



Monthly Newsletter for Residents, Families, Volunteers, Staff and Friends

DECEMBER 2023 -

www.stpauls1867.org

#### **2023 Distinguished Staff Awards**



From left: Brian Mailliard, CFO; Chris Wright, President and CEO, Mickie Chapman, Administrator at The Ridgewood, Shannon Chriswell, Resident Care Coordinator at The Heritage; Dawn French, Life Enrichment Coordinator at The Ridgewood; Dianna Jones, Administrator at The Heritage; Grace Jones, Personal Care Attendant at The Heritage; Keven Shedlock, Director of Dining Services; Jackie Dailyde, Dining Aide; Sean Davis, Environmental Services Director, John Mowry, Floor Tech and Cary the Caring Heart.

Thursday, November 1 was a day of celebration at St. Paul's as four exemplary team members were honored during the annual Distinguished Staff Awards. These awards seek to recognize and show appreciation for staff who improve and enrich the lives of our residents. Nearly thirty-five team members were nominated for awards and all were praised for making a positive impact on the lives of those they serve and work with.

Honorees were: Jackie Dailyde, Dining Aide for the Staff Dining Award; Grace Jones, Personal Care Attendant for the Staff Leader Award; John Mowry, Floor Technician for the Staff Newcomer Award and Dawn French, Life Enrichment Coordinator for the Staff Extra

Effort Award.

**Julie Hills** 

Julie Hills, Vice-Chair for St.
Paul's Board of Directors opened
the event by sharing how much
she enjoys visiting St. Paul's
because it is such a pleasant place
to be with the warm welcome
and greetings she and others
receive from staff. "There is a
peacefulness and a sense of calm
here that we all need, especially
now, with everything going on

in the world. I think especially for people living in a retirement community, a sense of comfort and security is so important," she said. When she reflected on the words of her favorite church hymn, "Let there be peace on earth and let it begin with me...", Julie said "You are all the 'me,' – the ones who bring comfort and peace to St. Paul's. Thank you all very much for that, and for all you do here."

In his introduction of Jackie, Keven Shedlock, Director of Dining Services, highlighted how they both came to work at St. Paul's around the same time. He has never known the dining department without her. This made him ponder, "What would the department be without Jackie?" He then provided several analogies to illustrate his point. "We would be a drummer that can't keep a beat; an ice cream truck on a deserted street; a poached egg without a piece of toast; a haunted house that hasn't got a ghost; a Da Vinci without the Mona Lisa; Venice without a gondolier or Milwaukee without a glass of beer," he said.

"I have to say you are a breath of fresh air, because of your work ethic and true commitment...They say the blue diamond is the most valuable gem, but if they were measuring people as gems, your value would be immeasurable!" noted Keven.

Grace Jones was presented the award from her supervisor, Shannon Chriswell and her mother Dianna

Jones, Administrator at The Heritage. Shannon said she suspected Grace was something special from their first meeting. "There's a natural, friendly radiance about her that people are simply drawn to and gravitate toward. She's one of those people you meet and immediately, you're easy, fast friends," she said. Grace's friendly nature, quiet confidence, problem-solving skills, mindfulness of others' needs and feelings, calm manner and willingness to jump in and help others were especially noteworthy. A student at Thiel College in the Physician Assistant program, Grace is always looking to gain valuable experience and make a difference. "We are fortunate to have Grace at St. Paul's, as a caregiver, a team player and a role model. The combination of her natural shine, intelligence, integrity and positive attitude all make Grace a natural born leader and I feel blessed to witness this part of her journey," said Shannon.

Sean Davis, Director of Environmental Services had the pleasure of introducing John Mowry. Sean shared that he is known as "Big John" within the department - not just regarding his height - which is obvious - but also because of his BIG smile that lights up a room along with his warm laugh and lighthearted jokes, his BIG heart as he always puts the residents first and often his co-workers, and he is a BIG help often lending a hand without being asked and letting you know the job was done. He said John is a BIG part of the department often picking up shifts and tasks wherever needed and a BIG part of St. Paul's as he goes out of his way to introduce new team members to others and make them feel welcome. "He is always looking for ways to make St. Paul's a better place...he is kind, wonderful and joyful," said Sean.

Several residents from The Ridgewood joined the audience in Headland Friendship Commons to pay tribute to Dawn French. Mickie Chapman, Administrator at The Ridgewood, introduced Dawn and explained how she was "sent" to them. "This little gift package, all wrapped perfectly with a bow on top, in June of 2020 right in the midst of Covid she jumped right in, feet first,

with her smiling face, her bright attitude and her flexible nature. She helped us work our way through the murky waters, becoming a member of the team and family at The Ridgewood," Mickie said. "She is a joy to be around every day and I am so thankful that she chose to come and work here!" To drive this point home, one-by-one, residents from The Ridgewood shared their testimonials of what they find most endearing about Dawn and



Dawn French (center) is surrounded by the thirteen residents from The Ridgewood who nominated her for the Staff Extra Effort Award. The residents attended the ceremony and presented the award to Dawn by reading their nomination entries.

collectively expressed their heartfelt gratitude for the joy she brings them daily. "Every day she puts forth that extra effort to help make The Ridgewood, A PLACE TO LIVE!" Mickie concluded.

In closing, CEO Chris Wright remarked what a fantastic group of nominees there were and congratulated the wonderful award winners. He noted that he and several members of St. Paul's Board of Directors recently participated alongside team members in a 2-hour training focused on St. Paul's core values: Compassion, Person-Centered, Respect and Security. He highlighted how these individuals live these core values each and every day. "They bring [the core values] to life not just for the residents but for other team members as well. Thank you for blessing us with your talents. You make it easy to come to work!" he said.









