



Monthly Newsletter for Residents, Families, Volunteers, Staff and Friends

**APRIL 2025 -**

www.stpauls1867.org

## Thirty-six Residents Fill All Positions on Three Courts at the 3rd Annual Pool Noodle Volleyball Tournament

Our 3rd annual Pool Noodle Volleyball Tournament was held on Friday, March 21. Six teams from across campus battled it out for the top spot!

All of our residents brought their A-game, but The Ridgewood dominated the competition, taking first and second place! A special shoutout to the White Tornados for securing the championship!

Thank you to everyone who helped with this fantastic day of friendly competition! A special thanks to Ron Ashbaugh for putting the entire event together!





All who attended watched with bated breath as the intense championship game ensued between the two teams from The Ridgewood. First place winners are above left (from left): Benny McDanel, Ellie Harkins, Sandy Stainbrook, Barbara Baker, Elaine Wilkins and Ruth Ann Miller. Second place finishers are above right (from left): Peg Revell, Faye Fratus, Rae Johnson, Rita Hause, LaWanda Johnston and Dick Meeker. Anyone watching could tell, the residents at The Ridgewood take their pool noodle volleyball VERY seriously! They are proof that all of their consistent practice pays off!









## Fun Frielays All-Campus Theme Days



#### Friday, April 4 - Rainbow Day

Dress in something rainbow to celebrate the beauty that comes with April Showers!

#### Friday, April 11 - Disco Day

Get ready to groove! Break out your bellbottoms, sequins, and funky shades—it's time to dress up and boogie like it's the '70s!





#### Friday, April 18 - Good Friday

Team members are welcome to wear black or red in honor of Good Friday—a day of reflection, faith, and remembrance.

#### Friday, April 25 - Thank a Volunteer Day

We're celebrating the incredible volunteers who give their time and hearts to our community! Team members and residents are invited to write a card to show appreciation for their kindness and dedication.



If you have a story, example, photo, etc. of any-or all-of our Core Values in action please email:

corevaluescorner@sp1867.org and we will showcase it on this page.

## Core Values

Person-centered care isn't just about meeting needs—it's about making daily life smoother, more enjoyable, and less stressful for our residents. Katie Hrdlicka, a dedicated team member, recently took it upon herself to revamp the beauty shop scheduling process at The Heritage, ensuring that residents could get their hair done without long waits or confusion.

Katie created a new system to make the process easier and more fair for everyone. Instead of traditional appointments, which no one favored, she assigned each floor a two-hour time frame for beauty shop visits. This helped space out arrivals so all the residents weren't showing up at once. Before putting the plan in place, Katie made sure to involve everyone affected.



From left: Zina Long, resident at The Heritage and Katie.

She spoke with team members on each floor to find time slots that worked best, posted signs with the new schedule,

informed nurses, worked with the beautician, and made sure residents understood the changes. After getting approval from her administrator, the new system was put in place, and Katie ensured a smooth transition.

Now, residents are getting their hair done without the frustration of long waits or missed visits. Their needs are being met, and they are no longer missing out on appointments.

Katie's efforts are a perfect example of person-centered care in action—recognizing a challenge, listening to residents, and creating a solution that truly makes a difference in their day-to-day lives. Thank you, Katie, for your dedication to making life better for the residents of St. Paul's!



For the first four months of 2025, we will focus on one Core Value each month by sharing the action statements that accompany each value.

I will set and respect boundaries and consent (physical, intellectual, emotional, financial).

I will be aware of my non-verbal communication (body language, tone, posture, not just the words I say, but how I say them).

I will be an active listener (smile, nod, make eye contact, ask questions for clarification, summarize back what was said).

I will practice transparency and openness about my thoughts, feelings and activities.

I will give the benefit of the doubt and refrain from judgement. I may disagree but I will create a safe environment without confrontation.

I will foster accountability and follow-through in myself and others.



St. Paul's "Pet to Work" Policy has recently been revised (see below).

Pet owners who wish to have their pets visit any building on campus, please see The Villas receptionist between 9 a.m. and 7 p.m. to pick up a revised policy and sign a new, revised contract.

#### Thank you!

- As part of the Eden Alternative Philosophy, St. Paul's shall allow staff to bring appropriately trained pets to work with prior approval.
- Permission must be obtained from the Administrator or a member of the Pet Committee.
- If sharing workspace with other staff, those staff must be agreeable.
- Copies of vaccination records (including rabies and distemper) and licenses (if applicable) must be provided to the Administration office annually.
- It is recommended that pets be over 6 months of age.
   Please trial your pet during off-duty visits prior to bringing to work.
- Sick pets must remain at home.
- Pets must be on a non-retractable leash at all times. Failure to obey the leash rules may result in your pet being banned.
- Pets must be supervised at all times, otherwise they should be tied up or kept in a crate in a secure location.
- Pets are not permitted in areas where food is prepared, stored, dining rooms during meal times, or clean storage areas.
- Residents have the right to refuse pets in their rooms, please obey the residents' wishes.
- Pet breaks should coincide with staff breaks if at all possible.
- Pets should be appropriately trained. Excessive noise, jumping, damage to property or disruption of staff duties will not be tolerated. Pet owners are responsible for any damages that may occur.
- Owners are responsible for any and all clean up of their pet, inside and outside of the facility. Excessive soiling or damage to flooring will not be tolerated. If your pet soils the floor inside, please clean it up immediately. Carpet spot cleaning is the responsibility of the pet owner, not housekeeping.
- Infection control measures, such as hand hygiene, will be followed by residents and staff when handling animals.
- If work declines, the pet's visitation will be discontinued.
- Animals and types of animals will be selected carefully to meet the needs of residents.
- St. Paul's reserves the right to discontinue a pet's visitation at any time.

