook page during the month of February to support the "It's All About Heart" Eden Alternative campaign!**



# Building a Bridge

If you have ever crossed Williamson Road on St. Paul's campus in a vehicle or on foot, you know it is a dangerous crossing due to limited visibility because of the road grade and the speed of oncoming traffic.

This has long been a concern at St. Paul's, not just for safety but also because it is a barrier to connection. The public, heavily trafficked Williamson Road cuts right through St. Paul's campus, contributing to a feeling of disconnection and isolation between the north and south sides of the campus. It also greatly reduces the outdoor space residents can enjoy as some won't cross or are asked not to cross Williamson Road because of safety concerns.

After exploring several solutions, St. Paul's made the decision to "bridge the gap" by constructing a pedestrian bridge over Williamson Road



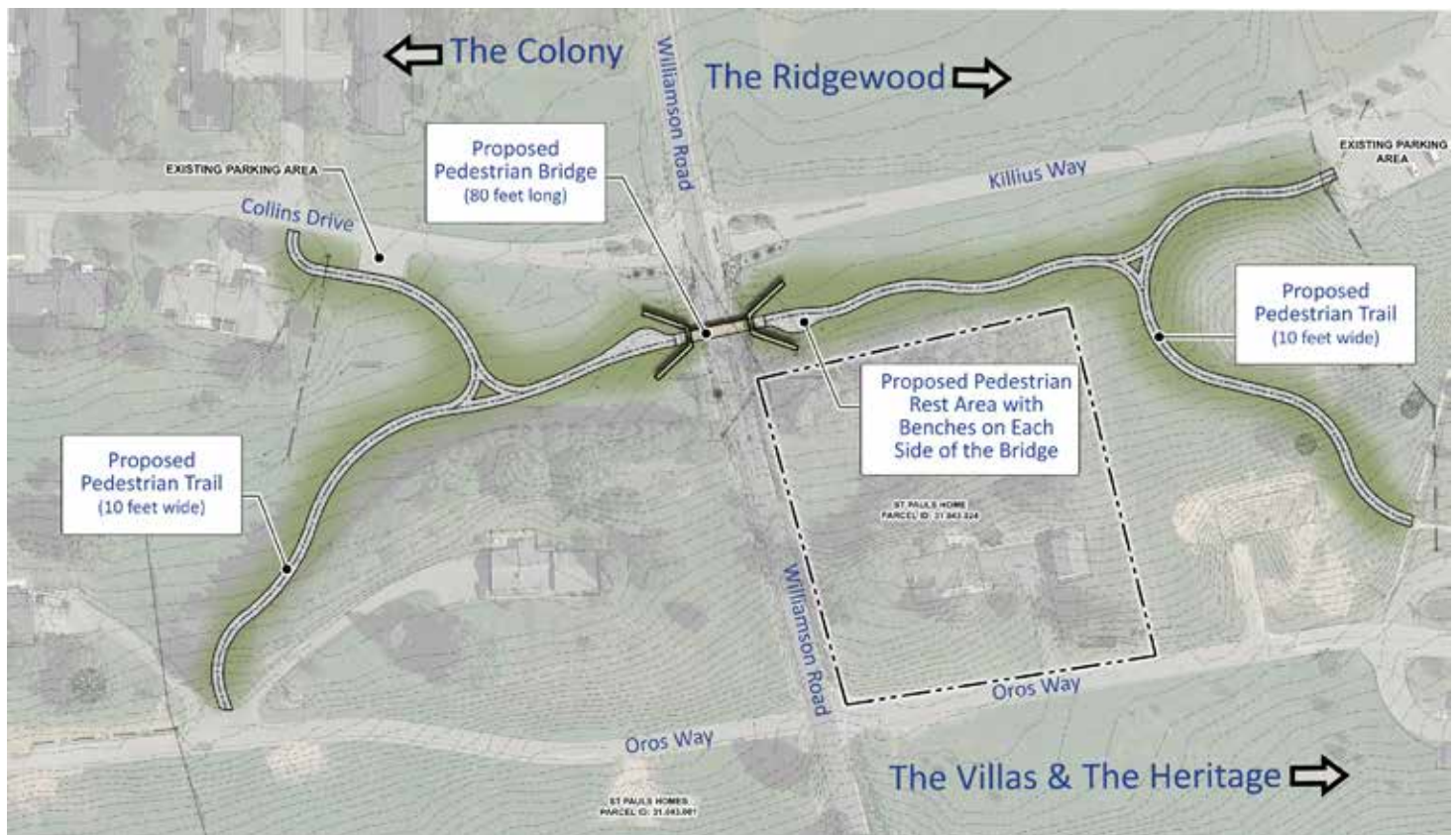
Road and a series of walking trails to connect the north and south sides of St. Paul's campus.

In January 2023, St. Paul's officially launched the public phase of the "Bridging the Gap" capital campaign to raise funds for the project.

We are pleased to share that to date more than \$700,000 has been committed for the project, which is almost half of the total goal! We need your help to get the rest of the way.

*Will you donate to help  
"bridge the gap" in 2023?*

## Proposed Site of Bridge and Walking Trails



**For more information, please scan the QR code, or visit  
[www.stpauls1867.org/bridge](http://www.stpauls1867.org/bridge).**

You can also contact Dawn Hartman, Director of Strategic Giving  
at 724-589-4611 or [dhartman@sp1867.org](mailto:dhartman@sp1867.org).



# ST. PAUL'S

SENIOR LIVING COMMUNITY

339 East Jamestown Road  
Greenville, PA 16125  
[www.stpauls1867.org](http://www.stpauls1867.org)



*Thank  
you!*

**Thank you to all of the 315 individuals and organizations who donated more than \$38,000 to the annual Resident Christmas Appeal! Your gift spread love, joy and happiness by ensuring every resident received a special Christmas gift at The Villas, The Heritage and The Ridgewood! All additional money will be used for wishlist items for all residents to enjoy throughout the year at St. Paul's. We are so grateful for your generous support! You are a blessing to St. Paul's!**