Cary the Caring Heart made an appearance at the Distinguished Staff Awards and posed for photos with the honorees. From left: John Mowry, Jackie Dailyde, Grace Jones and Dawn French. It looks like we're seeing double with two Caring Hearts in each photo!



# Helly Jelly Friedly Christmas

#### Friday, December 1

Break out your Christmas attire early this month!

Wear festive
Christmas colors

or scenes today!

#### Friday, December 8

Wear Christmas attire today — add a splash of old-fashioned with plaid or a vintage accessory!



## Host

#### Friday, December 15

Host a cookie exchange in your neighborhood and wear your

UGLY CHRISTMAS SWEATERS today!

#### Friday, December 22

Wear your best Christmas attire, because...

# Avisits today!

#### Friday, December 29

Tick tock Friday...wear some BLING!!
and get your resolutions ready as we count down to
New Year's Evel

#### Policy on gifts and gratuities

While residents, clients and family members often wish to show their appreciation for the care and services rendered by St. Paul's staff, St. Paul's must ensure that residents, clients and family members do not feel obligated to give St. Paul's or its staff gifts or gratuities in order to assure a resident or client receives quality care. In order to comply with this policy St. Paul's has set forth the following quidelines:

- 1. Employees may not ask or suggest that a resident or client, or any person acting on behalf of a resident or client should offer or give gifts or gratuities to St. Paul's staff.
- 2. Employees may not accept cash or currency of any kind, including but not limited to tips from any source or individual. Employee bonuses and/or gifts provided by St. Paul's do not constitute gifts or gratuities.
- 3. Employees may only accept non-cash gifts that do not exceed \$10.00, and/or are shared by the whole staff. In order to be considered a non-cash gift, the gift cannot be converted to currency.

#### Opportunities for Gifts of Appreciation to Staff

Many residents, clients and families often ask how they can give back and say "Thank You" to the staff who have provided excellent care to their loved ones while living at St. Paul's. These three funds give you the opportunity to do so:

- A donation may be made to the Staff
   Appreciation Fund. This fund enables St. Paul's
   to recognize all staff. (i.e., to provide staff
   apparel, staff appreciation picnics, or gift cards
   for various occasions.)
- A donation can be made to the Staff Education Fund. You can define the education opportunity or leave it to the administrator's discretion.
- 3. A donation of appreciation can be made to the Annual Staff Christmas Celebration. This donation can be given to the administrator or director and identified for the Staff Christmas Celebration and will be used to offset the cost and for staff gifts the night of the party.

If you would like to make a donation to staff for anything outside of these three funds, please see your administrator or director to talk about specifics.

Employees may not accept individual gifts, cash or currency of any kind from a resident or family member. We appreciate your support of these guidelines in order for us to remain compliant with regulations and our corporate compliance policies.

#### ~ IN MEMORIUM

Residents who have passed October 16, 2023 — November 15, 2023

0 000 01 10, 2020	11010111001 10, 2020
10/23/23	Louise Black
11/04/23	Gerald Campbell
11/04/23	Jacqueline Negrea
11/04/23	Margaret Thompson
11/07/23	William Weaver
11/09/23	Nancy Marts
11/11/23	Judy Ross
11/13/23	James Ross
11/14/23	Francis McManamon

#### alzheimer's PS association

#### **Greenville Caregiver Support Group**

Presented by: Alzheimer's Association Greater PA Chapter

Dec. 5, 2023 2 - 3:30 p.m.

Zion's Reformed Church 260 Main St. Greenville, PA 16125

Contact: Michelle O'Malley 724-588-9613 ext. 1427 Build a support system with people who understand.

Alzheimer's Association® caregiver support groups, conducted by trained facilitators, are a safe place for caregivers, family and friends of persons with dementia to:

- Develop a support system.
- Exchange practical information on caregiving challenges and possible solutions.
- Talk through issues and ways of coping.
- Share feelings, needs and concerns.
- Learn about community resources.

### Guest Apartment at The Heritage Available





The guest apartment in The Heritage is available to rent to families or loved ones who need a place to stay while visiting.

The one bedroom apartment has a queen-size bed (a roll-away bed is also available if needed), microwave, refrigerator and a flat screen television. The cost is \$89 per night. Check in is 3 p.m. and check out is 11 a.m. For reservations call Robyn Weaver at 724-588-7610 ext. 1146.



Christmas is the season of joy and as we look around us, we see many things to be joyful about. Many of us enjoy time with loved ones, sharing delicious food, gift giving and receiving, watching excited children, festive decorations and uplifting music.

Even though the holiday season brings joy to most, it might not be true for everyone. As we age, our favorite Christmas traditions might change. Feelings of isolation and loneliness can set in, especially during the holidays. A time that in the past was once filled with activities and traditions with family and friends might no longer be. This is why at St. Paul's we strive to keep the joy and magic of Christmas alive.

You can help bring the gift of joy to St. Paul's by donating to the annual Resident Christmas Appeal. Your generosity can ensure that every resident at The Heritage, The Ridgewood and The Villas will receive a special Christmas gift. Any money raised above and beyond the expenses of Christmas gifts will go toward resident "wish list" items for all residents to enjoy throughout the year and to support our music therapy program.

Thank you in advance for your support! May this Christmas be filled with happiness in all that you do, and may this joy continue the whole year through. Wishing you a very Merry Christmas and a blessed New Year.

For more information please contact Teresa Findley, Director of Annual Giving at 724-589-4778 or tfindley@sp1867.org.

### To Make a Gift:

- 1. Scan the QR code to the right.
- 2. Text SPCHRIST23 to the number 44-321.
- 3. Send a check to St. Paul's Charitable Giving Office at 341 E. Jamestown Rd. Greenville, PA 16125.