#### ~ IN MEMORIUM

Residents who have passed February 16, 2025 — March 15, 2025

Arthur Catlir	02/21/25
Paul Langiott	02/21/25
Alberta Elde	02/23/25
Carrie Shapona	02/24/25
Donna Meyer	02/27/25
John Kalchthale	02/28/25
Virginia Roya	03/11/25
Doris Leary	03/15/25

## alzheimer's 95

#### **Greenville Caregiver Support Group**

Presented by: Alzheimer's Association Greater PA Chapter

April 1, 2025 2 - 3:30 p.m.

The Keifer Building 341 E. Jamestown Rd. Greenville, PA 16125

Contact: Michelle O'Malley 724-588-9613 ext. 1427 Build a support system with people who understand.

Alzheimer's Association® caregiver support groups, conducted by trained facilitators, are a safe place for caregivers, family and friends of persons with dementia to:

- Develop a support system.
- Exchange practical information on caregiving challenges and possible solutions.
- Talk through issues and ways of coping.
- Share feelings, needs and concerns.
- Learn about community resources.

### **Guest Apartment at The Heritage Available**



The guest apartment in The Heritage is available to rent to families or loved ones who need a place to stay while visiting.

The one bedroom apartment has a queen-size bed (a roll-away bed is also available if needed), microwave, refrigerator and a flat screen television. The cost is \$89 per night. Check in is 3 p.m. and check out is 11 a.m. For reservations, call 724-588-7610 ext. 1400.

## piritual Services

While the first day of Spring occurs in March, celebrations of Spring and the hope that warmer weather is on its way here in PA/OH takes place in April! Spring is the cycle of the calendar year coming out of Winter that represents in many cultures new birth, new beginnings and new growth.

Secular Celebrations of fertility with the accompanying decorations of Easter Bunnies, and eggs have already been up for weeks. Sacred Observances in many cultures especially in the Judeo-Christian tradition are laid over the yearly calendar. Coming out of the quiet, reflective time of Lent moving through Holy Week towards Easter offers us each year the opportunity to reflect, become more self-aware and accept the transformative cycle of life, death and rebirth. So for those of us self-identified Christians, what does it mean to live as resurrected people? We have to ask ourselves this question individually as well as collectively as the church.

If we cling so tightly to traditions, or a particular building, or ideal, or belief, is that living as resurrected people? For rebirth to happen there must be a dying to what no longer serves us, otherwise we are engaging in idolatry. To live as resurrected people is to be open to change, to be responsive to God's Spirit and how it is working in our community and the world. We have to be willing to do the work together as a community to offer hope, strength and support for those struggling with change. We have to prayerfully consider how we are to change and we have to be willing to see, feel, believe, listen and receive the visionary expansiveness of what it means to serve a living God. By widening our perspective and trying to live each day, each season and each year within their respective cycles, we will find ourselves living within the cycle of life, death and new life and then be able to offer gratitude for the life and spiritual lessons that come with each.

— Chaplain Pat



Sunday, April 13 - Celebrating Palm Sunday

#### Thursday, April 17 – Maundy Thursday

Holy Communion Service – all are welcome to attend. In-person and broadcast at 10 a.m. in The Villas (HFC) In-person at 11 a.m. in person at The Ridgewood Harmony Hall

#### Friday, April 18 - Good Friday

Check for gatherings in common spaces to watch. Ecumenical Service of local clergy at 1 p.m. Livestreamed from Thiel College on Ch. 1851

#### Sunday, April 20 – Easter Sunday

Sunrise Service at 8 a.m. at The Colony Pavilion Holy Communion at the Gas Firepit 9 a.m. in The Heritage, Anderson Fellowship Hall 10 a.m. in The Villas, Headland Friendship Commons 11 a.m. in The Ridgewood, Harmony Hall

There will be NO Chaplain's Chat or Campus Bible Study during Holy Week or the final week of April.



Sunday Services will be held:

The Heritage at 9 a.m. in Anderson Fellowship Hall The Villas at 10 a.m. in Headland Friendship Commons

The Ridgewood at 11 a.m. in Harmony Hall

Chaplain Pat Spears will lead all services. The Villas service will broadcast on Channel 1851 at 10 a.m.

All residents are welcome to join, whether in-person or virtually!

Join Chaplain's Chat each week before Bible Study

The Heritage – Wednesdays

@ 12:30 p.m. in the Conference Room.

The Ridgewood – Thursdays

@ 9:30 a.m. in Harmony Hall.

All are welcome to attend.



## MOVIES

## April 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		10 a.m. High Society (1956) 2 p.m. Ben-Hur (1959)	10 a.m. Mass 2 p.m. The Swan	10 a.m. Howard 2 p.m Spartcus (1960)	10 a.m. Stations of the Cross 2 p.m. Here 7 p.m. Endurance	5 10 a.m. Gnomeo & Juliet 2 p.m. Back in Action
10 a.m. Church Service 1 p.m. Hymn Sing 2 p.m. Hope Floats	7 10 a.m. Dolphin Reef 2 p.m. What Ever Happened to Baby Jane (1962)	8 10 a.m. Bonnie & Clyde (1967) 2 p.m. The Help	9 10 a.m. Born in China 2 p.m. The Sand Castle	10 a.m. Rosary  2 p.m. Wild Hearts Can't Be Broken	10 a.m. 11 Stations of the Cross 2 p.m. The Founder 7 p.m. Carry-On	12 10 a.m. The Pacifier 2 p.m. The Lost Weekend (1945)
10 a.m. Church Service 1 p.m. Hymn Sing 2 p.m. Come Sunday	10 a.m. 14 Jesus of Nazareth (1977) 2 p.m. An Affair to Remember (1957)	15 10 a.m. Barabbas (1961) 2 p.m. Chair Yoga & Meditation Exercises	16 10 a.m. Steel Magnolias 2 p.m. In the Heart of the Sea	10 a.m. 17 Maundy Thursday Communion Service 2 p.m. Duck, Duck, Goose	10 a.m. 18 Stations of the Cross 2 p.m. The Founder 7 p.m. Carry-On	10 a.m. The Young Messiah 2 p.m. Peter Rabbit
10 a.m. 20 Church Service 1 p.m. Hymn Sing 2 p.m. Son of God	21 10 a.m. Easter Parade (1948) 2 p.m. The Dog Who Saved Easter	22 10 a.m. Marie Antoinette 2 p.m. Jesus Christ Superstar (1973)	10 a.m. 23 The Color of Friendship 2 p.m. The Six Triple Eight	10 a.m. Rosary 2 p.m. Into the Woods (2014)	25 Chimpanzee 2 p.m. A Walk with Grace 7 p.m. It Ends with Us	10 a.m. 26 The Proposal 2 p.m. Black Panther: Wakanda Forever
10 a.m. 27 Church Service 1 p.m. Hymn Sing 2 p.m. Harry & Meghan: Becoming Royal		10 a.m. The Secret Garden 2 p.m. Mary Poppins (1964)	30 10 a.m. African Cats 2 p.m. Mary Poppins Returns (2018)	church services ar This channel has to internally by camp for regular program signal interference	d tune to Channel and any other international reserved by Suses like St. Paul's ming, which allevithere is nothing thannel, the screen	al broadcasts. pectrum for use , and is not used ates any potential scheduled to

## COLONY COLUMNS

~ News from The Colony

## HAPPYBIRTHDAY

#### **April**

3 - Anecia Flanagan

5 - Ruby Smith

11 - Helene Dreisbach

11 - Suzi Merulli

19 - Dee Henley

20 - Ann Marie Kwaiser

22 - Fave Tate

25 - Marilyn Macdonald

30 - Ann Fowler

#### May

1 - John Hurd

4 - Dan DeWeese

5 - Natalie Macosko

7 - Jim Kwaiser

10 - Sue Simons

11 - Irv Milheim

17 - Lyn Cepris

18 - Bob Olson

24 - Margie Hays

29 - Lynne Wilson

31 - Mary Ellen Bayuk

#### **Staff**

May 3 - Rita Clemente May 5 - Tammy Lininger

#### **Resident Presentation - Out of Africa**



**Presenter Nancy Stevenson** 

For more than 30 years, Nancy Stevenson called Africa home. Recently, she shared her experiences with fellow residents, offering a glimpse into the culture, language, and life she embraced during her time in Tanzania.

To bring the experience to life, Nancy invited residents to dress in traditional West African garments, adding a vibrant visual element to the presentation. She then spoke

about Africa's vast geography and her time at Makumira Lutheran Theological College, where she spent 32 years teaching English to students preparing for ministry.

Language played a central role in Nancy's talk. She introduced the audience to Swahili, explaining that it is a phonetic language—meaning words are pronounced exactly as they are written. She led a brief lesson on Swahili vowels and simple words, engaging residents in a hands-on learning experience.

Nancy ended the presentation with a Q&A session, inviting residents to ask questions about her time in Africa. To top off the afternoon, she treated everyone to ice cream, ensuring the event

ended on a sweet note.

From left: Bonnie Barr, Carol Hosmer, Nancy Stevenson, Lyn Cepris, and Nancy Hoffacker.