## Spiritual Services

No season is all one thing and not the other, and that's true with holiday seasons as well. Everyone looks forward to experiencing some joys across the Christmas season—lovely decorations, special music and foods, and connection with others through gatherings, visits, phone calls, or cards. But there are other things we experience as well—memories of holidays past and loved ones with whom we've shared them. These prompt within us all kinds of feelings – joy certainly among them, but a joy often mixed with sadness, loneliness, and despair that can feel out of place given the "happy, happy, happy" vibe going on everywhere around us.

Relationships are important in this human life, and it would be unusual not to miss at the holidays those who have mattered to us deeply and whose absence is profoundly felt. I think it's helpful to expect this and to accept that—now just like all the rest of the year—sadness is simply another way we honor loving relationships. Holy Trinity Lutheran Church is holding a "Blue Christmas" service on Sunday, December 17 at 3 p.m. for anyone in the community feeling a need to acknowledge loss and seek comfort in the face of it at this holiday season, with many local pastors taking part. I offer this as one opportunity to address the multiplicity of feelings that can arise across the holiday season so to be able to experience the joy that is also a welcome part of it whenever and wherever we can.

— Pastor Julia Fraser

#### **December Bible Study** with **Pastor Julia**



The Colony (Keifer Building) Monday, December 11 at 1:30 p.m.

(Study theme: the Disciples)

The Heritage (First floor) – Wednesdays at 1 p.m.
The Ridgewood (Harmony Hall) – Thursdays, 10 a.m.

(Study theme: Advent/Christmas)

#### Catholic Mass



Father Brandon Klechner from St. Michael's Roman Catholic Church in Greenville will lead Mass for Catholic residents in Headland Friendship Commons on **Wed.**, **December 6 at 10:15 a.m.**  Sunday Services will be held weekly according to the following schedule:

## The Heritage at 9 a.m. The Villas at 10 a.m. The Ridgewood at 11 a.m.

Residents and guests are welcome to attend in person or virtually! The Villas service will broadcast on Channel 1851 beginning 10 a.m.

Pastor Julia Fraser will lead all of the services.

#### **Christmas Eve Worship**



As Christmas Eve falls on a Sunday this year, our Christmas Eve services at St. Paul's will be held according to our regular Sunday morning schedule (The Heritage at 9 a.m., The Villas at 10 a.m. and The Ridgewood at 11 a.m.).

Colony residents are invited to the 9 a.m. service at The Heritage. Family members are welcome at the 10 a.m. service at The Villas.

All services will include carols, candle-lighting, Holy Communion, and lots of joy!



Faith and Fellowship Gatherings with devotions, Holy Communion, hymns, and Christmas cookies will be held according to the following schedule:

Jones Serenity Circle & Lane Tuesday, Dec. 5, 2 p.m.

The Heritage – Anderson Fellowship Hall Wednesday, Dec. 6, 1 p.m.

The Ridgewood – Harmony Hall Thursday, Dec. 7, 10 a.m.

Thanks to Mary Ellen Bayuk for being our Christmas baking angel!

## Spiritual Services (con't.)

### St. Paul's Spiritual Council 2023 Report of Giving

St. Paul's Spiritual Council meets quarterly and is composed of representatives from The Colony, The Villas, The Heritage, and The Ridgewood.

Those currently serving include Dee Henley, Ann Fowler, Margie Hays, Pastor Glenn Sadler, Bob Douds, Ruth Hill, Ruth Ann Miller, Janet Kirk, Kathy Martorelli, Grace Greenfield, Linda Goodwill, and George Moyer.

At each meeting, the council votes on the distribution of the 60% of weekly church offerings set aside for mission giving.

Distributions so far across 2023 have been made as follows:

\$500 - United Church of Christ's Disaster

Relief

\$500 - Mercer County AWARE

\$500 – Pennsylvania Council of Churches

Summer Chaplaincy Ministry at the State Parks

\$500 to "His Work/His Way" (Downtown Ministries)

\$500 to "Hometown Missions" (First Baptist Church)

\$500 – Salvation Army

\$500 - St. Paul's Good Samaritan Fund

\$500 - Walk to End Alzheimers

\$500 – West Salem Fire Department

\$500 - Community Food Warehouse of W. PA

\$500 – St. Paul's Christmas Appeal

\$400 - Mercer County AWARE

\$400 - Bereavement Support through the High Street UCC,

Lewiston, Maine

\$6300 in total giving across 2023!

~ Thank you for your generous giving! ~



#### **Harvest In-Gathering**

Our November collection of breakfast items for the Good Shepherd Center's Christmas food distribution was a big success all across campus!

Thank you to our residents, families, and staff for sharing in this way!



While enjoying an unseasonably warm afternoon in The Villas courtyard, Harry Lean, resident at The Heritage noticed this beautiful rose bush.

He told the receptionist at The Villas this should be in Campus Connections "since it is still beautiful in November."

The bush had been planted in memory of Alice Mecklem by her husband, Eugene. Harry is

thinking about doing the same thing in memory of his wife who passed away recently.

Thank you, Harry for noticing this beauty and for wanting to share it with the rest of us! And thank you, Missy Nitch for snapping the photos!



Above from left: Joan Louden, Kami Pashakarnis, Caroline Stewart, Ken Runge, Faith Sansone and Michelle O'Malley.



National Home Care Month is celebrated each November, and it was the perfect time to recognize Companions and Care Partners in the St. Paul's Without Walls Home-Based Services Department at their quarterly staff training. Thank you to the WOW team for the great work you do and wonderful services you provide to our community!



Above back row from left: Judy Bowser, Johanna Tribley, Aidrianna Green, Todd Kather, Terri Descoteaux, Bette Green, Evie Haller, Nancy Young, Michelle O'Malley and Katie Weimert. Front row from left: Cindy Maloney, Megan Nickel, Ruth Gruber, Michele McElhaney, Lynne Muir, Jeanette Painter, Madison Steadman, Joan Grunenwald, Mary Jones, Vicki Vandergift and Jennifer Forbes.