Tuesday, April 1

April Fools Bingo

Tuesday, April 2

Monthly Birthday Celebration

Friday, April 4

Coffee & Donuts

Friday, April 4

Craft Hour

Sunday, April 6

Greenville Symphony Orchestra Concert

Monday, April 7

Men & Women's Chat Groups

Thursday, April 10

**Resident Presentation** 

Friday, April 11

Disco & Movie

Sunday, April 13

Lunch at Venango Inn

Monday, April 14

Resident-led Potluck

Wednesday, April 16

Erie Art Museum

Saturday, April 19

Easter Egg Hunt

Tuesday, April 22

Packard Car Museum

Thursday, April 24

Lake MetroPark Quilt Show

Tuesday, April 29

Speed Friending

Wednesday, April 30

Potluck Lunch

#### Things to look forward to in May:

Thursday, May 1 – Piccadilly Tea Parlour & White House Fruit Farms
Friday, May 2 – Coffee & Donuts
Monday, May 5 – Men & Women's Chat Groups
Tuesday, May 6 – Movie & Popcorn
Wednesday, May 7 – Monthly Birthday Celebration

Thursday, May 8 – Peter Allen Inn Culinary Passport Dinner

Tuesday, May 13 - Potluck Lunch

Wednesday, May 14 – Resident Presentation Thursday, May 15 – Spring Tour of Homes

Friday, May 16 – Annual Greenhouse Tour

## HERITAGE HERALD

 $ilde{\;\;\;\;}$  News from The Heritage  $ilde{\;\;\;\;\;\;}$ 



Tuesday, April 1

Nails with Julie @ 1 p.m. (Beauty Parlor)

#### Wednesday, April 2

Music Fun with Cindy @ 10 a.m. (3rd Floor Commons)

Mass at The Villas @ 10 a.m. (HFC)

Human Slot Machine with Julie @ 1 p.m. (AFH)

#### Thursday, April 3

Amish Singers @ 6 p.m. (AFH)

#### Friday, April 4

"Hank Sobah" (Guitarist) @ 1 p.m. (AFH)

#### Monday, April 7

Ice Cream Social @ 2 p.m. (AFH)

#### Wednesday, April 9

Games with Julie @ 1 p.m. (AFH)

#### Thursday, April 10

Food Committee with Keven @ 10 a.m. (AFH)

#### Friday, April 11

Carla McKrell (Singer/Pianist) @ 10 a.m. (AFH)

#### Monday, April 14

Ice Cream Social @ 2 p.m. (AFH)

#### Wednesday, April 16

Games with Julie @ 1 p.m. (3rd Floor Commons)
Outside patio, weather permiting

#### Wednesday, April 23

Head's Up Game with Julie @ 1 p.m. (3rd Floor commons)

#### Friday, April 25

Cocktails with Ian & Julie @ 2 p.m. Villas/Outside Patio

#### Wednesday, April 30

Wine Social @ 1 p.m. (Outdoor Patio)

#### **Regularly Scheduled Activities**



Ice Cream Social Mondays @ 1 p.m. (AFH) (April 7 & 14)





BINGO with Bertha Tuesdays @ 3 p.m. 3rd Floor Commons



Personal Shopping by Reba Second & Fourth Tuesdays



Chaplain's Chat & Bible Study Wednesdays @ 12:30 & 1 p.m. (Conf. Room)



Church Service Sundays @ 9 a.m. (AFH)





#### April Birthdays

6 - Bev McClimans

8 - Hazel Shollenberger

9 - Florence Youngblood

11 - Joanne McErlane

28 - Sharon Dancy

29 - Joan Capone

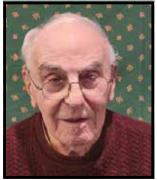
Residents who celebrate a birthday this month will receive a special birthday lunch on Tues., April 8.

Resident Council Meeting
Tuesday, April 29 • 2 p.m.
Third Floor Dining Room
All residents are invited to attend!

## RIDGE RUNNER

~ News from The Ridgewood ~

#### – Resident of the Month – **Dean Poolos**



Constantine "Dean" Poolos was born and raised in Greenville, where he grew up surrounded by the love of his family. He had two siblings, (late) Harriet and Magdalene. His parents, James and Stella Poolos, provided a foundation of support and encouragement that would guide Dean throughout his life.

From a young age, Dean exhibited a love for learning and a deep curiosity about the world. After graduating from Penn High

School in Greenville, he went on to study at Thiel College. His academic journey continued at Cornell University, in Ithaca, NY— an experience that would become one of his most cherished memories. It was at Cornell that Dean's passion for medicine truly began to take shape, setting him on a path that would lead to the prestigious University of Pittsburgh School of Medicine.

Upon completing his medical training, Dean returned to Greenville, where he dedicated himself to a career as a physician at the Greenville Clinic and Hospital. His work in the medical field left a lasting impact on the community, as he built relationships with patients and colleagues alike. Dean was known for his compassion, skill, and tireless dedication to healthcare.

In the summer of 1961, Dean's life took another significant turn when he married Barbara Gilman on July 8. Their love story began in New England, where they met, and soon they made it a tradition to visit the region every year.

Dean's personal interests are as varied as his travels. In his spare time, he developed a passion for bonsai plants, finding peace and satisfaction in their meticulous care. He is also an avid reader, with a particular interest in World War II history, which he finds endlessly fascinating. As much as he enjoys a good book. Dean is equally enthusiastic about sports, especially wrestling.



As the years went on, Dean's family grew, and he became the proud

father of three children—Ann, James, and Christine. His life was further enriched with the arrival of his three grandchildren, Alexandra, Tyler, and Stephanie, all of whom he adores. Together with Barbara, Dean built a family filled with love, laughter, and tradition.