St. Paul's Without Walls is always looking for caring and compassionate people who have a heart for helping older adults. If you're interested in learning more about our employment opportunities, please call 724-589-4740.



#### Gift Certificates make the perfect holiday gift!

St. Paul's Home-Based Services offers gift certificates that can be used for our Onthe-Go Dining program and Medical Technology equipment.

For more information or to purchase, contact the WOW office at 724-589-4740.

## MOVIES

## December 2023

#### Sun Mon Tue Wed Thu Fri Sat

	<u> </u>					
All residents should tune to Channel 1851 for movies, church services and any other internal broadcasts. This channel has been reserved by Spectrum for use internally by campuses like St. Paul's, and is not used for regular programming, which alleviates any potential signal interference. If there is nothing scheduled to broadcast on the channel, the screen will appear blank.					10 a.m. Home Alone 2 p.m. The Sound of Music 7 p.m. Rudolph the Red- Nosed Reindeer	10 a.m. The Family Stone  2 p.m. The Santa Claus
10 a.m. Church Service 1 p.m. Hymn Sing 2 p.m. Frosty the Snowman	10 a.m. The Polar Express 2 p.m. The Holiday	10 a.m. Grandma Got S Run Over By a Reindeer 2 p.m. The Nutcracker	10 a.m. Mass  2 p.m. A Christmas Carol	7 Santa Paws 2 p.m. Santa Claus 2	10 a.m. Santa Claus 3  2 p.m. Jingle All the Way  7 p.m. Troop Zero	10 a.m. Home Alone 2 2 p.m. Hallmark Christmas
10 a.m. Church 10 Service 1 p.m. Hymn Sing 2 p.m. One Magic Christmas	10 a.m. 11 The Christmas Candle 2 p.m. Scrooged	10 a.m. Gremlins 12 2 p.m. National Lampoon's Christmas Vacation	10 a.m. 13 Christmas With the Kranks 2 p.m. Trading Places	10 a.m. 14 Rosary 2 p.m. Love Actually	10 a.m. Miracle on 15 34th Streeet (1994) 2 p.m. Just Friends 7 p.m. We Bought a Zoo	10 a.m. 16 Die Hard 2 p.m. The Little Drummer Boy
10 a.m. Church 17 Service 1 p.m. The Nativity Story 2 p.m. Hymn Sing	10 a.m. 18 The Christmas Chronicles 2 p.m. The Christmas Chronicles 2	10 a.m. 19 I'll Be Home For Christmas  2 p.m. Chasing the Star	10 a.m. 20 Frozen  2 p.m. Hallmark Christmas	10 a.m. 21 Rosary 2 p.m. Miracle on 34th Street (1947)	10 a.m. 22 It's a Wonderful Life 2 p.m. The Star 7 p.m. White Christmas	10 a.m. Holiday Inn 2 p.m. A Christmas Story
10 a.m. Church 24 Service 1 p.m. Hymn Sing 2 p.m. The Year Without a Santa Claus	10 a.m. 25 Elf 2 p.m. Prancer	10 a.m. Rudolph & 26 Frosty's Shiny New Year 2 p.m. Planes, Trains and Automobiles	10 a.m. 27 Uncle Buck 2 p.m. Home For the Holidays	10 a.m. Rosary 2 p.m. Forrest Gump	10 a.m. Little 29 Women 2 p.m. Waiting to Exhale 7 p.m. Sleepless in Seattle	30 10 a.m. Ocean's Eleven 2 p.m. About Time
10 a.m. Church 31 Service 1 p.m. Hymn Sing 2 p.m. An American in Paris						

## COLONY COLUMNS

News from The Colony ~

## HAPPYBIRT

#### December

- 5 Richard Guerrini
  - 5 Linda Savor
- 9 Gail Maycher
- 9 Carol Paul
- 10 Aldra Ritter
- 13 Carol Hosmer
- 15 Jo-Anne Cooper
  - 16 Jan Walther
- 19 Jane Loutzenhiser
  - 20 Gayle Wolff
  - 23 Nancy Weikal
  - 26 Carol Bass

#### January

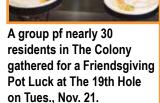
- 1 David Frew
- 4 Sally Roth
- 5 Sandy Harter
- 16 John Davis
- 17 Jim Ondo
- 18 Donovan Curtis
- 23 Dean Poolos

#### Staff

17 - Kami Pashakarnis

From left: Gayle Wolff, Donna Roberts

and Pat Donner.





From left: Jane Hogan, Ann Fowler and Suzanne Merulli.



#### **Quilter's Outing**

From left to right: Gerry McElree, Margie Hays, Jan Walther and **Coralee Armstrong** enjoyed an outing to the Andover Quilt Show on Nov. 5.





Friday, December 1

Holly Jolly Rock Painting

Monday, December 4

Men & Women's Chat

Wednesday, December 6

Colony Birthday Celebration

Wednesday, December 6

**Buhl Holiday Concert** 

Friday, December 8

Coffee & Pastries

Monday, December 11

Colony Bible Study

Tuesday, December 12

Colony Christmas Dinner

Thursday, December 14

Holiday Tour at Buhl Mansion

Friday, December 15

Colony Cookie Exchange

Saturday, December 16

Greenville Symphony Orchestra Christmas Concert (no transportation)

Tuesday, December 19

Resident & Staff Holiday Gathering

Friday, December 22

Visit from Santa

Monday, December 25

Merry Christmas

Friday, December 29

Visit Stan Hywet Hall & Garden

Sunday, December 31

New Year's Eve Celebration

Things to look forward to in January:

Wednesday, January 3 – Colony Birthday Celebration Friday, January 5 - Coffee & Pastries Monday, January 8 – Men & Women's Chat

Tuesday, January 9 – Open Forum

Wednesday, January 10 – Baby It's Cold Outside BINGO Friday, January 12 - Tea at Piccadilly Parlour in Canfield, OH

## HERITAGE HERALD

~ News from The Heritage ~



Friday, Dec. 1

Errand Day Shopping Trip, 1 p.m.

Tuesday, Dec. 5

Colorful Nails with Tracey, 1 - 4 p.m.

Wednesday, Dec. 6

Faith & Fellowship with Pastor Julia, 1 p.m.

Thursday, Dec. 7

Amish Singers perform, 6:30 p.m.

Monday, Dec. 11

Skee Ball, Volleyball and Ice Cream Social with residents from The Ridgewood, 1:30 - 3:30 p.m.

Wednesday, Dec. 13

Annual Christmas Tea Luncheon for Residents and Staff

Friday, Dec. 15

Errand Day Shopping Trip, 12:30 p.m.

Take 2 Band Christmas Show, 2:30 p.m.

Sunday, Dec. 17 Sunday

Holiday Gift Game with Bev & Linda, 1:30 p.m.

Christmas Harp Performance with Alissa Pessavento, 5:30 p.m.

Tuesday, Dec. 19

Colorful Nails with Tracey, 1 - 4 p.m.

Thursday, Dec. 21

Kitchen Conversations with Keven, 10 a.m.

Friday, Dec. 22

Santa Visits in the afternoon

Sunday, Dec. 24

Christmas Eve Service with Pastor Julia, 9 a.m.

Friday, Dec. 29

New Year's Celebration with Singer/Musician Dan Hogan, 6:30 p.m.



#### **December Birthdays**

13 - Carrie Shapona

17 - Robert Becker

23 - Bryda Zahniser

31 - Patricia Houpt

Residents who celebrate a birthday this month will receive a special birthday lunch on Tues., Dec. 12.



MONDAYS at 2:30 p.m.

Choose from 4 to 6 different flavors... or try a scoop of each!

#### **JOIN US FOR BINGO**

with Agnes, Saturday December 16 at 1:30 p.m.



Resident Council Meeting
Tuesday, Dec. 19 • 1:15 p.m.
All residents are invited to attend!

- Resident-coordinated evening card games occur a couple times per week.
- Communion is delivered weekly to residents on their floors by St. Michael's.
- Personal shopping is provided by volunteer Reba G. on the 2nd and 4th Tuesdays of each month.
- Sunday Worship Service at 9 a.m. in Anderson Fellowship Hall and Bible Study on Wednesdays at 1 p.m. in The Heritage Conference Room.
- Fitness Jam with Ron: Monday, Thursday & Friday at 1 p.m.
- Seated volleyball with Ron every Wednesday at 2:30 p.m.
- The Beauty Salon opens at 9 a.m. on Friday mornings.
- Daily movies, weekly spiritual opportunities and occasional special performances broadcast on Channel 1851.

## SERENITY SPOTLIGHT

~ News from Jones Serenity Circle & Lane ~



#### **Regularly Scheduled Activities**

Mondays - Book Club

Tuesdays – Beauty Shop Appointments (morning), Fitness with Ron

Wednesdays – Morning Movement Class, Music Therapy, Balloon Volleyball

Thursdays – Morning Meditation, Fitness with Ron, Short Stories with Carol

Fridays - Hand Spas, Cooking/Baking Demos

#### **Cooking/Baking Demonstrations**

All demonstrations this month will feature favorite holiday recipes from the residents' personal collections.

#### **Musical Entertainment**

Dec. 4 – "Hey Joe" Collincini

Dec. 7 – The Amish Singers

Dec. 8 – Carla McKrell on Keyboard

Dec. 12 - Alissa Pesavento on Harp

Dec. 15 - Humble Music

Dec. 22 - John Poling on Piano

Dec. 29 - Z Praise with Gary & Donna

#### Other Special Events

Dec. 2 – Decorating with Thiel's Sigma Kappa

Dec. 3 – Mercer Community Band Christmas Concert

Dec. 12 - Faith & Fellowship with Pastor Julia

Dec. 13 - Christmas Lights Bus Tour

Dec. 18 – December Birthday Party

Dec. 21 – Bible Study & Bingo

Dec. 22 – Christmas Tea

Dec. 25 - Christmas Celebration

Dec. 28 – Dog Therapy

#### Thanksgiving Craft





Above: Helen Harrison (left) and Vera Sickles proudly show their completed "coffee filter" turkey following a fun Thanksgiving craft.

#### **Trip to Kraynak's**





Above: Karen Gentile (left) poses for a photo next to the Pittsburgh Steelers tree—her favorite team! Mike Allen, Carrie Shapona and Joan Crawshaw pose next to a beautiful Christmas scene at Kraynak's.

#### Puppy Love

At right: Dorothy
Dalessandro gets (and
enjoys) puppy kisses from
"Tater Tot." Tater Tot belongs
to Shannon Chriswell,
Resident Care Coordinator
at The Heritage.



## RIDGE KUNNER

~ News from The Ridgewood ~

#### ~ Resident of the Month~ **Elaine Wilkins**



Elaine was born and raised in Cambridge Springs, Pa. She attended and graduated from Cambridge Springs High School. Growing up, Elaine had three siblings Marilyn, George, and Richard all belonging to her beloved mother Lu Stinhoff. After Elaine graduated high school she went on to beauty school. Following her years of beauty school, she met the love of her life Allan Wilkins.

They married in 1964. The couple had no children, but made plenty of memories together to last a lifetime.