Throughout his life, Dean found joy in simple pleasures. He is fond of popcorn, Majestic hot dogs, and any kind of chocolate candy. Yet it is the memories he created with his loved ones that have truly defined his life. He often looks back fondly on his time at Cornell, the friendships he formed at Pitt, and his years spent in New England with Barbara. The memories of those days, as well as his high school graduation, remain among the happiest moments of his life.

## Ridgewood Activities

Tuesday, April 1 - April Fools Day! Book Club, 10 a.m. & Joke Night, 5:30 p.m.

Wed., April 2 – Hymn Sing w/Robin McLaughlin, 10 a.m. Friday, April 4 - RAINBOW DAY!

Praying the Stations of the Cross, 10 a.m.

Monday, April 7 - Manicures (100 & 200 Halls), 10 a.m.

Birthday recognition luncheon, 11:30 a.m. Tuesday, April 8 – Tik Tok Tuesday, 10 a.m.

Wed., April 9 - Book Club, 10 a.m. & Music Therapy, 3 p.m. Friday, April 11 – DISCO DAY!

Stations of the Cross, 10 a.m. & Greenville Mobile Library, 1 p.m.

Saturday, April 12 – K Kids, 10 a.m. & Bingo, 1 p.m. Sunday, April 13 – PALM SUNDAY

Monday, April 14 - Book Club, 10 a.m., Skee ball, 1 p.m. & Easter Poetry, 5:30 p.m.

Tuesday, April 15 – Men's Breakfast w/cook Gregg Buchanan, 7 a.m. & Easter Egg Hunt, 10 a.m.

Wed., April 16 - Card Making with/Colony Friends, 1 p.m., Music Therapy, 3 p.m. & Coffee Klatch w/Mickie, 5:30 p.m.

Thursday, April 17 – Maundy Thursday

Friday, April 18 – Good Friday, Stations of the Cross, 10 a.m. Sunday, April 20 - EASTER SUNDAY

Monday, April 21 – Manicures (300 & 400 Halls), 10 a.m. Tues., April 22 – Walking Pretzel Salads w/Rhonda Eck, 10 a.m. Wed., April 23 – Book Club, 10 a.m. & Music Therapy, 3 p.m. Friday, April 25 - Greenville Mobile Library, 1 p.m.

Thank a volunteer today!

Monday, April 28 – Bracelet Making w/Cris, 10 a.m. Tuesday, April 29 - Bingo Bucks Store, 10 a.m.

Wed., April 30 - Book Club, 10 a.m. & Music Therapy, 3 p.m.



1 - Joanne Ferrazanno 29 - JoAnn Boller

5 - Audrey Bates 30 - Samantha Castleberry

#### **Regularly Scheduled Activities**

Food Committee meets on the 2nd Tuesday & Resident Council meets on the 2nd Thursday of each month @ 1 p.m.

Sunday - Church Service @ 11 a.m. & Ice Cream Cart @ 2:30 p.m. Monday - Pool Noodle Volleyball @ 2 p.m. & Activity @ 5:30 p.m.

Tuesday - Exercise with Ron @ 2 p.m. & BINGO @ 5:30 p.m.

Thursday – Bible Study @ 10 a.m., Exercise with Ron @ 2 p.m. & Word Game @ 5:30 p.m.

Friday - Exercise @ 10 a.m. & 500 Card Game @ 5:45 p.m. Saturday - Exercise @ 10 a.m. & BINGO @ 1 p.m.

## HOUSE CHATTER

APRIL

News from The Villas ~

## Activities at The Villas

#### **TUESDAY. APRIL 1**

1:30 p.m. – Bingo Bucks Exchange

#### **WEDNESDAY, APRIL 2**

10 a.m. - Mass

#### THURSDAY, APRIL 3

6 p.m. – Evening Activity for Springs Residents

#### FRIDAY, APRIL 4 - NATIONAL RAINBOW DAY

~ Wear the colors of the rainbow today! ~

2 p.m. – Guitar Performance by Joe Thompson

#### **SUNDAY, APRIL 6**

3 p.m. - Greenville Symphony Outing (limited availability)

#### **TUESDAY, APRIL 8**

3 p.m. - Balloon Volleyball Game

#### **WEDNESDAY, APRIL 9**

2 p.m. – Cookie & Confection Corner

#### **THURSDAY, APRIL 10**

10 a.m. – Rosary

6:15 p.m. – Piano Serenade with Greg Van Valien

#### FRIDAY, APRIL 11 - NATIONAL DISCO DAY

~ Wear your best 70s outfit today! ~

2 p.m. - "Hey Joe" Collincini Performance (Oldies)

#### MONDAY, APRIL 14

10 a.m. - Faith, Fitness & Fun!

#### **Regularly Scheduled Activities**

**Sunday –** Church Service @ 10 a.m.

Classic Hymn Sings via YouTube on Ch. 1851 @ 1 p.m.

Tuesday - Evening BINGO @ 6:45 p.m.

Wednesday - Music Therapy @ 10 a.m.

Thursday - Rosary @ 10 a.m. (except first Thursday)

Saturday - BINGO @ 10 a.m.

Individual neighborhoods offer activities in addition to this schedule.

#### **TUESDAY. APRIL 15**

2:30 p.m. - Chair Yoga & Meditation

#### THURSDAY, APRIL 17 - MAUNDY THURSDAY

10 a.m. – Maundy Thursday Communion Service 6 p.m. – Evening Activity for Willows Residents

#### FRIDAY, APRIL 18 - GOOD FRIDAY

~ Wear red or black today ~

1:30 p.m. - Classic Country Concert in the HFC

#### **SUNDAY, APRIL 20 - EASTER**

10 a.m. – Easter Sunday Church Service

#### **MONDAY, APRIL 21**

1:45 p.m. – Hymn Sing with Greg Van Valien

#### **TUESDAY, APRIL 22**

~ April birthday lunches served today ~ 3 p.m. – Balloon Volleyball Game

#### THURSDAY, APRIL 24

10 a.m. – Rosary

6 p.m. – Evening Activity for Gardens Residents

#### FRIDAY, APRIL 25 – NATIONAL "THANK A VOLUNTEER" DAY

~ Write a thank you note to a St. Paul's volunteer today! ~

2 p.m. - Cocktail/Mocktail Party!

#### **MONDAY, APRIL 28**

10 a.m. - Faith, Fitness & Fun!

#### **TUESDAY, APRIL 29**

1:30 p.m. - Resident Council Meeting

2:45 p.m. – Cooking with Keven



#### **April Birthdays at The Villas**

4 - Ada Daisley

12 - Dorothy McGinnis

5 - Alan Porsch

20 - Ruth Laubscher

5 - Catherine Hays

25 - Charles Zuschlag

9 - David Wotherspoon

## SERENITY SPOTLIGHT

~ News from Jones Serenity Circle & Lane ~



#### Musical Entertainment —

Friday, April 4 1 p.m. – Basement Band Duo (JSC)

Friday, April 11 12:30 p.m. – Hey Joe (JSL)

Monday, April 14 12:30 p.m. – Sylvia Patterson (JSC)

Friday, April 18 12:30 p.m. – Alyssa Pessavento (JSC)

Friday, March 25 12:30 p.m. – Z Praise (JSL)

#### Other Regular Activities & Gatherings in April —

Read aloud with friends throughout the month:

The Last of the Breed



by Louis L'amour
Writers Fancy

Kazoo Krew

Hands Spas

Card Club

Table Games



#### Canine Cuddles —

April 10 @ 12:30 p.m. (JSC)
Brandi & Sharon
April 14 @ 1 p.m. (JSL)
Jemma & Dawn Hartman
April 21 @ 1 p.m. (JSC&L)
Brandi & Sharon
April 28 @ 1 p.m. (JSC)

Jemma & Dawn Hartman



## MANICURES Every Monday @ 1 p.m.







## Exercise Therapy with Ron





Ecumenical Faith Gathering
Thursdays @ 12:30 p.m. (JSC)
Church Service with Chaplain Pat
Sundays @ 9 a.m. (AFH)





#### Monthly Luncheon Celebrations

Tuesday, April 15 @ 11:30 a.m. (JSL) Thursday, April 17 @ Noon (JSC)

## submit a caring heart

Submit a Caring Heart to recognize team members who promote our MISSION, VISION and CORE Values through their daily actions and behaviors.

If a team member does something that makes life a little better for you or someone you know, please submit a Caring Heart and give us the opportunity to recognize that individual.

#### To submit a caring heart:

Fill out a Caring Heart recognition card and submit it to any receptionist; or scan the QR code above to fill out our on-line form at: www.stpauls1867.org/contact/staff-recognition/caring-heart-recognition



Ron Ashbaugh

**Katie Augustine** 

**Karin Bartel** 

**Tom Bartel** 

Kelly Griffith

**Amber Annandono** 

**Beverly Dame** 

**Stephanie Bovard** 

**Rhonda Bowman** 

**Denise Brown** 

**Norman Byler** 

Hanna Campbell

**Shannon Chriswell** 

**Gayle Cowan** 

Rebecka Deeter

Amber Delong

**Amber Favorite** 

Carla Flannery

**Terry Foster** 

**Alyvia Gentile** 

**Amber Graham** 

**Lindsey Griffith** 

Martha Gruber

**Beth Grzeika** 

**Erica Gulentz** 

Kalista Hovis

Katie Hrdlicka

Katie Jordan

Linda Kellner

**Gabby Kinney** 

**Cristal Langenbacher** 

**Leah Greene** 

Sam Jablonski

**Yaleigh Johnston** 

Savanah Legg

**Beth Linamen** 

Jessica Luckock

John McKelvey

Ian Miller

**Villas Nursing Staff** 

Kelly Peplowski

**Dena Phillips** 

**Adnoy Pierre-Louis** 

**Deidre Reinhart** 

Logan Rimer

**Regina Ross** 

**Cameron Schlosser** 

Lisa Schuessler

**Ava Shearer** 

**Keven Shedlock** 

**Pat Spears** 

**Ashley Stefanko** 

Lee Ann Wester

**Julie Young** 



## ST. PAUL'S WITHOUT WALLS

## **Team Member Spotlight**



Devin Rhoads, WOW Care Partner

Born and raised in Franklin, Pa., Devin Rhoads graduated from Rocky Grove High School in 2022. She is currently a junior at Thiel College, where she is studying Psychology with a minor in Sociology. Devin hopes to pursue a career as a high school guidance counselor.