One of her most favorite memories with Allan was their first date – they went square dancing. The couple also took many Anderson bus trips together. After retiring from the Greenville School District where she worked as secretary to the superintendent, Elaine and her husband Allan created even more memories riding their motorcycles. These two definitely lived a happily ever after together all across the East Coast.

In her spare time Elaine enjoys reading, whether it be a book of mystery or fluff. More times than not she will have a book in her hand. Elaine also enjoys to go on leisurely walks. She enjoys Italian food – pasta dishes are her favorite!

Elaine loved her life spent with Allan, and we are so happy to have her here at The Ridgewood with her kind-hearted and radiant personality!



Elaine is pictured at left with some examples of Allan's beautiful hand-made wood art.



3 - Martha Anderson

3 - Sally Smith

3 - Elaine Wilkins

19 - Bert Heckman

19 - Bob Douds

25 - Don Montgomery

30 - Geraldine Dick

21 - Melissa Norris



Friday, Dec. 1 - HOLLY JOLLY CHRISTMAS! LCR Game, 1 p.m., Poetry reading with Thiel students, 3:30 p.m., Christmas Carolers, 5:45 p.m.

Monday Dec. 4 – Manicures (100 & 200 Halls), 10 a.m. Tuesday, Dec. 5 – Bus Ride to see Christmas Lights, 5:30 p.m. Wed., Dec. 6 - Hymn Sing with Robin McLaughlin, 10 a.m., Christmas Tea, 11:30 a.m., Dan Hogan Concert, 1 p.m., Music Therapy Talent Show, 3 p.m.

Thursday, Dec. 7 – PEARL HARBOR DAY Faith and Fellowship, 10 a.m.

Friday, Dec. 8 - OLD FASHIONED CHRISTMAS DAY! Greenville Mobile Library, 1 p.m.

Saturday, Dec. 9 - Christmas Caroling Reynolds K Kids, 10 a.m. Monday, Dec. 11 - Staff Christmas Cards, 10 a.m.,

Skee Ball and Pool Noodle Volleyball at The Heritage, 1 p.m.

Tuesday, Dec. 12 – "Tour of the Doors," 10 a.m.

Wed., Dec. 13 - Seated Dancing with Katie, 10 a.m., Create a Christmas Card with Margie and Coralee, 1 p.m.

> Music Therapy, 3 p.m. Friday, Dec. 15 - UGLY SWEATER DAY!

Dental Hygiene Presentation at 10 a.m.

Saturday, Dec. 16 - Family Christmas Dinner, 4 - 6 p.m.

Monday, Dec. 18th - Manicures (300 & 400 Halls), 10 a.m. Tuesday, Dec. 19 - Christmas Gift Wrapping, 10 a.m.

Wednesday, Dec. 20 - PIZZA PARTY, 11:30 a.m.,

Christmas Carols, 1 p.m., Music Therapy, 3 p.m.

Friday, Dec. 22 - SANTA VISITS TODAY!

Christmas Party, 10 a.m., Greenville Mobile Library, 1 p.m.

Sunday, Dec. 24 - CHRISTMAS EVE

Monday, Dec. 25 - MERRY CHRISTMAS!

Exercise, 10 a.m., Christmas Dinner, 11:30 a.m.

Tuesday, Dec. 26 – Bingo Bucks Store, 10 am.

Wednesday, Dec. 27 - Seated Dancing with Katie, 10 a.m.,

New Year Poetry, 1 p.m., Music Therapy, 3 p.m.

Thursday, Dec. 28 – ICE CREAM THURSDAY at lunch Friday, Dec. 29 - TICK TOCK FRIDAY!

New Year's Eve Party, 1 p.m.

#### **Regularly Scheduled Activities**

Food Committee meets on the 2nd Tuesday & Resident Council meets on the 2nd Thursday of each month @ 1 p.m.

Sunday - Church Service @ 11 a.m. & Ice Cream Cart @ 2:30 p.m.

Monday – Pool Noodle Volleyball @ 2 p.m. & Evening Activity @ 6 p.m.

Tuesday - Exercise with Ron @ 2 p.m. & BINGO @ 5:30 p.m.

Thursday - Bible Study @ 10 a.m., Exercise with Ron @ 2 p.m. & Word Game @ 5:30 p.m.

Friday - Exercise @ 10 a.m. & 500 Card Game @ 6 p.m. Saturday - Exercise @ 10 a.m. & BINGO @ 1:30 p.m.

## House Chatter



#### FRIDAY, DECEMBER 1 - HOLLY JOLLY CHRISTMAS

~ Wear festive Christmas colors and scenes ~

2 p.m. Basement Band Duo (Mellow Oldies, Folk, Variety/ Vocals, Guitar)

5:30 p.m. Crossroads Church Caroling through the Neighborhoods (start on Gardens to Willows to Springs)

#### Monday, December 4

10 a.m. Faith, Fitness and Fun 2 p.m. Joe Collincini (Oldies/Variety - Christmas Music)

#### Tuesday, December 5

2 p.m. Z Praise (Gospel/Praise/Variety/Oldies/Christmas Music -Vocals, Guitar)

#### Wednesday, December 6

10 a.m. Catholic Mass: Father Brandon

#### FRIDAY, DECEMBER 8 - OLD FASHIONED CHRISTMAS

~ Christmas Attire (add a dash of old fashioned with plaid or a vintage accessory) ~

2 p.m. Carla McCrell (Oldies/Variety/ Christmas - Keyboards and Vocals)

#### WEDNESDAY, DECEMBER 13 - CHRISTMAS TEAS @ THE VILLAS

~ Festive wear ~

11 a.m. - 1 p.m. Open Dining in the Neighborhoods/Music

#### Thursday, December 14

6 – 7:30 p.m. Girl Scout, Brownie and Daisy Troop 46607 (in HFC) Crafts and Treats



#### **December Birthdays at The Villas**

7 - Esther Harriger

9 - Phyllis Chisholm

10 - Richard Southworth

13 - Frances Wackenhut

14 - Mary Thompson

20 - Mabel Mrvos

21 - Nancy Daugherty

22 - Nancy Williams

25 - Mike Leskovac

25 - Judith Nashtock

30 - Sam Gano

31 - Ronald Stainbrook

## Activities at The Villas

#### FRIDAY, DECEMBER 15 – UGLY CHRISTMAS SWEATERS, SHIRTS, ATTIRE

~ Wear your "it's so ugly or cheezy that it's cute" Christmas attire ~ Cookie Exchange in the Commons

Each Neighborhood make cookies to share with the other neighborhoods

1 p.m. Bingo Bucks

#### Saturday, Dec. 16

4:30 p.m. Quanex Carolers (Willows to Springs to Gardens)

#### Monday, December 18

Christmas Carols/Hymn Sing & Devotions w/Greg Van Valien

#### Tuesday, December 19

10 a.m. Faith, Fitness and Fun

#### FRIDAY, DECEMBER 22 - SANTA VISITS

~ Festive Christmas Wear ~

Santa and elves visit the residents to deliver Christmas cheer!

#### **MONDAY, DECEMBER 25 - CHRISTMAS DAY**

"Once in our world, a stable had something in it that was bigger than our whole world." ~ C.S. Lewis

#### Tuesday, December 26

Noon Monthly Birthday Lunch for December Birthdays

#### Wednesday, December 27

1:30 p.m. Resident Council and Food Committee

#### Thursday, December 28

2 p.m. Cooking with Keven 6:45 p.m. Z Praise (Gospel/Praise/Variety/Oldies - Vocals, Guitar)

#### FRIDAY, DECEMBER 29 - TICK TOCK FRIDAY

~ Wear some Bling Bling as we count down to New Year's Eve! ~ 2 p.m. NEW YEAR'S PARTY IN THE HFC

#### **Regularly Scheduled Activities**

Sunday - Church Service @ 10 a.m.

Classic Hymn Sings via YouTube on Ch. 1851 @ 1 p.m.

**Tuesday** – Evening BINGO @ 6:45 p.m.

Wednesday - Music Therapy @ 10 a.m.

Pick-up Game of Seated Volleyball in the Fitness Center @ 2:45 p.m.

**Thursday** – Rosary @ 10 a.m. (except first Thursday)

Saturday - BINGO @ 10 a.m.

Individual neighborhoods offer activities in addition to this schedule.

#### Jen Crawford is this month's Heritage "Hotshot"



"I'm Jennifer but everyone calls me Jen! I've been married to my husband Trent for 2 and half years and we have 2 children together Maxx and Everlee. During my free time I love to take pictures. I'm hoping one day to open up my own photography studio!"

#### **Co-worker Comments:**

Jen is ALWAYS interested in our residents. Cleaning, chatting and even designing fun matching outfits to keep them entertained. She is a sweet addition to our team!

Jen recently spent time consoling a resident who lost a dear friend. The compassion shown was beyond her years! She's just great!

Jen is described as: compassionate, goes the extra mile to build relationships with residents and is always helpful.

Q: Where would you like to travel someday? A: I would love to travel to Hawaii one day!

Q: Do you listen to Christmas music before Thanksgiving? A: Guilty as charged! I love Christmas music!

Q: If you had the time, what skill would you like to learn?
A: I have always wanted to learn how to play the piano! My grandpa started teaching me as a child but after he passed I never picked it back up.

Q: What is your most prized possession?
A: My most prized possession would be my camera.
Photography has been my biggest passion for years and it took me forever to save up to get my Canon!

Q: How long have you worked at St. Paul's?
A: I've work at St. Paul's for 5 months now but it feels like I've been here much longer!

## Christmas Craft with Bev & Linda at The Heritage

Janet Kirk



Where do they find such cute craft ideas? Residents at The Heritage spent a Sunday afternoon in mid-November with volunteers Linda Davis and Bev Stake turning salt shakers into cute little snowmen. Such a clever Christmas craft idea.



Joan Capone



Ada Daisley



Jane Heile



Janet North

Do you want to recognize a team member who did something special for you or a loved one or who always goes above and beyond? Submit a Caring Heart for them. They (and their supervisor) will be notified that they received a Caring Heart, and they will be recognized in a future newsletter.



To submit a Caring Heart visit www. stpauls1867.org and click STAFF **RECOGNITION**. Click on "Submit a Caring Heart" and fill in the simple form. Please Note: Submit ONE caring heart for **EACH** staff member you'd like to recognize. You can also complete a paper form from the Caring Heart bulletin board in each residence or by requesting one from the receptionist.

List features staff from The Villas, The Heritage, The Ridgewood, The Keifer Building and Without Walls.

#### **Promoting a Culture of Caring & Recognizing our Team Members Natalie Blatt**

Stephanie Bovard

Samantha Castleberry

Mickie Chapman

**Core Values Security Team** 

Gayle Cowan

**Beverly Dame** 

**Amber Delong** 

**Beth Difede** 

**Dining Services Team** 

Lori Ferguson

Teresa Findley

Dawn French

Cathy Gadsby

**Tammy Gearhart** Martha Gruber

Ken Grunge

Dawn Hartman

Jessica Haskelll

James Hickey

**Grace Howard** 

Katie Hrdlicka

Kaitlyn Jablonski

Paul Jewell

Linda Kellner

**Life Enrichment Team-Villas** 

**Sherry Loutzenhiser** 

**Brian Mailliard** 

**Melody McIntire** 

**Brenda Michaels** 

**Dianna Mills** 

**Chris Minteer** 

**Amber Moore** 

**Destiny Owen** 

Kami Pashakarnis

**Deven Piccolin** 

Rachael Ramp

**Tammy Shoaff** 

**Ross Swartz** 

**Robyn Weaver** 

**Brittany Williams** 

Kim Yeager

"Amber is an outstanding nurse/caregiver. She knows her residents, what they like, how to engage them to bring a smile to their faces. She reminds them they are loved and that someone truly cares about them. She is gentle when providing care and she explains exactly what she is doing so the resident becomes part of the process - not taken by surprise. As a family member myself, I witnessed first hand how she provides care and that extends to the family members as well. Amber has a gift for nursing and St. Paul's is blessed to have her as a team member. Thank you Amber for loving my father-in-law and caring for him until the very end."