Devin was first drawn to St. Paul's because of her passion for helping others. Through her experiences at Thiel College, she was encouraged to consider a position at St. Paul's by her professors, Dr. Homa and Dr. Gallagher, as well as her volleyball teammates who work for Without Walls. All of them recognized that she would be a great fit. Additionally, Devin's mother, a registered nurse working in a long-term care facility, has been a significant influence in her life, encouraging her to pursue this opportunity.

Passionate about art, Devin once aspired to become a geriatric art therapist. As a student in the Honors Program, Devin's project, "How Color Can Be Interpreted in Emotions," explored how perception

of the same image changes depending on the time of day it is viewed. Her love for art began at a young age—she recalls drawing on the walls as a five-year-old. Devin enjoys pottery, acrylic painting, and drawing. When she first applied to St. Paul's in the spring of 2024, her artistic talents led her to an interim role in the Life Enrichment department at The Heritage. There, she had the chance to share her creativity with the residents. At the same time, she joined the St. Paul's Without Walls team. Her natural ability to connect with people quickly became apparent, both in her interactions with the residents and with the clients she served.

During her time with St. Paul's Without Walls, Devin has worked with five or six clients, and she loves building connections with them. "I love getting to know them and being able to relate to their experiences," she says. "I love learning what excites them and supporting them in their journeys." Devin especially enjoys hearing the stories of the residents and clients. "I know those memories are precious to them, and I feel honored that they want to share them with me," she said.

In addition to her artistic pursuits, Devin plays volleyball for Thiel College and aspires to coach someday. She also plans to attend graduate school. Devin credits her sister, who has a Ph.D. in Neuroscience and lives in New York, as a role model she looks up to.

Beyond academics and athletics, Devin describes herself as a "serial cleaner" and has a passion for decorating, which aligns with her artistic skills. She also has a Pug named "Chicken," whom she adores. When asked about the dog's name, Devin shared that she was originally called Lucia (or Lucy for short), but her dog wouldn't respond to it. After lovingly calling her "Chicken," the dog started to respond, and now also goes by the nicknames "Noodle" and "Nugget."

When asked about her dream vacation, Devin mentioned that she would love to visit Mexico, as she loves the culture and cuisine. She is also excited to travel to a dude ranch in Arizona this summer to celebrate her 21st birthday.



Devin (at right) poses with current client, Lynn Lightner and her dog Pudgie.

It is a pleasure to watch Devin share her talents and combine her love for art with her passion for helping seniors. She is an incredible asset to the team and a blessing to the clients she serves.

#### **Home-Delivered Meals: A Lifeline for Seniors**

As we age, maintaining a healthy and balanced diet can become increasingly challenging. For many seniors, this is due to factors such as health issues, limited mobility, lack of transportation, or a loss of interest in cooking. Regardless of the reason, St. Paul's Without Walls Home-Based Services Department is proud to offer

On-the-Go Dining – a home-delivered hot meal program, available 365 days a year, for individuals living within a five-mile radius of Greenville.

One of the primary benefits of this program is that it helps seniors maintain their independence while ensuring they receive the nutrition they need. With a variety of menu options available, seniors can enjoy delicious, well-balanced meals without the stress or hassle of cooking. The friendly faces of delivery drivers also provide valuable social interaction, which is crucial for seniors who may experience isolation. Regular meal deliveries give seniors something to look forward to each day.

For long-time client Lee Roy Baker of Greenville, the On-the-Go Dining Program has been a game-changer. His daughter researched local programs and found our

service. "It has been great!" Lee said. While orders are typically placed weekly, he enjoys the flexibility of ordering

a month's worth of meals at a time, ensuring he receives meals almost daily. "The meals are not expensive - for what I pay for two entrees, that would equal one meal in a restaurant!" he said. Lee Roy loves that the meals are delivered hot and finds them appetizing. The delivery drivers' friendly service is another highlight. "The service

> is always reliable and consistent, and they are so friendly!" Lee said.

Client Mary Horne started using St. Paul's services this past October after being discharged from the hospital. She was feeling weak and unable to cook for herself and her husband. "We reached out to the Without Walls program for help with meals," Mary explained. "I wasn't back to full strength, and I knew I couldn't cook for both of us." Mary was impressed with the meals. "The food is so good! The portions are generous, and I don't have to wash dishes!" she said. At first, she ordered meals more frequently, but as she regained her strength, she gradually reduced her orders to 1-2 times a week. "If there are salads on the menu, I'll order those too and save them for the next day," Mary shared. She finds the ordering process simple and enjoys the variety of

Lee Baker (at left) poses with Todd Kather, one of our

friendly On-The-Go Dining delivery drivers.

meals. "It is just fantastic!" she exclaimed.

#### Gift Certificates: A Thoughtful Gift

Without Walls also offers a unique and thoughtful gift idea. Gift certificates are perfect for special occasions such as Mother's Day, Father's Day, birthdays, or any celebration. Instead of giving traditional gifts like flowers or chocolates, you can offer the gift of a delicious, home-cooked meal that brings comfort and joy to the recipient.