"Destiny is very kindhearted, the love she has for our residents is seen through and through. The residents are always delighted to hear when we tell them she is coming on next shift. Destiny is very knowledgeable with her job, and she is very compassionate about what she does. I am happy to be on The Ridgewood team with her!"



Above from left: Delores Montgomery, Deven Piccolin and Luella Massena were part of the pumpkin patch on Springs B for Halloween. And at right: Boots, the neighborhood cat poses with an actual pumpkin!





Again able to enjoy one of her favorite pastimes, Judy Leskovac (right) traveled back to her old stomping grounds - Hollywood Gaming at Mahoning Valley Race Course in Youngstown, Ohio to try her hand at the slots. She was accompanied by everybody's favorite hair dresser, Marcy Veado. Looks like the girls' day out was a lot of fun!





## Willows "B" Hive-light



Cathy (center) with friends Eleanor (left) and Lori.

Cathy Spiardi featured on the Willows B "Buzz Board"

An only child, Cathy was born to Gino and Ann Marie Spiardi, on February 17, 1953 in Blairsville, Pa. Cathy's father was a truck driver and also worked for the Blairsville Fire Department. Her mother, Ann Marie, was CEO of Mercer County Aging for many years.

When Cathy was five years old, she became very ill. Her parents were dedicated to her well-being and Cathy remained at home with them throughout her adult life.

Cathy attended school in Blairsville, eventually graduating from Blairsville High School. She enjoyed her life with her parents. Her longtime friend and

"overseer," Lori Parillo, notes that Cathy naturally had a "happy go lucky" attitude. She enjoyed going on day trips, coloring and listening to music. Her favorite singer is Neil Diamond.

When Cathy's parents passed away, Cathy stayed at home for a time with the help of Eleanor Paul. another close friend and "overseer." Lori's sister Susan would also assist Cathy in her home during this time. Cathy did simple chores around the house and sometimes would help bake cookies. One of Cathy's favorite people was Laurie's husband Joe, whom she would leave a message on his voice mail now

and then to check in on him. (Joe and Laurie were first introduced more than 39 years ago by Cathy's father Gino!) After her house sold, Cathy moved into The Heritage at St. Paul's. She often enjoyed taking walks and also strumming her guitar.

Cathy eventually moved to the Willows B neighborhood, where she currently resides.

She has been at St. Paul's for a total of eight years.

Cathy continues to enjoy music and delights in quietly singing, expressing thoughts or referring to memories. Cathy has a liking for stuffed animals. She can usually be found in the great room or by the nurse's desk where she is in the hubbub of activity.

"Your uniqueness is what makes you special, and that is beautiful."

~ Nia Jax

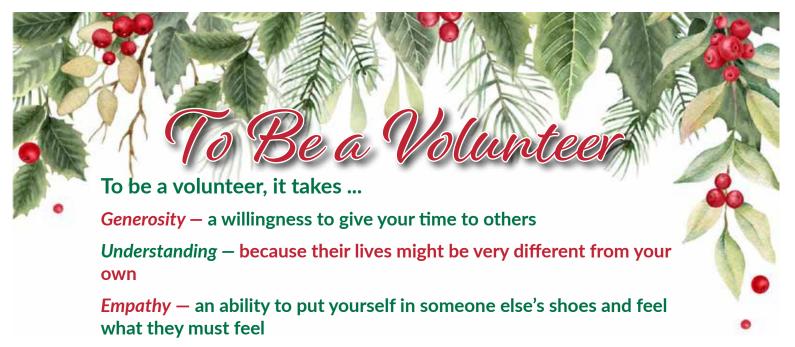


St. Paul's is sponsoring a Toy Drive to benefit local families this Christmas season. Please help us spread the spirit of the season by donating a new, unwrapped toy that will bring joy to a local child this Christmas.

\* Toys will be collected in the lobby of The Villas Nov. 24 – Dec. 7.

Suggested items for toy donations: baby dolls and baby doll items, action figures, Legos<sup>™</sup>, art supplies, Matchbox<sup>™</sup> cars, board games, Barbie<sup>™</sup>, Paw Patrol<sup>™</sup>, Frozen<sup>™</sup>, Fortnite<sup>™</sup>, Polly Pocket<sup>™</sup>, Nerf<sup>™</sup>Guns





Compassion – to truly care about making someone else's life better

Patience – because the process doesn't always go as smoothly as it might

Dedication – to stick with the project and see it through

You reflect these qualities brightly and so much more ... thank you for all that you do.

Merry Christmas to all the volunteers who make life better at St. Paul's!



## 2023 Holiday Gift Boutique

Is now open — and new items are added frequently!

#### Hours are:

Monday - Friday, 10 a.m. to 1 p.m. and 2 - 5 p.m.

Stop in and see all of the beautiful gift items that are available.



The shop will remain open until Dec. 22.
All proceeds benefit the residents who call St. Paul's home.

Thank you for supporting The Auxiliary at St. Paul's!