Gift certificates are also a wonderful gesture for someone recovering from an illness, surgery, or injury. When a loved one is unable to cook for themselves, a meal delivery service offers a practical and thoughtful way to support their recovery. Even individuals simply looking for a

nutritious meal without the hassle of cooking can benefit from these services.

Whether as a thoughtful gift for a loved one or a practical option for seniors in need, On-the-Go Dining enhances the quality of life for many It's a simple way to ensure that seniors are well-nourished, connected, and cared for, all while offering the convenience of a warm, homecooked meal.

ST. PAUL'S	339 E. Jamestown Road, Greenville, PA 16125 724-589-4740 www.stpaulswithoutwalls.org
WITHOUT WALLS	GIFT CERTIFICATE
Home Based Services	Date:
Presented to:	
Presented by:	
In	the amount of \$
Print amount here	
	Authorized by
	oward services provided by St. Paul's Without Walls, Home Based Services. e with your statement. Any credit balance will be applied to future invoices.

Gift Certificates

Available

## Save the date & Wear your St. Paul's Gear for the



MAY 2

Villas Courtyard — Weather Permitting — 2 P.M.



## Thank you!

We are deeply grateful to everyone who contributed to the "It's All About Heart" Eden Alternative campaign in support of the culture of care at St. Paul's. Thanks to your generosity, we raised an incredible \$22,250! Your support is helping to create lives full of joy and purpose for the residents at St. Paul's, and we truly appreciate it!







# 7th Annual Color Me Happy 5K (run/walk)

Saturday, June 7

Registration begins at 9 a.m.

Race begins at 9:45 a.m.

Pre-Register by May 19 to guarantee an official Color Me Happy t-shirt.





32 Hadley Road Greenville, PA 16125

Is supporting
The Auxiliary of St. Paul's
Arms of Love & Service

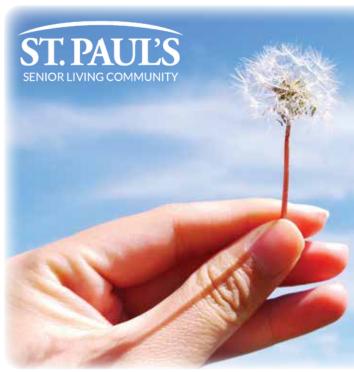
Dine & Donate is back for Spring/Summer 2025!

Visit the Greenville
Dairy Queen
on the first Tuesday
of the month
April through August
5 - 8 p.m.

(April 1-May 6-June 3-July 1-Aug. 5)



20% of all sales during those hours will be donated to The Auxiliary of St. Paul's.



"As dandelions spread with the wind, may your kindness ripple out and touch the lives of those who need it most."

- Author Unknown

Good Samaritan Annual Appeal

Like dandelion seeds carried by the breeze, your kindness has the power to touch lives and bring hope. Just as these seeds grow into something beautiful, your generosity nurtures the residents of St. Paul's, spreading joy and peace where it's needed most. Even the smallest acts of kindness can create ripples of transformation.

At St. Paul's, we are committed to providing exceptional care to all our residents, regardless of their financial situation. Unfortunately, many face financial hardships, leaving them unable to fully cover the costs of the care they need. In fact, 56% of residents in skilled nursing care and 5% in personal care are unable to pay for their care in full. Last year alone, St. Paul's provided \$4.5 million in unfunded and benevolent care, and we anticipate that this amount will either remain steady or increase in 2025.

Through the **St. Paul's Good Samaritan Fund**, we are able to continue offering the vital care that residents depend on, even when their financial resources are exhausted. But we can't do it alone. Your generosity has the power to make a difference, offering hope and peace of mind to those who need it most. Your support will help ensure that every resident at St. Paul's receives the dignity, respect, and care they deserve, regardless of their financial situation.

Will you help us spread kindness today? Your gift to the Good Samaritan Fund can have an immediate and lasting impact on the lives of those in need. Whether you give a little or a lot, your contribution will nurture the seeds of hope and transformation for our residents.

Thank you for considering a gift that will bring comfort and security to those who need it most. **Together, we** can continue to create a community of care, compassion, and love that positively impacts everyone we serve.

For more information, please contact Teresa Findley, Director of Annual Giving at 724-589-4778 or tfindley@sp1867.org.

#### **Ways to Give:**

- 1. Send a check payable to St. Paul's to the Charitable Giving Office.
- 2. Scan the QR code or visit our website at www.stpauls1867.org/giving.
  - 3. Text GOODSAM25 on your cellphone to 44-321.



• 339 E. Jamestown Road, Greenville PA 16125 • www.stpauls1867.org • 724-588-7610 •

## "Ask an Expert"

2025 Series



# How to Serve as an Executor of an Estate



Join Jason Dibble, Attorney at Wallace & Dibble and Adam Garrett, Assistant Vice President at FNB Wealth Management as they discuss this important topic.



Thursday, April 24, 2025 11:30 a.m. - 1 p.m.

Anderson Fellowship Hall at The Heritage 339 E. Jamestown Rd. Greenville, PA

Space is limited. Register by April 21. Scan the QR code or contact Vicki at vhildebrand@sp1867.org or 724-589-4667 Option 7.

